

Fire Awareness

1. discover a fire Activate the fire alarm
2. Water fire paper/carbon/organic
3. not parts of Δ Carbon dioxide
4. purpose of fire door above all
5. emergency lighting all of the above
6. What color fire evacuation Green/white
7. electrical fire CO_2 powder
8. fire door blue/white sign
9. hear fire alarm Leave by the nearest
10. How water extinguish
a carbon it boils it

Computer Workstation setup

1. feet be positioned

flat on the floor

2. To reduce the risk of eyes

} blink regularly
Take frequent short

3. To reduce the MSD

all the above

4. WRULD

related

5. use DSE

all the above

6. enough working space

Get rid of

7. DSE use is limited

False

8. mouse positioned

primary

9. adjusting the height

all the above

10. possible computer ill

all the above

Slips Trips and Fall

1. contribute to slips,

2. help prevent slips

3. how many

4. which three things

5. check

6. Not environment
water leak

All the above

use buckets

keeping walking

keeping off smooth

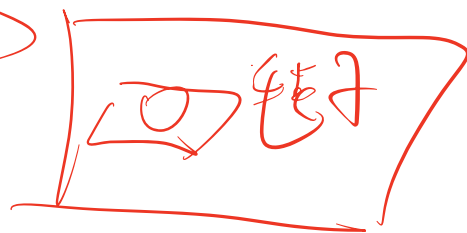
Dealing with

keeping the floor

4 or more

safe walk - God house

— God maintain



7. poor choice

True

8. falls from
step ladders

All of the above

9. climb



10. Carving teams

True

Manual handling

1. Drag and drop
stop — position — Get a Grip — Adapt
— move — put down
2. When carrying out all the above
3. place the employers Avoidance — Risk — provide
4. considered to be manual handling supporting pushing lifting
5. likelihood of sustaining 80% - 90% Deliberate
6. when carrying out a manual Co.
7. acronym used for TILE
8. inanimate human and True
9. Most manual handling injuries True
10. main hazards portrayed all the above

Stress Awareness

1. University support mechanisms
 2. Chronic stressors
 3. EAP
 4. British workers
 5. short lived stress
- All the above
- a. Bullying b. Poor health c. fictional
- Employee Assistance programme
- 1 in 6
- a. A jump & preseratory c. Speech

5 step risk assessment

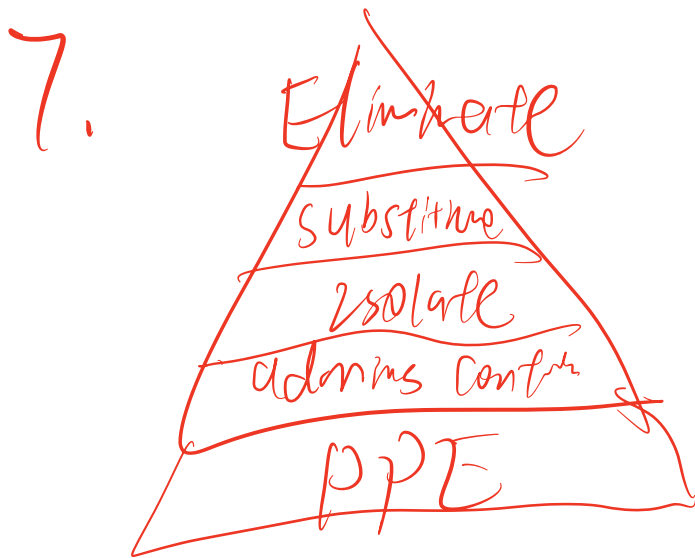
1. best definition of a health and something with the potential

phy injury
adverse health
2. likelihood \times severity = risk
3. least likely a glass of water
4. primary subject work activity
5. most accurate definition of a hazard

event
combined with foreseeable worse

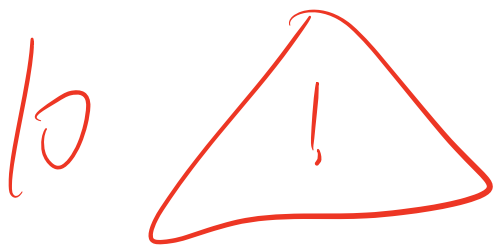
lt is risk
6. correct statement
lt & 5 assessment

After an accident



8, not correct Reasonable

9. correct statement it always
determines



Standard
Checklist
work in struct
methods