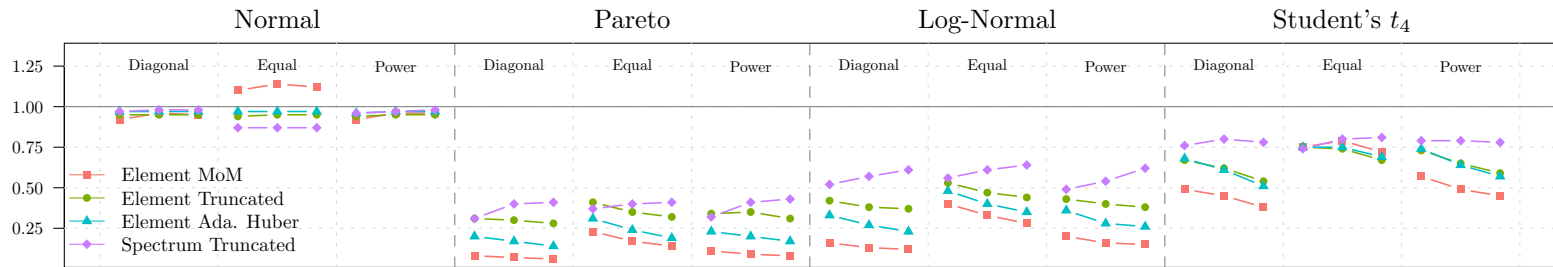
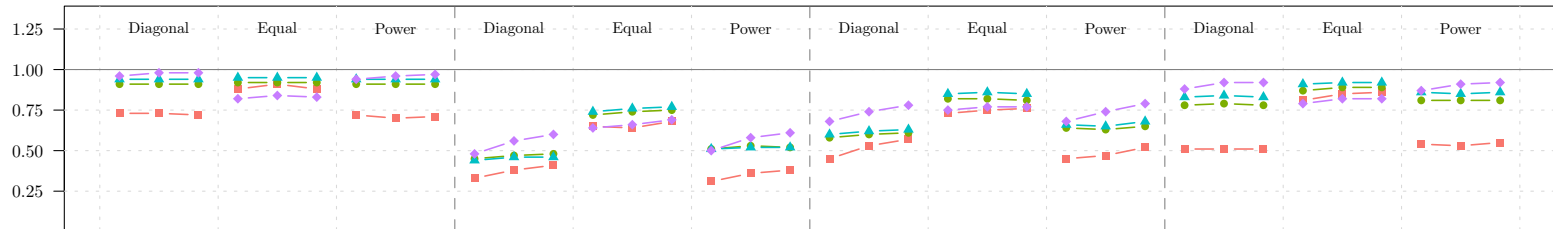


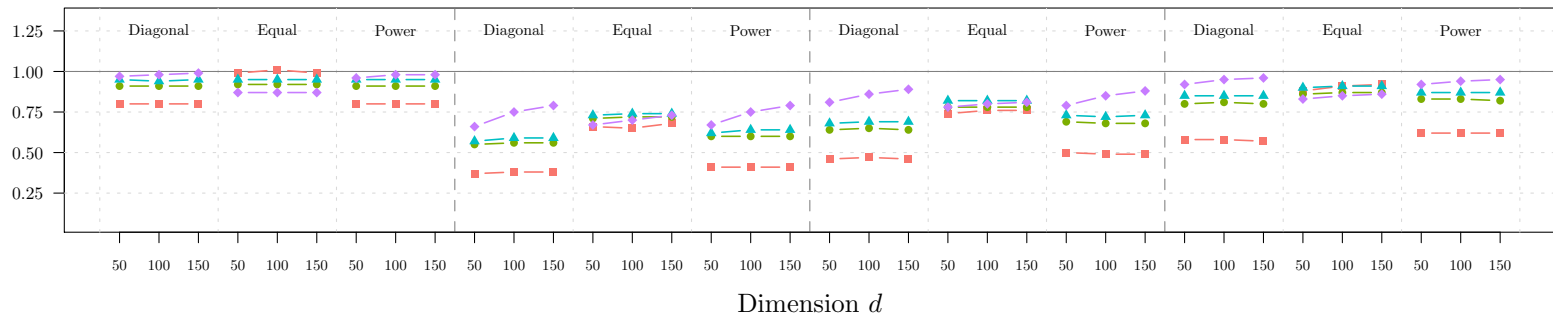
Max norm



Spectral norm



Frobenius norm

Dimension  $d$