# Generalised linear mixed Models and GEEs

Workshop: Analysis of Longitudinal Data 12th Nov 2024

Jaroslaw Harezlak Armando Teixeira-Pinto





We have been talking about the linear model

$$y_i = \beta_0 + \beta X_i + \varepsilon_i$$

$$E(y_i) = \mu_i = \beta_0 + \beta X_i$$

- And how to extend this model to accommodate correlated observations
- We can use the same ideas for the generalised linear models

$$g(\mu_i) = \beta_0 + \beta X_i$$

$$g(\mu_i) = \beta_0 + \beta X_i$$

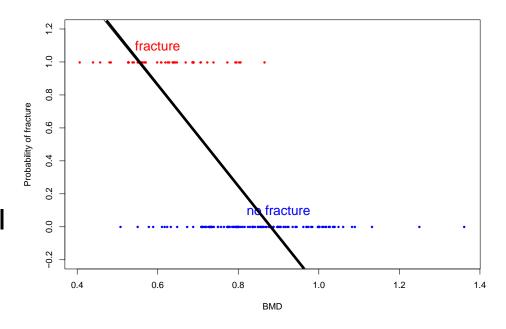
- Here,  $\mu_i$  can be the usual mean, a proportion, or a rate
- Notice that the proportion is the mean of a dichotomous variable Y coded as 0,1
- If we take the mean of 0, 0, 1, 0, 1, 0, 1 ... it will correspond to the proportions of 1's

$$\mu_i = \Pr(Y_i = 1)$$

The same idea for a count outcome Y

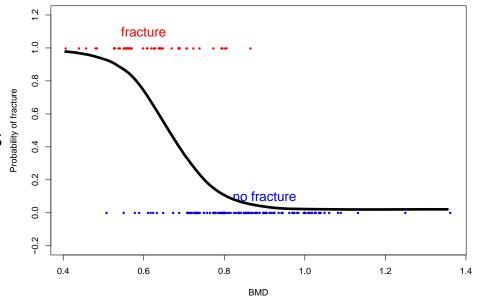
$$\mu_i = Pr(Y_i = fracture) = \beta_0 + \beta_1 BMD_i$$

- Consider that we want to model the probability of hip fracture based on the bone mineral density
- A linear model for the probability of fracture will produce probabilities above 1 and below 0



$$\mu_i = \Pr(Y_i = fracture) = \frac{\exp(\beta_0 + \beta_1 BMD_i)}{1 + \exp(\beta_0 + \beta_1 BMD_i)}$$

- A better alterative is to consider a line that is bounded by 0 and 1
- The logistic (or logit) line is one of many options



$$\mu_i = \Pr(Y_i = fracture) = \frac{\exp(\beta_0 + \beta_1 BMD_i)}{1 + \exp(\beta_0 + \beta_1 BMD_i)}$$

The equation above can be re-written as

$$log\left(\frac{\Pr(Y_i = fracture)}{1 - \Pr(Y_i = fracture)}\right) = \beta_0 + \beta_1 BMD_i$$

$$\mu_i = \Pr(Y_i = fracture) = \frac{\exp(\beta_0 + \beta_1 BMD_i)}{1 + \exp(\beta_0 + \beta_1 BMD_i)}$$

The equation above can be re-written as

$$log\left(\frac{\Pr(Y_i = fracture)}{1 - \Pr(Y_i = fracture)}\right) = \beta_0 + \beta_1 BMD_i$$

$$logit(\Pr(Y_i = fracture))$$

$$\mu_i = \Pr(Y_i = fracture) = \frac{\exp(\beta_0 + \beta_1 BMD_i)}{1 + \exp(\beta_0 + \beta_1 BMD_i)}$$

The equation above can be re-written as

logit(Pr(
$$Y_i = fracture$$
)) =  $g(\mu_i) = \beta_0 + \beta_1 BMD_i$ 

A linear model for a transformation of the outcome's mean,
 i.e., a generalised linear model

$$g(\mu_i) = \beta_0 + \beta X_i$$

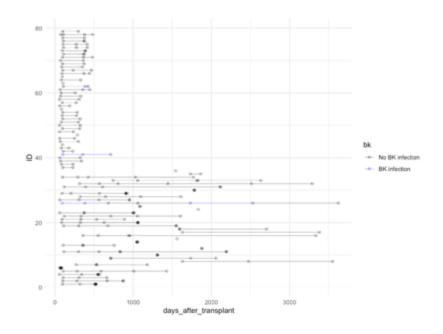
- Now, we would use maximum likelihood to estimate the regression parameters
- This would be done under the assumption of independence of observations, so that the likelihood simplifies to:

$$\mathcal{L}(\beta_0, \beta; y_1, y_2, y_3, \dots) = f(y_1, y_2, y_3, \dots | \beta_0, \beta) = \prod_i f(y_i | \beta_0, \beta)$$

independent

#### – Example:

- After kidney transplant, patients are at risk of infection due to the immunosuppression therapy
- BK virus poses an important risk in this population
- The dataset bk.csv includes the variable bk that identifies the infection status of patients over time infected vs not infected
- The observations within patients are likely correlated



ID 📤	bk <sup>‡</sup>	g	endercode 🗦	donoragecat <sup>‡</sup>	DonorSource <sup>‡</sup>	ischaemia 🗘	days_after_transplant †	egfr	time 🗦
116973	0	М		30-39	Deceased	15.00	340	69	0.931
116976	0	М		30-39	Deceased	4.00	61	67	0.167
116976	0	М		30-39	Deceased	4.00	324	66	0.887
132133	1	М		50-59	Living	3.00	99	52	0.271
132133	1	М		50-59	Living	3.00	355	55	0.972
132133	0	М		50-59	Living	3.00	713	44	1.952
143035	0	М		40-49	Living	4.00	104	59	0.285
143035	0	М		40-49	Living	4.00	229	66	0.627
143064	0	М		40-49	Deceased	5.00	78	42	0.214

If we run a simple logistic regression

If we run a simple logistic regression

The OR estimate should be correct, but the SE is wrong

We will instead use GEE to fit the logistic regression

The OR will be similar but now the SE is robust to correlations in the data

- As in the continuous outcome case, we can specify other working correlation structures

 Exchangeable assumes that the correlation of having a BK infection in two time points is always the same

$$\begin{array}{c|cccc}
\mathbf{1}^{\text{st}} & \mathbf{2}^{\text{nd}} & \cdots \\
\mathbf{1}^{\text{st}} & 1 & \rho & \dots & \rho \\
\mathbf{2}^{\text{nd}} & \rho & 1 & \dots & \rho \\
\vdots & \vdots & \vdots & & \vdots \\
\rho & \rho & \dots & 1
\end{array}$$

- As in the continuous outcome case, we can specify other working correlation structures

The OR will change slightly depending on the structure

## Comparing models fitted with GEE

- As before, the OR obtained from GEE is a population average odds ratio
- Meaning that the is the average effect across all the individual
- The Pearson correlation is not a "common" measure of association between binary measurements
- In particular, the correlations between binary measurements have smaller upper and lower limits (away from 1 and -1)
- Another option is to parametrise the correlation matrix in terms of odds ratios (a more natural way of establishing the association between binary measurements)
- Unfortunately, R does not have this implemented (SAS does!)

18

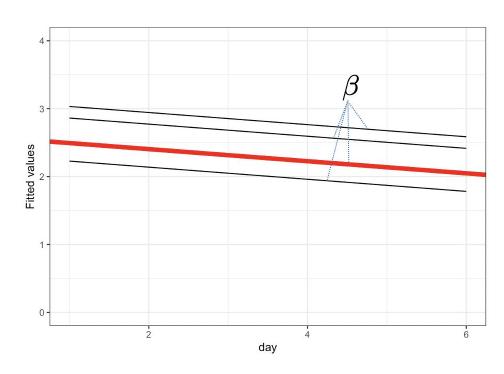
- Let's consider now the use of random effects to model the longitudinal measurements of BK
- These models are called generalised linear mixed models (GLMM)

$$g(\mu_i|b_{0i},b_i) = \beta_0 + \beta X_i + b_{i0} + b_i Z_i$$
Fixed effects
Random effects

- With the random effects normally distributed

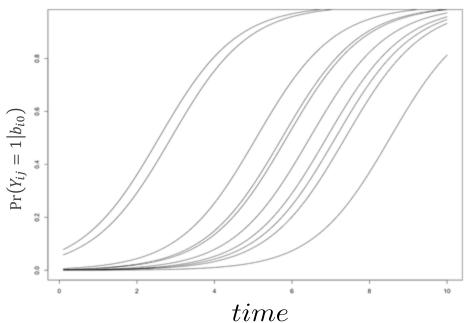
- The interpretation of the parameters is not as straightforward as in the linear case.
- Recall that for the random intercept linear model, the effect of time,  $\beta_1$ , has both a subject-specific and population-averaged interpretation

$$Y_{ij} = \beta_0 + \beta_1 \operatorname{tim} e_{ij} + b_{i0} + \varepsilon_{ij}$$



- For the logistic random effect model, this is not the case.
- Consider the random intercept logistic regression
- The  $\exp(\beta_1)$  is the change in odds (odds ratio) per unit of time, for **each individual**

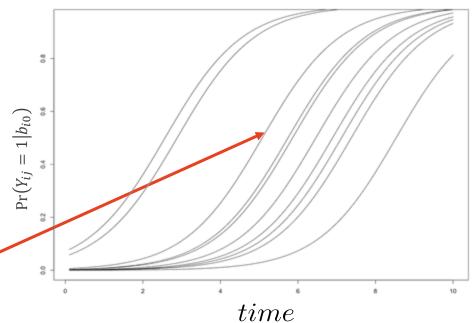
$$\Pr(Y_{ij} = 1 | b_{i0}) = \frac{\exp(\beta_0 + \beta_1 time_{ij} + b_{i0})}{1 + \exp(\beta_0 + \beta_1 time_{ij} + b_{i0})}$$



- For the logistic random effect model, this is not the case.
- Consider the random intercept logistic regression
- The  $\exp(\beta_1)$  is the change in odds (odds ratio) per unit of time, for **each individual**

Logit curve for subject i

 $\Pr(Y_{ij} = 1 | b_{i0}) = \frac{\exp(\beta_0 + \beta_1 time_{ij} + b_{i0})}{1 + \exp(\beta_0 + \beta_1 time_{ij} + b_{i0})}$ 

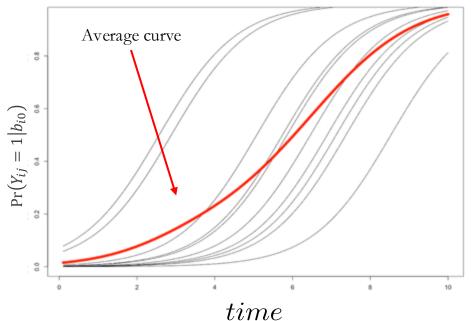


The University of Sydney

22

- If we average over all the individual logit curves, the average is not similar to other curves
- In fact, it is not even a logit curve
- This means that the subject specific OR is not the same as the population-average OR

$$\Pr(Y_{ij} = 1 | b_{i0}) = \frac{\exp(\beta_0 + \beta_1 tim e_{ij} + b_{i0})}{1 + \exp(\beta_0 + \beta_1 tim e_{ij} + b_{i0})}$$



We will use a logistic model with a random intercept for the BK example

The patient specific odds of infection decreases almost 65% per year (0.36 times per year)

```
Fixed effects:

Estimate Std. Error z value Pr(>|z|)

(Intercept) -8.226 0.390 -21.11 <2e-16 ***

time -1.019 0.123 -8.25 <2e-16 ***

---

> exp(bk.glmm@beta)

[1] 0.000268 0.360996
```

Notice that this is quite different from the result using the GEE

```
Coefficients:

Estimate Std.err Wald Pr(>|W|)

(Intercept) -3.0406 0.1256 585.9 < 2e-16 ***

time -0.5692 0.0972 34.3 4.7e-09 ***

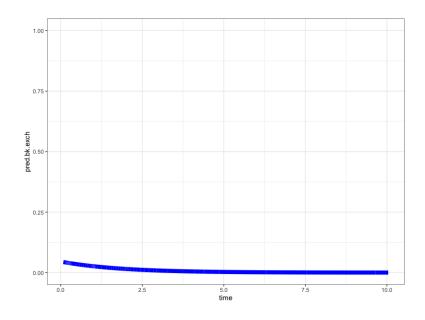
---

> exp(gee.bk.exch$coefficients)

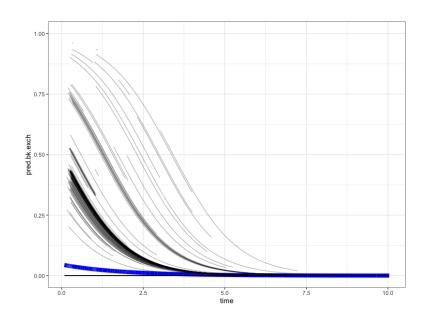
(Intercept) time

0.0478 0.5660
```

- We can plot the predicted probabilities
- This will correspond to the logit curve
- First for the marginal model from GEE
- (here we just have the lower end of the logit curve given the low incidence of the outcome)

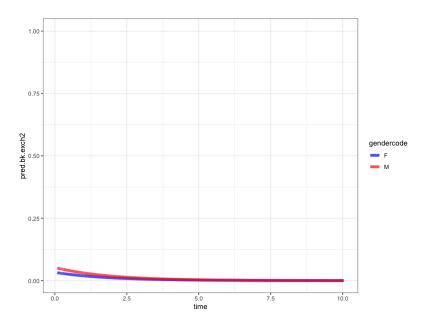


- We can plot the predicted probabilities
- This will correspond to the logit curve
- First for the marginal model from GEE
- (here we just have the lower end of the logit curve given the low incidence of the outcome)
- And then, the subject specific predictions given by the random intercept logistic model



 Let's now compare the risk of BK for men and women (sex assigned at birth) using a marginal model

Let's now compare the risk of BK for men and women (sex assigned at birth) using a marginal model



 And the same analysis comparing the risk of BK for men and women but using a random intercept model

```
Fixed effects:

Estimate Std. Error z value Pr(>|z|)

(Intercept) -8.774 0.570 -15.39 <2e-16 ***

time -1.022 0.124 -8.26 <2e-16 ***

gendercodeM 0.774 0.498 1.55 0.12

> exp(rInt.bk2@beta)
[1] 0.000155 0.359772 2.168564
```

 And the same analysis comparing the risk of BK for men and women but using a random intercept model

 Finally, let's consider a marginal model with the interaction between sex and time

```
Coefficients:

Estimate Std.err Wald Pr(>|W|)

(Intercept) -3.483 0.225 239.33 <2e-16 ***

time -0.446 0.166 7.24 0.0071 **

gendercodeM 0.641 0.271 5.61 0.0179 *

time:gendercodeM -0.175 0.207 0.71 0.3982
---

> exp(-.446) #Female

[1] 0.64

> exp(-.446 -.175) #Male

[1] 0.537
```

 Finally, let's consider a marginal model with the interaction between sex and time

```
Coefficients:

Estimate Std.err Wald Pr(>|W|)

(Intercept) -3.483 0.225 239.33 <2e-16 ***

time -0.446 0.166 7.24 0.0071 **

gendercodeM 0.641 0.271 5.61 0.0179 *

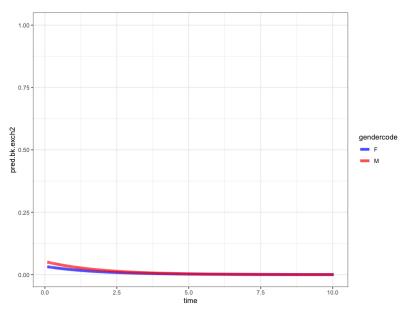
time:gendercodeM -0.175 0.207 0.71 0.3982

> exp(-.446) #Female

[1] 0.64

> exp(-.446 -.175) #Male

[1] 0.537
```



 And the same analysis comparing the risk of BK for men and women but using a random intercept model

```
rInt.bk3 <- glmer(bk ~ time * gendercode + (1|ID),
family=binomial,
data=bk.Data)
```

```
Fixed effects:

Estimate Std. Error z value Pr(>|z|)

(Intercept) -9.082 0.603 -15.07 < 2e-16 ***

time -0.710 0.181 -3.93 8.5e-05 ***

gendercodeM 1.194 0.550 2.17 0.030 *

time:gendercodeM -0.489 0.240 -2.03 0.042 *

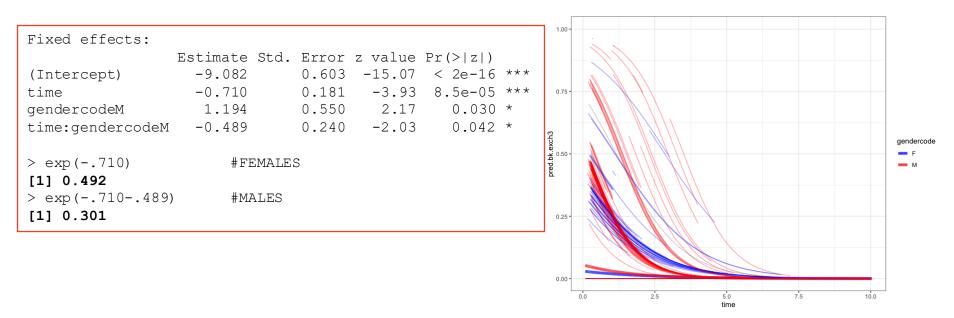
> exp(-.710) #FEMALES

[1] 0.492

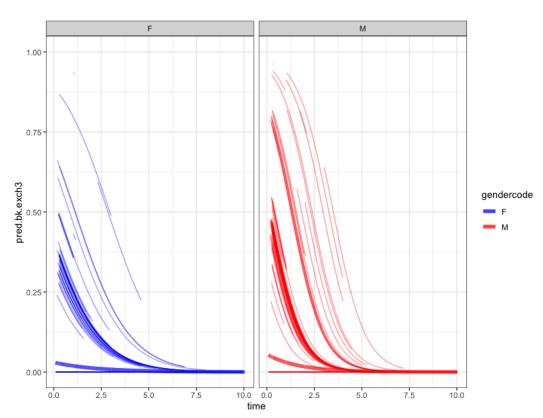
> exp(-.710-.489) #MALES

[1] 0.301
```

 And the same analysis comparing the risk of BK for men and women but using a random intercept model



- We can see that the odds of BK decreases with time
- Men start at a higher risk (odds)
- But the risk drops faster than in women



- It is not uncommon for the GLMM (and even the LMM) not to converge
- There are multiple reasons for this and it can really be a difficult problem
- Many times, changing the numerical method ("optimiser" methods) solves the problem
- https://rstudio-pubsstatic.s3.amazonaws.com/33653\_57fc7b8e5d484c909b615d 8633c01d51.html

## Final thoughts

- GLS (repeated measures) "old fashin" although useful for well structured data
- Mixed models put emphasis in the longitudinal nature of the data and treat it as an important feature of the data
- GEE treats the correlation in the data as nuisance
- Loss to follow-up might be associated with the trend in previous observations. This would mean that the missingness is at random and not completely at random. GEE would not be appropriate for those cases

## Final thoughts

- GEE are designed for many clusters
- Due to robust standard errors, the choice of correlation structure is not very important
- Choosing the correct correlation structure is more efficient, i.e.
   leads to smaller SEs and tighter CIs
- In the linear case (continuous outcomes), the fixed part of mixed effects models and marginal models tend to be similar.
- Not the case for binary outcomes

## Final thoughts

- The GEE and mixed models estimate different effects.
- In the linear model, this is not an issue but in the logistic or Poisson case, the two approaches are not comparable
- When we the interest is in estimating average risk, the GEE is a better choice
- On the other hand, if the interest is in the individual risk, mixed models would be the common approach