

What does it mean to love

One of the 3 core components to a healthy relationship is trust. It's not just about being honest, but confidence in the other person.

If you don't trust that your partner would stay, you would pull away unconsciously. You would believe that you would have to constantly work for affection, because if you don't prove your worth, then maybe you don't deserve it.

Losing one of the three core components would erode other components; you start to contempt your partner. Then, you start pushing each other away and ultimately, the platform in which the both of you stand upon, crumbles.

| Contempt is the death knell of any relationship.

It's easy to think that certain things could have gone another way or that certain words or events were inevitable when viewed in hindsight, so you hold on to a lingering memory – good or bad – because you're afraid that if you let go, a piece of you goes with it.

However, a relationship is a two player game; how you react is influenced by your partner and how your partner react is influenced by you.

| Feels like I've lived a thousand lifetimes, but perhaps, I have to live a thousand more. Maybe in one of those lifetimes...

I've read a book,

BAO

Hope, of course, is the most painful thing in the universe.
Clinging to a thin strand is the most agonizing way to live.

KURO

Will you walk the thousand-year journey with me?