

What does it mean to love

Here is a short note:

One of the 3 core components to a healthy relationship is trust. It's not just about being honest, but confidence in the other person. It's the belief that your partner loves you even in those moments where you aren't, well, you.

If you don't trust that your partner would stay, you would pull away unconsciously. You would believe that you would have to constantly work for affection, because if you don't prove your worth, then maybe you don't deserve it.

Losing one of the three core components would erode other components; you start to contempt your partner. Then, you start pushing each other away and ultimately, the platform in which the both of you stand upon, crumbles; you hate each other and you start to doubt yourself - "Am I a good partner?"

| Contempt is the death knell of any relationship.

It's easy to think that certain things could have gone another way or that certain words or events were inevitable when viewed in hindsight, so you hold on to a lingering memory - good or bad - because you're afraid that if you let go, a piece of you goes with it.

However, a relationship is a two player game; how you react is influenced by your partner and how your partner react is influenced by you. Just as the ocean's pull and push create waves, relationships thrive on the balance of give and take. Although it's easy to blame yourself, remember that a blame can't exist in a vacuum.

| Feels like I've lived a thousand lifetimes, but perhaps, I have to live a thousand more. Maybe in one of those lifetimes...

Who is this for?

Who knows? Maybe it's for myself; maybe it's for her; maybe it's for those who are stumbling; or maybe, it's for those who just want to see a shark smash the keyboard.

*This is like those commentary videos, but I'm too scared to make one.
Watching sisyphus 55 gave me this idea.*

Also, side note, I've added an easter egg (don't really know if I should call it that) hidden in the website.

BAO

Hope, of course, is the most painful thing in the universe. Clinging to a thin strand is the most agonizing way to live.

KURO

Will you walk the thousand-year journey with me?

VIKTOR FRANKL

By his love he is enabled to see the essential traits and features in the beloved person; and even more, he sees that which is potential in him, which is not yet actualized but yet ought to be actualized. By his love, the loving person enables the beloved person to actualize these potentialities. By making him aware of what he can be and of what he should become, he makes these potentialities come true.