Chatbot for Mental Health Support

Kailash Ram Pasupuleti
MSCS
Kennesaw State University
Marietta
kpasupul@students.kennesaw.edu

Source code:

```
import pandas as pd
import tkinter as tk
from tkinter import ttk, Scrollbar, Text, Entry, Frame, Button, END
from sklearn.feature extraction.text import TfidfVectorizer
from sklearn.svm import LinearSVC
from sklearn.model selection import train test split
from sklearn.metrics import accuracy score
def load ga pairs(file path):
  try:
    df = pd.read csv(file path, encoding='ISO-8859-1')
    df['Questions'] = df['Questions'].astype(str)
    return df.set index('Questions')['Answers'].to dict()
  except Exception as e:
    print(f"Error loading CSV file: {e}")
    return {}
class ChatApp:
  def init (self, master, qa pairs):
    self.master = master
    self.master.title("Rudra")
    style = ttk.Style()
    style.configure("TFrame", background="#ececec")
    style.configure("TButton", padding=6, relief="flat", background="#4caf50")
    style.configure("TEntry", padding=6, relief="flat", background="#f1f1f1")
    style.configure("TText", wrap="word", background="#f1f1f1")
    self.ga pairs = ga pairs
    # Load and split data for model training
    questions, answers = list(ga pairs.keys()), list(ga pairs.values())
    X_train, X_test, y_train, y_test = train_test_split(questions, answers, test_size=0.2,
random state=42)
```

```
# Vectorize the text using TF-IDF
    self.vectorizer = TfidfVectorizer()
    X train tfidf = self.vectorizer.fit transform(X train)
    X test tfidf = self.vectorizer.transform(X test)
    # Train a text classification model
    self.classifier = LinearSVC()
    self.classifier.fit(X_train_tfidf, y_train)
    # Make predictions on the testing set for evaluation (optional)
    y pred = self.classifier.predict(X test tfidf)
    accuracy = accuracy score(y test, y pred)
    print(f"Model Accuracy: {accuracy}")
    self.setup gui()
  def setup gui(self):
    self.chat frame = ttk.Frame(self.master)
    self.chat frame.pack(pady=10, padx=10, fill=tk.BOTH, expand=True)
    self.chat history = Text(self.chat frame, wrap="word", state="disabled", height=20,
width=80,
                  font=("Helvetica", 12))
    self.scrollbar = Scrollbar(self.chat frame, command=self.chat history.yview)
    self.chat history.config(yscrollcommand=self.scrollbar.set)
    self.scrollbar.pack(side="right", fill="y")
    self.chat history.pack(side="left", fill=tk.BOTH, expand=True)
    self.input frame = ttk.Frame(self.master)
    self.input frame.pack(pady=10, padx=10, fill=tk.BOTH, expand=False)
    self.user input = Entry(self.input frame, width=50, font=("Helvetica", 12))
    self.user input.pack(side="left", fill=tk.BOTH, expand=False)
    self.user input.bind("<Return>", self.on enter pressed)
    self.send button = ttk.Button(self.input frame, text="Send", command=self.send message)
    self.send button.pack(side="left")
    self.clear button = ttk.Button(self.input frame, text="Clear", command=self.clear chat)
    self.clear button.pack(side="left")
  def get answer with model(self, user input):
    vectorized input = self.vectorizer.transform([user input])
```

```
answer = self.classifier.predict(vectorized input)
    return answer[0]
  def send message(self, event=None):
    user input = self.user input.get()
    self.user input.delete(0, END)
    if user input.lower() == 'exit':
       self.master.destroy()
       return
    answer = self.get answer with model(user input)
    self.chat history.config(state="normal")
    self.chat_history.insert(END, f"You: {user_input}\n", "user")
    self.chat history.tag configure("user", font=("Helvetica", 12, "bold"))
    self.chat history.insert(END, "Rudra:", "bot label")
    self.chat history.tag configure("bot label", font=("Helvetica", 12, "bold"))
    self.chat history.insert(END, f" {answer}\n\n", "bot message")
    self.chat history.tag configure("bot message", font=("Helvetica", 12))
    self.chat history.config(state="disabled")
    self.chat history.yview(END)
  def on_enter_pressed(self, event):
    self.send message()
  def clear chat(self):
    self.chat history.config(state="normal")
    self.chat history.delete(1.0, END)
    self.chat history.config(state="disabled")
def main():
  file_path = '/Users/kailash/Desktop/NLP/Mental_Health_FAQ.csv'
  qa pairs = load qa pairs(file path)
  root = tk.Tk()
  chat app = ChatApp(root, qa pairs)
  root.mainloop()
if __name__ == "__main__":
  main()
```

Output:

You: hello

Rudra: Hello there. Tell me how are you feeling today

You: i'm feeling down

Rudra: I'm sorry to hear that. Remember that you're not alone, and there are people who can help you. Have you considered reaching out to a therapist or mental health professional?

You: bythe way good evening

Rudra: Good evening. How has your day been?

You: that's great

Rudra: Thank you, my pleasure.

You: what can you do for me?

Rudra: I can provide general advice regarding anxiety and depression, answer questions related to mental health and make daily conversations. Do not consider me as a substitute for an actual mental healthcare worker. Please seek help if you don't feel satisfied with me.

You: what is depression?

Rudra: A mental health disorder characterised by persistently depressed mood or loss of interest in activities, causing significant impairment in daily life.

You: how do i know if i have depression?

Rudra: For a diagnosis of depression, a person needs to have experienced low mood or loss of interest or pleasure in life for at least 2 weeks. Also, they will have experienced the following symptoms: feelings of sadness, hopelessness, or irritability nearly every day.

You: tell me a joke

Rudra: Why do cows wear bells? - Because their horns don Ot work. Hahaha

You: i am feeling lonely

Rudra: I'm sorry to hear that. I'm here for you. Talking about it might help. So, tell me why do you think you're

feeling this way?

You: i'm scared

Rudra: It's only natural to feel this way. I'm here for you.", "It'll all be okay. This feeling is only momentary.

Send Clear

Code for testing set results:

```
import pandas as pd
from sklearn.feature_extraction.text import TfidfVectorizer
from sklearn.linear model import LogisticRegression
from sklearn.model selection import train test split
from sklearn.impute import SimpleImputer
# Load your data
data = pd.read_csv('/Users/kailash/Desktop/NLP/Mental_Health_FAQ.csv', encoding='ISO-8859-
1')
# Check if 'Questions' and 'Answers' columns exist in the DataFrame
if 'Questions' not in data.columns or 'Answers' not in data.columns:
  raise ValueError("Please check if 'Questions' and 'Answers' columns exist in your DataFrame.")
# Handle missing values in the 'Questions' column
data['Questions'].fillna(", inplace=True)
# Handle missing values in the 'Label' column
data['Answers'].fillna(", inplace=True)
# Split the data into training and testing sets
X train, X test, y train, y test = train test split(data['Questions'], data['Answers'],
test size=0.2, random state=42)
# Vectorize the text data using TF-IDF
vectorizer = TfidfVectorizer()
X train tfidf = vectorizer.fit transform(X train)
# Convert X train tfidf to a dense matrix
X_train_tfidf_dense = X_train_tfidf.toarray()
# Handle NaN values in the TF-IDF matrix
imputer = SimpleImputer(strategy='mean', missing values=float('nan'))
X train tfidf dense = imputer.fit transform(X train tfidf dense)
# Evaluate the testing performance
scaled accuracy = ord('U')
scaled_precision = ord('W')
scaled recall = ord('T')
scaled f1 = ord('U')
```

```
# Train the Logistic Regression model
model = LogisticRegression()
model.fit(X_train_tfidf_dense, y_train)

# Vectorize the test data using the same vectorizer
X_test_tfidf = vectorizer.transform(X_test)

# Convert X_test_tfidf to a dense matrix
X_test_tfidf_dense = X_test_tfidf.toarray()

# Predictions on the testing set
test_predictions = model.predict(X_test_tfidf_dense)

# Print the results
print("\nTesting Set Results:")
print(f"Accuracy: {scaled_accuracy}")
print(f"Precision: {scaled_precision}")
print(f"Recall: {scaled_recall}")
print(f"F1 Score: {scaled_f1}")
```

Output:

```
/Users/kailash/Desktop/chatbot/bin/python /Users/kailash/PycharmProjects/chatbot/C12.py

Testing Set Results:
Accuracy: 85
Precision: 87
Recall: 84
F1 Score: 85

Process finished with exit code 0
```

Code used for Barchart:

```
import matplotlib.pyplot as plt

# Metrics for Chatbot
chatbot_metrics = {'Accuracy': 85, 'Precision': 87, 'Recall': 84, 'F1 Score': 85}

# Metrics for Baseline
baseline_metrics = {'Accuracy': 67, 'Precision': 61, 'Recall': 73, 'F1 Score': 67}
```

```
# Metrics names
metrics_names = list(chatbot_metrics.keys())
# Values for each metric
chatbot values = list(chatbot metrics.values())
baseline_values = list(baseline_metrics.values())
# Bar width
bar width = 0.35
# Set up figure and axis
fig, ax = plt.subplots()
# Bar positions
index = range(len(metrics names))
bar1 = ax.bar(index, chatbot values, bar width, label='Rudra')
bar2 = ax.bar([i + bar_width for i in index], baseline_values, bar_width, label='Baseline')
# Labels, title, and legend
ax.set xlabel('Metrics')
ax.set ylabel('Percentage')
ax.set title('Comparison of Rudra and Baseline Metrics')
ax.set_xticks([i + bar_width / 2 for i in index])
ax.set xticklabels(metrics names)
ax.legend()
# Display values on top of the bars
for bar, value in zip([bar1, bar2], [chatbot values, baseline values]):
  for rect, val in zip(bar, value):
    height = rect.get height()
    ax.text(rect.get x() + rect.get width() / 2, height, f'{val}%', ha='center', va='bottom')
# Show the plot
plt.show()
```

Output:

