# Assessing SMEs' and Developing Economies' Cyber Threat Visibility Challenges

#### **Abstract**

Many nations' economies heavily rely on small-to-medium sized businesses (SMBs). However, research indicates that these SMBs often neglect implementing adequate cybersecurity measures, leaving them vulnerable to cyber-attacks. Despite their significant presence in the business landscape, there's a lack of focused research on cybersecurity for SMBs. This paper reviews recent literature on SMB cybersecurity, particularly emphasizing its alignment with the widely used NIST Cyber Security Framework (CSF). Key challenges faced by SMBs in implementing effective cybersecurity are synthesized from the literature, and recommendations are provided for enhancing cybersecurity practices. The analysis reveals that existing research predominantly consists of qualitative analyses, primarily focusing on the Identify and Protect functions of the NIST CSF, with limited coverage on other essential functions. SMBs require guidance on detecting, responding to, and recovering from cyber-attacks, areas where research is lacking. Future research in SMB cybersecurity should adopt a more balanced approach, incorporating robust quantitative methodologies to refine and validate findings. There's a call for increased investment from governments and academia to incentivize researchers to broaden their focus in cybersecurity research for SMBs.

#### Table of Contents

Abstract	1
Table of Contents	1
List of Abbreviations	
Introduction	2
Literature Review	3
Methodology	5
Discussion	5
References	8

## List of Abbreviations

SMBs: Small and Medium-sized Businesses

Definition: Refers to businesses with a limited number of employees and relatively low revenue compared to larger corporations.

#### Introduction

The landscape of cyber security for Small-to-Medium Businesses (SMBs) is a critical area of concern in today's digital age. This report delves into the challenges faced by SMBs in implementing robust cyber security practices, the alignment of research with the NIST Cyber Security Framework, and the recommendations to enhance cyber security measures for SMBs.

SMBs encounter unique obstacles in safeguarding their digital assets, ranging from limited resources to evolving cyber threats. By analyzing existing research through the lens of the NIST Cyber Security Framework, this report sheds light on the areas where SMB cyber security efforts are concentrated and identifies potential gaps in coverage.

Furthermore, the report highlights the need for additional research in various categories to provide a more comprehensive understanding of SMB cyber security. Recommendations derived from the literature aim to equip SMBs with practical strategies to fortify their defenses against cyber threats and mitigate risks effectively.

This report serves as a valuable resource for SMB cyber security researchers, academic institutions, governments, and policy makers, offering insights to guide future research initiatives and enhance the cyber resilience of SMBs, ultimately contributing to the security of economies worldwide.

**Background of the study:** Exploring cybersecurity among Small-to-Medium Businesses (SMBs) is vital in understanding how businesses of varying sizes protect themselves in the digital age. SMBs face distinct challenges in safeguarding their data and systems due to limited resources and expertise. This study fills a research gap by focusing on SMB cybersecurity, analyzing its alignment with the NIST Cyber Security Framework, and offering practical recommendations to enhance security measures. By reviewing existing literature and research methodologies, this study aims to provide valuable insights into SMB cybersecurity. Ultimately, it seeks to empower SMBs to navigate cyber threats effectively and protect their digital assets.

#### **Research objectives and questions:**

- 1. What are the main obstacles SMBs encounter when trying to establish efficient cybersecurity protocols?
- 2. How does current research on SMB cybersecurity correspond with the NIST Cyber Security Framework?

- 3. What are the principal focal points in SMB cybersecurity research, and where are the gaps in coverage?
- 4. What guidance can be gleaned from literature to assist SMBs in improving their cybersecurity strategies?
- 5. How do various research methods contribute to understanding the challenges and solutions regarding SMB cybersecurity?
- 6. Which data collection methods are commonly utilized in researching SMB cybersecurity, and how do they inform optimal practices?
- 7. What is the global distribution of SMB cybersecurity research, and are there regional discrepancies in cybersecurity issues and resolutions?
- 8. What are the prevalent cybersecurity obstacles hindering SMBs from implementing strong security measures, and what are the suggested approaches to tackle these hurdles effectively?

Significance of the Research: Research on the cybersecurity of Small-to-Medium Businesses (SMBs) is pivotal in today's digital realm. Despite their economic significance, SMBs often lack the resources and expertise to combat cyber threats effectively. This study explores the challenges SMBs face in implementing cybersecurity measures and aligns research with established frameworks like the NIST Cyber Security Framework. The insights gained can inform policy decisions, academic research, and industry practices. Understanding the focus areas and gaps in SMB cybersecurity research is essential for tailored solutions. Recommendations stemming from this research can empower SMBs to bolster their cyber resilience, mitigate risks, and safeguard digital assets. Ultimately, this research contributes to fortifying SMBs' cybersecurity posture, thereby enhancing overall economic security and fostering a safer digital environment.

**Overview of the structure of the report:** The report on cybersecurity for Small-to-Medium Businesses (SMBs) offers a thorough examination of challenges and solutions in this critical domain. It starts by delineating disparities between SMBs and larger enterprises, shedding light on unique cyber threats faced by SMBs. The discussion extends to pertinent cybersecurity frameworks and standards, particularly focusing on the NIST Cyber Security Framework. Subsequent sections delve into existing surveys, criteria for paper selection, and a meticulous review of challenges identified in prior literature. The report culminates in recommendations for bolstering SMB cybersecurity, stressing the necessity for ongoing research to craft tailored cybersecurity solutions suited to SMBs' requirements.

### Literature Review

**Problems SMBs face to adapt to cyber security:** Numerous research investigations have delved into the hurdles encountered by Small-to-Medium Businesses (SMBs) in the cybersecurity domain. Here are some key insights gleaned from existing studies:

1. Focus Gap on SMBs: Notably, prior research has underscored the dearth of dedicated inquiries into cybersecurity issues specific to SMBs, despite their significant presence in the business landscape.

- 2. Data Collection Challenges: Studies have flagged challenges associated with procuring data for SMB cybersecurity research, including limited publicly available data and reliance on convenience sampling methods.
- 3. Awareness Biases: Concerns have been raised regarding self-reporting in SMB cybersecurity research, potentially leading to awareness biases that impact the accuracy of findings.
- 4. Industry-Specific Challenges: Some inquiries have zoomed in on particular SMB sectors, like manufacturing or legal services, shedding light on the distinct cybersecurity challenges encountered within these industries.
- 5. Risk Management Practices: Research endeavors have explored how SMBs assess and mitigate cybersecurity risks, shedding light on their risk management practices.
- 6. Governance and Compliance: Numerous studies have delved into governance and compliance aspects of cybersecurity in SMBs, encompassing the development of information security policies and adherence to relevant regulations.
- 7. SMB Advantages: In contrast to challenges, certain research has illuminated advantages inherent to SMBs in the cybersecurity realm, including agility, flexibility in IT setups, and the potential for swift decision-making.

**Significance of Cyber Security in SMBs**: Cybersecurity holds immense significance for Small-to-Medium Businesses (SMBs) for several compelling reasons:

- 1. Protection of Sensitive Data: SMBs often manage valuable customer information, financial data, and intellectual property. Implementing robust cybersecurity measures ensures the safeguarding of this sensitive data from unauthorized access, theft, or misuse.
- 2. Preservation of Reputation: Cyber-attacks resulting in data breaches or service disruptions can severely tarnish an SMB's reputation and erode trust among customers, partners, and stakeholders. Strong cybersecurity practices are essential for maintaining credibility and trustworthiness.
- 3. Compliance Requirements: Many industries impose regulatory mandates concerning the protection of customer data and privacy. Adhering to cybersecurity standards and regulations not only ensures legal compliance but also helps mitigate the risk of penalties and fines.
- 4. Business Continuity: Cyber incidents such as ransomware attacks or system breaches can disrupt operations and lead to financial losses. By implementing cybersecurity measures, SMBs can bolster their resilience and ensure uninterrupted business operations.

- 5. Competitive Advantage: Demonstrating a dedication to cybersecurity can set an SMB apart from competitors, especially in bids for contracts that require stringent security measures. It can create new business opportunities and foster partnerships.
- 6. Supply Chain Security: Larger organizations increasingly demand that their suppliers and partners adhere to specific cybersecurity standards to mitigate risks across the supply chain. SMBs with robust cybersecurity practices are better positioned to secure lucrative supply chain contracts.
- 7. Risk Management: Cybersecurity assists SMBs in identifying, evaluating, and mitigating potential risks associated with cyber threats. Proactive risk management strategies can diminish the likelihood and impact of cyber incidents on the business.
- 8. Customer Trust and Loyalty: Customers are more inclined to trust and remain loyal to SMBs that prioritize the protection of their data and privacy. Strong cybersecurity practices contribute to enhancing customer confidence and fostering loyalty.

# Methodology

The methodology employed for this report on cyber security challenges encountered by Small-to-Medium Businesses (SMBs) integrates a thorough review of existing literature to gain insights into the distinctive vulnerabilities and hurdles faced by SMBs in cyber security. Utilizing the NIST Cyber Security Framework (CSF) Research Classification Tool (NCRCT), each research underwent meticulous analysis to align with the functions delineated in the NIST CSF. This structured framework facilitated the categorization and comprehension of the studies' focus areas. Additionally, an exhaustive examination of the data collection methodologies utilized in the literature, encompassing qualitative, quantitative, and mixed methods approaches, was conducted to ascertain the research design and data gathering techniques employed. By identifying and synthesizing the challenges SMBs encounter in implementing robust cyber security measures, alongside exploring the recommended practices advocated in the literature, this methodology aimed to furnish a comprehensive overview of the current SMB cyber security research landscape. Furthermore, it aimed to lay the groundwork for future research directions and offer actionable insights to bolster the cyber resilience of SMBs.

# Discussion

#### How can we keep the needs of SBMs in consideration?

Policy makers and practitioners have various avenues to bolster the cyber security stance of Small-to-Medium Businesses (SMBs) through the following strategies:

- 1. Customized Guidance: Develop and circulate cyber security advice and resources tailored explicitly for SMBs, acknowledging their unique operational and resource limitations.
- 2. Capacity Strengthening: Invest in programs to enhance cyber security awareness and competencies among SMB owners, staff, and IT professionals.
  - 3. Collaborative Ventures: Encourage cooperation among government entities, industry groups, educational institutions, and SMBs to exchange best practices, threat intelligence, and support for improved cyber security.
- 4. Incentive Mechanisms: Provide incentives like tax incentives or financial assistance to prompt SMBs to invest in cyber security measures and adhere to industry standards and regulations.
- 5. Cyber Insurance Education: Offer educational initiatives on cyber insurance alternatives to aid SMBs in understanding the advantages and coverage offered by such policies.
  - 6. Supervision of Third-Party Providers: Establish oversight mechanisms to monitor third-party vendors delivering IT infrastructure and security services to SMBs, ensuring alignment with cyber security best practices.
- 7. Support for Policy Development: Extend support and resources to aid SMBs in formulating and executing robust cyber security policies and protocols tailored to their specific business requirements.
- 8. Research Funding: Allocate resources for research ventures concentrating on SMB cyber security to address prevailing gaps and develop evidence-based solutions for policy formulation and execution.

Through these measures, policy makers and practitioners can empower SMBs to reinforce their cyber security defenses, mitigate risks, and augment their resilience against evolving cyber threats.

Collaborative efforts, education, tailored guidance, and targeted assistance are fundamental elements in cultivating a more secure cyber environment for SMBs and fostering a proactive culture of cyber security within the SMB sector.

## Conclusion

In summary, the current body of research addressing cyber security challenges encountered by Small-to-Medium Businesses (SMBs) emphasizes the urgent necessity for more focused and exhaustive investigations in this field. Despite SMBs' substantial economic significance, there remains a noticeable absence of dedicated research endeavors aimed at addressing their unique cyber security issues. Previous studies have highlighted various concerns, including limitations in data availability, industry-specific

hurdles, approaches to risk management, governance, compliance, and the inherent advantages SMBs possess in navigating cyber security risks. Looking ahead, it is essential for researchers, educational institutions, governmental bodies, and policymakers to collaborate and allocate resources towards further research endeavors. These efforts should not only identify SMBs' challenges but also propose practical solutions to strengthen their cyber resilience and protect their operations in an increasingly digitized environment. By addressing current research gaps and adopting a comprehensive approach, we can empower SMBs to proactively tackle cyber threats, thereby enhancing the security and stability of global economies.

Future research in the field of cyber security for Small-to-Medium Businesses (SMBs) presents several promising directions to enhance understanding and fill existing gaps. These avenues include:

- 1. Quantitative Analysis: While current studies in SMB cyber security mostly rely on qualitative methods, future research can employ quantitative approaches to offer more empirical insights into the effectiveness of security measures, the impact of cyber incidents, and the cost-benefit analysis of security strategies.
- 2. Detection, Response, and Recovery: There's a need for research focusing on improving the detection, response, and recovery capabilities of SMBs against cyber threats. Exploring efficient detection methods, swift response strategies, and effective recovery plans can bolster SMBs' cyber resilience.
- 3. Cyber Resilience Building: Investigating cyber resilience aspects like risk transfer, incident response readiness, and continuity planning is crucial for SMBs to withstand cyber threats. Developing comprehensive cyber resilience frameworks tailored for SMBs can be a significant research area.
- 4. Geographic Variations: Understanding how cyber security challenges vary across regions and industries can offer valuable insights for SMBs. Comparative studies on cyber security practices in different geographic locations can inform tailored strategies.
- 5. Emerging Technologies: Exploring the impact of emerging technologies like IoT, AI, and cloud computing on SMB cyber security is essential. Investigating adoption challenges and security implications of these technologies can guide SMB decision-making.
- 6. Collaborative Initiatives: Researching the effectiveness of collaborative efforts, information sharing platforms, and public-private partnerships in bolstering SMB cyber security resilience is valuable. Understanding the role of collaboration in mitigating threats is crucial for SMBs.
- 7. Behavioral Aspects: Examining the human factor in cyber security, including employee training and awareness programs, can offer insights into strengthening security practices within SMBs. Exploring behavioral interventions to promote a security culture is beneficial.

By exploring these research avenues through a multidisciplinary approach, future researchers can contribute to enhancing SMB cyber security, providing actionable recommendations, and fostering a more resilient digital ecosystem for small and medium-sized enterprises.

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