



ATHLEON

Where Athletes Defy Gravity

रुत्त BOOK

Table Tennis

Rule :

1. Match Format & Team composition:

- The team consists of 4 members.
- Round is played in a best-of-three format. Two single matches and One doubles with each best of three games of 11 points.

2. Service Rule:

- While serving, the hand must be open, and the ball should be tossed clearly into the
- The ball must be visible to the opponent during the service.

3. Touching the Table:

- If the bat or the body of a player touches the table while playing, the opponent is awarded a point.

4. Service and Net Interaction:

- If the ball touches the net during service but lands in the opponent's court, a re-serve will be allowed.
- If the ball touches the net and fails to land in the opponent's court, the opponent will be awarded a point.

5. Serving Sides:

- Players are allowed to serve from both sides of the court, ensuring the serve is fair.

6. Service Alternation:

- Each player is entitled to two consecutive serves before switching.

7. Golden Duck Rule:

- In the event of a 7-0 score, the match will be considered a Golden Duck, and the opponent will automatically win.

8. Legal and Illegal Points:

- If the ball touches the white line and lands within the opponent's court, it is considered a legal point..
- If the ball lands outside the white line (on the lateral dimensions), it is considered an illegal point.

Doubles Rules:-

1. Service in Doubles:

- When serving in doubles, the ball must be served diagonally across the table into the opponent's court. If it serves straight instead, the opponent will receive the point.

2. Side Switching in Double:

- After every two serves, the players must switch sides with their partner.

3. Service and Net Interaction in Doubles:

- If the ball touches the net during service and falls within the opponent's court, a re-serve will be allowed.

All the matches will be on Knockout basis. FINAL DECISION will be taken by the Officials.

These official table tennis rules ensure fairness, clarity, and smooth gameplay for both singles and doubles matches. All players are expected to adhere to these regulations to maintain the integrity and competitive nature of the sport.

CONCLUSION :

As we come to the end of the Athleon Fest Rules and Regulations book, we want to reiterate the importance of maintaining the spirit of sportsmanship, respect, and fair play throughout the event. By adhering to these guidelines, we ensure a positive and enjoyable experience for everyone involved — from competitors to volunteers to spectators. The RGNAU'S Fest is an opportunity to celebrate not just individual achievements, but also the strength of our community. It is about coming together, pushing your limits, supporting one another, and creating memories that will last far beyond the event itself. Whether you take home a trophy or simply enjoy the camaraderie of the games, every participant plays a vital role in making this event special. We encourage you to approach every event with enthusiasm, respect for others, and a commitment to excellence. Remember that the true essence of the Athleon Fest lies in participation, unity, and the joy of friendly competition. Let's embrace the opportunity to grow, learn, and have fun together. Thank you for your commitment to the event, and we wish you the best of luck as you participate in this exciting celebration of athleticism, school spirit, and community. May the ATHLEON FEST be an unforgettable experience for you all. Enjoy, compete fairly, and most importantly, have fun!!!