**Database Details**

Admin URL (phpMyAdmin)

https://sg2nlsmysqladm1.secureserver.net/grid55/47

 Database name and username

plabnew

password: Plab#2014

Hostname

plabnew.db.11537888.hostedresource.com

**FTP Details**

Host name: plab.plabtrainer.co.uk

username: plabnew

password: Plab#2014