

General guidelines

1. Body shaming

- a. Objectionable comments/behaviour concerning looks including hair.
- b. Comments about shaving or having body hair also come under this category.
- c. Promotion of certain body types/standards also comes under this category of sexism.
- d. When you have an instance for which you mark body shaming, don't mark hyper-sexualization, since body shaming is always a case of hyper-sexualization as per our guidelines. It's similar to not marking hostile work environment in cases where you mark pay gap, because pay gap is always a case of hostile work environment. Of course, if there are two separate incidents of body shaming and hyper-sexualization (or pay gap and hostile work environment), do mark both.
- e. Examples of sexist misconceptions or wrongdoings falling in this category:
 - i. "She is fat/ugly/dark."
 - ii. "Who will be interested in her?!"
 - iii. "It's a false rape allegation; why would someone want to rape such an ugly bitch?"
 - iv. "Have you seen yourself in the mirror?"
 - v. "OMG, you've gotten fat!"
 - vi. "You look old."
 - vii. "You have wrinkles/stretch marks."
 - viii. "She looks like a man."
 - ix. A long haired man being called feminine
 - x. Comparisons between "beautiful" and "ugly" women