

# Dominic Swaggerino Yu

Contact: 0542318

Substance Used: Shantidope

Birthday: 2022-10-03

Last Assessment: 2023-01-24

Email: dominicyu@gmail.com

Date deactivated: 2021-01-24

# Journal Summary

Total Journal logged: 9

Total Very Sad Days: 6

Total Sad Days: 0

Total Neutral Days: 1

Total Happy Days: 2

Total Very Happy Days: 0

Average Substance Intensity: 2.78

Average Substance Frequency: 2.67

Average Substance Length: 2.67

Average Substance Number: 15.67

## PHQ 9 Summary

### Average Scores

Little Interest : 1

Feeling Down : 1.1428571428571428

Trouble Falling asleep : 0.8571428571428571

Feeling Tired : 1.1428571428571428

Poor Appetite : 1.1428571428571428

Feeling Bad : 1.1428571428571428

Trouble Concentrating : 0.7142857142857143

Moving or speaking slowly : 1.5714285714285714

Suicidal Thoughts : 1.1428571428571428

# Important Journals

**2022-10-28**

saks lang naman kaya pa

There I was, an empty piece of a shell  
Just minding my own world  
Without even knowing what love and life were all about

Then you came  
You brought me out of the shell  
You gave the world to me  
And before I knew  
There I was, so in love with you

You gave me a reason for my being  
And I love what I'm feeling  
You gave me a meaning to my life  
Yes, I've gone beyond existing  
And it all began when I met you

I love the touch of your hair  
And when I look in your eyes  
I just know, I know I'm onto something good

And I'm sure, my love for you will endure  
Your love will light up my world  
And take all my cares away where they can't bother me

You gave me a reason for my being  
And I love what I'm feeling  
You gave me a meaning to my life  
Yes, I've gone beyond existing  
And it all began when I met you

You taught me how to love  
You showed me a tomorrow and today

My love, that's different from the yesterday I knew  
You taught me how to love  
And darling, I will always cherish you  
Today, tomorrow, and forever

And I'm sure when evening comes around  
I know, we'll be making love like never before  
My love, who could ask for more?

You gave me a reason for my being  
And I love what I'm feeling

You gave me a meaning to my life  
Yes, I've gone beyond existing  
And it all began when I met you  
When I met you

You gave me a reason (for my being)  
And I love what I'm feeling (love what I'm feeling)  
You gave me a meaning to my life  
Yes, I've gone beyond existing  
And it all began when I met you

When I met you

Mood: Neutral

**2022-11-02**

wahahahahahaha

Mood: Very Sad

**2022-12-12**

hahahahahahaha

Mood: Very Sad