

# Quiz: Sustainability Basics

## Question 1

What does sustainability mean?

- A) Using resources without depletion
- B) Consuming as much as possible
- C) Ignoring environmental impacts
- D) Focusing only on profits

## Question 2

Which practice supports sustainability?

- A) Single-use plastics
- B) Energy efficiency
- C) Deforestation
- D) Overfishing

# Answer Key

**1. Answer: A**

*Sustainability balances resource use with regeneration.*

**2. Answer: B**

*Energy efficiency reduces resource consumption.*