Assignment -2

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Life is easy. Why do we make it so hard? - Jon Jandai

Jon Jandai, a farmer who lived in a small village in northeastern Thailand. Jon's life, was easy and fun. People from outside the village convinced him that he was poor and that he should move to Bangkok to pursue success. So, he went to Bangkok in search of a better life, he felt life is hard and very complicated there, he could eat just a bowl of noodles per meal and lives in a small room where he should share the room with lot of people, but suddenly felt miserable staying there. He started questioning himself "why should he stay there and need to work for eight hours per day to get just a bowl of noodles". He started to recall his childhood in Thailand where he works for two months a year (planting rice for on one month and another for harvesting) for and remains free for next 10 months, so that the people can understand themselves, he felt incredibly sad for why he left that happy life and came to Bangkok. He quit from the university luckily returned to his village. Jon described why he stopped chasing other people's dreams and instead started living life on his own terms. And before he thought that stupid people like him who never get a good grade in the school, cannot have a house. Because people who are cleverer than him, who get number one in the class every year, they get an excellent job, but they need to work more than 30 years to have a house. But for him who cannot finish university, how can have a house? Hopeless for people who have low education, like him. But then he started to do earthly building, it's so easy. He spent two hours per day, from 5 o'clock in the morning, to 7 o'clock in the morning, two hours per day. And in three months, he got a house. And another friend who is the cleverest in the class, he spent three months to build his house, too. But he had to be in debt. He had to pay for his debt for 30 years. So, compared to him, he has 29 years and 10 months of free time. So, he felt that life is so easy. He tried to dress like somebody else, like a movie star. To make himself look good, look better. He spent one month to save money to buy a pair of jeans. When he wore them, he turned left, he turned right, looked in the mirror. Every time he looks, he is the same person. The most expensive pants cannot change our life. He felt like I am so crazy, why did we have to buy them? Spend one month to have a pair of pants. It does not change him. He started to think more about that. He also explained "Why we need to follow fashion? Because, when we follow fashion, we never catch up with it, because we follow it. So, do not follow it, just stay here. Use what we have. what he learned is the four basic needs: food, house, clothes, and medicine must be cheap and easy for everybody, that is the civilization. But, if we make these four things hard and extremely hard for many people to get, that is uncivilized. So, now when we look at everywhere around us, everything is so hard to get. He feels like now is the most uncivilized era of humans on this Earth. He also said we have so many people who finish from university, have so many universities on the Earth, have so many clever people on this Earth. But life is harder and harder. We make it hard for whom? We work hard for whom right now? I feel like it is wrong, it is not

normal. So, I just want to come back to normal. To be a normal person, to be equal to animals. The birds make a nest in one or two days. The rats dig a hole in one night. But, the clever humans like us spend 30 years to have a house, and many people cannot believe that they can have a house in this life. So, that is wrong. People can think whatever they want he cannot manage anything outside himself. What he can do is change his mind, manage his mind. Now, his mind is light and easy, that is enough. If anybody wants to have a choice you can have a choice. The choice to be easy or to be hard, it depends on us.

- The main theme of the talk is everyone will have two ways in their life i.e., to make their life easy or complicated.
- The choice to be easy or hard, depends on us.

Right Here, Right Now (Indian)

A short film about human behavior and its propagation. It is directed by **Anand Gandhi.**

A man in his hurry to go someplace - he screams at his mother for making him late, and he appreciates his brother's painting. By doing so, he strikes off two cycles - one of frustration and sorrow and the other of love and joy. His mother shows out her anger on her maidservant. His brother gifts the painting to his girlfriend. Thus begins the cycles of sorrow and joy, forming a Domino stairway, leading to an unknown doorway. After shaking hands with so many other characters and traveling through many locations, in just two shots, both the cycles meet at the end to give a logical understanding to the absurd human life. It is a humorous look at the peculiar ness of the heavenly accident, otherwise known as life.

Even a single happy person has an impact on others. Similarly, an unhappy person has an impact on others. We should decide our feeling on our own right. It is based on right understanding You always have the right feeling It is definite and unconditional. The behavior of the other is only an indicator of the state of the other. With that input you decide your behavior to ensure mutual happiness. We should develop the right understanding - To stop reacting in future - To "repair" the damage from past reactions.

The main theme is

- a one act of bad experience generates the chain of bad experiences.
- a one act of good experience generates the chain of good experiences.

It is tale of karma coming back to you in full circle and shows how one good and bad experiences start the chain of events.