



TRICHY
SRM
MEDICAL COLLEGE
HOSPITAL & RESEARCH CENTRE

Quantum

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THE FINAL EDGE

GRADUAND'S DAY 2022

-Dr. Muthusubramaniyan

“ஈன்ற பொழுதின் பெரிதுவக்கும் தன்மகனைச் சான்றோன் எனக்கேட்ட தாய்.”

Finally it was the day we tasted the fruit of success – “The Prefix -Dr.” which were sowed long back.

It was the day, our white handsome coats and pretty scrubs were replaced with satin gowns and OT caps into “Gday Iconic hats”.

Those iconic hats won't just be a head weight and stop us; it's just another feather in our cap.

It was also the day to be remembered in our lives as it was “The Last Happiest Day” in our UG College Life and “The Thrilling First Day” as an Alumni of Trichy SRM MC.



EDU TRIBE - WHITE COAT CEREMONY

“A NEW DAWN TO DON THE WHITE”

-Akshai. K

Xanthronz' 21

“A huge journey started on that day
where people say hey!
None of us know the way
until our Dean indeed says!
With a ray of hope moving to the future
To make our brains nurture
Traveling along with the white coat
And having a confident foot!”



BEGINNING OF A NEW ERA

“A XENIAL WELCOME TO XANTHRONZ”

- E.P.Kanimozhi,
Kreventorz'20

On a fine Saturday evening of June 25, 2022, Easwari Auditorium was full of the joys of spring. Novatofianza'22 was the very first event for the budding juniors of batch 2021 and they made the evening full of music, magic and masti.

The theme for the day was Glitz and Glam, taking us back to the Retro mood. Energetic freshers were divided into Squads of Dynamites, Eleanors, Gladiators, Mavericks, Millennials and Razzles.

The Squid game was brought into reality, we were able to witness both the sportive and competitive sides of the team. The team spirit was at peak for Tug of War. Finally, Razzles were the Champions of the day.

Ramp walk of the freshers with their costumes on were eye catchy. The event had happy events from dance, drama to music. The freshers were very sportive to participate onstage events with full enthusiasm. The event came to an end with a photo session, recording the happiest faces full of dreams to accomplish in the near future. **Xanthronz are all set ready**

To set a high benchmark for the next 5 years.

Dear Xanthronz, It's the pleasant duty of Kreventorz to bid you all a genial welcome.



BEAT HORIZON - SPORTIFA'22

“WHO IS GOING TO TASTE THE SALUBRIOUS VICTORY OF SPORTS”?

-Srimathi, Ryzenzordz'19

After a break of 3 years, TSRMMC's own bustling annual sports event, Sportifa-2022 was conducted by the batch of Ryzenzordz. The event began officially on 27 th June with an opulent inauguration evening at the College ground headed by the Dean, Dr S. Revwathy along with other dignitaries Deputy Director, Dr.N. Balasubramaniam, Associate Dean, Dr. Baba, Additional Medical Superintendent, Dr. P Karthick and Sports Advisor Dr.PalaniVelRaja. Sports achievers of TSRM carried the torch in a relay, celebrating a common message of sportsmanship, athletic superiority and artistic achievement.

Meanwhile the names of the participating batches were unveiled as the Olympic torch was passed on. Fun games gave a kickstart to all other long awaited momentous games. The Kick-Off by the dignitaries was such a treat to watch. Following that, we had two action-packed games – Futsal and Basketball, which made us all to look forward for more in the coming days.



Various interbatch events – indoor, outdoor and track events were conducted. In addition to the usual events, Basketball 3s, Box cricket and Kho-Kho were some new events of Sportifa'22. All the games count as each point gets you closer to lifting the trophy. Yet the spirit of sportsmanship displayed by all the players of all the batches in such a competitive atmosphere was remarkable. The faculties spectating the games and the crowd cheering as one, amidst the well-lit atmosphere, fueled the players to go the extra mile.



ASPIRE TRENDS-MEDAL WINNERS



Vaitheeswaran
Anatomy



Micah Solomon
Pathology



Karparaksha G
Microbiology



A.Biansi Priyanga
ENT



Syed Mohammed Humayil
General Medicine



M.Sharan Adithya
General surgery

ஷப்பும் அவளே.... ஷபும் அவளே

GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW

“Woman is the companion of man, gifted with equal mental capacity.”

- S.A.Rakshitha
Kreventorz'20

The celebration of Women began since the beginning of time, yet we celebrate them more on the special day for women on March 8 th . One such festivals was the event at B.C Roy hall, Organized by The Alumni Association and PG students of TSRMMCH&RC.

The Event began and commenced with grace, Our honorable Dean, Dr.S.Revwathy ma'am inspired loads of Young souls with her golden words on the topic Gender equality for sustainable tomorrow. To add to the stars of the day we had a real star Ms.Rohini, accompanying this throughout this event, sharing her light and joy with us talking on the topic “Agni Siragu”.



YOGI FINESSE - *Yoga For Humanity*

- Safah Maryam. S
Kreventorz'20

On remark of International Yoga day 2022, TSRMMC took pride in conducting a dynamic mass yoga programme on June 21,2022 between 4:30 pm and 6:00 pm. The Department of Physiology and The Department of Physical Education organised the event in a glorious manner with the batch of XANTHRONZ at Eswari auditorium. The inauguration of the event was graced by the virtual presence of The Chairman, SRM group of institutions Dr.R.Shivakumar and The Chief Director, SRM Group of Institutions Dr.N.Sethuraman. The event was also enlightened by the presence of The Dean Dr.S.Revwathy, Deputy Director



Dr.N.Balasubramaniam and Vice principal Dr.Ramchandra Goyal. Medical faculties from various other departments also joined this occasion. The welcome address was delivered by Professor & HOD, Department of Physiology Dr.Nachal Annamalai. The batch of XANTHRONZ participated in this event with great enthusiasm under the guidance of a yoga instructor. This yoga mass was lead by two young eminent students of XANTHRONZ Balaseshathiri.M and Dharini Sri.S.

The bunch of energetic youngsters performed asanas in unison portraying better health and wellness for all. The dignitaries also were carried away by the spirit of the young minds that they enjoyed doing asanas as well. Besides intellectual enrichment, the gathering was also bestowed with nutritional enrichment. At the end of the event the mass dispersed with an awakening thought that “Yoga adds years to your life and life to your years”.

OVER YONDER

Electronic Tablet Providing Scheme for Government School Students

-Santosh,
Xanthronz'21

A few months back an event was organized by the Government of Tamil Nadu on 26th April 2022 at 2 pm. The state government provided electronic tablets to all through the 7.5% government school students' quota. Hence our college students were selected and seated according to the colleges.



Our Honourable Health minister Mr.M.Subramaniam enlightened us through his words on the productive usage of electronic gadgets in medical education. Refreshments were provided to energize us. Then our Honourable Chief Minister Thiru. M.K. Stalin took over the stage and provided tabs and conveyed his best wishes to the students. Two students from each district were selected to receive a tab from our honorable C.M on stage while remaining tabs were sent to other students to their respective colleges where they received their tabs.

UPSKILL MUSINGS

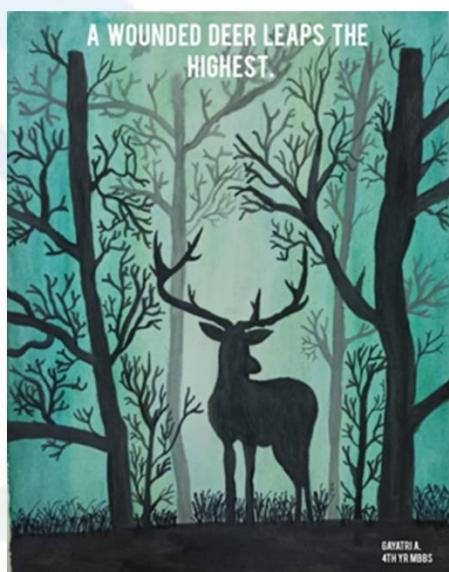
Project Day 2022

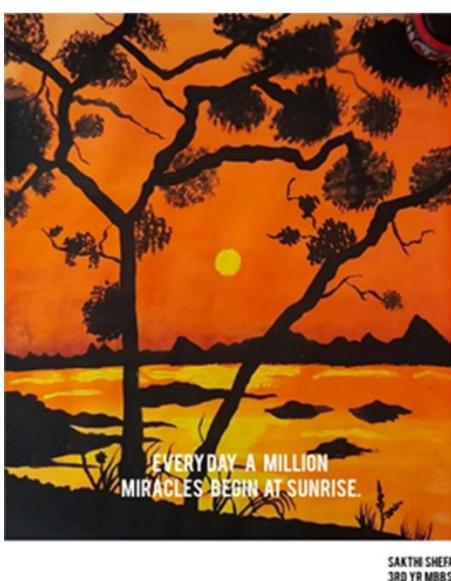
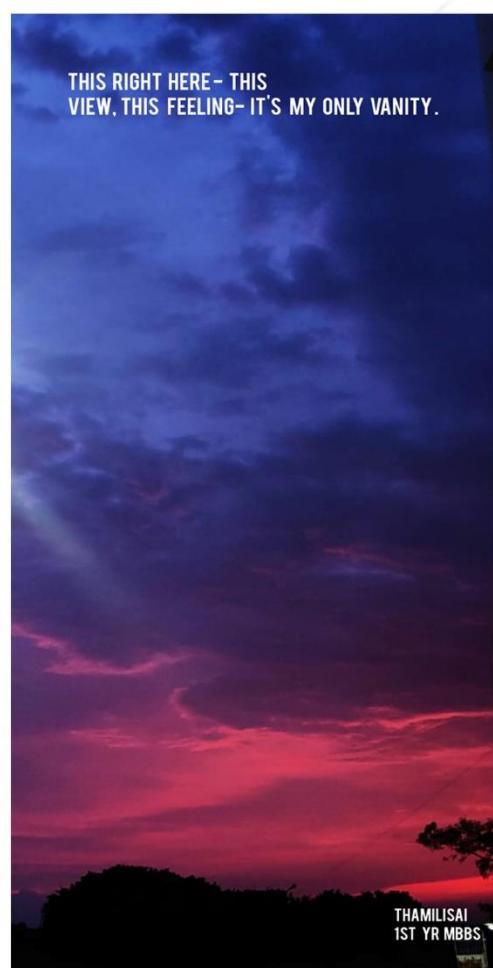
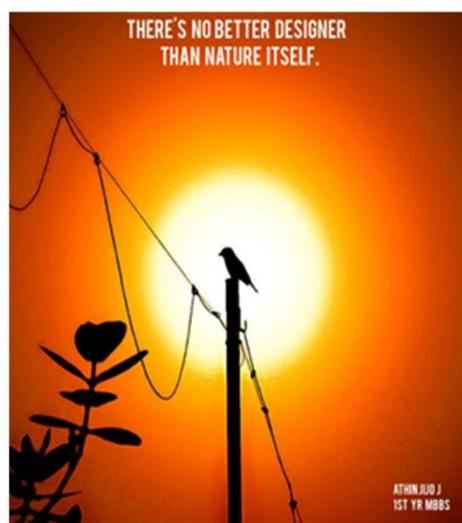
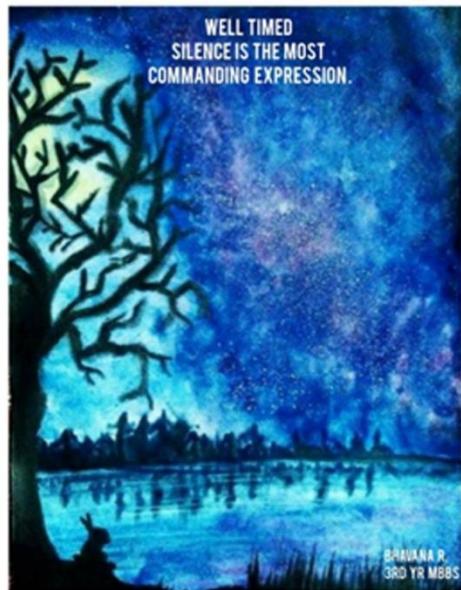
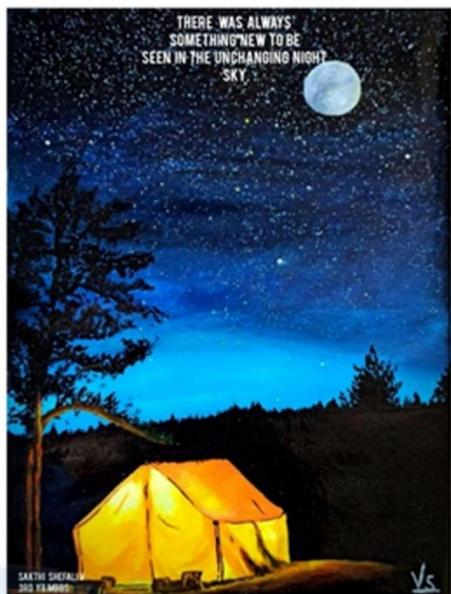
-Kavyasri,
Ryzenzordz'19

The Project day was held on 16-6-22 and 17-6-22. The students of SRM Trichy campus showcased over 180 technical projects on recent technologies. More than 3000 students across the state participated in the event. Trichy SRM medical college students showcased their research projects and created awareness among various school students. The following students are the enthusiastic participants, CM. Lalith Varsid, Shwetha Sharma, Clitus, Isaithendral, Deivanai, S.Shruthy and Harshitha Bharani of Final year, and Kavyashri and A.Janani of III MBBS.



A SHOWCASE OF STUDENTS' ARTISTIC TALENTS





காலை பனித்துளி

அச்சோ.....எல்லோரும் பார்க்கிறார்கள்
என்னெனவிட்டு விலகிபோ -என்ற பச்சை காதலின்குரல் கேட்டு இலையிலிருந்து கீழே
குதித்து,தற்கொலை செய்துகொண்டான் காதலன்-பனித்துளி !

-j. Kavyasri
Ryzenzordz'19

MOON

*That half silver moon
Maybe a beautiful lady
With craters appearing as acnes
The darkest sky be her long hair
Stars as the diamond beads on them*

*That half silver moon
Maybe an edible commodity of the aliens
Left half eaten*

*That half silver moon
Maybe a man behind the bars
Concealing his face*

*That half silver moon
Maybe a sickle reaping galaxies of stars*

-Anithra C A ,
Ryzenzordz'19

*I don't want to change any of them
The nights I cried myself to sleep
Trying not to make a sound as I weep
The summers that I have spent alone
Or the whiles which are forgotten and long gone
Nor the days that I took out the shard
Neither the times life had hit me so hard
Cause only those made the person whom I adore and love
Then darling how will I change them now*

-B. Adchaya
Xantronz'21

RECOVERY

*There are times
I doubt myself!
What I'm up to?
What if my best isn't
Good enough...
Walking through the
Dark tunnels,
Probing for the rays of light!
Fret over future,
Emptying existing strength;
Screamed in silence,
Pendulum oscillating between
Hope and Despair!
Life always holds me
A Special magic!
Redirected me to something better,
I survived like a cockroach!
Hungry for success;
Willing to hunt!
I raised like a
Phoenix from the ashes!
I got my own back!
Time to create my
Idiosyncratic masterpiece!*

- Safah Maryam

HITCH YOUR WAGON TO A STAR - UNAKUL ORU IAS

- S.A.Rakshitha,
KreventorZ'20

“Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen”

– Winston Churchill

The fact that a doctor could also become an IAS or IPS officer was a jaw-dropper for all of us, but Yes it is the truth. Kingmakers IAS academy has made this far-fetched thought a reality. Through the Joint efforts of Trichy SRM medical College and Kingmakers IAS academy it was possible to inculcate such motivation and sow the seed of various new possibilities in these young minds of the future. Mr. Shridar IRS shared his experience with us about his journey and struggles. We were thrilled to meet Tmt. J. Innocent Divya IAS ma'am via an online portal. She guided us towards a path that none of us knew to have existed. We also interacted with Prof. Sathyaseelan Boominathan sir who enlightened us with the idea of a doctor becoming an IAS officer. Little did we know that the basics we needed to build were hidden in the curriculum of CBSE school books along with General knowledge and current affairs. This could shape the IAS officer within us. There was a Lucky draw in which we all participated out of so many students one was very fortunate to win a free Scholarship to be a part of this wonderful program. Dr. Jayaprakash Gandhi had always took us on an adventurous ride filled with fun, facts and flowing information that made us think.



“Unakul oru IAS” really woke the IAS spirit held within me and I’m grateful to have been a part of this.

ECO STRIDE - WORLD ENVIRONMENT DAY



TRICHY SRM MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
திருச்சி எஸ் ஆர் எம் மருத்துவக் கல்லூரி மருத்துவமனை மற்றும் ஆராய்ச்சி மையம்

WORLD ENVIRONMENT DAY -22









QUEST WORLD

RAPISURG' 2022

-Dr.Arathi Varma.A

The annual undergraduate clinical rapid review course- RAPISURG was conducted by the Dept.of General Surgery and the Medical Education Unit on 28th and 29th January, 2022. The two day program took place in Dr.APJ Abdul Kalam Hall in the hospital block. The program was held as twelve sessions split across two days, with an aim at rapid revision in clinical case discussion for the final year MBBS batch. This is the eighth consecutive year Rapisurg was being conducted. Day 1 began with a discussion on basic procedures in surgery by Dr. P. Karthick, HOD, General Surgery, followed by the Inauguration. Prizes were then distributed to the winners of Prof. Dr.V.T General Surgery medal exam (M.Sharan Adithya) , Toppers in internal assessment examinations (NPJ Haritha) and Toppers in attendance (S.Ajitha, Maalavika Harikumar, S.Subhashini).

Day 2 was scheduled with further sessions on clinical cases, including Orthopedics, Basic procedures in Surgery and Communication skills. The final session for the day was a Quiz conducted by Dr.P.Karthick and Dr.A.Zahir Hussain. This was followed by the prize distribution for the quiz, the best case presenters (M.Sharan Adithya and M S Revin Kumar) and the best interaction (P Lavanya Lakshmi and KS Prithvica).



WORLD BIPOLEAR DAY CELEBRATION

The first session of the day 'Bipolar an illness not a helpless destination' begun by Dr. S. Sivaraman. The speech was both informative at the same time understandable for the audience, which included parents.

The next event of the day, which was an 'Awareness video and explanation' by Dr. Iniga our Post graduate student.

Followed by Role of 'Psychotherapy in BPAD' by Mr. K. Ravi, Clinical Psychologist.

All presentations were in Tamil, facilitating easy understanding for patients who participated in our event. Treatment options and vote of thanks were delivered by Dr. K Ronald Roy (Associate Professor - Psychiatry).



MEDIRAP 2022

-Dr.Farhaan marzook

MEDIRAP is an academic event organized by the department of general medicine for rapid review of both theoretical and practical aspects of third year MBBS part II university exams. The event was inaugurated by the respected Dean madam and addressed the students and faculty. All the major and minor cases for the university practical examinations were presented by the volunteering students under the guidance of their respective moderators. The various case presentations were discussed in detail regarding the history taking, examination demonstrations & frequently asked exam questions.

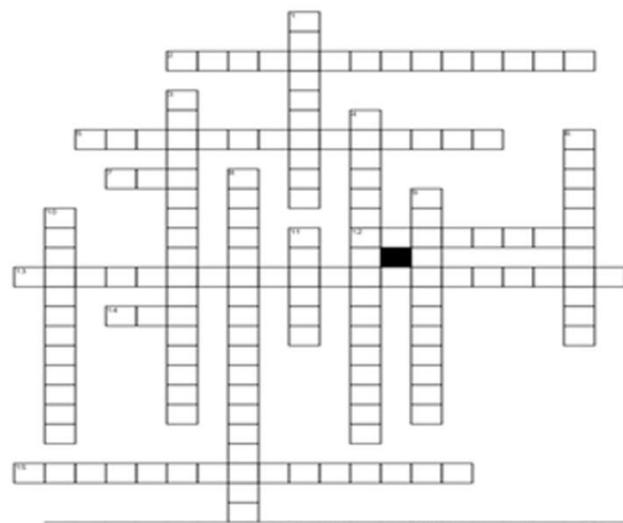
The cases that were presented are: Aortic stenosis, Aortic regurgitation, Mitral stenosis, Mitral regurgitation, Decompensated chronic liver disease, Pleural effusion, Lung Fibrosis, Bronchiectasis, Splenomegaly.

The winner of Gold Medal examination conducted by Dept. Of General Medicine was felicitated during the event.

The event was a massive success and displayed the qualities of the Dept. Of General Medicine in terms of organization and academic guide for the students. The students also learned a program and went on to apply the knowledge gained in the university examinations.



Pediatric Disorders - I



Across

- 2. The most common cause of acquired heart disease in children
- 5. Autosomal-recessive disease that causes dysfunction of the exocrine glands
- 7. There is an abnormal opening between the aorta and the pulmonary artery. (Abrv.)
- 12. Uncontrolled electrical discharges of neurons in the brain.
- 13. Result of valvular malfunction and backflow of urine into the ureters (and higher) from the bladder (severe cases are associated with hydronephrosis).

14. Condition in which the heart is unable to pump effectively the volume of blood that is presented to it. (Abrv.)

15. An acute systemic vasculitis that can cause damage to vessels, including the coronary arteries that supply blood flow to the heart.

16. Congenital absence of autonomic parasympathetic ganglion cells in a distal portion of the colon and rectum.

Down

- 1. Inherited bleeding disorder
- 3. Consists of four defects: 1. PS 2. VSD 3. Overriding aorta 4. Right ventricular hypertrophy

4. Pulmonary artery and aorta do not separate.

6. Inflammatory disorder of the middle ear

8. Bacterial inflammatory disorder of the meninges that cover the brain and spinal cord.

9. The organism usually responsible for this disease is Haemophilus influenza (H. influenza, primary type B).

10. Acute, rapidly progressing encephalopathy and hepatic dysfunction

11. Inflammatory reactive airway disease that is commonly chronic

JATIN SHAH QUIZ 3.0

“Victory is in the quality of competition and not the final score”.

-Dr. Dhayashri .D

For the third consecutive year, the Department of ENT and head and neck surgery has stoked the competitive fire in students with the annual Jatin Shah quiz organised by Dr. Ajay Manickam. The much-awaited quiz has attracted an even bigger crowd this year comprising of 50 teams in a competitive frenzy. The annual quiz has come to be a part of Trichy SRM's learning agenda enriching the academic experience.

After a gruelling preliminary round, the qualifiers reassembled for the finals which was graced by our Honourable dignitaries Dean Dr. S. Revvathy, Medical Superintendent Dr.Vijayakumaran , and Assistant Medical Superintendent Dr. P.Karthick. The finals comprised of several hurdles including a rapid-fire round, a buzzer round and an



image-based question round, stimulating the active participation of the audience gathered there. After a fierce battle, Dr. Sharan, Dr. Kishore and Dr. Bhuvaneshan of 2017 batch took home the trophy.

WORLD HEALTH DAY

World health day theme 2022 is “Our planet, Our health”.

Department of community medicine celebrated World health day in theme of “Our planet, our health” on 07/04/2022 with various faculties, students, and staff. About 150 trees were planted by each of the first year MBBS student at Trichy SRM Medical College Hospital and Research Institute. A Reels competition was also conducted for the first year MBBS students



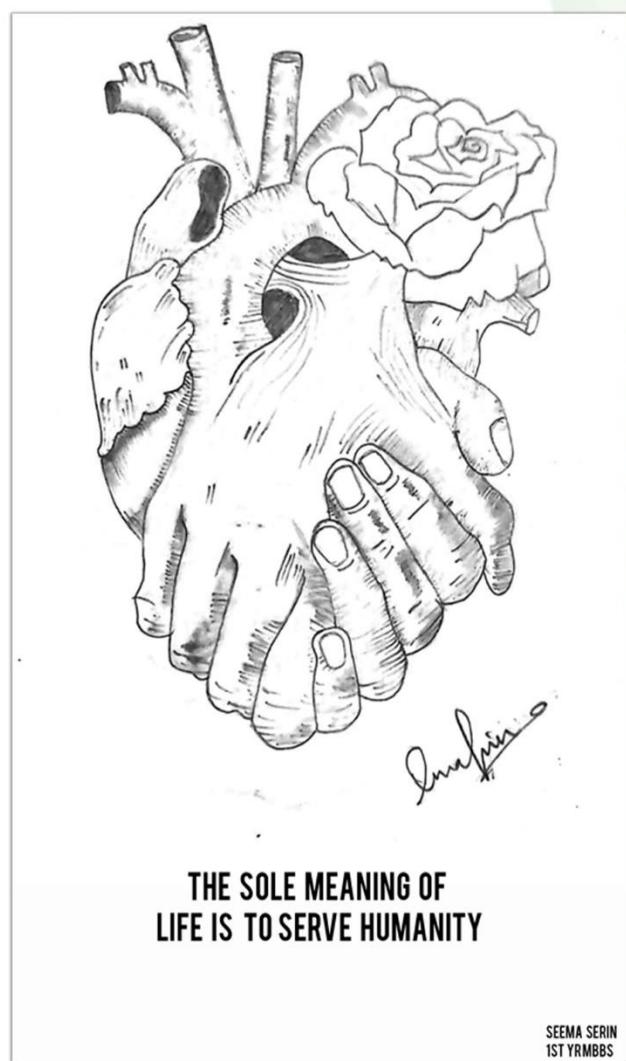
EPISTEME

THE TROUBLESONME BUMPS AND THEIR RESPONSE TO RETINOIDS

-Dr.Lomine Karain R
Final Year PG, Dermatology

Multiple epidermal inclusion cysts occur as the result of plugged pilosebaceous units containing keratin surrounded by an epidermoid wall presenting as asymptomatic subcutaneous nodules over the face and trunk in middle-aged adults. A 25-year-old male presented with generalized multiple skin colored nodulo-cystic lesions since birth with positive family history. Polyporous comedones and pitted scars are present over the face and back. Reticulate hyperpigmentation are seen over axillae and groin. Diagnosis with histopathological confirmation of epidermal inclusion cysts with Dowling Degos disease was made. Patient was given oral retinoids and few nodules excised. Patient showed good clinical improvement.





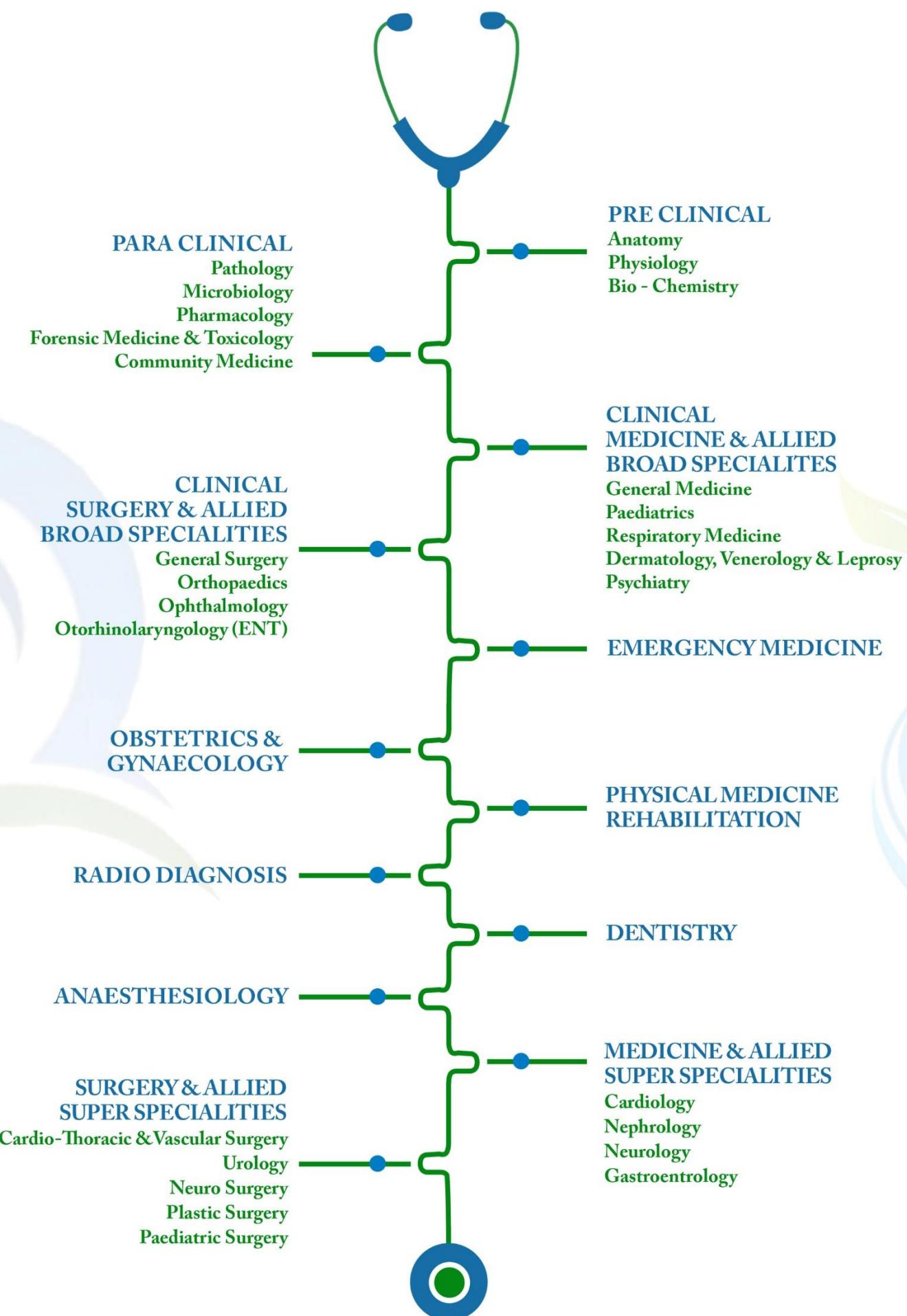
கிறைவன் கொடுத்த வரம்

காலங்கள் பல கடந்தாலும்,
 நேரங்கள் பல மாறினாலும்,
 மாணவர்களின் வளர்ச்சிக்கும் !
 அவர்களின் வெற்றிக்கும்! - என்றும் அணையா விளக்காய்!
 தங்க சிம்மாசனத்தில் அமர்ந்திருக்கும் எனது அருமை ஆசிரியர்களுக்கு -
 இதோ ஒரு கவிதை சமர்ப்பணம்.
 ஒரு மனிதனுடைய வாழ்வு - அவனது ஆரம்ப காலத்தில் தான் நிர்ணயிக்கப்படுகிறது!
 நிர்ணயிப்பது காலம் அல்ல!
 அவனது கண்யிமையா முயற்சியே!
 இத்தகைய முயற்சியை - முத்தாய்! முழுமையாய்! முன்னிருந்து!
 தருபவர்களே நம் ஆசிரிய பெருமக்கள்!
 இயல்பொழுதிலும் - தோயாது! தயங்காது! -
 தமது மாணவர்களின் வெற்றிக்காக இயன்று கொண்டே இருக்கும்
 ஓர் அற்புத ஆத்மா!
 அந்த ஆத்மாவிற்கு - எவரும் ஈடும் இல்லை!
 எவரும் இணையும் இல்லை!
 “என்ற பொழுதில் பெரிதுவக்கும் தன் மகனை
 சான்றோர் எனக் கேட்ட தாய்” - என்பது வள்ளுவரின் வாய்மொழி
 அதனை “கற்பித்த பொழுது - பெரிதுவக்கும்,
 தன் மாணவன் சான்றோர் எனக் கேட்ட ஆசிரியை”! என்றே சொல்லலாம்.
 எனவே இயன்றவரை ஆசிரியரை போற்றுவோம்!
 நம் வெற்றியால் அவர்களுக்கு வாகை சூடுவோம்!
 “வாழ்க ஆசிரியர்களின் தொண்டு!”
 வளர்க அவர்களின் புகழ் பாரங்குமோ!”

-- மு.பாலசேஷாத்திரி,
 Xanthronz'21

*Walking through the streets
 The auburn leaves crunching beneath
 Hands clutched, to hold on to the heat
 The frosty wind and winter sun meet ,
 Snowflakes split the dazzling light into brilliant colors, discrete
 Birds chirping, the golden clouds they greet
 Aroma of coffee, wafting across the alley
 A soft melody, drifts through the sky, cheerful and upbeat
 People chattering, with sparkling eyes, smiles sweet
 Though the bleak winter envelopes the world in darkness ,complete
 An aureate light shines through, as one our heartsbeat*

-Darshani,
 Ryzenzordz' 19



Timeline 2016 - 2022

