

Module Learning Manual (Syllabus)

Bachelor of Science in Applied Psychology

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致后来者:

第一,这本课程描述中的课程名是本人将成绩单自己翻译后的命名,之所以没有使用学校官方打印的英文成绩单是因为上面格式错误和拼写错误我个人接受不了。所以后来者在使用这份课程描述时需要注意课程名保持一致,有些地方该修改就修改。

第二,这本课程描述中的模块划分也是本人基于自己的理解对课程进行的归类,所以后来者也可能需要结合自身需求和申请学校进行有侧重的调整,万不可生搬硬套。不过这里需要吐槽的是,我校的学分和课时的对应关系是比较混乱的,不过有一个原则,就是至少 16个课时对应 1 学分。注意是 **classroom hour 课时**, **不是** study hour 学时,这一点申请欧陆的后辈们需要注意。

第三,这个课程描述是本人基于自己所选的课程进行编纂的,必然有些选修课我修了各位没有修(比如心理咨询过程与训练),或者有些选修课各位修了我没有选(比如精神分析导论),在或者教务那边有些课 20 级没有开(比如某个人的新时代思想),这些都需要各位万分仔细,检查修改的。

第四,我一直认为心理学毕业生想要不沦为教育学或者马院的那种人牙子江湖专业,只有积极学习计算认知科学和认知神经科学这种硬核的方向,即使要走咨询或者临床,亦要积极争取处方权诊断权啥的,丰满自身羽翼。水一水的过程很舒服,但是终究没有立命的本事,这是我们所需要面临的。祝各位顺利。

第五,有些院校课程需要各位去把<mark>封面和前几页盖章</mark>,我当时是将目录页前的部分打印下来去学院和教务盖了的,之后扫描了再作图片插进去,这样的 pdf 能接着用目录的导航栏,看着工整些。

不管怎么说,还是希望各位顺利申请到自己心仪的去处。当初自己搞申请的时候手搓英 文成绩单和 60 多页课程描述头直接大了。看不惯之前申请出国的人没分享这东西的,于是 自己做完了就传 github 供各位使用了(这里求各位有乐意的点个收藏满足一下个人的虚荣 心)。不过还是需要说一句: 课程描述的具体内容可能还是需要各位根据自身情况和目标院 校的特色进行有侧重的修改!!!!! 万不可生搬硬套,这个文件仅供帮助各位完成地基手脚架 而已!!!! 万望各位注意,切莫尽信书不如无书!!!!

最后,本人申请的是瑞典的高校(因为要的文件少,省事,申请费还便宜)如果其他同学需要帮助也可以联系: harmuorwork@qq. com。祝各位顺利!

程诚柏然 2024.10.17

General information and guidelines for module manuals

- 1. Theoretical Courses: At least 16 Classroom Hours of coursework are required for 1 Chinese Credit.
- 2. Practical Courses: At least 1 Practice Week is required for 1 Chinese Credit.
- 3. Graduation Project: Typically lasts 10 to 14 weeks, generally worth 10 to 14 Chinese Credits.
- 4. Entrepreneurship Credits (Start a Magical Entrepreneurial Journey): 1 Chinese Credit for every 16 Classroom Hours of coursework.
- 5. Innovation Credits: Reward Chinese Credits, not counted by Classroom Hours.

Table of Hours and Credits

Туре	Module	Classroom hours / Practice Weeks	Chinese Credits	ECTS
	Basic Knowledge	292 hours	18	27
	Statistics and Methods	252 hours & 2 weeks	17	25.5
	Writing	80 hours	4	6
	Cognitive Science	244 hours	14	21
Psychology	Work and Organization	136 hours	7	10.5
Courses	Psychological Counseling	180 hours	9	13.5
	School Psychological Health	88 hours & 2 weeks	6	9
	Practice and Internship	16 hours & 10 weeks	10.5	15.75
	Graduation Project	10 weeks	10	15
	Military and Sports	194 hours	8	12
Non-	Social General Knowledge	344 hours	19	28.5
Psychology	English Learning	172 hours	10	15
Courses	Innovation and Entrepreneurship	32 hours	5	7.5
	Others	408 hours	24	36

Type	Classroom hours / Practice Weeks	Chinese Credits	ECTS
Psychology Courses	1288 hours & 24 weeks	95.5	143.25
Non-Psychology Courses	1150 hours	66	99
Total	2438 hours & 24 weeks	161.5	242.25

Note: Innovation credits are not included in the calculation of course hours.

学分学时对应说明

- 1. 理论课程:至少每16课时对应1学分。
- 2. 实践类课程:至少每1个实践周对应1学分。
- 3. 毕业设计:通常持续10周~14周,一般对应10~14学分。
- 4. 创新学分 (开启神奇的创业之旅): 每16课时对应1学分。
- 5. 创新学分:奖励学分,无对应课堂时间。

学分课时关系表格

类型	模块	对应课时/实践周	学分	ECTS
	基础知识模块	292 课时	18	27
	统计与方法模块	252 课时 + 2 周	17	25.5
	写作模块	80 课时	4	6
心理学专业	认知科学模块	244 课时	14	21
心珪字 \	工作与组织模块	136 课时	7	10.5
床/ 注	心理咨询模块	180 课时	9	13.5
	学校心理健康教育模块	88 课时 +2 周	6	9
	实践与实习模块	16 课时 + 10 周	10.5	15.75
	毕业设计	10 周	10	15
	军事与体育模块	194 课时	8	12
通识类课程	通识教育模块	344 课时	19	28.5
	大学英语模块	172 课时	10	15
	创新创业模块	32 课时	5	7.5
	其他	408 课时	24	36

类型	对应课时/实践周	对应学分	ECTS
心理学专业课程	1288 课时 + 24 周	95.5	143.25
通识类课程	1150 课时	66	99
总计	2438 课时 + 24 周	161.5	242.25

注: 创新学分不计入课时计算。

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1 Psychology Courses

1.1 Basic Knowledge Module

Courses	Classroom Hours	Chinese Credits	ECTS
General Psychology (A)	48 hours	3	4.5
History of Psychology	48 hours	3	4.5
Developmental Psychology	48 hours	3	4.5
Social Psychology	48 hours	3	4.5
Personality Psychology	52 hours	3	4.5
Educational Psychology	48 hours	3	4.5
Total	292 hours	18	27

Course Name	General Psychology (A)	
Take In	2020-2021 Semester 1	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours	
Main Contents	 This course provides a comprehensive overview of the major concepts, theories, and research findings in psychology. Students will explore topics such as the biological bases of behavior, sensation and perception, learning and memory, cognition, development, personality, psychological disorders, and social behavior. The course emphasizes applying psychological principles to everyday life and encourages critical thinking about human behavior and mental processes. 	
Teaching Objects	 Understand the major concepts and theories in psychology. Develop an appreciation for the scientific methods used in psychological research. Explore the biological, psychological, and social factors that influence behavior and mental processes. Apply psychological principles to understand and address real-world issues. Enhance critical thinking and analytical skills through the study of psychological phenomena. 	
Study Materials	Zimbardo, P., Johnson, R. L., & McCann, V. (2017). <i>Psychology: Core concepts</i> (7th ed., Qian, J., & Huang, J., Trans.). Beijing United Publishing Company. ISBN: 9787559612151	
Assessment	 Attendance: 10% Assignment: 20% Midterm Exam: 10% Final Exam: 60% 	

Course Name	History of Psychology
Take In	2021-2022 Semester 1
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours
Main Contents	 This course explores the historical development of psychological thought and practice from ancient times to the present. Key topics include the philosophical roots of psychology, the rise of experimental psychology, the development of psychoanalysis, behaviorism, humanistic psychology, cognitive psychology, and contemporary trends in psychological research and practice. Students will examine key figures, theories, and movements that have shaped the field of psychology. The course emphasizes understanding the context in which psychological ideas emerged and how they have evolved over time.
Teaching Objects	 students will be able to: Trace the historical development of major psychological theories and practices. Identify key figures and their contributions to the field of psychology. Analyze the impact of historical events on the evolution of psychology. Develop critical thinking skills by evaluating historical and contemporary psychological theories.
Study Materials	Ye, H. (Ed.). (2009). <i>History of Psychology</i> . East China Normal University Press. ISBN: 9787561770399
Assessment	 In-Class Quizzes: 10% Assignment: 30% Midterm Exam: 10% Final Exam: 50%

Course Name	Developmental Psychology	
Take In	2021-2022 Semester 1	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours	
Main Contents	 This course provides an in-depth examination of human development from conception through old age, covering key topics about prenatal development, infancy, childhood, adolescence, adulthood, and aging. The course highlights key theories and research findings (e.g., Piaget's stages of cognitive development, Bowlby's attachment theory, Baumrind's parenting styles, Sternberg's triarchic theory of intelligence, and Erikson's eight stages of psychosocial development). Students will explore the physical, cognitive, social, and emotional changes throughout the lifespan, emphasizing the influence of genetics, environment, and culture. 	
Teaching Objects	 Understand the major theories and concepts in developmental psychology. Explore the stages of human development from prenatal to old age. Analyze the physical, cognitive, social, and emotional changes across the lifespan. Examine the impact of genetics, environment, and culture on development. 	
Study Materials	 Lin, C. (2018). Developmental Psychology (3rd ed.). People's Education Press. ISBN: 9787107323409 Lei, L. (2017). Developmental Psychology (3rd ed.). China Renmin University Press. ISBN: 9787300241340 	
Assessment	 Attendance: 10% Assignments: 20% Course Paper: 20% Final Exam: 50% 	

Course Name	Social Psychology
Take In	2021-2022 Semester 1
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours
Main Contents	 This course examines how individuals' thoughts, feelings, and behaviors are influenced by the presence of others. Students will explore key topics such as social cognition, attitudes, group dynamics, prejudice and discrimination, interpersonal relationships, and social influence. The course emphasizes understanding the theories and research findings in social psychology (e.g., Social Learning Theory, Cognitive Dissonance Theory, Attribution Theory, Social Identity Theory, Conformity and Obedience).
Teaching Objects	 students will be able to: Understand the major theories and concepts in social psychology. Analyze how social factors influence individual behavior and mental processes. Explore the impact of group dynamics on behavior and decision-making. Examine causes and consequences of prejudice and discrimination.
Study Materials	 Hou, Y. (2018). Social Psychology (4th ed.). Peking University Press. ISBN: 9787301297438 Myers, D. (2014). Social Psychology (11th ed). People's Posts and Telecommunications Press. (H. Hou, G. Le, & Z. Zhang, Trans.). New Curve. ISBN: 9787115369840
Assessment	 Attendance: 10% Class presentations: 10% Course Paper: 30% Final Exam: 50%

Course Name	Personality Psychology	
Take In	2021-2022 Semester 2	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 52 Classroom Hours	
Main Contents	 This course delves into the study of personality, exploring the various theories and research that explain individual differences in behavior, emotion, and thought. Students will examine key topics such as trait theories, psychodynamic theories, humanistic approaches, social-cognitive perspectives, and biological bases of personality. The course emphasizes understanding how personality develops and influences behavior, as well as the methods used to assess personality. 	
Teaching Objects	 Understand the major theories and concepts in personality psychology. Analyze the factors that contribute to the development of personality. Explore the biological, psychological, and social influences on personality. Examine the methods used to assess and measure personality traits. 	
Study Materials	Xu, Y. (2009). <i>Personality Psychology</i> . Beijing Normal University Press. ISBN: 9787303095537	
Assessment	 Class Presentation: 15% Literature Translation: 15% Final Exam: 60% Attendance: 10% 	

Course Name	Educational Psychology
Take In	2020-2021 Semester 2
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours
Main Contents	 This course explores the principles of psychology as they apply to education and learning, covering key topics such as connectionist learning theories, reinforcement learning theories, constructivist learning theories, knowledge acquisition, moral education, information processing theories, and Vygotsky's learning theory. Students will examine cognitive development, motivation, classroom management, and assessment, emphasizing the application of psychological theories and research to improve teaching and learning outcomes.
Teaching Objects	 Students will be able to: Understand the major theories and concepts in educational psychology. Analyze the cognitive, emotional, and social factors that influence learning. Explore the impact of individual differences on educational outcomes. Examine effective strategies for classroom management and student motivation.
Study Materials	Goldstein, E. B. (2020). Cognitive Psychology: Connecting Mind, Research, and Everyday Experience (5th ed.). China Light Industry Press. (M. Zhang, Trans.). Wan Xin Psychology. ISBN: 9787518431007
Assessment	 Attendance: 10% Class Presentation: 10% Assignment: 30% Final Exam: 50%

1.2 Statistics and Methods Module

Courses	Classroom Hours/Practice Weeks	Chinese Credits	ECTS
		Credits	
Psychological Statistics	48 hours	3	4.5
Statistical Analysis Operation-SPSS	36 hours	2	3
Research Methods of Psychology	48 hours	3	4.5
Research Methods Practice in Psychology	2 weeks	2	3
Psychometrics	60 hours	3.5	5.25
Experimental Psychology	60 hours	3.5	5.25
Total	252 hours & 2 weeks	17	25.5

Course Name	Psychological Statistics	
Take In	2021-2022 Semester 1	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours	
Main Contents	 This course provides an introduction to the fundamental descriptive and inferential statistical methods utilized in the behavioral and social sciences. The curriculum covers topics such as data organization, measures of central tendency and variability, hypothesis testing, and a variety of parametric and nonparametric significance tests, including t-tests, regression, correlation, ANOVA, MANOVA, and chi-square analysis. Students will explore the connections between theoretical concepts, statistical techniques, and research methodologies to determine the appropriate statistical tests for data analysis and to draw objective conclusions about research questions in the psychology sciences. 	
Teaching Objects	 Understand and apply fundamental descriptive and inferential statistical methods in the context of behavioral and social sciences. Organize and interpret data using measures of central tendency, variability, and correlation. Conduct and analyze hypothesis tests, including t-tests, ANOVA, MANOVA, and chi-square tests, to draw valid conclusions and Integrate theoretical knowledge with statistical techniques to identify appropriate methods for data analysis. Develop critical thinking skills to evaluate research findings and their implications in the social sciences. 	
Study Materials	Cohen, B. H. (2011). Explaining psychological statistics (3rd ed.). East China Normal University Press. ISBN: 9787561782057.	
Assessment	 Attendance: 10% In-class quizzes: 10% Final exam: 60% Class presentations: 10% Assignment: 10% 	

Course Name	Statistical Analysis Operation-SPSS	
Take In	2021-2022 Semester 1	
Credits & Hour	2 Chinese Credits, 3 ECTS, 36 Classroom Hours	
Main Contents	 This course focuses on the practical application of statistical analysis using SPSS or R software. Students will learn to manage and analyze data sets, perform various statistical tests, and interpret the results within the context of psychology Key topics include data entry and manipulation, descriptive statistics, inferential statistics, and advanced statistical techniques such as t-test, regression, correlation, SEM, ANOVA and MANOVA. Students with strong academic performance are encouraged to use R for completing course practice 	
Teaching Objects	 Master the use of SPSS software for data management and statistical analysis. Perform and interpret descriptive and inferential statistical tests using SPSS or R. Apply advanced statistical techniques to real-world data sets. Develop the ability to critically evaluate and report statistical findings in a clear and concise manner. Integrate theoretical knowledge with practical skills to solve research problems in the social sciences. 	
Study Materials	 Computer laboratory equipped with SPSS and R software Cohen, B. H. (2011). Explaining psychological statistics (3rd ed.). East China Normal University Press. ISBN: 9787561782057. Wickham, H., & Grolemund, G. (2018). R for data science: Visualize, model, transform, tidy, and import data (Chen, G., Trans.). People's Posts and Telecommunications Press. ISBN: 9787115486394. 	
Assessment	 Attendance: 10% Course Practice Assignments: 30% In-Class Quizzes: 10% Final Exam: 50% 	

Course Name	Research Methods of Psychology	
Take In	2022-2023 Semester 1	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours	
Main Contents	 This course provides an in-depth exploration of the fundamental research methods used in psychology. Students will learn about various research designs, data collection techniques, and ethical considerations in psychological research. Key topics include research ethics experimental and non-experimental designs, survey methods, observational studies, and qualitative research. The course emphasizes the importance of critical thinking and scientific reasoning in the interpretation of research findings. 	
Teaching Objects	 Understand the principles and practices of various research methods in psychology. Design and conduct psychological research using appropriate methodologies. Analyze and interpret data collected from psychological studies. Evaluate the ethical implications of research practices. Develop the ability to critically assess research literature in psychology. 	
Study Materials	 Shu, H., & Zhang, Y. (2008). Research methods in psychology. People's Education Press. ISBN: 9787107210600. Shaughnessy, J., Zechmeister, E., & Zechmeister, J. (2010). Research methods in psychology (7th ed., Zhang, M., Trans.). People's Posts and Telecommunications Press. ISBN: 9787115223265 	
Assessment	 Attendance: 10% Class Presentations: 5% Research Proposal: 20% Final Exam: 50% Assignment: 15% 	

Course Name	Research Methods Practice in Psychology	
Take In	2022-2023 Semester 1	
Credits & Hour	2 Chinese Credits, 3 ECTS, 2 Practice Weeks	
Main Contents	 This course offers hands-on experience in applying research methods in psychology. Students will engage in practical exercises that involve designing studies, collecting data, and analyzing results. The course aims to bridge the gap between theoretical knowledge and practical application, providing students with the skills necessary to conduct independent research. Key activities include conducting experiments, administering surveys, and performing qualitative analyses. 	
Teaching Objects	 Apply research methods in practical settings. Develop proficiency in data collection and analysis techniques. Conduct experiments and surveys to gather psychological data. Interpret and report research findings accurately. Enhance problem-solving skills through real-world research practice. 	
Study Materials	 Computer laboratory equipped with SPSS and R software. Shu, H., & Zhang, Y. (2008). Research methods in psychology. People's Education Press. ISBN: 9787107210600. 	
Assessment	 Course Paper: 60% Survey Design: 10% Interview Assignment: 10% Experimental Design: 20% 	

Course Name	Psychometrics
Take In	2021-2022 Semester 2
Credits & Hour	3.5 Chinese Credits, 5.25 ECTS, 60 Classroom Hours
Main Contents	 This course provides a comprehensive introduction to the field of psychometrics, focusing on the theory (e.g., Classical Test Theory, Item Response Theory, Structural Equation Modeling). Key topics include Principles of test construction, reliability and validity of psychological tests, Item analysis and test item quality, standardization and norming processes, factor analysis and its applications in test development, ethical considerations in psychological testing, practical scale development and validation In addition to theoretical learning, students will work in groups to develop their own psychological scales that demonstrate acceptable levels of discrimination, reliability, and validity.
Teaching Objects	 Understand the fundamental concepts and theories in psychometrics. Learn the principles and methods of test construction. Evaluate the reliability and validity of psychological tests. Conduct item analysis to assess the quality of test items. Develop practical skills in creating and validating psychological scales.
Study Materials	 Aiken, L., & Groth-Marnat, G. (2011). Psychological testing and assessment (Zhang, H., & Zhao, S., Trans.). China Renmin University Press. ISBN: 9787300131795. Dai, H., & Zhang, F. (2018). Psychological and educational measurement (4th ed.). Jinan University Press. ISBN: 9787566823700.
Assessment	 Attendance: 10% Group Project (Scale Development): 30% Midterm Exam: 10% Final Exam: 50%

Course Name	Experimental Psychology	
Take In	2021-2022 Semester 2	
Credits & Hour	3.5 Chinese Credits, 5.25 ECTS, 60 Classroom Hours	
Main Contents	 This course provides an in-depth examination of the principles and methods used in experimental psychology. The course covers key topics such as research ethics, control of variables, data collection techniques. Key topics also include experimental design in psychophysics, Attention, Perception, Memory, and Emotion. Students will learn Stroop, N-back, Odd-ball Paradigm Memory Span Task, Schulte Grid Test, and Ultimatum Game, etc. Emphasis is placed on developing critical thinking and scientific reasoning skills through hands-on laboratory work and group projects. 	
Teaching Objects	 Understand the fundamental principles of experimental design in psychology. Develop skills in designing and conducting psychological experiments. Learn to control variables and minimize biases in experimental research. Interpret and report experimental findings in a clear and concise manner. 	
Study Materials	 Computer laboratory equipped with E-Prime software. Kantowitz, B. H., Roediger, H. L. III, & Elmes, D. G. (2010). Experimental psychology: Understanding psychological research (9th ed., Guo, X., & Yang, Z., Trans.). East China Normal University Press. ISBN: 9787561776186. Guo, X. (2019). Experimental psychology. People's Education Press. ISBN: 9787107335211. 	
Assessment	 Attendance: 10% Laboratory Reports: 15% Course Paper: 15% Assignment: 10% Final Exam: 50% 	

1.3 Writing Module

Courses	Classroom Hours	Chinese Credits	ECTS
Psychological Literature Retrieval	36 hours	2	3
Academic Writing in Psychology	44 hours	2	3
Total	80 hours	4	6

Course Name	Psychological Literature Retrieval	
Take In	2021-2022 Semester 2	
Credits & Hour	2 Chinese Credits, 3 ECTS, 36 Classroom Hours	
Main Contents	 This course focuses on training students in literature search skills, teaching them how to use various literature search tools such as CNKI, Wanfang Data, Web of Science, SpringerLink, and Google Scholar. Students will learn effective strategies for finding and evaluating scientific research papers, as well as how to write their own research papers. 	
Teaching Objects	 bevelop proficiency in using major literature search tools. Learn effective strategies for finding and evaluating scientific research papers. Understand the structure and components of scientific research papers. Enhance skills in writing and presenting scientific research. 	
Study Materials	 Wang, X. (2017). Literature Information Retrieval and Thesis Writing (6th ed.). Shanghai Jiao Tong University Press. ISBN: 9787313182340. Library of SCMZU (http://www.lib.scuec.edu.cn/node/420.jspx) 	
Assessment	 Attendance: 10% Literature Search Exercises: 20% Course Report: 20% Computer-based Exam: 50% 	

Course Name	Academic Writing in Psychology	
Take In	2022-2023 Semester 2	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course is tailored towards writing academic papers in psychology, preparing students for their graduation thesis. It covers the principles of academic writing, including structure, style, and citation practices, with a focus on psychological research. Students will learn how to develop a clear and coherent argument, integrate sources effectively, and adhere to ethical standards in writing. The course also emphasizes the importance of revision and peer feedback in the writing process. 	
Teaching Objects	 Understand the principles of academic writing in psychology. Be prepared for the graduation project in the future. Develop skills in structuring and writing academic papers, including abstracts, introductions, literature reviews, methods, results, discussions, and conclusions. Learn proper citation practices and how to avoid plagiarism, using APA style. 	
Study Materials	Kail, R. V., Jr. (2014). Scientific Writing for Psychology: Lessons in Clarity and Style. SAGE Publications Inc. ISBN: 9781483353043.	
Assessment	 Attendance: 10% Class Presentations: 20% Academic Paper: 70% 	

1.4 Cognitive Science Module

Courses	Classroom Hours	Chinese	ECTS
Courses	Classicolli Hours	Credits	
Cognitive Psychology	52 hours	3	4.5
Anatomical Physiology	48 hours	3	4.5
Physiological Psychology	52 hours	3	4.5
Cognitive Neuroscience	44 hours	2	3
Abnormal Psychology	48 hours	3	4.5
Total	244 hours	14	21

Course Name	Cognitive Psychology	
Take In	2022-2023 Semester 1	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 52 Classroom Hours	
Main Contents	 This course delves into the study of mental processes about human's cognition and behavior. Key topics include attention, perception, memory systems, language processing, problem-solving strategies, decision-making processes, and cognitive development. Students will learn about various theories such as Filter Theory, Attenuation Theory, Late Selection Theory, Modal Model of Memory and Working Memory Theory, Hierarchical Network Model and Spreading Activation Model, Dual Coding Theory, and Dual-Process Theory and Prospect Theory, etc. Students will explore how these cognitive processes are studied and applied in real-world contexts, emphasizing the connection between research and everyday experiences. 	
Teaching Objects	 Understand the major theories and concepts in cognitive psychology. Analyze the cognitive processes involved in perception, memory, and language. Explore the mechanisms of problem-solving and decision-making. Examine the development of cognitive abilities across the lifespan. 	
Study Materials	 Computer laboratory equipped with E-Prime software. Goldstein, E. B. (2020). Cognitive Psychology: Connecting Mind, Research, and Everyday Experience (5th ed.). China Light Industry Press. (M. Zhang, Trans.). Wan Xin Psychology. ISBN: 9787518431007. 	
Assessment	 Attendance: 10% E-Prime Program: 10% Assignment: 30% Final Exam: 50% 	

Course Name	Anatomical Physiology	
Take In	2021-2022 Semester 1	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours	
Main Contents	 This course provides a comprehensive study of the structure and function of the human body, focusing on key topics such as neuron and synaptic signal transmission, neuromuscular coupling, and the structure and function of the retina, eardrum, spinal cord, brainstem, midbrain, medulla, thalamus, cerebellum, basal ganglia, cerebrum, and striatum. Students will explore how these anatomical structures contribute to physiological processes, emphasizing the integration of structure and function. 	
Teaching Objects	 Understand the major anatomical structures and their physiological functions of central nervous system. Analyze the mechanisms of neuron and synaptic signal transmission. Explore the structure and function of various parts of the nervous system. Examine the integration of anatomical structures in physiological processes. 	
Study Materials	 Zuo, M. (Ed.). (2015). Human Anatomy and Physiology (3rd ed.). Higher Education Press. ISBN: 9787040418927. An Anatomical Brain Model & <u>3D Brain (brainfacts.org)</u> 	
Assessment	 Attendance: 10% Assignment: 10% Class Presentation: 10% Midterm Exam: 20% Final Exam: 50% 	

Course Name	Physiological Psychology	
Take In	2021-2022 Semester 2	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 52 Classroom Hours	
Main Contents	 This course explores the neurobiological foundations of psychological functions such as sensation, perception, emotion, learning and memory, sleep, language, attention, and motor control. The course also covers Hebb's Synaptic Hypothesis, Long-Term Potentiation, Long-Term Depression, Trisynaptic Circuit of the Hippocampus, and Working Memory Model, etc. Students will investigate the mind-brain and mind-body relationships. The course includes practical behavioral experiments, requiring students to write lab reports as part of the assessment. 	
Teaching Objects	 Understand the neurobiological basis of various psychological functions. Analyze the relationship between the brain and behavior. Explore the mechanisms underlying vision, perception, emotion, learning, memory, sleep, language, attention, and motor control. Conduct and report on behavioral experiments. Develop skills in designing and implementing E-Prime experimental programs. 	
Study Materials	 Gazzaniga, M. S., Ivry, R. B., & Mangun, G. R. (2011). Cognitive Neuroscience: The Biology of the Mind. China Light Industry Press. (X. Zhou & D. Gao, Trans.). Wan Xin Psychology. ISBN: 9787501978564. Shen, Z., & Lin, S. (2016). Physiological Psychology (3rd ed.). Peking University Press. ISBN: 9787301248218. An Anatomical Brain Model & 3D Brain (brainfacts.org) Computer laboratory equipped with E-Prime software. 	
Assessment	 Attendance: 10% Laboratory Reports: 15%: Group Discussions: 5% Group Project: 20% Final Exam: 50% 	

Course Name	Cognitive Neuroscience	
Take In	2022-2023 Semester 2	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course covers the primary research methods and content in cognitive neuroscience, including eye-tracking, event-related potentials (ERP), EEG studies, task-based fMRI, resting-state fMRI, and near-infrared spectroscopy. It also introduces the application of machine learning and deep learning in psychological research (e.g., Decision Trees, Random Forest, Support Vector Machine, and Naive Bayes, etc.). Students will learn to design behavioral experiments suitable for cognitive neuroscience research, develop research plans based on recent literature, and conduct group behavioral experiments, culminating in a comprehensive research report. 	
Teaching Objects	 Understand the major research methods in cognitive neuroscience. Analyze the neural basis of cognitive functions such as vision, perception, emotion, learning, memory, sleep, language, attention, and motor control. Explore the relationship between mind and brain, and mind and body. Develop skills in designing and conducting behavioral experiments. 	
Study Materials	 Gazzaniga, M. S., Ivry, R. B., & Mangun, G. R. (2011). Cognitive Neuroscience: The Biology of the Mind. China Light Industry Press. (X. Zhou & D. Gao, Trans.). Wan Xin Psychology. ISBN: 9787501978564. Shen, Z. (2010). Introduction to Cognitive Neuroscience. Peking University Press. ISBN: 9787301158579. Computer laboratory equipped with E-Prime software. 	
Assessment	 Course Paper: 60% Attendance: 5% Class Presentation: 10% Group Experiment Design: 25% 	

Course Name	Abnormal Psychology
Take In	2022-2023 Semester 1
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours
Main Contents	 This course covers the symptoms, diagnosis, causes, and treatments of various psychological disorders, including schizophrenia, anxiety disorders, eating disorders, substance abuse and dependence, psychosomatic disorders, and childhood psychological disorders. Students will learn about biomedical, cognitive-behavioral, and psychodynamic models, and the current state and challenges of mental health work in China, including ethical and legal issues. Students are allowed to obtain publicly available case or symptom information and conduct group discussions and analyses based on course materials
Teaching Objects	 Students will be able to: Understand the major psychological disorders and their symptoms, diagnosis, causes, and treatments. Analyze clinical psychological assessment and diagnostic classification methods. Explore theoretical models of abnormal behavior. Examine the current state and challenges of mental health work in China. Develop skills in ethical and legal considerations in mental health practice.
Study Materials	 Qian, M. (2006). Abnormal Psychology. Peking University Press. ISBN: 9787301106419 American Psychiatric Association. (2015). Diagnostic and Statistical Manual of Mental Disorders (5th ed.). Peking University Press. (D. Zhang, et al., Trans.). ISBN: 9787301258125
Assessment	 Attendance: 10% Case Report: 10% Quizzes: 15% Homework Assignments: 15% Final Exam: 50%

1.5 Work and Organization Module

Courses	Classroom Hours	Chinese	ECTS
Courses		Credits	
Cognitive Psychology	52 hours	3	4.5
Anatomical Physiology	48 hours	3	4.5
Physiological Psychology	52 hours	3	4.5
Cognitive Neuroscience	44 hours	2	3
Abnormal Psychology	48 hours	3	4.5
Total	244 hours	14	21

Course Name	Management Psychology	
Take In	2022-2023 Semester 2	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours	
Main Contents	 This course explores the application of psychological principles to management practices. Key topics include leadership styles, motivation theories, team dynamics, organizational behavior, decision-making processes, conflict resolution, and workplace well-being. Students will learn about various theories such as Maslow's Hierarchy of Needs, Herzberg's Two-Factor Theory, McGregor's Theory X and Theory Y, and Vroom's Expectancy Theory. The course emphasizes the practical application of these theories to enhance management effectiveness and improve organizational outcomes. 	
Teaching Objects	 Understand the major concepts and theories in management psychology. Develop an appreciation for the psychological factors that influence management practices. Explore the impact of leadership styles and motivation on employee performance. Enhance critical thinking and problem-solving skills through the study of management psychology. 	
Study Materials	Wang, C. (2021). <i>Management Psychology</i> . East China Normal University Press. ISBN: 9787576014785.	
Assessment	 Attendance: 10% Quizzes: 20% Midterm Exam: 30% Final Exam: 40% 	

Course Name	Employee Assistance Program (EAP)	
Take In	2022-2023 Semester 1	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course is designed to equip students with the skills and knowledge necessary to assist individuals in finding and maintaining employment. Key topics include career counseling, resume writing, interview techniques, job search strategies, workplace skills, and professional development. Students will learn about various employment assistance theories and practices, and how to apply them effectively to support job seekers. 	
Teaching Objects	 Understand the major concepts and theories in employment assistance. Develop skills in career counseling and job search strategies. Learn effective resume writing and interview techniques. Explore ways to enhance workplace skills and professional development. 	
Study Materials	Hong, W. (2018). <i>Psychological Aid Tutorial</i> (2nd ed.). People's Medical Publishing House. ISBN: 9787117272414.	
Assessment	 Attendance: 10% Class Presentation: 15% Course Report: 35% Group Project: 40% 	

Course Name	Staff Encouragement	
Take In	2022-2023 Semester 1	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course focuses on strategies and techniques to motivate and encourage staff within an organization. Key topics include motivational theories, leadership styles, communication skills, team building, employee recognition, and creating a positive work environment. Students will learn how to apply these principles to enhance employee morale and productivity. 	
Teaching Objects	 Understand the major concepts and theories related to staff motivation and encouragement. Develop effective communication and leadership skills. Explore strategies for team building and employee recognition. Learn how to create and maintain a positive work environment. Apply motivational principles to improve staff morale and productivity. 	
Study Materials	Porter, L. W., Bigley, G. A., & Steers, R. M. (2006). Motivation and Work Behavior (X. Chen, Trans.). China Machine Press. ISBN: 9787111196747.	
Assessment	 Attendance: 10% Assignment: 20% Group Projects: 20% Course Paper: 50% 	

1.6 Psychological Counseling Module

Courses	Classroom Hours	Chinese Credits	ECTS
Counseling Psychology	48 hours	3	4.5
Positive Psychology	44 hours	2	3
Juvenile Abnormal Development and Rectification	44 hours	2	3
Psychological Counseling Process and Training	44 hours	2	3
Total	180 hours	9	13.5

Course Name	Counseling Psychology	
Take In	2022-2023 Semester 1	
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 48 Classroom Hours	
Main Contents	 This course provides an in-depth exploration of the principles and practices of counseling psychology. Key topics include therapeutic approaches, counseling techniques, ethical and professional issues, assessment and diagnosis, and the application of counseling in diverse settings. Students will learn about various counseling theories such as Cognitive-Behavioral Therapy (CBT), Person-Centered Therapy, Psychodynamic Therapy, Solution-Focused Brief Therapy, and Multicultural Counseling. The course emphasizes the development of practical skills through role-playing, case studies, and supervised practice. 	
Teaching Objects	students will be able to: Understand the major theories and techniques in counseling psychology. Develop skills in assessment, diagnosis, and treatment planning. Explore ethical and professional issues in counseling practice. Apply counseling principles to address diverse client needs. Enhance interpersonal and communication skills through practical exercises.	
Study Materials	 Wang, S., & Tian, X. (2018). Consulting Psychology. Science Press. ISBN: 9787030571274. Corey, G. (2022). Case Approach to Counseling and Psychotherapy (T. Tan, Trans.; 7th ed.). China Light Industry Press. ISBN: 9787518438457. 	
Assessment	 Attendance: 10% Course Practice Assignments: 30% Class presentation: 10% Final Exam: 50% 	

Course Name	Positive Psychology	
Take In	2022-2023 Semester 1	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course explores the scientific study of the strengths and virtues that enable individuals and communities to thrive. Key topics include happiness, well-being, resilience, gratitude, mindfulness, and positive relationships. Students will learn about various theories and interventions aimed at enhancing positive emotions, engagement, relationships, meaning, and accomplishment (PERMA model). The course emphasizes the application of positive psychology principles in personal and professional contexts to promote mental health and well-being. 	
Teaching Objects	 Understand the major concepts and theories in positive psychology. Explore the factors that contribute to happiness and well-being. Develop skills to apply positive psychology interventions in real-life situations. Enhance self-awareness and personal growth through reflective practices. Foster positive relationships and community well-being. 	
Study Materials	Liu, X. (2018). <i>Positive Psychology</i> (2nd ed.). China Renmin University Press. ISBN: 9787300256153.	
Assessment	 Attendance: 10% Assignment: 30% In-Class Quizzes: 10% Class Paper: 50% 	

Course Name	Juvenile Abnormal Development and Rectification	
Take In	2022-2023 Semester 2	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course examines the developmental trajectories of children and adolescents who exhibit atypical behaviors and psychological disorders. Key topics include the identification, assessment, and treatment of developmental disorders such as autism spectrum disorder, ADHD, conduct disorder, and mood disorders. Students will learn about various therapeutic approaches and intervention strategies aimed at rectifying abnormal development and promoting healthy psychological growth. The course emphasizes the importance of early detection, family involvement, and evidence-based practices. 	
Teaching Objects	 Understand the major developmental disorders affecting children and adolescents. Develop skills in the assessment and diagnosis of juvenile psychological disorders. Explore therapeutic approaches and intervention strategies for abnormal development. Examine the role of family, school, and community in supporting affected individuals. Enhance critical thinking and problem-solving skills through case studies and practical applications. 	
Study Materials	Zheng, X., & Zheng, X. (2018). <i>Abnormal Development and Health Promotion in Children and Adolescents</i> . Central China Normal University Press. ISBN: 9787562258292.	
Assessment	 Attendance: 10% Course Practice Assignments: 70% In-Class Quizzes: 20% 	

Course Name	Psychological Counseling Process and Training	
Take In	2022-2023 Semester 2	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course provides a comprehensive overview of the counseling process, from initial client contact to termination. Key topics include establishing a therapeutic alliance, assessment and diagnosis, goal setting, intervention strategies, and ethical considerations. Students will learn about various counseling techniques and approaches, including Cognitive-Behavioral Therapy (CBT), Person-Centered Therapy, and Motivational Interviewing. The course emphasizes practical training through intern counseling, supervised practice, and case study analysis. 	
Teaching Objects	 Understand the stages of the counseling process and the skills required at each stage. Develop proficiency in assessment, diagnosis, and treatment planning. Explore various counseling techniques and their applications. Examine ethical and professional issues in counseling practice. Enhance practical counseling skills through supervised practice and role-playing. 	
Study Materials	 Dedicated Counseling Room for Psychological Counseling Recorded Videos of the Counseling Process Roundtable Meeting Room for Group Supervision 	
Assessment	 Attendance: 10% Verbatim Transcript: 30% Group Discussion: 10% Counseling Report: 50% 	

1.7 School Psychological Health Module

Courses	Classroom Hours/Practice Weeks	Chinese	ECTS
Courses	Classiconi frodis/i factice weeks	Credits	LCIS
Mental Health Education of Elementary	2 weeks	2	3
and Middle School			
Teaching Skill Training of School	44 hours	2	3
Psychological Service	44 nours	2	3
Psychological Archives Management	44 hours	2	3
Total	88 hours & 2 weeks	6	9

Course Name	Mental Health Education in Elementary and Middle School	
Take In	2022-2023 Semester 2	
Credits & Hour	2 Chinese Credits, 3 ECTS, 2 Practice Weeks	
Main Contents	 This course offers a two-week working experience where students are assigned to various elementary schools in Huazhong District, Ezhou. Students are required to teach at least one class for each grade in their assigned school and conduct at least one outdoor team-building activity for at least two classes. Additionally, students are encouraged to provide psychological counseling for students exhibiting behavioral issues. 	
Teaching Objects	 Understand the principles of mental health education for children and adolescents. Develop skills in delivering mental health education and conducting team-building activities. Gain practical experience in providing psychological support to students with behavioral issues. Enhance communication and counseling skills through direct interaction with students. Foster a supportive and inclusive school environment. 	
Study Materials	 Mental health resources for K-12 schools. Videos, webinars, and online courses on mental health education Coloring and activity books for younger students 	
Assessment	 Work Attitude: (10%). Work Performance: (10%). Work Outcomes: (10%). Team Collaboration: (10%). Working Report: (60%) 	

Course Name	Teaching Skill Training of School Psychological Service	
Take In	2022-2023 Semester 2	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course focuses on developing the teaching skills necessary for delivering effective psychological services in school settings. Key topics include designing and implementing mental health education programs, classroom management techniques, and strategies for supporting students with diverse needs. Students will learn about various instructional methods, assessment tools, and intervention strategies. The course emphasizes practical training through workshops, peer teaching, and supervised practice. 	
Teaching Objects	 Understand the principles of mental health education and psychological services in schools. Develop skills in designing and implementing mental health programs. Explore effective classroom management techniques and support strategies for diverse student needs. Enhance instructional skills through peer teaching and supervised practice. Be prepared for the working experience: Mental Health Education in Elementary and Secondary School. 	
Study Materials	Zheng, X., & Luo, P. (2022). School Mental Health Education (2nd ed.). China Renmin University Press. ISBN: 9787300306704.	
Assessment	 Attendance: 10% Assignment: 10% Peer Teaching (without students): 30% Mental Health Lesson Plan: 50% 	

Course Name	Psychological Archives Management	
Take In	2022-2023 Semester 2	
Credits & Hour	2 Chinese Credits, 3 ECTS, 44 Classroom Hours	
Main Contents	 This course provides an in-depth exploration of the principles and practices involved in managing psychological records and archives. Key topics include the organization, maintenance, and ethical considerations of psychological documentation. Students will learn about various methods for creating, storing, and retrieving psychological records, as well as the legal and ethical issues related to confidentiality and data protection. The course emphasizes the importance of accurate record-keeping and the role of archives in psychological research and practice. 	
Teaching Objects	 Understand the principles of psychological archives management. Develop skills in organizing and maintaining psychological records. Explore legal and ethical issues related to confidentiality and data protection. Learn methods for creating, storing, and retrieving psychological records. Be prepared for the working experience: Mental Health Education in Elementary and Secondary School. 	
Study Materials	Recanati, F. (2014). <i>Psychological Files</i> (L. Liu & S. Ren, Trans.). Fudan University Press. ISBN: 9787309104868.	
Assessment	 Attendance: 10% Class Presentation: 20% Assignment: 30% Final Project: 40% 	

1.8 Practice and Internship Module

Courses	Classroom Hours/Practice Weeks	Chinese	ECTS
Courses	Classicolii Hours/H factice weeks	Credits	LCIS
Social Practice in Summer Vocation	2 weeks	1.5	2.25
Inquiry of Psychological Quality in	Quality in		3
Ethnical Regions	2 weeks	2	3
Employment Guidance	16 hours	1	1,5
Internship	6 weeks	6	9
Total	16 hours & 10 weeks	10.5	15.75

Course Name	Social Practice in Summer Holidays	
Take In	2022-2023 Semester 1	
Credits & Hour	1.5 Chinese Credits, 2.25 ECTS, 2 Practice Weeks	
Main Contents	 This practical course requires students to conduct a psychological survey or research report on a specific field or topic independently during the summer holidays of their sophomore year. The course aims to provide hands-on experience in applying psychological theories and research methods to real-world issues. 	
Teaching Objects	 Students will be able to: Develop practical research skills in psychology. Enhance data collection, analysis, and interpretation skills. Improve written and oral communication through report writing and presentations. Foster critical thinking and problem-solving abilities in a practical context. 	
Study Materials	 Licensed SPSS Software Purchased by the School Tencent Wenjuanxing Online Survey Data Collection Program R and R Studio 	
Assessment	Research Report: 70%Class Presentation: 30%	

Course Name	Inquiry of Psychological Quality in Ethnical Regions	
Take In	2022-2023 Semester 1	
Credits & Hour	2 Chinese Credits, 3 ECTS, 2 Practice Weeks	
Main Contents	 This course encourages students to work in groups during the summer holidays of their sophomore year to conduct surveys on the psychological quality of ethnic minorities in regions such as Xinjiang, Tibet, Inner Mongolia, Guangxi, and Ningxia. Students will collect data using both paper and online questionnaires, analyze the collected data, and write a research report based on their findings. 	
Teaching Objects	 Understand the psychological characteristics and quality of ethnic minority groups. Develop skills in designing and conducting surveys. Enhance data collection and analysis techniques. Improve teamwork and collaborative research abilities. Strengthen report writing and presentation skills. 	
Study Materials	 Licensed SPSS Software Purchased by the School Tencent Wenjuanxing Online Survey Data Collection Program R and R Studio 	
Assessment	Research Report: 70%Class Presentation: 30%	

Course Name	Internship	
Take In	2023-2024 Semester 2	
Credits & Hour	6 Chinese Credits, 9 ECTS, 6 Practice Weeks	
Main Contents	 This course requires students to independently contact potential employers and undertake a graduation internship under the guidance of a faculty advisor and a relevant supervisor from the host organization. The internship must last for a minimum of six Practice Weeks. This course aims to provide students with practical experience in their field of study, allowing them to apply theoretical knowledge in a real-world setting and develop professional skills. 	
Teaching Objects	 Students will be able to: Gain practical experience in a professional environment. Develop professional skills such as communication, teamwork, and problem-solving. Understand workplace dynamics and organizational behavior. Build a network of professional contacts and references. Reflect on personal and professional growth through regular documentation and reporting. 	
Study Materials	 Licensed SPSS and Microsoft Office Suite Software Purchased by the School R and R Studio 	
Assessment	 Attendance at Host Organization: 10% Internship Weekly Record: 30% Internship Report: 60% 	

Course Name	Employment Guidance	
Take In	2022-2023 Semester 2	
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 16 Classroom Hours	
Main Contents	 This course is designed to equip students with the essential skills and knowledge needed to successfully navigate the job market. Students will learn how to create professional resumes and cover letters, and will participate in campus recruitment activities during the fall semester. The course will cover various aspects of job searching, including networking, interview techniques, and understanding employer expectations. 	
Teaching Objects	 Develop a professional resume that effectively highlights skills and experiences. Write compelling cover letters tailored to specific job applications. Gain practical experience through participation in campus recruitment events. Understand the job market and employer expectations. Enhance communication and presentation skills through group presentations. 	
Study Materials	Europass Licensed Microsoft Office Suite Software Purchased by the School	
Assessment	 Attendance: 10% Group Classroom Presentations: 10% Resume Creation: 35% Cover Letter Writing: 35% 	

1.9 Graduation Project Module

Course Name	Graduation Project
Take In	2023-2024 Semester 2
Credits & Hour	10 Chinese Credits, 15 ECTS, 10 Weeks
Main Contents	 This course is the capstone of the psychology program, requiring students to conduct independent research under the guidance of a faculty advisor. Students must first communicate with their advisor to select a research topic. After completing a proposal and successfully defending it, students are allowed to proceed with their research. The final thesis must have a plagiarism rate below 20% and be signed by the advisor before the defense. Upon passing the defense and completing all other required credits, students will be awarded a Bachelor of Science degree in Psychology. Students must retain their raw data, experimental materials, procedures, scales, and the thesis itself for at least three years for potential audits by the Ministry of Education. The department encourages experimental studies. Students can meet with their advisor weekly for face-to-face guidance.
Teaching Objects	 Develop and conduct an independent research project in psychology. Enhance skills in experimental design, data collection, and analysis. Improve scientific writing and presentation skills. Apply psychological theories and methods to real-world research questions. Demonstrate the ability to conduct ethical research and maintain data integrity.
Study Materials	 Licensed SPSS and E-Prime Software Purchased by the School Tencent Wenjuanxing Online Survey Data Collection Program R and R Studio
Assessment	• Thesis Defense: 100%

2 Non-Psychology Courses

2.1 English Learning Module

Courses	Classroom Hours	Chinese Credits	ECTS
College English 1	32 hours	2	3
College English 2	32 hours	2	3
Society and Culture in English Speaking Countries	32 hours	2	3
Introduction to Chinese Culture (English)	32 hours	2	3
Specialized English for Psychology	44 hours	2	3
Total	172 hours	10	15

Course Name	College English1
Take In	2020-2021 Semester 1
Credits & Hour	2 Chinese Credits, 3ECTS, 32 Classroom Hours
Main Contents	 Basic English grammar and vocabulary Reading comprehension and writing skills Listening and speaking practice
Teaching Objects	 Develop foundational English language skills Improve reading and writing proficiency Enhance listening and speaking abilities
Study Materials	Zheng, S. (Ed.), & Ding, Y. (2017). <i>New Horizon College English (3rd Edition) Listening and Speaking Course 1 (Smart Edition)</i> . Beijing: Foreign Language Teaching and Research Press. ISBN: 9787513590198.
Assessment	 Attendance (10%) Listening and speaking practice (20%) Final exam (50%) In-class quizzes (10%) Oral exam (10%)

Course Name	College English2
Take In	2020-2021 Semester 2
Credits & Hour	2 Chinese Credits, 3ECTS, 32 Classroom Hours
Main Contents	 Intermediate English grammar and vocabulary Advanced reading and writing techniques Listening and speaking practice with more complex topics
Teaching Objects	 Build on the foundational skills from College English I Improve ability to understand and produce more complex texts Enhance communication skills in various contexts
Study Materials	Zheng, S. (Ed.), & Yin, M. (2020). New Horizon College English (3rd Edition) Reading and Writing Course 2 (Ideological and Political Wisdom Edition). Beijing: Foreign Language Teaching and Research Press. ISBN: 9787521316971
Assessment	 Attendance (10%) Listening and speaking practice (20%) Final exam (50%) In-class quizzes (10%) Oral exam (10%)

Course Name	Society and Culture in English Speaking Countries
Take In	2021-2022 Semester 1
Credits & Hour	2 Chinese Credits, 3ECTS, 32 Classroom Hours
Main Contents	 Overview of the history, society, and culture of major English-speaking countries Exploration of cultural differences and similarities Analysis of contemporary social issues
Teaching Objects	 Gain a deeper understanding of the cultural contexts of English-speaking countries Develop critical thinking skills through cultural analysis Enhance intercultural communication abilities
Study Materials	Xie, F. (2020). <i>An Introduction to English-Speaking Countries</i> . Beijing: Foreign Language Teaching and Research Press. ISBN: 9787513529419.
Assessment	 Attendance (10%) Listening and speaking practice (20%) Final exam (50%) Class presentations (10%) Assignments (10%)

Course Name	Introduction to Chinese Culture (English)
Take In	2021-2022 Semester 2
Credits & Hour	2 Chinese Credits, 3ECTS, 32 Classroom Hours
Main Contents	 Overview of Chinese history, philosophy, and traditions Exploration of Chinese art, literature, and customs Analysis of contemporary Chinese society
Teaching Objects	 Provide a comprehensive understanding of Chinese culture Develop an appreciation for Chinese heritage and traditions Enhance ability to analyze cultural phenomena
Study Materials	Liao, H. (2015). An Introduction to Chinese Culture: A Comprehensive Guide for Higher Education English Expansion Courses. Beijing: Foreign Language Teaching and Research Press. ISBN: 9787513556682.
Assessment	 Attendance (10%) Listening and speaking practice (20%) Final exam (50%) Class presentations (10%) Assignments (10%)

Course Name	Specialized English for Psychology
Take In	2021-2022 Semester 2
Credits & Hour	2 Chinese Credits, 3ECTS, 44 Classroom Hours
Main Contents	 Psychology-Specific Vocabulary: Focus on terminology and concepts commonly used in psychology. Academic Skills Development: Emphasis on listening to lectures, participating in seminars, and reading academic texts related to psychology. Writing and Presentation Skills: Training in writing research papers, essays, and delivering presentations on psychological topics.
Teaching Objects	 Equip students with the specialized language needed for psychology studies. Develop the ability to understand and analyze psychological texts and lectures. Enhance communication skills for academic and professional settings in psychology.
Study Materials	Hill, G. (2014). Oxford English for Psychology: Illustrated Coursebook. Shanghai Foreign Language Education Press. ISBN: 9787544635844.
Assessment	 Attendance (10%) Listening and speaking practice (20%) Final exam (50%) Class presentations (10%) Assignments (10%)

2.2 Military and Sports Module

Courses	Classroom Hours	Chinese Credits	ECTS
Physical Education 1	26 hours	1	1.5
Physical Education 2	32 hours	1	1.5
Physical Education 3	32 hours	1	1.5
Physical Education 4	32 hours	1	1.5
Military Theory	36 hours	2	3
Military Skill Training	36 hours	2	3
Total	194 hours	8	12

Course Name	Physical Education 1
Take In	2020-2021 Semester 1
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 26 Classroom Hours
Main Contents	 This course aims to promote physical fitness, develop motor skills, and encourage a lifelong commitment to physical activity. Students will focus on traditional sports like Jianzi (shuttlecock kicking).
Teaching Objects	 students will be able to: Improve overall physical fitness and health. Develop motor skills and coordination. Understand the importance of regular physical activity for long-term health.
Study Materials	
Assessment	 Attendance: 10% 50-meter Sprint: 10% Pull-ups: 10% Long Jump: 10% 1000-meter Run: 20% Traditional Sport (Jianzi): 40%

Course Name	Physical Education 2
Take In	2020-2021 Semester 2
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 32 Classroom Hours
Main Contents	 This course builds on the foundation established in Physical Education I, continuing to promote physical fitness and motor skill development. Students will engage in martial arts (Kung Fu).
Teaching Objects	 students will be able to: Enhance physical fitness and health. Further develop motor skills and coordination. Understand the role of physical activity in maintaining long-term health.
Study Materials	
Assessment	 Attendance: 10% 50-meter Sprint: 10% Pull-ups: 10% Long Jump: 10% 1000-meter Run: 20% Martial Arts (Kung Fu): 40%

Course Name	Physical Education 3
Take In	2021-2022 Semester 1
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 32 Classroom Hours
Main Contents	 This course continues to promote physical fitness and motor skill development, with a focus on swimming. Students will participate in various physical activities, including breaststroke swimming.
Teaching Objects	 students will be able to: Improve overall physical fitness and health. Develop motor skills and coordination. Understand the importance of regular physical activity for long-term health.
Study Materials	
Assessment	 Attendance: 10% 50-meter Sprint: 10% Pull-ups: 10% Long Jump: 10% 1000-meter Run: 20% 100-meter Breaststroke: 40%

Course Name	Physical Education 4
Take In	2020-2021 Semester 2
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 32 Classroom Hours
Main Contents	This course aims to further enhance physical fitness and motor skills, with a focus on freestyle swimming. Students will engage in various physical activities, emphasizing the importance of swimming for fitness and safety.
Teaching Objects	 students will be able to: Practice freestyle swimming techniques Improve overall physical fitness and health. Appreciate the benefits of swimming for physical and mental wellbeing.
Study Materials	
Assessment	 Attendance: 10% 50-meter Sprint: 10% Pull-ups: 10% Long Jump: 10% 1000-meter Run: 20% 100-meter Freestyle: 40%

Course Name	Military Theory
Take In	2020-2021 Semester 1
Credits & Hour	2 Chinese Credits, 3 ECTS, 36 Classroom Hours
Main Contents	 This course explores the fundamental principles and concepts of military theory. Students will study key topics such as the principles of war and the impact of technology on military strategy.
Teaching Objects	 students will be able to: Understand the principles and concepts of military theory. Analyze historical and contemporary military strategies and tactics. Examine the role of technology in shaping military operations.
Study Materials	MOOC: https://www.icourse163.org/spoc/course/NUDT-1469333163
Assessment	Assignment: 40%Final Exam: 60%

Course Name	Military Skill Training
Take In	2020-2021 Semester 1
Credits & Hour	2 Chinese Credits, 3 ECTS, 36 hours
Main Contents	 This is a two-week intensive training program designed to develop essential military skills and discipline. Students will engage in various activities that promote physical fitness, teamwork, and individual combat readiness.
Teaching Objects	 students will be able to: Develop physical fitness and endurance. Understand and practice military discipline and obedience. Enhance teamwork and organizational skills.
Study Materials	
Assessment	 Attendance: 40% Discipline and Obedience: 30% Team Organization: 30%

2.3 Social General Knowledge

Courses	Classroom Hours	Chinese Credits	ECTS
Ideological and Moral Cultivation and Fundamentals of Law	52 hours	3	4.5
Outline of Chinese Modern History	52 hours	3	4.5
Basic Principles of Marxism	52 hours	3	4.5
Introduction to Mao Zedong Thought and the Theoretical System of Socialism	88 hours	5	7.5
Labor Education	32 hours	1	1.5
Situation and Policy	32 hours	2	3
Introduction to the Community for the Chinese Nation	36 hours	2	3
Total	344 hours	19	28.5

Course Name	Introduction to the Community for the Chinese Nation
Take In	2020-2021 Semester 2
Credits & Hour	2 Chinese Credits, 3 ECTS, 36 Classroom Hours
	This course aims to provide students with a comprehensive understanding
Main Contents	of the important of the cohesion between 55 minorities and Han people.
Teaching Objects	 students will be able to: Understand the fundamental principles of minorities policy. Analyze the reason why China need the cohesion. Explore the relationship between 55 minorities and Han people
Study Materials	
Assessment	 Attendance: 10% Homework Exercises: 15% Course Paper: 15% Midterm Exam: 10% Final Exam: 50%

Course Name	Ideological and Moral Cultivation and Fundamentals of Law
Take In	2020-2021 Semester 1
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 52 Classroom Hours
Main Contents	This course aims to provide students with a comprehensive understanding of ideological and moral principles, as well as the legal foundations that underpin society.
Teaching Objects	 students will be able to: Understand the fundamental principles of ideology and morality. Analyze the legal basis that supports ethical and moral behavior. Explore the relationship between individual actions and societal norms.
Study Materials	Editorial Committee. (2018). Moral Education and Legal Foundation (2018 ed.). Higher Education Press. ISBN: 9787040495034.
Assessment	 Attendance: 10% Homework Exercises: 15% Course Paper: 15% Midterm Exam: 10% Final Exam: 50%

Course Name	Outline of Chinese Modern History
Take In	2020-2021 Semester 2
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 52 Classroom Hours
Main Contents	This course provides a comprehensive overview of the major events and developments in modern Chinese history and emphasizes critical analysis of historical sources and encourages students to understand the complex social, political, and economic factors.
Teaching Objects	 students will be able to: Understand the events and developments in modern Chinese history. Analyze the social, political, and economic factors that have shaped contemporary China. Develop critical thinking and analytical skills through the course.
Study Materials	Editorial Committee. (2018). Outline of Modern Chinese History (2018 ed.). Higher Education Press. ISBN: 9787040494839.
Assessment	 Attendance: 10% Homework Exercises: 15% Group Presentations: 15% Midterm Exam: 10% Final Exam: 50%

Course Name	Basic Principles of Marxism
Take In	2021-2022 Semester 1
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 52 Classroom Hours
Main Contents	This course provides an introduction to the fundamental principles and concepts of Marxism. Students will explore the key ideas and theories developed by Karl Marx and Friedrich Engels, and their impact on political, economic, and social thought.
Teaching Objects	 students will be able to: Understand the fundamental principles and concepts of Marxism. Analyze the historical and theoretical foundations of Marxist thought. Explore the impact of Marxist theory on political, economic, and social systems.
Study Materials	Editorial Committee. (2021). Fundamentals of Marxism (2021 ed.). Higher Education Press. ISBN: 9787040566208.
Assessment	 Attendance: 10% Homework Exercises: 15% Midterm Exam: 25% Final Exam: 50%

Course Name	Introduction to Mao Zedong Thought and the Theoretical System of Socialism
Take In	2021-2022 Semester 2
Credits & Hour	5 Chinese Credits, 7.5 ECTS, 88 Classroom Hours
Main Contents	This course provides an overview of the key ideas and theoretical contributions of Mao Zedong and the development of socialism with Chinese characteristics.
Teaching Objects	 students will be able to: Understand the fundamental principles of Mao Zedong Thought. Analyze the development of socialism with Chinese characteristics. Explore the historical and political context of these theories.
Study Materials	Editorial Committee. (2021). Introduction to Mao Zedong Thought and the Theoretical System of Socialism with Chinese Characteristics (2018 ed.). Higher Education Press. ISBN: 9787040566222.
Assessment	 Attendance: 10% Homework Exercises: 15% Midterm Exam: 25% Final Exam: 50%

Course Name	Labor Education
Take In	2021-2022 Semester 1
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 32 Classroom Hours
Main Contents	This course aims to instill a sense of responsibility and community service among students. Through participation in various volunteer activities and maintaining dormitory cleanliness, students will develop practical skills and a commitment to contributing positively to their community.
Teaching Objects	 students will be able to: Develop a sense of responsibility and community service. Gain practical skills through volunteer activities.
Study Materials	
Assessment	 Volunteer Hours (30 hours required for passing): 50% Dormitory Cleanliness: 50%

Course Name	Situation and Policy
Take In	2020-2021 Semester 2
Credits & Hour	2 Chinese Credits, 3 ECTS, 32 Classroom Hours
Main Contents	This course aims to keep students informed about current events and significant political developments. Through the analysis of news and policy discussions, students will gain a deeper understanding of the political landscape and its impact on society.
Teaching Objects	 Stay informed about current events and significant political developments. Analyze the impact of policies on society and the economy. Develop critical thinking and analytical skills through the study of news and policy discussions.
Study Materials	People's Daily
Assessment	 Group Presentations: 10% Homework Exercises: 15% Chapter Quizzes: 15% Final Exam: 60%

2.4 Innovation and Entrepreneurship Module

Course Name	Start a Magical Entrepreneurial Journey	
Take In	2020-2021 Semester 2	
Credits & Hour	2 Chinese Credit, 3 ECTS, 32 Classroom Hours	
Main Contents	 This course is designed to guide students through the exciting process of creating and developing a business idea. Students work in groups to draft a comprehensive business plan and present their ideas, simulating real-world entrepreneurial experiences. The course emphasizes creativity, strategic planning, and effective communication. 	
Teaching Objects	 students will be able to: Understand the fundamentals of entrepreneurship planning. Develop a viable business idea and create a business plan. Enhance teamwork and collaboration skills through group projects. 	
Study Materials		
Assessment	 Attendance: 10% Group Business Plan Draft: 60% Business Plan Defense: 30% 	

Course Name	Innovation Practice
Take In	
Credits & Hour	3 Awarded Credits, 4.5 ECTS
Main Contents	 This course recognizes and rewards students for achieving significant accomplishments outside of their regular coursework. Students can earn credits by obtaining various certifications and qualifications, such as electrician skills certification, driver's license, and teaching certification, etc.
Teaching Objects	 students will be able to: Encourage students to pursue additional skills and qualifications. Recognize and reward achievements in various fields outside of regular academic coursework.
Study Materials	
Assessment	 Credits are awarded based on the completion of external certifications and qualifications. For more details: https://www.scuec.edu.cn/cxcy/info/1023/2286.htm

2.5 Others

Course Name	Profession Introduction
Take In	2020-2021 Semester 1
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 16 Classroom Hours
Main Contents	 This course is designed for freshmen enrolled in the School of Education. It provides an introduction to the four majors: Applied Psychology, Educational Technology, and Pedagogy. Different faculty members from each major will present an overview of their respective fields, helping students make informed decisions about their academic and career paths.
Teaching Objects	 students will be able to: Gain an understanding of the key concepts and career opportunities in Education, Applied Psychology, and Educational Technology. Foster teamwork and collaboration through group presentations. Make informed decisions about academic and career paths based on a comprehensive understanding of each major.
Study Materials	
Assessment	 Attendance: 10% Group Report: 10% Reflection Papers (one after each class, total of eight): 80% (10% each)

Course Name	Foundation of Computer II
Take In	2020-2021 Semester 2
Credits & Hour	1.5 Chinese Credit, 2.25 ECTS, 32 Classroom Hours
Main Contents	This course focuses on mastering the essential skills of the Microsoft Office suite, including Word, Excel, and PowerPoint. Students will learn how to use these tools for various academic and professional tasks.
Teaching Objects	 students will be able to: Develop proficiency in using Microsoft Office applications (Word, Excel, PowerPoint). Enhance technical skills through hands-on practice.
Study Materials	Zhang, G. (Ed.). (2020). Fundamentals of University Computing. Science Press. ISBN: 9787030654755.
Assessment	 Attendance: 10% Homework Exercises: 30% Computer-Based Final Exam: 60%

Course Name	Pedagogy
Take In	2020-2021 Semester 1
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 16 Classroom Hours
Main Contents	 This course provides an in-depth exploration of the principles and practices of teaching and education. Students will study various educational theories, teaching methods, and classroom management techniques. The course aims to equip future educators with the knowledge and skills to create effective and engaging learning environments.
Teaching Objects	 students will be able to: Understand the fundamental principles and theories of education. Analyze different teaching methods and their applications. Develop effective classroom management strategies.
Study Materials	Editorial Committee, Xiang, X., Feng, J., & Liu, H. (2019). <i>Principles of Education</i> . Higher Education Press. ISBN: 9787040509380.
Assessment	 Attendance: 10% Course Paper: 30% Homework Exercises: 10% Final Exam: 50%

Course Name	Chivalry Novels and the Chinese Chivalry Culture
Take In	2022-2023 Semester 2
Credits & Hour	2 Chinese Credits, 3 ECTS, 32 Classroom Hours
Main Contents	This course explores the rich tradition of chivalry novels in Chinese literature and their cultural significance. Students will delve into the historical context and themes of classic chivalry novels.
Teaching Objects	 students will be able to: Understand the historical and cultural context of Chinese chivalry novels. Analyze the themes and narrative structures of key works in the genre. Explore the impact of chivalry novels on Chinese culture and society.
Study Materials	
Assessment	 Attendance: 10% Course Paper: 30% Original Novel Setting and Plot Summary: 60%

Course Name	Pharmcy Knowledge and Safe Medication
Take In	2022-2023 Semester 2
Credits & Hour	2 Chinese Credits, 3 ECTS, 32 Classroom Hours
Main Contents	This course provides an in-depth understanding of pharmaceutical knowledge and the principles of safe medication practices. Students will learn about various drug classes, mechanisms of action, therapeutic uses, side effects, and interactions. The course will also cover the importance of patient education, adherence to medication regimens, and the role of pharmacists in healthcare.
Teaching Objects	 students will be able to: Understand the basic principles of pharmacology and drug therapy. Identify different drug classes and their mechanisms of action. Recognize common side effects and drug interactions. Develop skills in patient education and counseling.
Study Materials	
Assessment	Attendance: 10%Quizzes: 30%Class Paper: 60%

Course Name	Economic Case Study
Take In	2022-2023 Semester 1
Credits & Hour	2 Chinese Credits, 3 ECTS, 32 Classroom Hours
Main Contents	This course focuses on the application of economic theories and principles through the analysis of real-world case studies. Students will explore various economic issues, policies, and their impacts on different sectors and populations. The course aims to develop critical thinking and analytical skills by engaging students in discussions, problem-solving activities, and research projects.
Teaching Objects	 students will be able to: Analyze real-world economic issues and policies. Develop skills in critical thinking and problem-solving. Communicate economic findings effectively in both written and oral formats.
Study Materials	
Assessment	 Attendance: 10% Class Participation: 20% Assignments: 30% Course Paper: 40%

Course Name	Marriage Law
Take In	2022-2023 Semester 1
Credits & Hour	2 Chinese Credits, 3 ECTS, 32 Classroom Hours
Main Contents	This course provides a comprehensive overview of marriage law, covering legal principles, statutes, and case law related to marriage, divorce, and family relationships. Students will explore topics such as the legal requirements for marriage, the rights and obligations of spouses, child custody and support, and property division.
Teaching Objects	 students will be able to: Understand the legal framework governing marriage and family relationships. Analyze key statutes and case law related to marriage and divorce. Discuss the impact of cultural and social changes on marriage law.
Study Materials	
Assessment	 Attendance: 10% Class Participation: 20% Final Exam: 70%

Course Name	Principles of Economics (Part II): A Global Perspective
Take In	2021-2022 Semester 2
Credits & Hour	2 Chinese Credits, 3 ECTS, 32 Classroom Hours
Main Contents	This course builds on the foundational concepts of economics, focusing on global economic issues and policies. Students will explore international trade, finance, and development, examining how economic principles apply in a global context. Topics include comparative advantage, exchange rates, global markets, and the impact of globalization on economies.
Teaching Objects	 students will be able to: Understand the principles of international trade and finance. Analyze the economic impact of globalization on different countries. Explore the role of international organizations in the global economy.
Study Materials	
Assessment	 Attendance: 10% Class Participation: 20% Assignments: 20% Course Paper: 50%

Course Name	The Spirit of Scientists in the New Era
Take In	2021-2022 Semester 2
Credits & Hour	0.5 Chinese Credit, 0.75 ECTS, 8 Classroom Hours
Main Contents	This course explores the evolving role and spirit of scientists in the contemporary world. Through a series of lectures, students will learn about the contributions of modern scientists, the ethical and societal implications of scientific research, and the qualities that define a scientist in the new era.
Teaching Objects	 students will be able to: Understand the historical and contemporary contributions made by scientists. Explore the ethical and societal impacts of scientific research. Identify the qualities and values that define a modern scientist.
Study Materials	
Assessment	 Attendance: 10% Homework Assignments: 40% Final Exam: 50%

Course Name	Revolutionary Spirit of the Communist Party of China
Take In	2021-2022 Semester 1
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 16 Classroom Hours
Main Contents	This course examines the revolutionary spirit that has shaped the community of the Chinese nation. Students will explore the historical events, key figures, and ideological movements that have contributed to the development of a collective national identity. The course will also discuss the ongoing impact of these revolutionary ideals on contemporary Chinese society and culture.
Teaching Objects	 students will be able to: Understand the historical context and significance of revolutionary movements in China. Analyze contributions of key figures and events to the development of national identity. Explore the ideological foundations of the revolutionary spirit.
Study Materials	
Assessment	 Attendance: 10% Chapter Exercises: 40% Final Exam: 50%

Course Name	Great Spirit of Combating the COVID-19 Epidemic
Take In	2021-2022 Semester 1
Credits & Hour	1 Chinese Credit, 1.5 ECTS, 16 Classroom Hours
Main Contents	This course examines the collective efforts and spirit demonstrated during the fight against the COVID-19 pandemic. Students will explore the various strategies, policies, and actions taken by different communities and governments to combat the virus. The course will highlight the importance of resilience, solidarity, and innovation in overcoming global health crises.
Teaching Objects	 students will be able to: Understand the global impact of the COVID-19 pandemic. Analyze the strategies and policies implemented to control the spread of the virus. Discuss the social, economic, and psychological effects of the pandemic on communities.
Study Materials	
Assessment	Attendance: 10%Chapter Quizzes: 30%Final Exam: 60%

Course Name	Application of Modern Educational Technology
Take In	2020-2021 Semester 2
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 56 Classroom Hours
Main Contents	 This course explores the integration of modern educational technology into teaching and learning processes. Students will examine various digital tools and platforms, their applications in different educational settings, and the impact of technology on student engagement and learning outcomes.
Teaching Objects	 students will be able to: Explore different digital tools and platforms used in education. Analyze the impact of technology on teaching and learning processes. Develop skills in integrating technology into educational practices.
Study Materials	
Assessment	 Attendance: 10% Class Participation: 20% Assignments: 10% Final Exam: 60%

Course Name	Advanced Mathematics C
Take In	2020-2021 Semester 1
Credits & Hour	3 Chinese Credits, 4.5 ECTS, 56 Classroom Hours
Main Contents	 This course introduces students to the fundamental concepts of calculus, including limits, derivatives, integrals, and the Fundamental Theorem of Calculus. Students will learn to apply these concepts to solve problems in various fields such as physics, engineering, economics, and biology. The course emphasizes both the theoretical understanding and practical applications of calculus.
Teaching Objects	 Understand the concept of limits and their application in calculus. Learn how to compute derivatives and understand their significance in various contexts. Master the techniques of integration and their applications. Use the Fundamental Theorem of Calculus to connect differentiation and integration.
Study Materials	Tongji University Mathematics Department. (2014). Advanced Mathematics (Vol. 1) (7th ed.). Higher Education Press. ISBN: 9787040396638
Assessment	 Attendance: 10% Assignment: 15% Midterm Exam: 15% Final Exam: 60%