

# lernOS<sup>®</sup>

A Quick-Start-Guide  
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**lernOS Infos**

Website: [lernos.org](https://lernos.org)  
Twitter: [@lern\\_os](https://twitter.com/@lern_os)  
Community: [community.cogneon.de](https://community.cogneon.de)  
GitHub: [github.com/cogneon](https://github.com/cogneon)

What are the advantages of lernOS?	
Individual	Long-term
<ul style="list-style-type: none"><li>Work productive &amp; focussed</li><li>Use of modern tools</li><li>Information flood under control</li><li>Learning in social networks</li></ul>	<ul style="list-style-type: none"><li>Sustainable safety in work</li><li>Feeling of self-efficacy and self-realisation</li><li>Development of personal network</li></ul>
Organization	
<ul style="list-style-type: none"><li>Feeling of solidarity and team spirit through participatory approach</li><li>Productivity gain through knowledge/experience transfer</li></ul>	<ul style="list-style-type: none"><li>Synergy across silos</li><li>Learning aligned with strategy</li><li>Competitive advantage through learning as core competence</li></ul>

## Why lernOS?

Constant change and our future well-being require continuous learning. Lifelong learning as well as learning in teams and organizations ensures a good future for all of us. lernOS offers freely and openly available guidelines that promote self-directed learning at all levels.

Where to start?

## Select lernOS starting point

You can start with lernOS for yourself, in your Team or für deine Organisation starten

- Do you want to start as individual?
- Do you want to include the whole Organisation?
- Do you want to start as Team?

## lernOS for You

Cultivate the art of self-directed lifelong learning

- Learning in 3-months sprints with personal learning goals
- Selforganized learning alone, in a learning tandem or in a circle (4-5)
- 3 learning paths with 2h time/week necessary
- Methodological elements: Scrum, OKR, GTD und WOL.

bottom up

top down

middle up down

## lernOS for Organizations

Develop a Learning Organization together

- Comprehensive „Learning Coalition“ with the Learning Organization as true north
- Open Space Learning event every 3-6 month
- Learning sprints for experiments and projects
- A lot of voluntary helpers („army of volunteers“)

## lernOS für Teams

Enable collaboration & learning in teams

- Team development with 3-month sprints with or without learning coach
- Action learning e.g. as part of team jour fixes
- Topics e.g. communication, documentation, filing, Office 365 etc.

## What is lernOS?

- Open System** for Lifelong Learning and Learning Organizations
- Brainware** ... not Software!
- Verb** in Esperanto, I/we will learn (mi/ni lernos)
- Project** of the Cogneon Academy with duration 2016-2022

## lernOS Toolbox

- Content:** proven methoden and tools for good handling of knowledge
- Duration:** 1 sprint (=3 month) with 2h effort/week
- Learning group:** learning allon, in tandems or circles (4-5)
- Examples:** Sketch-noting, Podcasting, Expert Debriefing, Community Management

## What are the critical success factors?

Individual

- KEEP CALM & LEARN ON!** Determination and persistence
- Mindset** Future does not „happen“, I can help to shape it!
- Time** for learning is scheduled
- Curiosity** for new topics instead of „work as usual“
- Openness** for knowledge/experience of others instead of reinventing wheels and repeating mistakes

Organization

- Clear message:** Knowledge & learning are important for our future
- Time and open space** for learning and development
- Learning Coalition** initiate and support on an ongoing basis
- Sponsor** in top management
- Invitation based** development/change process

## Stop Reading, Start Doing!

- Choose guide / learning path
- Look for fellows in your team / organization or for a tandem/circle ([Circlefinder](#))
- Plan the date for the start in week 0.
- Let's start!