



ISEC 2024

Istanbul Shoulder and Elbow Course

**Rotator Cuff and Instability
Live Surgery and Hands-on Cadaver Sessions**

19-20 January 2024



Course President:
Mehmet Demirhan, MD
Koç University, School of Medicine



Course Secretary:
İlker Eren, MD
Koç University, School of Medicine



International Faculty:
Emilio Calvo, MD
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Faculty:

- **Umut Akgün, MD** Acıbadem University, İstanbul
- **Sercan Akpinar, MD** Orthogroup Clinic, Adana
- **Mehmet Armangil, MD** Ankara University
- **Ata Can Atalar, MD** Acıbadem University, İstanbul
- **Nuri Aydın, MD** İstanbul University-Cerrahpaşa, İstanbul
- **Kerem Bilsel, MD** Acıbadem University, İstanbul
- **Olgar Birsel, MD** Koç University, İstanbul
- **Kerem Canbora, MD** Üsküdar University, İstanbul
- **Hakan Turan Çift, MD** Acıbadem University, İstanbul
- **Semih Dedeoğlu, MD** Baltalimanı Training and Research Hospital, İstanbul
- **Mehmet Demirtaş, MD** Memorial Hospital, Ankara
- **Ali Erşen, MD** İstanbul University
- **Arel Gereli, MD** Acıbadem University, İstanbul
- **Taner Güneş, MD** Acıbadem University, Eskişehir
- **Mehmet Fatih Güven, MD** İstanbul University-Cerrahpaşa
- **Mustafa Özkan, MD** Dokuz Eylül University, İzmir



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Scientific Program

Day 1 (Didactic Sessions and Live Surgeries)

	7:30 – 7:45 Welcome and introduction	Mehmet Demirhan İlker Eren
Rotator Cuff	7:45 – 8:00 Seminar: How to assess rotator cuff "repairability"	Ali Erşen
	8:00 – 8:15 Seminar: Management of biceps tendinopathy	Kerem Bilsel
	8:15 – 8:30 Why and how rotator cuff repairs fail?	Ata Can Atalar
	8:30 – 8:45 Surgical Technique: Double-row transosseous-equivalent rotator cuff repair	İlker Eren
	8:45 – 10:30 Live Surgery: Arthroscopic acromioplasty, double-row transosseous-equivalent rotator cuff repair	Mod: Ata Can Atalar, Kerem Bilsel Surg: Mehmet Demirhan, Olgar Birsel
	10:30 Coffee Break	
Instability Soft tissue session	10:45 – 11:00 Seminar: Decision-making in anterior shoulder instability: Indications of Bankart Repair and Remplissage	Taner Güneş
	11:00 – 11:15 Surgical Technique: Knotless Bankart repair and Remplissage	Mehmet Armangil
	11:15 – 13:00 Live Surgery: Bankart repair and Remplissage	Mod: Mehmet Demirtaş, Mehmet Armangil Surg: Ata Can Atalar, İlker Eren
	13:00 - 14:00 Lunch	
Instability: Bone Block	14:00 – 14:15 Seminar: When do we need bone block procedures? Limits of soft tissue repair	Mustafa Özkan
	14:15 – 14:30 Surgical Technique: Latarjet procedure	İlker Eren
	14:30 – 16:00 Live Surgery: Open Latarjet procedure with plate and screws	Mod: Mehmet Demirhan, İlker Eren Surg: Emilio Calvo, Olgar Birsel
	16:00 Coffee Break	
	16:15 – 16:30 Arthroscopic bone block procedures in anterior shoulder instability	Emilio Calvo
	16:30 – 18:30 Round Table and Interactive Discussions Recap of Day 1	All Faculty



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Scientific Program

Day 2 (Wet Lab:Cadaver)

7:30 Introduction and briefing	Mehmet Demirhan İlker Eren
8:00 – 10:30 Step-by-step arthroscopic Bankart repair	All Faculty
10:30 Coffee Break	
11:00 – 13:00 Step-by-step arthroscopic double-row transosseous-equivalent rotator cuff repair	All Faculty
13:00 Lunch Break	
14:00 – 16:15 Step-by-step Open Latarjet Procedure	All Faculty
16:15 Coffee Break	
16:30 – 17:00 Recap of Day 2	All Faculty



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Information

Registration:

Early bird registration: Until 31.09.2023
Standard registration: 01.10.2023 to 14.12.2023
Late registration : After 15.12.2023

2.250 €
2.500 €
2.750 €

Registration includes participation to live surgery and hands-on cadaver sessions, equipment in wet lab, coffee breaks and lunch, course dinner with faculty, transfers from the course hotel. Accommodation is not included.

For registration, travel and accommodation please contact (e-mail): info@aiimes.org

Prerequisites: Participants should be familiar with basic arthroscopy techniques and equipment.

Course Venue: Rahmi M. Koç Academy of Interventional Medicine, Education, and Simulation (RMK AIMES), Topkapı, İstanbul

Course Dinner: Will be held on January 19th, 2024, at 19:00. Transfers will be available from course hotel. Location will be announced later.

Sponsorship and Patronage: The course is sponsored by RMK AIMES, Koç University School of Medicine and Koç University Hospital. It will be held under patronages of European Society for Surgery of Shoulder and Elbow (SECEC) and Turkish Society of Shoulder and Elbow Surgery (TODCD).

Learning Objectives

After this course, participants will be able to,

- Discuss the concept of rotator cuff repairability.
- Explain indications of tendon transfers and superior capsular reconstruction in patients with irreparable rotator cuff tears.
- Assess a patient with rotator cuff tear and decide if the tear is "repairable".
- Perform basic intraarticular and subacromial diagnostic shoulder arthroscopy.
- Perform acromioplasty and double-row knotless rotator cuff repair.
- Analyze a patient with failed acromioplasty and rotator cuff repair and explain possible reasons.
- Assess a patient with anterior shoulder instability clinically and radiologically.
- Discuss indications of arthroscopic Bankart repair and open latarjet procedure.
- Perform arthroscopic Bankart repair in a patient without significant glenoid bone-loss.
- Perform open Latarjet procedure in a patient with significant glenoid bone-loss.
- Analyze a patient with recurrence failed shoulder instability surgery and explain possible reasons.

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