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The ATUS dataset [1] used is based on research carried out as part of the American Time Use Survey [2] from 2003 to 2017, containing time use data for 431 different activities grouped into 17 over-arching categories.

Aim: Hypothesise, validate and present long-term trends based on the data

Approach:

- EDA
 - The dataset was split and the even months were used for exploration and model training (July excluded and used for validation);
- ▶ Validation using left out "unseen" data
 - Formal hypothesis tests on the initial beliefs from the EDA using the odd months (including July) as the validation data;
- Summary plots of findings

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Tidying and Structuring the Data

- Missing values were confined to 9 columns of factor variables so these were removed
- ▶ The 17 categories were built from the activity data
- As the aim is to present long-term trends, weighted means for **each year** were calculated
 - ► This allows for comparisons and ensures that each group is correctly represented in the population

The weighted means are then calculated using

$$\overline{T_j} = \frac{\sum_i weight_i T_{ij}}{\sum_i weight_i}$$

where i corresponds to the individual, and j corresponds to the type of individual

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Participation in Caring for & Helping Non-HH Members

Exploratory Data Analysis

Activities with % change larger than 10% and variance greater than 0.5

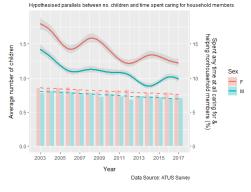
Table 1: Change in Participation of Activities

Measure	tu04	tu08	tu13	tu14	tu16
Variance	2.54	0.89	1.44	0.60 12.32	1.93
% Change	-32.11	-26.46	10.17		-24.08

- Fitting a linear model and performing best subsets regression with Year forced in as an explanatory variable gives Sex and Number of Household Children
- Fit a more complex model: glm with log link and multiplicative errors
 - - Use natural cubic splines to show fluctuations
 - $\blacktriangleright tu04participation \sim -1 + Sex + Sex : ns(Year, knots =$ 2003, 2005, ..., 2017)
- Performing an F-test on the model shows this is a significant improvement on $tu04participation \sim -1 + ns(Year, knots = 2003, 2005, ..., 2017)$

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- The plot indicates that over the period, the participation in 'tu04' has decreased for both men and women
- Changes in the 'average no. of household children' seem to follow the trend in participation, however the link is weak (correlations of 0.65 for Men and 0.49 for Women)

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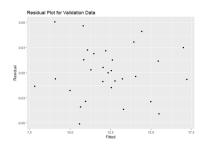
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A one-sided t-test on a linear model simplification of the generalised linear model without splines - $(tu04participation \sim Year + Sex) \text{ - gives a } p\text{-value of } \textbf{5.7e-09} << 0.05$

Validation

Formal one-sided t-test on linear model build on *validation* data gives a p-value of **1.4e-07** << 0.05



- To test the suitability of the model on the validation dataset a residual plot was created
- The errors:
 - Are uncorrelated
 - Have mostly equal variance
 - Seem to have mean 0

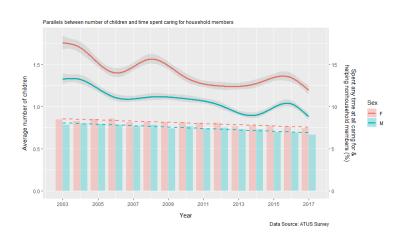
Performing a formal t-test when average number of household children is added confirms that this has a significant effect on participation in caring for & helping non-household children

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Final Plot Built On All Data Excluding July



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How Time Spent on Traditionally Gendered Activities has Changed as Gender Roles have Broken Down?

Table 2: Traditionalist Gender Actitivies

Male Activites	Female Activities
Working	Housework
House Maintenance	Cooking
Vehicle Maintenance	Childcare

Table 3: Generations

Generation	Birth Years			
Silent Generation	1928 - 1945			
Baby Boomers	1946 - 1964			
Generation X	1965 - 1980			
Millennials	1981 - 1996			

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- Table 2 is a simplified version of Talcott Parsons' [3] study on gender roles
- ► Table 3 shows how to break down the respondents into different generational groups [4]
- Division between genders in terms of societal roles is consistently featured in the news; evident in the "#MeToo" movement amongst others
- ➤ The report aimed to investigate how this division changed over the given period through investigating long-term trends in each of the traditional gender activities

Exploratory Data Analysis

- ► The first stage of the analysis looked at participation rates at a total population level for the different activities to check they were popular enough for comparison
- Following this initial check, general linear models were developed for all suitable activities and different parameters were checked including:
 - Sex
 - Year
 - Generation
 - Region
- After performing formal F-tests and comparing simpler models, the following model was settled upon for all activities

```
Activity \sim -1 + ns(Year) + Sex + Sex : ns(Year, knots = 2003, 2005, ..., 2017) + Generation + Generation : ns(Year, knots = 2003, 2005, ..., 2017)
```

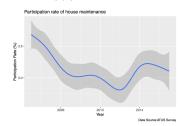
► The simpler models were variants of this model, but without sex or generational information

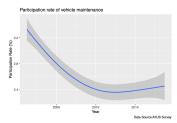
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House Maintenance and Vehicle Maintenance (Males)

- The participation rate was too low to warrant deeper analysis
- Whilst the findings represented that there existed a separation in gender, the participation rates of around 3% for both reflected that these were more uncommon activities
- It was decided that there was not enough data to reflect the time spent on these activities in a suitable linear model





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Validation

Males: Working, House Maintenance and Vehicle Maintenance;

► Females: Housework, Cooking and Childcare

The models shown on the following slides showcase the results of the analysis, plotting all of the data with the exception of July as required

- Despite using 11 months of the data here, it is critical to reiterate that all of the EDA and validation was carried out on entirely separate 6 month subsets of each year to ensure validity of the conclusions and testing
- Formal one-sided t-test were performed on the simple linear model below for each activity, using weighted yearly averages for the data

Gender time difference ∼ Year

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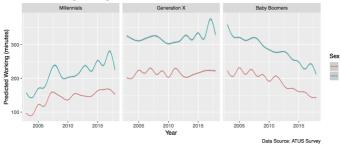
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Validation - Working

Trends in working for each generation



- The plots show the changes in working patterns between 3 generations. There's an increase in working time for Millenials as this generation begin to work. Likewise, there's a decrease in time for Baby Boomers as many of this generation begin to retire.
- Generation X shows that there is an increase in women working time and for, the first 13 years, a decrease in time working for men. There is a slight uptick for men working in 2016, however, this begins to return to previous lower levels in 2017.
- ▶ The t-test on a population level for this gave a p-value of 0.047 < 0.05
- The F-test is shown below

Model	Residual DF	Residual Deviance	DF drop	Deviance drop	F.	p-value
1	98098	56241.17				
2	98068	52250.68	30	3990.49	733.51	< 2.2e-16
3	98020	23983.07	48	28267.62	3247.51	$<2.2\mathrm{e}\text{-}16$

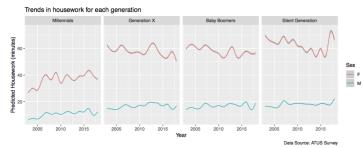
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Validation - Housework



- ▶ Except for *Millennials*, all generations have the decrease in time spent on housework. But the decrease for women is sharper than any *increase* for men, which is clear through observation of *Generation X*.
- On the other hand, the gap seems to have increased slightly for Millennials both sexes are increasing the amount of time spent on housework, there is a confounding effect of increased time due to age / moving out.
- Notably, Millennials also spend less time doing housework than the others.
- The t-test on a population level for this gave p-value of 6.8e-05 << 0.05
- The F-test is shown below

Model	Residual DF	Residual Deviance	DF drop	Deviance drop	F.	p-value
1	98098	66513.61				
2	98068	30837.95	30	35675.66	4231.51	< 2.2e-16
3	98020	27722.58	48	3115.37	230.95	$<2.2\mathrm{e}\text{-}16$
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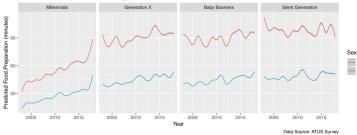
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Validation - Cooking





- Both genders from all the generations other than the Silent Generation are actually spending more time than previously on food preparation
- For men, there is a sharper increase than in time spent by women which is evidence of erosion in this particular gender stereotype
- Notably, Millennials spend more and more time on cooking and the nearly same increasing rate of both gender leads to the small gap
- ▶ The t-test on a population level for this gave p-value of 0.0054 << 0.05
- ► The *F*-test is shown below

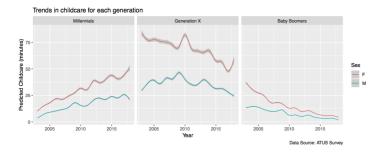
Model	Residual DF	Residual Deviance	DF drop	Deviance drop	\mathbf{F}	p-value
1	98098	30146.10				
2	98068	17578.80	30	12567.29	2889.4	$<2.2\mathrm{e}\text{-}16$
3	98020	13478.53	48	4100.28	589.2	$<2.2\mathrm{e}\text{-}16$

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Validation - Childcare



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- Note that the drop off for women is sharper than it is for men, leading to a convergence in the weighted means for both.
- ► The t-test on a population level for this gave a p-value of 0.037 < 0.05</p>
- ► The *F*-test is shown below

Model	Residual DF	Residual Deviance	DF drop	Deviance drop	F	p-value
1	98098	176671.00				
2	98068	162588.37	30	14082.63	298.72	< 2.2e-16
3	98020	59257.72	48	103330.65	1369.92	$<2.2\mathrm{e}\text{-}16$

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Limitations of the Data

▶ 15 years is a relatively short period within which to observe long term trends

 Sporadic subset sizes due to the filtering and sub-setting required

► The reliance on people to remember the way in which they spend their time (i.e. They could forget smaller tasks and focus on more memorable or time-consuming ones) Introduction

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Conclusion

Embarking upon EDA from multiple perspectives highlighted the scale and number of potential trends present in the data

- ▶ Both of the main observations were validated successfully through robust statistical methodology
- Generating demographics and utilising the weights provided in the dataset allowed for more focused analysis
- There have been societal changes over this period are reflected in the trends observed

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References

References

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- [3] T. Parsons, "Age and sex in the social structure of the united states," *American Sociological Review*, vol. 7, no. 5, pp. 604–616, 1942 [Online]. Available: http://www.jstor.org/stable/2085686
- [4] "Millennials projected to overtake baby boomers as america's largest generation." http://www.pewresearch.org/fact-tank/2018/03/01/millennials-overtake-baby-boomers/.

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