


West Burton
Annual Parish
Meeting
22nd April 2025



Introduction



A Good Life began as a North Yorkshire Funded project in 2018. The remit was to produce a report based on the results from a survey covering the residents of Wensleydale and Swaledale to inform North Yorkshire County Council – the aim being to make our Dales the best place to live in England!

A report was produced, based on the findings and several recommendations were made based on the survey responses.

We are now The Community Anchor Organisation for the Upper Dales, providing support for local residents in a variety of ways.

Key Initiatives

- The Hub is a thriving, happy, warm space in the Market Hall, Hawes – open from 10am to 3pm. Every-one is welcome to come along for a friendly chat over a cuppa.

The soup and pudding lunch on a Tuesday is very well attended and those who can afford pay what they can. Everyone receives a lunch, no-one is excluded and those who cannot afford to contribute are not left out.

Monday

10:00 AM – 3:00 PM

Tuesday

Cuppa Connect - Staying Healthy, Independent and Connected days are held on the first Monday of the month in the Hub. Citizens Advice, MIND, Carers Plus and other organisations join us to offer advice and support.

Community Support

- **General Community Support** -Requests for general support continue to grow with requests for help to source funding to help with unexpected bills and we have been able to access grants from Friends of the Elderly for residents struggling to pay large electricity bills. Referrals from North Yorkshire Living Well and the local Social Prescribing Team are all dealt with in a timely manner and I am proud of the help and support that we are able to give.

- **Open Pantry Sites** – St Oswald's Church, Askrigg, The Hub, Hawes, Dalesplay, Hawes We are very grateful for the support of our volunteers and the generosity of Leyburn Co-op and their customers and individuals who donate to Open Pantry.

- **Support for KS2 Pupils** – fresh fruit is provided by A Good Life for the pupils in KS2 at Askrigg School .

Special Projects

-THE LITTLE SHOP ON THE HILL, HAWES COMMUNITY BOOK SHOP IS A WONDERFUL SPACE, RUN BY A TEAM OF VOLUNTEERS.

- UPPER DALES HOME CARE – DELIVERING FRIENDLY, CARING PRACTICAL SUPPORT AROUND THE HOME. UPPER DALES HOME CARE IS AN APPROVED PROVIDER WITH NORTH YORKSHIRE COUNCIL.

CARERS SUPPORT – FOR CARERS WHO NEED A BREAK FROM CARING RESPONSIBILITIES. THE SUPPORT ENABLES CARERS TO HAVE TIME FOR THEM, WHILST KNOWING THAT THEIR LOVED ONE IS SUPPORTED AND SAFE AT HOME.

LITTLE WHITE CAR AS ONE OF THE RECOMMENDATIONS THAT ORIGINATED FROM OUR INITIAL PROJECT IN 2018! THERE ARE MANY PEOPLE WITHIN OUR DALE WHO DO NOT HAVE ACCESS TO TRANSPORT TO GET THEM TO MEDICAL APPOINTMENTS. WE HAVE VOLUNTEER DRIVERS WHO ARE HAPPY TO DRIVE YOU TO DRIVE THE LITTLE WHITE CAR. APPOINTMENTS MAY BE LOCAL BUT EQUALLY WE CAN COVER APPOINTMENTS AT JAMES COOK HOSPITAL AND THE FRIARAGE.

COMMUNITY COLLABORATION – WE ARE VERY PLEASED THAT HAWES MARKET HOUSE TRUSTEES GIVEN US A DESIGNATED PARKING SPACE FOR THE LITTLE WHITE CAR. THE CAR CAN BE BOOKED FOR MEDICAL APPOINTMENTS. VOLUNTEERS ARE ON HAND TO DRIVE. PLEASE CONTACT HAWES COMMUNITY OFFICE ON 01969 667400 FOR FURTHER DETAILS

Volunteer Opportunities

- There are various volunteering roles and we are always very grateful to volunteers who give up their time to help us. If you would like to know more about volunteering opportunities, please call in to The Community Office, Hawes or call 01969 667400 for more information.



Community Impact Statistics

The Hub – our Warm, Welcome Space, continues to grow with regular attendees and visitors

Visitors who wish similar hubs existed in their area: 30%

Average number of attendees per lunch: 30 people

Percentage of attendees who contribute financially: 60%

Number of meals served annually: approx. 1400 meals

Requests for support received monthly: 50+ requests

Financial help for residents- Help to Heat, crisis grants

Referrals from local organisations: 50 + referrals

Number of Open Pantry sites: 5

Weekly donations collected: 200 items

Number of volunteers involved: over 60 volunteers across the various initiatives

Frequency of fresh fruit deliveries to The BAWB Federation KS2: fortnightly

Percentage of KS2 pupils benefiting from fresh fruit: 80%

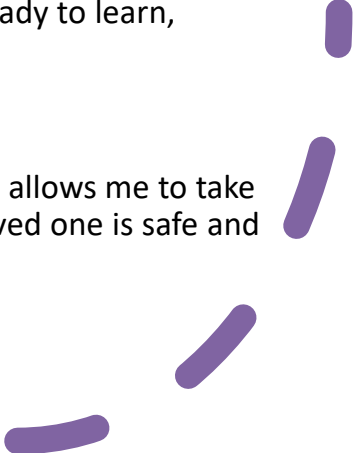
Number of people supported by Upper Dales Home Care/ Carers Support and Little White Car: 50 +

Volunteers = Carers Support, Little White Car, The Hub, Open Pantry

Number of medical appointments facilitated: over 100 appointments in the last 5 months



Testimonials from Community Members

- Regular Attendee:
 - 'The Hub has been a lifeline for me. After losing my wife, I felt incredibly lonely. The warm and welcoming environment here has helped me find new friends and a sense of belonging.'
 - Volunteer:
 - 'Volunteering at The Hub has been an incredibly rewarding experience. Seeing the smiles on people's faces and knowing that we're making a difference in their lives is truly heartwarming.'
 - Beneficiary:
 - 'The support I received from The Hub during a difficult financial period was invaluable. They helped me access grants to pay my electricity bills, and I am forever grateful.'
 - KS2 Teacher:
 - 'The breakfast program for KS2 pupils has made a significant difference. Children are now more focused and ready to learn, thanks to the nutritious start to their day.'
 - Carer:
 - 'The Carers support service has been a blessing. It allows me to take a break and attend appointments, knowing my loved one is safe and cared for at home.'
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Thankyou!



I HOPE YOU HAVE FOUND THIS PRESENTATION INTERESTING
AND INFORMATIVE

PLEASE CONTACT A GOOD LIFE TEAM IF YOU WOULD LIKE
FURTHER INFORMATION ON 01969 667400