Risk Matrices					
	Negligible	Minor	Major	Hazardous	Catastrophic
Very Unlikely	Low	Low	Low medium	Medium	Medium
Unlikely	Low	Low Medium	Low medium	Medium	Medium Hlgh
Moderate	Low	Low Medium	Medium	Medium High	Medium Hlgh
Likely	Low	Low medium	Medium	Medium high	High
Very Likely	Low medium	Medium	Medium high	High	High
Risk	▼ Statement	Response	Likelihood	✓ Impact ~	Risk Level
		To combat this you should take regular breaks with recommended stretches or wear support			
		10 00111001 0110 100 011111111111111111			
Renetetive Strain Injury (RS)	"I long hours using the computer may lead to arm/wrist pain also known as a RSI injury.	when needed	Medium	May be unable to type	
Repetetive Strain Injury (RS	SI) Long hours using the computer may lead to arm/wrist pain also known as a RSI injury.	when needed. To combat this you should take regular breaks and consult an optician if there is pain	Medium	May be unable to type	
		To combat this you should take regular breaks and consult an optician if there is pain	Medium Medium		
Eye strain	Long hours using the computer may lead to eye strain.	To combat this you should take regular breaks and consult an optician if there is pain associated with looking at a computer screen.	Medium	Need to see optician	
		To combat this you should take regular breaks and consult an optician if there is pain associated with looking at a computer screen. If unable to continue must inform trainers and see a doctor if appropriate.			
Eye strain Illness	Long hours using the computer may lead to eye strain. Unexpected illness can come at anytime and should be handled appropriatley.	To combat this you should take regular breaks and consult an optician if there is pain associated with looking at a computer screen. If unable to continue must inform trainers and see a doctor if appropriate. Save work frequently and as often as possible, if this leads to unsaved work consult your	Medium Low Medium	Need to see optician Need to see a doctor	
Eye strain Illness Power outage	Long hours using the computer may lead to eye strain. Unexpected illness can come at anytime and should be handled appropriately. Unexpected power outage can happen at any time so this should be taken into account when completing a project.	To combat this you should take regular breaks and consult an optician if there is pain associated with looking at a computer screen. If unable to continue must inform trainers and see a doctor if appropriate. Save work frequently and as often as possible, if this leads to unsaved work consult your trainer.	Medium Low Medium Low Medium	Need to see optician Need to see a doctor Unsaved work	
Eye strain Illness Power outage Equipment breaking	Long hours using the computer may lead to eye strain. Unexpected illness can come at anytime and should be handled appropriatley. Unexpected power outage can happen at any time so this should be taken into account when completing a project. Broken equipment can lead to unsaved work or the total loss of a project.	To combat this you should take regular breaks and consult an optician if there is pain associated with looking at a computer screen. If unable to continue must inform trainers and see a doctor if appropriate. Save work frequently and as often as possible, if this leads to unsaved work consult your trainer. Handle personal items with care to ensure items stay in working condition.	Medium Low Medium Low Medium Medium	Need to see optician Need to see a doctor Unsaved work Total loss of project	
Eye strain Illiness Power outage Equipment breaking Family emergency	Long hours using the computer may lead to eye strain. Unexpected illness can come at anytime and should be handled appropriatley. Unexpected power outage can happen at any time so this should be taken into account when completing a project. Broken equipment can lead to unsaved work or the total loss of a project. Unavaoidable situations can arise at any time.	To combat this you should take regular breaks and consult an optician if there is pain associated with looking at a computer screen. If unable to continue must inform trainers and see a doctor if appropriate. Save work frequently and as often as possible, if this leads to unsaved work consult your trainer. Handle personal items with care to ensure items stay in working condition. Consult trainer.	Medium Low Medium Low Medium Medium Medium Medium	Need to see optician Need to see a doctor Unsaved work Total loss of project Unable to complete	
Eye strain Illiness Power outage Equipment breaking Family emergency Working from home	Long hours using the computer may lead to eye strain. Unexpected illness can come at anytime and should be handled appropriatiey. Unexpected power outage can happen at any time so this should be taken into account when completing a project. Broken equipment can lead to unsaved work or the total loss of a project. Unavaoidable situations can arise at any time. Working from home can lead to a project being exposed to children or other hazards.	To combat this you should take regular breaks and consult an optician if there is pain associated with looking at a computer screen. If unable to continue must inform trainers and see a doctor if appropriate. Save work frequently and as often as possible, if this leads to unsaved work consult your trainer. Handle personal items with care to ensure items stay in working condition. Consult trainer. Ensure than important equipment is stored safely.	Medium Low Medium Low Medium Medium Medium Medium High Medium High	Need to see optician Need to see a doctor Unsaved work Total loss of project Unable to complete Loss of work	
Eye strain Illiness Power outage Equipment breaking Family emergency	Long hours using the computer may lead to eye strain. Unexpected illness can come at anytime and should be handled appropriatley. Unexpected power outage can happen at any time so this should be taken into account when completing a project. Broken equipment can lead to unsaved work or the total loss of a project. Unavaoidable situations can arise at any time.	To combat this you should take regular breaks and consult an optician if there is pain associated with looking at a computer screen. If unable to continue must inform trainers and see a doctor if appropriate. Save work frequently and as often as possible, if this leads to unsaved work consult your trainer. Handle personal items with care to ensure items stay in working condition. Consult trainer.	Medium Low Medium Low Medium Medium Medium Medium	Need to see optician Need to see a doctor Unsaved work Total loss of project Unable to complete	