

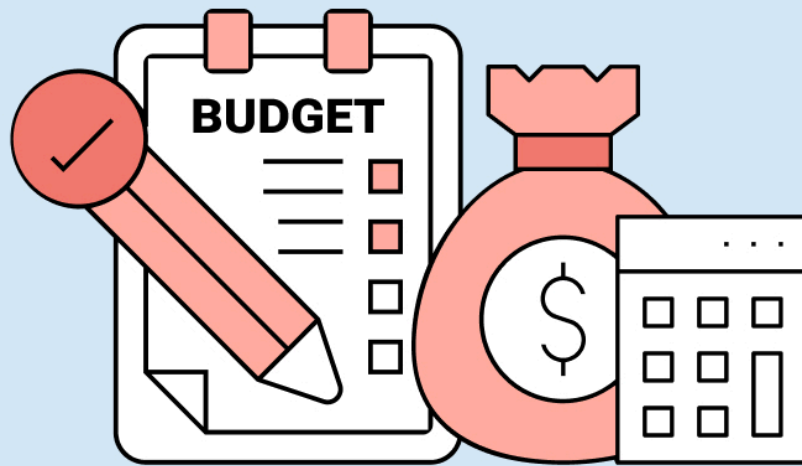
BUDGETING 101

Module 1: What is a budget?

Objective: Grasp the basic idea of what a budget is and how it fits into everyday decisions.

Video: “What is a budget”(<https://www.youtube.com/watch?v=HT-xa7Y7xps>)

- **Definition Simplified:** A budget is a written or digital plan that shows how you expect to earn and spend money over a period of time (week, month, year, etc.). This helps track how much money you have spare and allows you to avoid a majority of debt.



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- **Core Concepts:**
 - Income = money coming in



○

- Expenses = money going out



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- Savings = what's left or set aside



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- **Questions**

- **Checkpoint Quiz:** Match terms (income, expense, savings) with examples (part-time job, investments, Netflix subscription, new headphones, emergency fund, long-term fund).

- **Multiple choice questions:**

SHUFFLE THESE:

Income

- MCQ : Which of the following is *income*?
 - A. Paying rent
 - B. Receiving wages from your part-time job ✓
 - C. Buying food
 - D. Paying tax
- MCQ: You earn \$60 mowing lawns, \$20 walking dogs, \$10 from an investment fund and you spend \$20 on food. What is your total income?
 - A. \$70
 - B. \$80
 - C. \$90 ✓
 - D. \$110

Expenses

- MCQ: Which of these best describes an *expense*?
 - A. Money used to buy goods or services ☒
 - B. Money you save for later
 - C. Money received as a gift
 - D. Money invested in shares
- Which of the following is an *expense*?
 - A. Paycheck
 - B. Money transferred to savings
 - C. Monthly phone bill ☒
 - D. Interest earned on savings

Savings

- MCQ: Savings are:
 - A. Money you borrow from others
 - B. Money kept aside for future goals ☒
 - C. Money you spend on wants
 - D. Extra bills
- MCQ: You want to buy a \$120 jacket in 3 months. How much must you save per month(assuming no interest)?
 - A. \$30
 - B. \$40 ☒
 - C. \$50
 - D. \$60

Short answer question:

Describe one way you might manage your expenses?