# Small Oscillations

· Motion near a point of stable equilibrium.

#### DOF= 1 (one dimension)

- For a system of DOF = 1, with potential U(q):
- stable equilibrium at  $U(q)_{\min}$ , upward parabola, where  $F=-rac{\mathrm{d} U}{\mathrm{d} a}=0$
- restoring force for small displacements  $q-q_0$  is  $F=-\frac{\mathrm{d} U(q-q_0)}{\mathrm{d} q}$
- Unstable equilibrium at  $U(q)_{\max}$ , downward parabola, where  $F=-\frac{\mathrm{d}U}{\mathrm{d}q}=0$  as well.
- Consider small deviation from point of stable equilibrium, we use taylor expansion to show that it is really a small displacement. that is,

$$\begin{split} U &\approx U(q_0) + \frac{\mathrm{d}U(q_0)}{\mathrm{d}q}(q-q_0) + \frac{\mathrm{d}^2U(q_0)}{2\,\mathrm{d}q^2}(q-q_0)^2 \\ &\qquad \qquad \text{while } \frac{\mathrm{d}U(q_0)}{\mathrm{d}q}(q-q_0) = 0 \end{split}$$

letting  $x = q - q_0$ , we have

$$\begin{cases} U(x) = U(q_0) + \left(\frac{1}{2}\right) \frac{\mathrm{d}^2 U(q_0)}{\mathrm{d}q^2} x^2 \\ \text{putting into the form of } U(x) = U(x_0) + \left(\frac{1}{2}\right) k x^2. \end{cases}$$
 
$$\Rightarrow \boxed{k = \frac{\mathrm{d}^2 U(q_0)}{\mathrm{d}q^2} > 0}$$

we get KE, while choosing  $U(q_0)=0$ :

$$T = \frac{1}{2}a(q)^{2}\dot{q}^{2} = \frac{1}{2}a(q_{0} + x)\dot{x}^{2} \approx \frac{1}{2}m\dot{x}^{2}, \stackrel{m=a(q_{0})}{\Rightarrow}$$

$$L = T - U = \frac{1}{2}m\dot{x}^{2} - \frac{1}{2}kx^{2}$$

# **EOM for DOF = 1 small Oscillations**

using EL on Equation 3, we can get the EOM for one dimensional small Oscillations:

$$m\ddot{x}=-kx$$
 
$$\Rightarrow \ddot{x}+\omega_0^2x=0, \text{ where } \boxed{\omega_0=\sqrt{\frac{k}{m}} \text{ freq of osc.}}$$

by magic of ODE, EOM reduces down to:

$$x(t) = C_1 \cos(\omega_0 t) + C_2 \sin(\omega_0 t)$$

where  $C_1, C_2$  are constants

by trig magic, this could also be written as

$$x(t) = a\cos(\omega_0 t + \alpha),$$
 where 
$$\begin{cases} a = \sqrt{C_1^2 + C_2^2} \text{ amplitude of oscillation } 6\\ \omega_0 & \text{frequency of oscillation } 6\\ \tan\alpha = C_2/C_1 \text{ phase at t=0} \end{cases}$$

### energy for 1D small Oscillation

checking  $\frac{\partial L}{\partial t} = 0 \Rightarrow$  energy-conservation:

$$E = T + U = \frac{1}{2}m\dot{x}^2 + \frac{1}{2}kx^2$$

$$= \frac{1}{2}ma^2\omega_0^2, [\text{constant}]$$
7

# Damped 1D oscillation, and Complex representation

- when there is damping (friction, resistence, etc)  $F_{\mathrm{fric}} = -\beta \dot{x}$ , the EOM becomes:

$$\ddot{x}+2\gamma\dot{x}+\omega_0^2x=0,$$
 where 
$$2\gamma=\frac{\beta}{m}, \omega_0=\sqrt{\frac{k}{m}}$$
  $8$ 

with ansatz  $x(t)=e^{rt}, \dot{x}=re^{rt}, \ddot{x}=r^2e^{rt},$  the solution to Equation 8 is:

$$\begin{split} r^2+2\gamma r+\omega_0^2&=0,\\ \text{which has solution } r_+,r_-&=-\gamma\pm\sqrt{\gamma^2-\omega_0^2} \quad 9\\ \Rightarrow x(t)&=C_1e^{r_+t}+C_2e^{r_-t}, \end{split}$$

notice the r subscripts here:  $r_+, r_-$ 

# underdamped, overdamped, and critically damped

Recall from your ODE class...

Equation 9 has the following 3 cases, each with different physical interpretation:

1. underdamped:

$$\gamma < \omega_0 \Rightarrow 2 \text{ complex roots:} \begin{cases} r_{\pm} = -\gamma \pm i \sqrt{\omega_0^2 - \gamma^2} \\ = -\gamma \pm i \omega & 10 \\ \omega = \sqrt{\omega_0^2 - \gamma^2} \end{cases}$$

The EOM is thus a linear combination of two complex expoentials:

$$\begin{split} x(t) &= e^{-\gamma t} \big( C_1 e^{i\omega t} + C_2 e^{-i\omega t} \big) \\ &= e^{-\gamma t} \big( A \cos(\omega t) + B \sin(\omega t) \big) \\ &- \text{where} \begin{cases} A &= C_1 + C_2 \\ B &= i (C_1 - C_2) \end{cases} \end{aligned} \qquad 11 \\ &= a e^{-\gamma t} \cos(\omega t + \alpha) \\ a, \alpha \text{ are constants} \end{split}$$

"The solution is a damped oscillation with frequency  $\omega$ , and amplitude expoentially decaying with time."

2. Overdameped

$$\begin{array}{c} \gamma>\omega\Rightarrow x(t)=\\ c_1e^{-\gamma+\sqrt{\gamma^2-\omega^2}t}+c_2e^{-\gamma-\sqrt{\gamma^2-\omega^2}t} \end{array}$$
 12

when 
$$\gamma \gg \omega_0$$
,  $\Rightarrow \begin{cases} \gamma + \sqrt{\gamma^2 - \omega_0^2} \approx 2\gamma \\ \gamma - \sqrt{\gamma^2 - \omega^2} = \frac{\omega^2}{2\gamma} \end{cases}$  13
$$x(t) = c_1 e^{-2\gamma t} + c_2 e^{(-\omega_0^2/2\gamma)t}$$

3. Critically damped

### Forced Oscillations

When external force (F) is applied to the system, the largrangian becomes

$$L = \frac{1}{2}m\dot{x}^2 - \frac{1}{2}kx^2 + F(t)x$$
 EL  $\Rightarrow \ddot{x} + \omega_0^2 x = \frac{F(t)}{m}$ , where  $\omega_0 = \sqrt{\frac{k}{m}}$ 

· Example: Simple pendulum with moving pivot

$$\begin{cases} x = X + l\sin\varphi \\ y = l\cos\varphi \end{cases} \Rightarrow \begin{cases} \dot{x} = \dot{X} + l\dot{\varphi}\cos\varphi \\ \dot{y} = -l\dot{\varphi}\sin\varphi \end{cases}$$
 
$$\Rightarrow L = T - U$$

$$L = \frac{1}{2}ml^2\dot{\varphi}^2 - mgl(1 - \cos\varphi) - ml\ddot{X}\sin\varphi$$

Expand ab. 
$$\varphi = 0 \Rightarrow L = \frac{1}{2}ml^2\dot{\varphi}^2 - \frac{1}{2}mgl\varphi^2 - ml\ddot{X}\varphi$$

EL 
$$\Rightarrow$$
  $\ddot{\varphi} + \omega_0^2 \varphi = -\frac{\ddot{X}}{l}$  ,  
where  $\omega_0 = \sqrt{\frac{g}{l}}$ 

#### reintroducing damping via external forcing

$$\ddot{x} + 2\gamma \dot{x} + \omega_0^2 x = f(t), f(t) = \frac{F(t)}{m}$$
 1.

When damping  $f(t) = f_0 \cos(\Omega t)$ , solution via complex number:

$$\begin{split} \ddot{z}+2\gamma\dot{z}+\omega_0^2&=f_0e^{i\Omega t}\\ \text{ansatz }z(t)=z_0e^{i\Omega t}\Rightarrow z_0&=\frac{f_0}{\omega_0^2+2i\gamma\Omega+\Omega_0^2} \end{split}$$

$$z_0 = a(\Omega)\cos(\Omega t + \delta(\Omega))f_0$$
 is a particular solution where

$$\begin{cases} a(\Omega) = \frac{1}{\sqrt{(\omega_0^2 - \Omega^2)^2 + (2\gamma\Omega)^2}} \\ \delta(\Omega) = \arctan\left(2\gamma \frac{\Omega}{\omega_0^2 - \Omega^2}\right) \end{cases}$$

We can study the properties of the system by looking at the amplitude and phase of the solution.

• Amplitude:

$$a_{(\Omega)} = \frac{1}{\sqrt{\left(\omega_0^2 - \Omega^2\right)^2 + \left(2\gamma\Omega\right)^2}}$$
 20

, when  $\gamma\ll\omega_0$  , response strongest and amplitude largest when  $\omega_r=\omega_0.$ 





- Phase lag:  $\tan \delta(\Omega) = 2\gamma \frac{\Omega}{\Omega^2 \omega_0^2}$ in phase as  $\Omega \to 0$ , and out of phase as  $\Omega \to \omega_0$ .
- · Genral solution to sinusoidal forcing:

$$\begin{split} x(t) &= a(\Omega) f_0 \cos(\Omega t + \delta(\Omega)) + a_0 e^{-\gamma t} \cos(\omega t + \alpha) \\ &\stackrel{t>\frac{1}{r}}{\rightarrow} a(\Omega) f_0 \cos(\Omega t + \delta(\Omega)) \end{split}$$

Forgets initial condition after time.

• Power obsorbed by oscillation

$$p = F\dot{x} = mf\dot{x}$$

Avg power of oscillation

$$\begin{split} P_{\rm avg} &= \frac{1}{T} \int_0^T m f \dot{x} \, \mathrm{d}t = -\frac{1}{2} m f_0 a(\Omega) \Omega \sin \delta(\Omega) \\ &\text{simplifies to } P_{\rm avg}(\Omega) = \gamma m f_0^2 \Omega^2 a_{(\Omega)}^2 \end{split}$$

Absorption around resonance frequency  $\Omega=\omega_0+\varepsilon$  is maximum:

$$P = \frac{\gamma m f_0^2}{4(\varepsilon^2 + \gamma^2)} \approx \frac{m f_0^2}{4\gamma}$$
 23

#### Oscillations DOF>1

For a system with n DOF:  $q=(q_1,q_2,...,q_n),$  PE=U(q) • Stable equilibrium  $\frac{\partial U(q)}{\partial q_i}|_{q=0}$ 

Example: Oscillation with 2 mass and 3 springs

$$L = \frac{1}{2}m\dot{x_1} + \frac{1}{2}m\dot{x_2} - \frac{1}{2}kx_1^2$$
$$-\frac{1}{2}kx_2^2 - \frac{1}{2}k'(x_1 - x_2)^2$$

EOM:

$$M \cdot \ddot{\vec{x}} = -K\vec{x}$$
, where  $M = \begin{pmatrix} m & 0 \\ 0 & m \end{pmatrix}$ , 
$$\vec{x} = \begin{pmatrix} x_1 \\ x_2 \end{pmatrix}, K = \begin{pmatrix} k+k' & -k' \\ -k' & k+k' \end{pmatrix}$$
 24

ansatz:  $\vec{x}=\mathrm{Re}[\vec{a}e^{i\omega t}]$  Then the EOM eq becomes solving the eigenvalue problem:

$$\begin{split} \det(\omega^2 M - K) &= 0 \\ \Rightarrow \begin{cases} \omega_-^2 &= \frac{k}{m} \\ \omega_+^2 &= \frac{k+2k'}{m} \end{cases} \overrightarrow{x_+} &= a_- \binom{1}{1} \cos(\omega_- t + \delta_-) \\ \overrightarrow{x_+} &= a_+ \binom{1}{-1} \cos(\omega_+ t + \delta_+) \end{cases}$$

with constants  $a_-, a_+, \delta_-, \delta_+$ .

#### New Coords

$$\begin{cases} Q_1 = \sqrt{\frac{m}{2}}(x_1 + x_2) \\ Q_2 = \sqrt{\frac{m}{2}}(x_1 - x_2) \end{cases}$$
 
$$\Rightarrow L = \frac{1}{2} \left( \dot{Q_1}^2 + \dot{Q_2}^2 \right) - \frac{1}{2} (\omega_-^2 Q_1^2 + \omega_+^2 Q_2^2)$$
 
$$\stackrel{\text{E-L}}{\Rightarrow} \ddot{Q_1} = -\omega_-^2 Q_1, \ddot{Q_2} = -\omega_+^2 Q_2$$

Decoupled oscillators with coords  $Q_1, Q_2$ .

#### General Coords

for general coords  $q_i$ , let  $x_i = q_i - q_i^{(0)}$ 

$$\begin{split} U &= \frac{1}{2} \sum_{i,j} k_{ij} x_i x_j, \quad k_{ij} = k_{ji} = \frac{\partial^2 U(q)}{\partial q_i \partial q_j} \text{ symm mat} \\ T &= \frac{1}{2} \sum_{i,j} m_{ij} \dot{x}_i \dot{x}_j, \quad m_{ij} = m_{ji} = a_{ij} \big( q^{(0)} \big) \end{split}$$

the largrangian, in Matix form

$$L = \frac{1}{2} \dot{\vec{x}}^T \cdot M \cdot \dot{\vec{x}} - \frac{1}{2} \vec{x}^T \cdot K \vec{x} \overset{\mathrm{EL}}{\Longrightarrow} (\omega^2 M - K) \cdot \vec{a} = 2\mathbf{8}$$

 $\Rightarrow \det(\omega^2 M - K) = 0$  Solving the det for omega gives the normal freq (Eigenvalues)of system  $\omega_{\alpha}^2$  . plug in Evalue into Equation 28 for eigenvec(normal modes)  $\overrightarrow{a^{\alpha}}$  of system.

· General motion

$$x_i(t) = \sum_{\alpha} a_i^{\alpha} \mathrm{Re} \big[ C_{\alpha} e^{i \omega_{\alpha} t} \big]$$
 29

· EXAMPLE: Normal freq is given

$$\begin{split} \omega &= \left\{0, \sqrt{2}\omega_0, \sqrt{3}\omega_0\right\}.\\ \omega &= \sqrt{2}\omega_0 \Rightarrow a_1 = -a_3 = -a_2 = ae^{i\delta} \Rightarrow\\ \vec{\theta} &= a(1 \ -1 \ -1)^T \cos\left(\sqrt{2}\omega_0 t + \delta\right) \\ \omega &= \sqrt{3}\omega_0 \Rightarrow a_1 = 0, a_2 = -a_3 = ae^{i\delta} \Rightarrow\\ \vec{\theta} &= a(0 \ 1 \ -1)^T \cos\left(\sqrt{3}\omega_0 t + \delta\right) \end{split}$$

· EXAMPLE: double pendulum

$$\begin{cases} x_1 = l_1 \sin \varphi_1 & y_1 = -l_1 \cos \varphi_1 \\ x_2 = l_1 \sin \varphi_1 + l_2 \sin \varphi_2 & y_2 = l_1 \cos \varphi_1 + l_2 \cos \varphi_2 \end{cases}$$
 
$$\Rightarrow T = \frac{1}{2} m_1 l_1 \dot{\varphi}^2 + \frac{1}{2} m_2 (l_1^2 \dot{\varphi}_1^2 + l_2^2 \dot{\varphi}_2^2 + 2 l_1 l_2 \dot{\varphi}_1 \dot{\varphi}_2 \cos(\varphi_1 - \varphi_2))$$
 
$$32$$
 
$$U = -m_1 g l_1 \cos \varphi_1 - m_2 g (l_1 \cos \varphi_1 + l_2 \cos \varphi_2)$$

using  $\cos \varphi \approx 1 - \frac{\varphi^2}{2}$ 

$$\begin{split} L &= \frac{1}{2} (\dot{\varphi_1} \ \ \dot{\varphi_2}) \begin{pmatrix} (m_1 + m_2) l_1^2 \ m_2 l_1 l_2 \\ m_2 l_1 l_2 \ \ m_2 l_2^2 \end{pmatrix} (\dot{\varphi_1} \ \ \dot{\varphi_2}) \\ &- \frac{1}{2} (\varphi_1 \ \ \varphi_2) \begin{pmatrix} (m_1 + m_2) l_1 g \ \ 0 \\ 0 \ \ \ m_2 g l_2 \end{pmatrix} (\varphi_1 \ \ \varphi_2)^{33} \\ &= \frac{1}{2} \dot{\varphi}^T M \cdot \dot{\varphi} - \frac{1}{2} \vec{\varphi}^T K \vec{\varphi} \end{split}$$

$$=\frac{1}{2}\dot{\bar{\varphi}}^TM\cdot\dot{\bar{\varphi}}-\frac{1}{2}\vec{\varphi}^TK\vec{\varphi}$$
 When  $m_1=m_2=m,\quad l_1=l_2=l\Rightarrow\quad M=ml^2\binom{2}{1},\quad K=mgl\binom{2}{0},\quad 0$  
$$\det((\omega^2M-K))=0\Rightarrow\omega^2=\left(2\pm\sqrt{2}\omega_0^2\right)$$
 
$$\binom{a_1^-}{a_2^-}=C_-\binom{1}{\sqrt{2}},\quad \binom{a_1^+}{a_2^+}=C_+\binom{1}{-\sqrt{2}}$$
 34

$$\begin{split} & \textbf{Normal Coords} \\ & \{x_i\} = \{Q_\alpha\}, \text{where } x_i = \sum_{\alpha=1}^n A_{i\alpha} Q_\alpha \Rightarrow \\ & \sum_j \! \left(\omega_\alpha^2 m_{ij} - k_{ij} A_{jx}\right) = 0 \\ & \Rightarrow L = \frac{1}{2} \sum_{\alpha=1}^n \! \left(\dot{Q}^2_{\ \alpha} - \omega_\alpha^2 Q_\alpha^2\right) \stackrel{\text{EL}}{\Longrightarrow} \ddot{Q}_\alpha + \omega_\alpha^2 Q_\alpha = 0 \end{split}$$

# Motion of Rigid Body

· EXample: rotor

rotation with constraint  $|\vec{r}_i - \vec{r}_i|$  .COM coords are useful

$$\begin{cases} \vec{r} = \vec{r_1} - \vec{r_2} \\ \vec{R} = \frac{m_1 \vec{r_1} + m_2 \vec{r_2}}{m_1 + m_2} \Rightarrow \begin{cases} \vec{r_1} = \vec{R} + m_2 \vec{r} / M \\ \vec{r_2} = \vec{R} - m_1 \vec{r} / M \end{cases}$$
 3

$$L = \frac{1}{2}M\dot{\vec{R}}^2 + \mu\dot{\vec{r}}^2, \quad \mu = m_1 \frac{m_2}{m_1 + m_2}$$

$$\stackrel{\text{polar}}{\Longrightarrow} L = \frac{1}{2}M\dot{\vec{R}}^2 + \frac{1}{2}\mu a^2 (\dot{\theta}^2 + \dot{\varphi}^2 \sin^2 \theta)$$
36

#### frames of reference



 $(XYZ) \stackrel{R(\theta,\varphi,\psi)}{\Longrightarrow}$  $(x_1, x_2, x_3)$ 

Velocity of pt in body:  $\vec{v} = \vec{V} + \vec{\Omega} \times \vec{r}$ , where V is Translational vel, Omega is angular vel, r is position vector.

# Largrangian for Rigid Body

$$T = \frac{1}{2}MV^2 + \frac{1}{2}\sum_a m_a \left[\Omega^2 r_a^2 - \left(\vec{\Omega}\right)\vec{r_a}\right)^2)] \qquad \qquad 37$$

Ttranslational + Trotational

consider rotation,

$$\begin{split} \Omega^2 &= \sum_i \Omega_i^2, \quad \vec{\Omega} \cdot \vec{r_a} = \sum_i \Omega_i x_{a,i} \\ \Rightarrow T_{\rm rot} &= \frac{1}{2} \sum_{\rm i,j} \Omega_i \Omega_j I_{\rm i,j}. \quad I_{ij} \equiv \sum_a m_{a(\delta_{ij} r_a^2 - x_{a,i} x_{a,j})} \\ \Rightarrow L &= \frac{1}{2} M V^2 + \frac{1}{2} \sum_{i,j} I_{i,j} \Omega_i \Omega_j - U \end{split}$$

#### **Inertial Tensor**

• Discrete

$$I = \begin{pmatrix} \sum m(y^2 + z^2) & -\sum mxy & -\sum mxz \\ -\sum mxy & \sum m(x^2 + z^2) & -\sum myz & 39 \\ -\sum mxz & -\sum myz & \sum m(x^2 + y^2) \end{pmatrix}$$

$$\begin{split} I_{ij} &= \int \rho(x) \big( \delta_{ij} r^2 - x_i x_j \big) \, \mathrm{d}V \\ I_{xx} &= \int \rho(x) \big( y^2 + z^2 \big) \, \mathrm{d}V, I_{xy} = I_{yx} = - \int \rho(x) xy \, \mathrm{d}V \\ I_{yy} &= \int \rho(x) \big( x^2 + z^2 \big) \, \mathrm{d}V, I_{yz} = I_{zy} = - \int \rho(x) yz \, \mathrm{d}V \\ I_{zz} &= \int \rho(x) \big( x^2 + y^2 \big) \, \mathrm{d}V, I_{zx} = I_{xz} = - \int \rho(x) zx \, \mathrm{d}V \end{split}$$

$$\begin{split} & \int_{\gamma \ell} = \int \left[ \int_{0}^{1} y^{2} + c^{2} \hat{z}^{2} \right] \, ds \, d\hat{y} \, d\hat{z} \\ & = ab \, c \, \int \int_{0}^{1} (b^{2} \hat{y}^{2} + c^{2} \hat{z}^{2}) \, d\hat{x} \, d\hat{y} \, d\hat{z} \\ & + c \, d\hat{y} \, d\hat{z} \end{split}$$

$$& + c \, \int_{0}^{1} \int_{0}^{1} \int_{0}^{1} \sin^{2}\theta \, d\theta \, \int_{0}^{1} \int_{0}^{1} \cos^{2}\theta \, d\theta \, d\hat{y} \, d\hat{z} \\ & + c \, \int_{0}^{1} \int_{0}^{1} \int_{0}^{1} \sin^{2}\theta \, d\theta \, \int_{0}^{1} \int_{0}^{1} \cos^{2}\theta \, d\theta \, d\hat{y} \, d\hat{z} \\ & + c \, \int_{0}^{1} \int_{0}^{1} \int_{0}^{1} \sin^{2}\theta \, d\theta \, \int_{0}^{1} \int_{0}^{1} d\hat{z} \, d\hat{z} \\ & + c \, \int_{0}^{1} \int_{0}^{1} \int_{0}^{1} \sin^{2}\theta \, d\theta \, \int_{0}^{1} \int_{0}^{1} d\hat{z} \, d\hat{z} \end{split}$$

 Example: coplanar system principal axis: Z ⇒ I<sub>13</sub> =  $I_3 = I_1 + I_2$ 

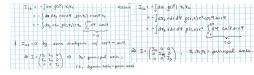
# Principle axis and principal moments of inertia In the principal frame:

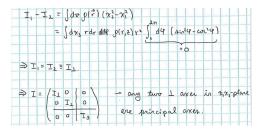
$$T_{\rm rot} = \frac{1}{2} (I_1 \Omega_1^2 + I_2 \Omega_2^2 + I_3 \Omega_3^2)$$
 41

- spherical top  $I_1 = I_2 = I_3$
- Symmetric top  $I_1 = I_2 \neq I_3$
- Asymmetric top  $I_1 \neq I_2 \neq I_3$
- · EXample:

$$\det(I - \lambda \mathbf{1}) = 0 \Rightarrow \lambda$$
 prncp. mom.  
 $\vec{v} = \text{eigenvec.} = \text{prncp. axis}$ 

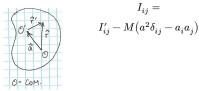
• EXample: continuous with axis of symmetry  $\rho(\vec{r}) = \rho =$  $(r, x_3) \Rightarrow I_{ij} = \int \rho(\vec{r}) (r^2 \delta - x_i x_j) dV$ 





#### Parallel axis theorem

when changing Origin diff. from COM(O),



For a cube, when finding I at corner, first find I at COM, and

$$I'_{xx} = I_{xx} + M(b^2 + c^2) = \frac{4}{3}M(b^2) + c^2$$

$$I'_{yy} = I_{yy} + M(a^2 + c^2) = \frac{4}{3}M(a^2 + c^2)$$

$$43$$

$$I'_{zz} = I_{zz} + M(a^2 + b^2) = \frac{4}{3}M(a^2 + b^2)$$

### Appendix

1. Taylor expansion:

$$f(x)|_{0} \approx f(a) + f'(a)(x-a) + f''(a)\frac{(x-a)^{2}}{2}44$$

2. small angle approximation:

$$\sin(\theta) \approx \theta \quad \cos(\theta) \approx 1 - \frac{\theta^2}{2}$$
 45