

Equation of Motion:
Lagrangian, Principle of Least Action, and E-L Equation

Larangian:

- Under the constraint of
1)Space and time are homogenous, 2)time is isotropic, the Larangian for a system is given as

L = T - U(r), where {
T = sum_{a=1}^N 1/2 m_a q_a^2 sum of KE
U: potential energy

E-L equation

For a given functional,

S = integral_{t_1}^{t_2} L(q, q-dot, t) dt

we could optimize it using the Euler-Lagrange equation,

d/dt (dL/dq-dot) - dL/dq = 0

where each EL equation and its solution corresponds to a degree of freedom.
Upon applying the El equation to a generalized lagrangian, we reveal Newton's second law

d/dt (d(1/2 m v^2 - U(r))/dv) = d(1/2 m q-dot^2 - U(r))/dr
=> m v-dot = -dU/dq = F-dot(force)

coordinate transformation:

- In cartesian coordinates, L = 1/2 m (x-dot^2 + y-dot^2 + z-dot^2) - U
In cylindrical coordinates, L = 1/2 m (r-dot^2 + r^2 theta-dot^2 + z-dot^2) - U
In spherical coordinates, L = 1/2 m (r-dot^2 + r^2 theta-dot^2 + r^2 sin^2(theta) phi-dot^2) - U
- Note that when taking partial differentiations, we treat each variable and its derivative as two independent variables. Don't ask why... We are doing physics here

Conservation Laws:
Energy, Momentum, COM, and Angular Momentum

Energy:

- Energy is defined as the following, and when the Lagrangian is homogeneity time, the energy is conserved.

E = sum_i q_i dL/dq_i-dot - L

considering L = T - U, we have E = T + U

- Total energy is also given as

E = 1/2 mu V^2 + E_i

where E_i is internal energy, and mu being the total mass

General momentum:

conservation of general momentum is from the following conservation

dL/dq_j = 0 => p_j = dL/dq_j-dot

where q_j is a cyclic coordinate, i.e. L is independent of q_j

Total momentum

total momentum is defined as the following, and considering the homogeneity of space, the momentum is conserved in a closed system.
If the total momentum of a mechanical system in a given frame of reference is 0, then the said system is at rest relative to that frame. For simplicity's sake, we want to chose our frame of reference in which the total momentum is zero.

P = sum_a dL/dq_a-dot = sum_a m_a v_a

force is also given by F_j = dL/dq_j

sum of all forces in a closed system is 0

Center of Mass

- Center of mass is defined so that, the velocity of the system as a whole, V = P/(sum m_a) is the time derivative of the center of mass. R = sum_a m_a r_a / (sum m_a).

Conservation of angular momentum

Angular momentum caracterizes the rotation of the system, and considering the isotropy of space, the angular momentum is conserved in a closed system.

L-dot = sum_a r_a x p_a is conserved in a closed system

- Angular momentum can be found by differentiating the lagrangian with respect to angular velocity, along the rotation axis z:

L_z = dL/dphi_a-dot

Integration of the equations of motion: Connetcting Energy with motion

Motion in 1 dimension

- For a system with DOF=1, and with dL/dv = 0 (lagrangian independent of time, i.e. energy conserved), we can write the lagrangian and total energy as

L = 1/2 m x-dot^2 - U(x),

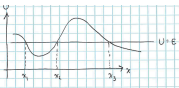
E = 1/2 m x-dot^2 + U(x)

Equation 12 is a differential equation of position and time. Solving this ODE for time gives:

t = sqrt(m/2) integral dx / sqrt(E - U(x)) + C

when given U(x), and by plugging it into Equation 12, we can solve for x(t) by substitution. Tricks on sub: when U(x) is of order 1, use u-sub; when it's of order 2, use trig-sub.

Turning points



For a given potential function U(x), the turning points are the points where the potential energy is equal to the total energy, i.e. U(x) = E. At turning points, the system is either just about to move, or just about to stop.
Only motion where potential is less or equal to total energy is allowed.

Bounded motion: [x1, x2]; unbounded motion: x > x3

Unbounded Motion:

When there is a potential well, the system could go into periodic motion with potential energy moving back and forth in the well, and position between x1, x2. We find period by doubling Equation 12:

T(E) = sqrt(2m) integral_{x1(E)}^{x2(E)} dx / sqrt(E - U(x))

where we represent x1(E), x2(E) in terms of E.
When given U(x), we can solve for x1(E), x2(E), and then plugging in to Equation 14, we can solve for period by integration via subsitution.
Simple Pendulum in polar coord's has the following:

T = 1/2 m l^2 theta-dot^2
U = mgl(1 - cos(theta))

It's period is given by Equation 14. Solving it gives us

T(E) = 4 sqrt(l/g) integral_0^{pi/2} du / sqrt(1 - k^2 sin^2(u))

where k = sin(theta_0/2), sin u = 1/k sin(theta_0/2)

Equation 16 can be simplified by small angle approx into

T(E) = 2pi sqrt(l/g) (1 + (theta_0^2/16))

Effective DOF=1 system

When the lagrangian is of the form L = f(x) - g(x), we can see it as a system with effective potential U_eff(x) = g(x), and effective kenetic energy T_eff(x) = f(x). The effective energy is therefore E = T_eff + U_eff.

Two body problem

Problem setup

- The two body problem considers two interacting masses with an interacting potential U(r1, r2) = U(|r1 - r2|). The lagrangian is given by

L = 1/2 m1 r1-dot^2 + 1/2 m2 r2-dot^2 - U(|r1 - r2|)

.

COM and reletive coordinates, DOF= 6 -> DOF = 2

- Consider the following handy substitution,

Reduced mass mu = (m1 m2)/(m1 + m2) = m1 m2 / M;
Center of mass R = (m1 r1 + m2 r2)/(M);
relative positon r = r1 - r2

- Putting the two body system into relative coordinates, and represent masses with reduced mass and COM, we have the following lagrangian:

L = 1/2 M R-dot^2 + 1/2 mu r-dot^2 - U(r)

where the first term involves only the COM motion, and the second term involves only the relative motion.

- By choosing our frame with the COM at rest and the total momentum zero, our problem is simplified to an effective one body problem with DOF = 2, given by

L = 1/2 mu r-dot^2 - U(r)

Conservation of Angular Momentum

- Angular momentum is defined as L = r x mu r-dot, and is conserved here.
- Knowing r-dot . L = 0, the motion is in the plane perpendicular to L. We can use polar coordinates to describe the motion,

L = 1/2 mu (r-dot^2 + r^2 theta-dot^2) - U(r)

Using EL equation on Equation 22, we get

d/dt (dL/dtheta-dot) - dL/dtheta = 0
=> L_z = mu r^2 theta-dot = constant
(conservation of angular momentum on z-axis)

2 body problem in gravitational field

L = 1/2 m1 r1-dot^2 + 1/2 m2 r2-dot^2 - [m1 g z1 + m2 g z2 + U(r)]
= [1/2 M R-dot^2 - MgZ +] + [1/2 mu r-dot^2 - U(r)]

where Z is the vertical coordinate of the CM position, Z = (m1 z1 + m2 z2)/M

Kepler's second Law

We calculate the differential of area swept by particle in polar coordinates,

dA = 1/2 r^2 dphi
=> dA/dt = 1/2 mu L_z
L_z = 2 mu A-dot(constant)

This is the Kepler's second law, which states that the area swept by the radius in a given time is constant.

EOM for two body system

- The total energy:

E = T + U = 1/2 mu r-dot^2 + 1/2 mu r^2 phi-dot^2 + U(r)
= 1/2 mu r-dot^2 + U(r) + L_z^2 / (2 mu r^2) (Notice L_z = mu r^2 phi-dot)

solving this ODE by integration gives

t(r) = integral sqrt(2/mu) [E - U(r) - L_z^2 / (2 mu r^2)] + C

- Also from L_z = mu r^2 phi-dot, by integrating with respect to time, we get

phi(t) = L_z / mu integral dt / r^2(t) + C'

Equation 28 and Equation 26 describe the relative motion of the two body system in terms of constants {E, L_z, C, C'}

Shape of orbit

- Equation 26 skipped a step,

dr/dt = sqrt(2/mu) [E - U(r) - L_z^2 / (2 mu r^2)]

this equation, combined with our beloved

L_z = mu r^2 phi-dot => dphi = L_z / (mu r^2) dt

we get the equation of orbit:

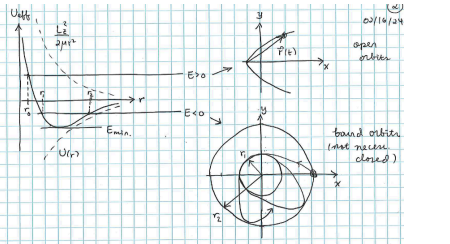
dphi = L_z / (sqrt(2 mu) r^2 sqrt(E - U(r) - L_z^2 / (2 mu r^2))) dr
=> phi = L_z / (sqrt(2 mu) integral dr / (r^2 sqrt(E - U(r) - L_z^2 / (2 mu r^2))) + C

Effective potential and shape of orbit (Only for Attractive Potential)

U_eff = U(r) + L_z^2 / (2 mu r^2); E = 1/2 mu r-dot^2 + U_eff(r)

- When r -> inf, U_eff -> U(r), and when r -> 0, U_eff -> centrifrugal potential L_z^2 / (2 mu r^2).

- by graphing the effective potential, and given constraint of total energy E, we can analyze the shape of the orbit:



- when E > 0, the orbit is unbounded, open orbit, hyperbola.
- when E < 0, the orbit is bounded into a potential well, although not necessarily closed.
- when E = E_min, the orbit is circular, F = -mu v^2 / r

The Kepler Problem: a special case of the two body problem conditions

U(r) = -alpha/r; U_eff = -alpha/r + L_z^2 / (2 mu r^2)

Conic section orbits

We can proof that the orbit is a conic section given by

r(phi) = p / (1 + e cos(phi))

where { p = L_z^2 / (mu alpha)
e = sqrt(1 + (2 E L_z^2 / (mu alpha^2)))

Classifications of orbits based on energy of system E

- When E > 0, e > 1, the orbit is unbounded, open orbit, hyperbola.

(x-c)^2/a^2 - y^2/b^2 = 1

{ a = p/(e^2-1), b = p/sqrt(e^2-1), c = ae
r_min = p/(1+e)

- when E = 0, e = 1, the orbit is parabola.

y^2 = p^2 - 2xp,
r_min = p/2

- when E < 0, e < 1, the orbit is closed, ellipse.

(x+a)^2/a^2 + y^2/b^2 = 1,

{ a = p/(1-e^2), b = p/sqrt(1-e^2), c = ae
r_min = p/(1+e); r_max = p/(1-e)

- When E = E_min, f = mu alpha^2 / (2 L_z^2), e = 0, orbit is circular. r(phi) = p = constant

More Kepler: Period, Kepler's third law

Orbit of each body

recall Equation 19, we can exrees the orbit of each body as such after some algebra:

r1 = (m2 / (m1 + m2)) r; r2 = -(m1 / (m1 + m2)) r

- when m1 = m2 => r1 = r2 = -r/2, COM inside r1 intersect r2
- when m1 >> m2 => r1 = r, r2 = 0, m1 is at rest, m2 orbits m1

Period of orbit

- L_z = 2 mu A-dot areal vel. is constant
- Integrating A over a period,

A = integral_0^T A-dot dt = L_z T / (2 mu)

Since area swept over a period is the area of the ellipse, we have

pi ab = L_z T / (2 mu), letting: b = sqrt(pa), p = L_z^2 / (mu alpha)
=> T = (2 pi a^3 / 2) sqrt(mu / alpha)

Conservation of Laplace-Runge-Lenz vector
A = v x L - (alpha r)/r is conserved, and is perpendicular to the orbit plane. We can use it to verify : conic sections, eccentricity, and period.

$$\begin{aligned} \left\{ \begin{array}{l} \vec{r} = \vec{r}_1 - \vec{r}_2 \\ \vec{R} = \frac{m_1 \vec{r}_1 + m_2 \vec{r}_2}{m_1 + m_2} \end{array} \right\} &\Rightarrow \left\{ \begin{array}{l} \vec{r}_1 = \vec{R} + m_2 \vec{r} / M \\ \vec{r}_2 = \vec{R} - m_1 \vec{r} / M \end{array} \right. \\ L = \frac{1}{2} M \dot{R}^2 + \mu \dot{r}^2, \quad \mu = m_1 \frac{m_2}{m_1 + m_2} \\ \stackrel{\text{polar}}{\Rightarrow} L = \frac{1}{2} M \dot{R}^2 + \frac{1}{2} \mu a^2 (\dot{\theta}^2 + \dot{\varphi}^2 \sin^2 \theta) \end{aligned} \quad 83$$

frames of reference

$$\begin{array}{ccc} \begin{array}{c} \text{O} \\ \text{---} \end{array} & \xrightarrow{R(\theta, \varphi, \psi)} & \begin{array}{c} \text{O} \\ \text{---} \end{array} \\ (XYZ) & \Rightarrow & (x_1, x_2, x_3) \end{array}$$

Velocity of pt in body: $\vec{v} = \vec{V} + \vec{\Omega} \times \vec{r}$, where V is Translational vel, Omega is angular vel, r is position vector.

Largrangian for Rigid Body

$$\begin{aligned} T &= \frac{1}{2} M V^2 + \frac{1}{2} \sum_a m_a [\Omega^2 r_a^2 - (\vec{\Omega} \cdot \vec{r}_a)^2] \\ &= T_{\text{translational}} + T_{\text{rotational}} \end{aligned} \quad 84$$

consider rotation,

$$\begin{aligned} \Omega^2 &= \sum_i \Omega_i^2, \quad \vec{\Omega} \cdot \vec{r}_a = \sum_i \Omega_i x_{a,i} \\ \Rightarrow T_{\text{rot}} &= \frac{1}{2} \sum_{ij} \Omega_i \Omega_j I_{ij}, \quad I_{ij} = \sum_a m_a (\delta_{ij} r_{a,2}^2 - x_{a,i} x_{a,j}) \\ \Rightarrow L &= \frac{1}{2} M V^2 + \frac{1}{2} \sum_{i,j} I_{i,j} \Omega_i \Omega_j - U \end{aligned} \quad 85$$

Inertial Tensor

• Discrete

$$I = \begin{pmatrix} \sum m(y^2 + z^2) & -\sum mxy & -\sum mxz \\ -\sum mxy & \sum m(x^2 + z^2) & -\sum myz \\ -\sum mxz & -\sum myz & \sum m(x^2 + y^2) \end{pmatrix} \quad 86$$

• Continuous

$$\begin{aligned} I_{ij} &= \int \rho(x) (\delta_{ij} r^2 - x_i x_j) dV \\ I_{xx} &= \int \rho(x) (y^2 + z^2) dV, I_{xy} = I_{yx} = - \int \rho(x) xy dV \\ I_{yy} &= \int \rho(x) (x^2 + z^2) dV, I_{yz} = I_{zy} = - \int \rho(x) yz dV \\ I_{zz} &= \int \rho(x) (x^2 + y^2) dV, I_{zx} = I_{xz} = - \int \rho(x) zx dV \end{aligned} \quad 87$$

example:

$$\begin{aligned} I_{xy} &= \int [b^2 \hat{y}^2 + c^2 \hat{z}^2] abc d\hat{x} d\hat{y} d\hat{z} \\ &= abc \int \int \int (b^2 \hat{y}^2 + c^2 \hat{z}^2) d\hat{x} d\hat{y} d\hat{z} \\ &\xrightarrow{\text{transform into spherical coord:}} \\ I_{xy} &= abc \int \int \int [b^2 r^2 \sin^2 \theta \cos^2 \phi + c^2 r^2 \cos^2 \theta] r^2 \sin \theta dr d\theta d\phi \\ &= abc \int \int \int [b^2 \sin^3 \theta \cos^2 \phi + c^2 \sin \theta \cos^3 \theta] r^4 dr d\theta d\phi \\ &= \frac{1}{5} abc r^5 [\sin^3 \theta \cos^2 \phi + \sin \theta \cos^3 \theta] \end{aligned} \quad 88$$

• Example: coplanar system principal axis: Z $\Rightarrow I_{13} = I_{23} = 0$
 $I_3 = I_1 + I_2$

Principle axis and principal moments of inertia
 In the principal frame:

$$\begin{aligned} T_{\text{rot}} &= \frac{1}{2} (I_1 \Omega_1^2 + I_2 \Omega_2^2 + I_3 \Omega_3^2) \\ &\bullet \text{ spherical top } I_1 = I_2 = I_3 \\ &\bullet \text{ Symmetric top } I_1 = I_2 \neq I_3 \\ &\bullet \text{ Asymmetric top } I_1 \neq I_2 \neq I_3 \\ &\bullet \text{ EExample:} \\ &\quad \det(I - \lambda 1) = 0 \Rightarrow \lambda \text{ prncp. mom.} \\ &\quad \vec{v} = \text{eigenvec.} = \text{prncp. axis} \end{aligned} \quad 89$$

• EExample: continuous with axis of symmetry $\rho(\vec{r}) = \rho = (r, x_3) \Rightarrow I_{ij} = \int \rho(\vec{r}) (r^2 \delta_{ij} - x_i x_j) dV$

Parallel axis theorem

when changing Origin diff. from COM(O),

$$\begin{array}{ccc} \begin{array}{c} \text{O} \\ \text{---} \end{array} & & \begin{array}{c} \text{O} \\ \text{---} \end{array} \\ \text{COM} & & \text{COM} \end{array} \quad I_{ij} = M(a^2 \delta_{ij} - a_i a_j) \quad 90$$

For a cube, when finding I at corner, first find I at COM, and

$$\begin{aligned} I'_{xx} &= I_{xx} + M(b^2 + c^2) = \frac{4}{3} M(b^2 + c^2) \\ I'_{yy} &= I_{yy} + M(a^2 + c^2) = \frac{4}{3} M(a^2 + c^2) \\ I'_{zz} &= I_{zz} + M(a^2 + b^2) = \frac{4}{3} M(a^2 + b^2) \end{aligned} \quad 91$$

$$\begin{aligned} I_{13} &= - \int dV g(r^2) x_1 x_3 \\ &= - \int dx_2 dx_3 r dr d\varphi g(r, x_3) r \cos \varphi x_3 \\ &= - \int dx_3 r dr g(r, x_3) r x_3 \underbrace{\int_0^{2\pi} d\varphi \cos \varphi}_{=0} \\ &\Rightarrow I_{23} = 0 \text{ by same analysis w/ } \cos \varphi \rightarrow \sin \varphi. \\ &\Rightarrow I = \begin{pmatrix} I_{11} & I_{12} & 0 \\ I_{21} & I_{22} & 0 \\ 0 & 0 & I_{33} \end{pmatrix} \Rightarrow x_3 = \text{principal axis;} \\ &\quad \text{i.e., symm. axis = princ. axis} \end{aligned} \quad 92$$

$$\begin{aligned} I_{12} &= - \int dV g(r^2) x_1 x_2 \\ &= - \int dx_3 r dr d\varphi g(r, z) r^2 \cos \varphi \sin \varphi \\ &= - \int dx_3 r dr d\varphi g(r, z) r^2 \underbrace{\int_0^{2\pi} d\varphi \cos \varphi \sin \varphi}_{=0} \\ &\Rightarrow I = \begin{pmatrix} I_{11} & 0 & 0 \\ 0 & I_{22} & 0 \\ 0 & 0 & I_{33} \end{pmatrix}, \quad x_1, x_2, x_3 = \text{principal axes.} \end{aligned} \quad 93$$

$$\begin{aligned} I_1 - I_2 &= \int dV g(r^2) (x_1^2 - x_2^2) \\ &= \int dx_3 r dr d\varphi g(r, z) r^2 \underbrace{\int_0^{2\pi} d\varphi (\sin^2 \varphi - \cos^2 \varphi)}_{=0} \\ &\Rightarrow I_1 = I_2 = I_{\perp}. \\ &\Rightarrow I = \begin{pmatrix} I_{\perp} & 0 & 0 \\ 0 & I_{\perp} & 0 \\ 0 & 0 & I_{\parallel} \end{pmatrix} \quad \rightarrow \text{any two } \perp \text{ axes in } x_1 x_2 \text{ plane} \\ &\quad \text{are principal axes.} \end{aligned} \quad 94$$

Angular momentum of a rigid body

\vec{L} in non-inertial frame

$$\begin{aligned} \vec{L} &= \sum m(\vec{r} \times \vec{v}) = \sum m[\vec{\Omega} r^2 - \vec{r}(\vec{\Omega} \cdot \vec{r})] \\ L_i &= \boxed{I_{ij} \Omega_j} \quad \vec{L} = I * \vec{\Omega} \end{aligned} \quad 95$$

If (x_1, x_2, x_3) are principal axis, $L_1 = I_1 \Omega_1$, $L_2 = I_2 \Omega_2$, $L_3 = I_3 \Omega_3$

Free motion of a rigid body

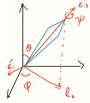
angular momentum is conserved if no external torque. Motion in inertial COM frame is simpler.

$$\begin{aligned} &\bullet \text{ ex motion of a symmetric top } I_1 = I_2 = I_3 = I, \quad \vec{I} = I \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{pmatrix} \\ &\vec{L} = I \vec{\Omega} \rightarrow \dot{\vec{L}} = 0 \Rightarrow \dot{\vec{\Omega}} = 0 \text{ Uniform rotation about fixed axis parallel to } \vec{L} \\ &\bullet \text{ ex rigid rotor } I_1 = I_2 = \sum m x_3^2, \quad I_3 = 0 \\ &\vec{L} = I \vec{\Omega}, \quad \vec{\Omega} \perp x_3 \text{ by geometry We have } \dot{\vec{\Omega}} = 0 \Rightarrow \text{Motion is unif in plane perp to } \vec{\Omega} \text{ and that it stays in that plane.} \\ &\bullet \text{ ex asymmetric top } I_1 = I_2 = I_{\perp} \neq I_3 \Rightarrow \vec{I} = \begin{pmatrix} I_{\perp} & 0 & 0 \\ 0 & I_{\perp} & 0 \\ 0 & 0 & I_3 \end{pmatrix} x_3 \text{ is symm. axis,} \\ &\quad \text{for any orthogonal axes} \end{aligned} \quad 96$$

Rigid body EOM

$$\begin{cases} \dot{\vec{p}} = \vec{F} \\ \dot{\vec{L}} = \vec{K} \text{ torque} \end{cases} \quad 97$$

Euler angles: ψ spin, θ nutation, φ precession



$(\theta \in [0, \pi], \varphi \in [0, 2\pi], \psi \in [0, 2\pi])$ in turns of rotation $R = R(\hat{z}, \varphi) R(\hat{x}, \theta) R(\hat{z}, \psi)$

The lagrangian in Euler angles

• First: $T = \frac{1}{2} (I_1 \Omega_1^2 + I_2 \Omega_2^2 + I_3 \Omega_3^2)$
 • Rotation in components:

$$\begin{aligned} \Omega_1 &= \dot{\varphi} \sin \theta \sin \psi + \dot{\theta} \cos \psi \\ \Omega_2 &= \dot{\varphi} \sin \theta \cos \psi - \dot{\theta} \sin \psi \\ \Omega_3 &= \dot{\varphi} \cos \theta + \dot{\psi} \\ \bullet T &= \frac{1}{2} I_1 (\dot{\varphi} \sin \theta \sin \psi + \dot{\theta} \cos \psi)^2 + \frac{1}{2} I_2 (\dot{\varphi} \sin \theta \cos \psi - \dot{\theta} \sin \psi)^2 + \frac{1}{2} I_3 (\dot{\varphi} \cos \theta + \dot{\psi})^2 \\ \bullet L(\theta, \varphi, \psi, \dot{\theta}, \dot{\varphi}, \dot{\psi}) &= T - U \end{aligned} \quad 98$$

Free motion of symmetric top in Euler angles

$$\begin{aligned} I_1 = I_2 = I_{\perp} \Rightarrow T &= \frac{1}{2} I_{\perp} (\dot{\theta}^2 + \dot{\varphi}^2 \sin^2 \theta) + \frac{1}{2} I_3 (\dot{\varphi} \cos \theta + \dot{\psi})^2 \\ \Omega_{\perp} &= L_{\perp} / I_{\perp}, \quad \Omega_3 = L_z \cos \theta / I_3 \quad \text{E-L-} \rightarrow \end{aligned}$$

$$\begin{aligned} \theta: \frac{d}{dt} I_{\perp} \dot{\theta} &= I_{\perp} \sin \theta \cos \theta \dot{\varphi}^2 - I_3 \dot{\varphi} \sin \theta (\dot{\varphi} \cos \theta + \dot{\psi}) \\ \varphi: \frac{d}{dt} (I_{\perp} \dot{\varphi} \sin^2 \theta + I_3 \cos \theta (\dot{\varphi} \cos \theta + \dot{\psi})) &= 0 \\ \psi: \frac{d}{dt} I_3 (\dot{\varphi} \cos \theta + \dot{\psi}) &= 0 \end{aligned} \quad 99$$

choosing \hat{z} along the angular momentum, we have $L_3 = L_z \cos \theta = I_3 \Omega_3 = I_3 (\dot{\varphi} \cos \theta + \dot{\psi})$
 $\Rightarrow L_3 = \text{const} \Rightarrow \theta = \text{const} \quad \Omega_3 = \frac{L_z \cos \theta}{I_3} \quad \dot{\varphi} = \frac{L_3}{I_1 \cos \theta} = \frac{L_z}{I_1} = \text{const}$
 • ex heavy symmetric top with one pt fixed By parrale axis thm, $I'_{ij} I_{ij} + M(l^2 \delta_{ij} - l_i l_j)$
 $\Rightarrow I'_{\perp} = I_{\perp} + M l^2, \quad I'_3 = I_3, \quad U = mgZ = Mgl \cos \theta$
 $\Rightarrow L = T - U = \frac{1}{2} I'_{\perp} (\dot{\theta}^2 + \dot{\varphi}^2 \sin^2 \theta) + \frac{1}{2} I_3 (\dot{\psi} + \dot{\varphi} \cos \theta)^2 = Mgl \cos \theta$
 E-L:

$$\begin{aligned} L_z &= p_{\varphi} = (I'_{\perp} \sin^2 \theta + I_3 \cos^2 \theta) \dot{\varphi} \quad \text{const} \\ L_3 &= p_{\psi} = I_3 (\dot{\psi} + \dot{\varphi} \cos \theta) \quad \text{const} \end{aligned} \quad 100$$

Considering energy conservation

$$E = T + U \Rightarrow \underbrace{E - \frac{L_z^2}{2I_{\perp}} - Mgl}_{E'} = \frac{1}{2} I'_{\perp} \dot{\theta}^2 + \underbrace{\frac{1}{2I'_{\perp}} \frac{(L_z - L_3 \cos \theta)^2}{\sin^2 \theta}}_{U_{\text{eff}}(\theta)} - Mgl(1 - \cos \theta) \quad 101$$

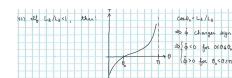
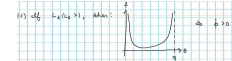
effective 1 dof problem. recognizing

$$\dot{\theta} = \frac{d\theta}{dt} \Rightarrow t = \int \frac{d\theta}{(\sqrt{2[E - U_{\text{eff}}(\theta)]/I'_{\perp}}} \quad 102$$

Considering U_eff: when $\theta = 0$, $L_z = L_3$ when $\theta \approx 0 \Rightarrow U_{\text{eff}} \approx \left(\frac{L_z^2}{8I'_{\perp}} - \frac{Mgl}{2} \right) \theta^2$

Motion about $\theta = 0$ stable if $L_z^2 > 4I'_{\perp} Mgl \Rightarrow \Omega_3^2 > 4I'_{\perp} Mgl / I_3^2$, or stable if sping ab. symm. axis is fast enough.

• Nutuaton: cosider $\dot{\varphi} = \frac{L_3}{I_1} \frac{(L_z / I_3) - (\cos \theta)}{\sin^2 \theta} = \frac{L_z}{I_1} f(\theta)$



considering the sign and trends of $f(\theta)$ given constrains on theta, we can differentiate different nutation motion. If θ_0 in graph 2 is out of range, the nutation is smooth; if θ_0 is in range, the nutation is oscillatory(will change sign and spin in spiral.); if θ_0 is on the endpoint of our constrained range, the nutation is spiky and "not smooth" at points.

Euler equations

Appendix

1. Taylor expansion:

$$f(x)|_0 \approx f(a) + f'(a)(x - a) + f''(a) \frac{(x - a)^2}{2} \quad 103$$

2. small angle approximation:

$$\sin(\theta) \approx \theta \quad \cos(\theta) \approx 1 - \frac{\theta^2}{2} \quad 104$$