Small Oscillations

• Motion near a point of stable equilibrium.

DOF= 1 (one dimension)

- For a system of DOF = 1, with potential U(q):
 - * stable equilibrium at $U(q)_{\min}$, upward parabola, where $F = -\frac{\mathrm{d}U}{\mathrm{d}q} = 0$ restoring force for small displacements $q q_0$ is $F = -\frac{\mathrm{d}U(q q_0)}{\mathrm{d}q}$
- Unstable equilibrium at $U(q)_{\max}$, downward parabola, where $F=-\frac{\mathrm{d} U}{\mathrm{d} q}=0$ as well.
- Consider small deviation from point of stable equilibrium, we use taylor expansion to show that it is really a small displacement. that is,

$$\begin{split} U &\approx U(q_0) + \frac{\mathrm{d}U(q_0)}{\mathrm{d}q}(q-q_0) + \frac{\mathrm{d}^2 U(q_0)}{2\,\mathrm{d}q^2}(q-q_0)^2 \\ &\qquad \text{while } \frac{\mathrm{d}U(q_0)}{\mathrm{d}q}(q-q_0) = 0 \end{split}$$

letting $x = q - q_0$, we have

$$\begin{cases} U(x) = U(q_0) + \left(\frac{1}{2}\right) \frac{\mathrm{d}^2 U(q_0)}{\mathrm{d}q^2} x^2 \\ \text{putting into the form of } U(x) = U(x_0) + \left(\frac{1}{2}\right) k x^2. \end{cases}$$

$$\Rightarrow \boxed{k = \frac{\mathrm{d}^2 U(q_0)}{\mathrm{d}q^2} > 0}$$

we get KE, while choosing $U(q_0) = 0$:

$$T = \frac{1}{2}a(q)^2\dot{q}^2 = \frac{1}{2}a(q_0 + x)\dot{x}^2 \approx \frac{1}{2}m\dot{x}^2, \overset{m=a(q_0)}{\Rightarrow}$$

$$L = T - U = \frac{1}{2}m\dot{x}^2 - \frac{1}{2}kx^2$$

EOM for DOF = 1 small Oscillations

using EL on Equation 3, we can get the EOM for one dimensional small Oscillations:

$$m\ddot{x}=-kx$$

$$\Rightarrow \ddot{x}+\omega_0^2x=0, \text{ where }\boxed{\omega_0=\sqrt{\frac{k}{m}} \text{ freq of osc.}}$$

by magic of ODE, EOM reduces down to:

$$x(t) = C_1 \cos(\omega_0 t) + C_2 \sin(\omega_0 t)$$
 where C_1, C_2 are constants

by trig magic, this could also be written as

$$x(t) = a\cos(\omega_0 t + \alpha),$$
 where
$$\begin{cases} a = \sqrt{C_1^2 + C_2^2} \text{ amplitude of oscillation} \\ \omega_0 & \text{frequency of oscillation} \\ \tan\alpha = C_2/C_1 \text{ phase at t=0} \end{cases}$$

energy for 1D small Oscillation

checking $\frac{\partial L}{\partial t}=0\Rightarrow$ energy-conservation:

$$E = T + U = \frac{1}{2}m\dot{x}^2 + \frac{1}{2}kx^2$$

$$= \frac{1}{2}ma^2\omega_0^2, [\text{constant}]$$
7

Damped 1D oscillation, and Complex representation

• when there is damping (friction, resistence, etc) $F_{\rm fric} = -\beta \dot{x}$, the EOM becomes:

$$\ddot{x}+2\gamma\dot{x}+\omega_0^2x=0,$$
 where
$$2\gamma=\frac{\beta}{m}, \omega_0=\sqrt{\frac{k}{m}}$$
 8

with ansatz $x(t)=e^{rt}, \dot{x}=re^{rt}, \ddot{x}=r^2e^{rt},$ the solution to Equation 8 is:

$$\begin{split} r^2+2\gamma r+\omega_0^2&=0,\\ \text{which has solution } r_+,r_-&=-\gamma\pm\sqrt{\gamma^2-\omega_0^2}\\ \Rightarrow x(t)&=C_1e^{r_+t}+C_2e^{r_-t}, \end{split}$$

notice the r subscripts here: r_+, r_-

underdamped, overdamped, and critically damped

Recall from your ODE class...

Equation 9 has the following 3 cases, each with different physical interpretation:

1. underdamped:

$$\gamma < \omega_0 \Rightarrow 2 \text{ complex roots:} \begin{cases} r_{\pm} = -\gamma \pm i \sqrt{\omega_0^2 - \gamma^2} \\ = -\gamma \pm i \omega \\ \omega = \sqrt{\omega_0^2 - \gamma^2} \end{cases}$$
 10

The EOM is thus a linear combination of two complex expoentials:

$$\begin{split} x(t) &= e^{-\gamma t} \big(C_1 e^{i\omega t} + C_2 e^{-i\omega t} \big) \\ &= e^{-\gamma t} \big(A\cos(\omega t) + B\sin(\omega t) \big) \\ &- \text{where } \begin{cases} A &= C_1 + C_2 \\ B &= i(C_1 - C_2) \end{cases} \\ &= a e^{-\gamma t} \cos(\omega t + \alpha) \\ a, \alpha \text{ are constants} \end{split}$$

"The solution is a damped oscillation with frequency ω , and amplitude expoentially decaying with time."

2. Overdameped

$$\begin{array}{l} \gamma>\omega\Rightarrow x(t)=\\ c_1e^{-\gamma+\sqrt{\gamma^2-\omega^2}t}+c_2e^{-\gamma-\sqrt{\gamma^2-\omega^2}t} \end{array}$$
 12

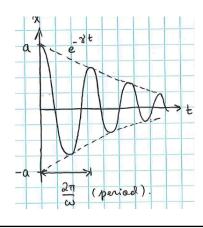
$$\text{when} \gamma \gg \omega_0, \Rightarrow \begin{cases} \gamma + \sqrt{\gamma^2 - \omega_0^2} \approx 2\gamma \\ \gamma - \sqrt{\gamma^2 - \omega^2} = \frac{\omega^2}{2\gamma} \end{cases}$$

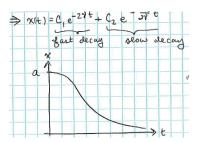
$$x(t) = c_1 e^{-2\gamma t} + c_2 e^{(-\omega_0^2/2\gamma)t}$$

$$13$$

3. Critically damped

$$\gamma = \omega_0 \Rightarrow x(t) = c_1 e^{-\gamma t} + c_2 t e^{-\gamma t} \tag{14} \label{eq:14}$$





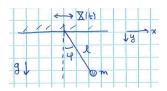
Forced Oscillations

When external force (F) is applied to the system, the largrangian becomes

$$L = \frac{1}{2}m\dot{x}^2 - \frac{1}{2}kx^2 + F(t)x$$

$$EL \Rightarrow \ddot{x} + \omega_0^2 x = \frac{F(t)}{m}, \text{ where } \omega_0 = \sqrt{\frac{k}{m}}$$
 15

• Example: Simple pendulum with moving pivot



$$\begin{cases} x = X + l \sin \varphi \\ y = l \cos \varphi \end{cases} \Rightarrow \begin{cases} \dot{x} = \dot{X} + l \dot{\varphi} \cos \varphi \\ \dot{y} = -l \dot{\varphi} \sin \varphi \end{cases} 16$$
$$\Rightarrow L = T - U$$

$$\begin{split} L &= \frac{1}{2} m l^2 \dot{\varphi}^2 - m g l (1 - \cos \varphi) - m l \ddot{X} \sin \varphi \\ \text{Expand ab. } \varphi &= 0 \Rightarrow L = \frac{1}{2} m l^2 \dot{\varphi}^2 - \frac{1}{2} m g l \varphi^2 - m l \ddot{X} \varphi \\ \text{EL} &\Rightarrow \boxed{\ddot{\varphi} + \omega_0^2 \varphi = -\frac{\ddot{X}}{l} \text{ ,where } \omega_0 = \sqrt{\frac{g}{l}} \end{split}$$

reintroducing damping via external forcing

$$\ddot{x} + 2\gamma\dot{x} + \omega_0^2 x = f(t), f(t) = \frac{F(t)}{m}$$
 18

When damping $f(t) = f_0 \cos(\Omega t)$, solution via complex number:

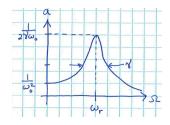
$$\begin{split} \ddot{z} + 2\gamma \dot{z} + \omega_0^2 &= f_0 e^{i\Omega t} \\ \text{ansatz } z(t) = z_0 e^{i\Omega t} \Rightarrow z_0 = \frac{f_0}{\omega_0^2 + 2i\gamma\Omega + \Omega_0^2} \\ \hline z_0 &= a(\Omega)\cos(\Omega t + \delta(\Omega))f_0 \quad \text{is a partcular solution,where} \\ \begin{cases} a(\Omega) = \frac{1}{\sqrt{(\omega_0^2 - \Omega^2)^2 + (2\gamma\Omega)^2}} \\ \delta(\Omega) &= \arctan\left(2\gamma\frac{\Omega}{\omega_0^2 - \Omega^2}\right) \end{split}$$

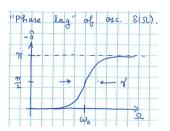
We can study the properties of the system by looking at the amplitude and phase of the solution.

• Amplitude:

$$a_{(\Omega)} = \frac{1}{\sqrt{\left(\omega_0^2 - \Omega^2\right)^2 + \left(2\gamma\Omega\right)^2}}$$
 20

, when $\gamma \ll \omega_0$, response strongest and amplitude largest when $\omega_r = \omega_0.$





- Phase lag: $\tan\delta(\Omega)=2\gamma\frac{\Omega}{\Omega^2-\omega_0^2}$ in phase as $\Omega\to0$, and out of phase as $\Omega\to\omega_0$.
- Genral solution to sinusoidal forcing:

$$\begin{split} x(t) &= a(\Omega) f_0 \cos(\Omega t + \delta(\Omega)) + a_0 e^{-\gamma t} \cos(\omega t + \alpha) \\ &\stackrel{t > \frac{1}{r}}{\to} a(\Omega) f_0 \cos(\Omega t + \delta(\Omega)) \end{split}$$

Forgets initial condition after time.

• Power obsorbed by oscillation

$$p = F\dot{x} = mf\dot{x}$$

Avg power of oscillation

$$\begin{split} P_{\rm avg} &= \frac{1}{T} \int_0^T m f \dot{x} \, \mathrm{d}t = -\frac{1}{2} m f_0 a(\Omega) \Omega \sin \delta(\Omega) \\ &\text{simplifies to } P_{\rm avg}(\Omega) = \gamma m f_0^2 \Omega^2 a_{(\Omega)}^2 \end{split}$$

Absorption around resonance frequency $\Omega = \omega_0 + \varepsilon$ is maximum:

$$P = \frac{\gamma m f_0^2}{4(\varepsilon^2 + \gamma^2)} \approx \frac{m f_0^2}{4\gamma}$$
 23

Oscillations DOF>1

For a system with n DOF: $q=(q_1,q_2,...,q_n), \text{PE}=U(q)$ • Stable equilibrium $\frac{\partial U(q)}{\partial q_i}|_{q=0}$

Example: Oscillation with 2 mass and 3 springs



$$\begin{split} L &= \tfrac{1}{2}m\dot{x_1} + \tfrac{1}{2}m\dot{x_2} - \tfrac{1}{2}kx_1^2 \\ &- \tfrac{1}{2}kx_2^2 - \tfrac{1}{2}k'(x_1 - x_2)^2 \end{split}$$

EOM:

$$M \cdot \ddot{\vec{x}} = -K\vec{x}$$
, where $M = \begin{pmatrix} m & 0 \\ 0 & m \end{pmatrix}$,
$$\vec{x} = \begin{pmatrix} x_1 \\ x_2 \end{pmatrix}, K = \begin{pmatrix} k+k' & -k' \\ -k' & k+k' \end{pmatrix}$$

ansatz: $\vec{x} = \text{Re}[\vec{a}e^{i\omega t}]$ Then the EOM eq becomes solving the eigenvalue problem:

$$\det(\omega^{2}M - K) = 0$$

$$\Rightarrow \begin{cases} \omega_{-}^{2} = \frac{k}{m} \\ \omega_{+}^{2} = \frac{k+2k'}{m} \end{cases} \overrightarrow{x_{+}} = a_{+} \binom{1}{1} \cos(\omega_{-}t + \delta_{-})$$

$$\Rightarrow \begin{cases} \omega_{+}^{2} = \frac{k}{m} \\ \overrightarrow{x_{+}} = a_{+} \binom{1}{-1} \cos(\omega_{+}t + \delta_{+}) \end{cases}$$
25

with constants $a_-, a_+, \delta_-, \delta_+$.

New Coords

$$\begin{cases} Q_1 = \sqrt{\frac{m}{2}}(x_1 + x_2) \\ Q_2 = \sqrt{\frac{m}{2}}(x_1 - x_2) \end{cases}$$

$$\Rightarrow L = \frac{1}{2} \left(\dot{Q_1}^2 + \dot{Q_2}^2 \right) - \frac{1}{2} (\omega_-^2 Q_1^2 + \omega_+^2 Q_2^2)$$

$$\stackrel{\text{E-L}}{\Rightarrow} \ddot{Q_1} = -\omega_-^2 Q_1, \ddot{Q_2} = -\omega_+^2 Q_2$$

Decoupled oscillators with coords Q_1, Q_2 .

General Coords

for general coords q_i , let $x_i = q_i - q_i^{(0)}$

$$U = \frac{1}{2} \sum_{i,j} k_{ij} x_i x_j, \quad k_{ij} = k_{ji} = \frac{\partial^2 U(q)}{\partial q_i \partial q_j} \text{ symm mat}$$

$$T = \frac{1}{2} \sum_{i,j} m_{ij} \dot{x}_i \dot{x}_j, \quad m_{ij} = m_{ji} = a_{ij} (q^{(0)})$$

the largrangian, in Matix form:

$$L = \frac{1}{2}\dot{\vec{x}}^T \cdot M \cdot \dot{\vec{x}} - \frac{1}{2}\vec{x}^T \cdot K\vec{x} \stackrel{\text{EL}}{\Longrightarrow} (\omega^2 M - K) \cdot \vec{a} = 0$$
 28

 $\Rightarrow \det(\omega^2 M - K) = 0$ Solving the det for omega gives the normal freq (Eigenvalues)of system ω_α^2 . plug in Evalue into Equation 28 for eigenvec(normal modes) $\overrightarrow{a^\alpha}$ of system.

· General motion

$$x_i(t) = \sum_{\alpha} a_i^{\alpha} \text{Re}[C_{\alpha} e^{i\omega_{\alpha} t}]$$
 29

• EXAMPLE: Normal freq is given

$$\begin{aligned} \omega &= \left\{0, \sqrt{2}\omega_0, \sqrt{3}\omega_0\right\}. \\ \omega &= \sqrt{2}\omega_0 \Rightarrow a_1 = -a_3 = -a_2 = ae^{i\delta} \Rightarrow \\ \vec{\theta} &= a(1 \ -1 \ -1)^T \cos\left(\sqrt{2}\omega_0 t + \delta\right) \\ \omega &= \sqrt{3}\omega_0 \Rightarrow a_1 = 0, a_2 = -a_3 = ae^{i\delta} \Rightarrow \\ \vec{\theta} &= a(0 \ 1 \ -1)^T \cos\left(\sqrt{3}\omega_0 t + \delta\right) \end{aligned}$$

• EXAMPLE: double pendulum

$$\begin{cases} x_1 = l_1 \sin \varphi_1 & y_1 = -l_1 \cos \varphi_1 \\ x_2 = l_1 \sin \varphi_1 + l_2 \sin \varphi_2 & y_2 = l_1 \cos \varphi_1 + l_2 \cos \varphi_2 \end{cases}$$
 31

$$\begin{split} \Rightarrow T &= \frac{1}{2} m_1 l_1 \dot{\varphi}^2 + \frac{1}{2} m_2 (l_1^2 \dot{\varphi_1}^2 + l_2^2 \dot{\varphi_2}^2 \\ &+ 2 l_1 l_2 \dot{\varphi_1} \dot{\varphi_2} \cos(\varphi_1 - \varphi_2)) \end{split}$$

$$U &= -m_1 g l_1 \cos \varphi_1 - m_2 g (l_1 \cos \varphi_1 + l_2 \cos \varphi_2) \end{split}$$
 32

using $\cos \varphi \approx 1 - \frac{\varphi^2}{2}$

$$\begin{split} L &= \frac{1}{2} (\dot{\varphi_1} \ \dot{\varphi_2}) \begin{pmatrix} (m_1 + m_2) l_1^2 \ m_2 l_1 l_2 \\ m_2 l_1 l_2 \ m_2 l_2^2 \end{pmatrix} (\dot{\varphi_1} \ \dot{\varphi_2}) \\ &- \frac{1}{2} (\varphi_1 \ \varphi_2) \begin{pmatrix} (m_1 + m_2) l_1 g & 0 \\ 0 & m_2 g l_2 \end{pmatrix} (\varphi_1 \ \varphi_2) \\ &= \frac{1}{2} \dot{\varphi}^T M \cdot \dot{\varphi} - \frac{1}{2} \vec{\varphi}^T K \vec{\varphi} \end{split}$$

When
$$m_1=m_2=m,\quad l_1=l_2=l\Rightarrow\quad M=ml^2{2 \choose 1}, K=mgl{2 \choose 0}$$

$$\det \left((\omega^2 M-K)\right)=0\Rightarrow \omega^2=\left(2\pm\sqrt{2}\omega_0^2\right)$$

$${a_1^-\choose a_2^-}=C_-{1\choose \sqrt{2}},\quad {a_1^+\choose a_2^+}=C_+{1\choose -\sqrt{2}}$$

Normal Coords

$$\begin{split} &\{x_i\} = \{Q_\alpha\}, \text{where } x_i = \sum_{\alpha=1}^n A_{i\alpha} Q_\alpha \Rightarrow \\ &\sum_j \left(\omega_\alpha^2 m_{ij} - k_{ij} A_{jx}\right) = 0 \\ &\Rightarrow L = \frac{1}{2} \sum_{\alpha=1}^n \left(\dot{Q}_{\alpha}^2 - \omega_\alpha^2 Q_\alpha^2\right) \stackrel{\text{EL}}{\Longrightarrow} \ddot{Q}_\alpha + \omega_\alpha^2 Q_\alpha = 0 \end{split}$$

Motion of Rigid Body

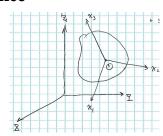
• EXample: rotor

rotation with constraint $\left| \vec{r_i} - \vec{r_j} \right|$. COM coords are useful here

$$\begin{cases} \vec{r} = \vec{r_1} - \vec{r_2} \\ \vec{R} = \frac{m_1 \vec{r_1} + m_2 \vec{r_2}}{m_1 + m_2} \Rightarrow \begin{cases} \vec{r_1} = \vec{R} + m_2 \vec{r} / M \\ \vec{r_2} = \vec{R} - m_1 \vec{r} / M \end{cases}$$
 35

$$\begin{split} L &= \frac{1}{2}M\dot{\vec{R}}^2 + \mu\dot{\vec{r}}^2, \quad \mu = m_1 \frac{m_2}{m_1 + m_2} \\ \stackrel{\text{polar}}{\Longrightarrow} L &= \frac{1}{2}M\dot{\vec{R}}^2 + \frac{1}{2}\mu a^2 \left(\dot{\theta}^2 + \dot{\varphi}^2 \sin^2\theta\right) \end{split}$$
 36

frames of reference



$$(XYZ) \stackrel{R(\theta,\varphi,\psi)}{\Longrightarrow} (x_1,x_2,x_3)$$

Velocity of pt in body: $\vec{v} = \vec{V} + \vec{\Omega} \times \vec{r}$, where V is Translational vel, Omega is angular vel, r is position vector.

Largrangian for Rigid Body

$$T=\frac{1}{2}MV^2+\frac{1}{2}\sum_a m_a \left[\Omega^2 r_a^2-\left(\vec{\Omega}\right)\vec{r_a}\right)^2)] \label{eq:T}$$
 37

Ttranslational + Trotational

consider rotation,

$$\begin{split} \Omega^2 &= \sum_i \Omega_i^2, \quad \vec{\Omega} \cdot \vec{r_a} = \sum_i \Omega_i x_{a,i} \\ \Rightarrow T_{\rm rot} &= \frac{1}{2} \sum_{\rm i,j} \Omega_i \Omega_j I_{\rm i,j}. \quad I_{ij} \equiv \sum_a m_{a(\delta_{ij} r_a^2 - x_{a,i} x_{a,j})} \end{split}$$
 38

$$\Rightarrow L = \frac{1}{2}MV^2 + \frac{1}{2}\sum_{i,j}I_{i,j}\Omega_i\Omega_j - U$$

Inertial Tensor

• Discrete

$$I = \begin{pmatrix} \sum m(y^2 + z^2) & -\sum mxy & -\sum mxz \\ -\sum mxy & \sum m(x^2 + z^2) & -\sum myz \\ -\sum mxz & -\sum myz & \sum m(x^2 + y^2) \end{pmatrix}$$
 39

• Continuous

$$\begin{split} I_{ij} &= \int \rho(x) \left(\delta_{ij} r^2 - x_i x_j \right) \mathrm{d}V \\ I_{xx} &= \int \rho(x) (y^2 + z^2) \, \mathrm{d}V, I_{xy} = I_{yx} = - \int \rho(x) xy \, \mathrm{d}V \\ I_{yy} &= \int \rho(x) (x^2 + z^2) \, \mathrm{d}V, I_{yz} = I_{zy} = - \int \rho(x) yz \, \mathrm{d}V \\ I_{zz} &= \int \rho(x) (x^2 + y^2) \, \mathrm{d}V, I_{zx} = I_{xz} = - \int \rho(x) zx \, \mathrm{d}V \end{split}$$

example:

$$\int_{XY} = \int \left[b^2 \hat{y}^2 + c^2 \hat{z}^2 \right] abc d \hat{x} d \hat{y} d \hat{z}$$

$$= abc \int \left[\left(b^2 \hat{y}^2 + c^2 \hat{z}^2 \right) \right] d \hat{x} d \hat{y} d \hat{z}$$

$$= abc \int \left[\left(b^2 \hat{y}^2 + c^2 \hat{z}^2 \right) \right] d \hat{x} d \hat{y} d \hat{z}$$

$$= cord :$$

$$\int_{XY} abc \int \left[\left(b^2 r^2 \sin^2 \theta \sin^2 \theta + c^2 r^2 \cos^2 \theta \right) \right] r^2 \sin \theta d r d \theta d \theta$$

$$= abc \int \left[\left(b^2 r^2 \sin^2 \theta \sin^2 \theta \right) \right] r^2 \sin \theta d r d \theta d \theta$$

$$= abc \int \left[\left(b^2 r^2 \sin^2 \theta \sin^2 \theta \right) \right] r^2 \sin \theta d r d \theta d \theta$$

$$= abc \int \left[\left(b^2 r^2 \sin^2 \theta \sin^2 \theta \right) \right] r^2 \sin \theta d r d \theta d \theta$$

$$= \left[\left(abc a \right) \right] r^2 \cos^2 \theta \sin^2 \theta d \theta \int_0^{\pi} r^4 d r d r$$

$$= \left[\left(abc a \right) \right] r^2 \cos^2 \theta \sin^2 \theta d \theta \int_0^{\pi} r^4 d r$$

$$= \left[\left(abc a \right) \right] r^2 \cos^2 \theta \sin^2 \theta d \theta \int_0^{\pi} r^4 d r$$

$$= \left[\left(abc a \right) \right] r^2 \cos^2 \theta \sin^2 \theta d \theta \int_0^{\pi} r^4 d r$$

- Example: coplanar system principal axis: Z \Rightarrow $I_{13}=I_{23}=0$ $I_{3}=I_{1}+I_{2}$

Principle axis and principal moments of inertia

In the principal frame:

$$T_{\text{rot}} = \frac{1}{2} (I_1 \Omega_1^2 + I_2 \Omega_2^2 + I_3 \Omega_3^2)$$
 41

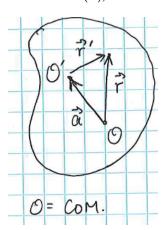
- spherical top $I_1 = I_2 = I_3$
- Symmetric top $I_1=I_2\neq I_3$
- Asymmetric top $I_1 \neq I_2 \neq I_3$
- EXample:

$$\det(I - \lambda \mathbf{1}) = 0 \Rightarrow \lambda$$
 prncp. mom.
 $\vec{v} = \text{eigenvec.} = \text{prncp. axis}$

• EXample: continuous with axis of symmetry $\rho(\vec{r})=\rho=(r,x_3)\Rightarrow I_{ij}=\int \rho(\vec{r}) \big(r^2\delta-x_ix_j\big)\,\mathrm{d}V$

Parallel axis theorem

when changing Origin diff. from COM(O),

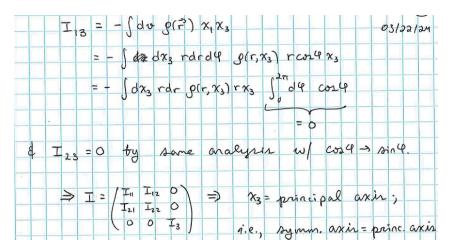


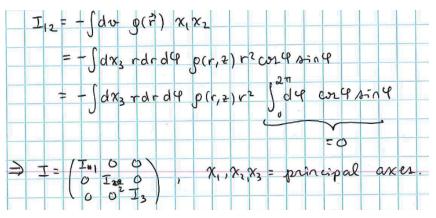
$$I_{ij} =$$

$$I'_{ij} - M \big(a^2 \delta_{ij} - a_i a_j \big)$$

For a cube, when finding I at corner, first find I at COM, and

$$\begin{split} I'_{xx} &= I_{xx} + M(b^2 + c^2) = \frac{4}{3}M(b^2) + c^2 \\ I'_{yy} &= I_{yy} + M(a^2 + c^2) = \frac{4}{3}M(a^2 + c^2) \\ I'_{zz} &= I_{zz} + M(a^2 + b^2) = \frac{4}{3}M(a^2 + b^2) \end{split} \tag{43}$$





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⇒ I,=]	[₂ =	I	L.													
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