# Summit Pro Climbing Harness

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#### 1. Introduction

Welcome to the Summit Pro Climbing Harness user manual. We are excited to introduce you to our top-of-the-line climbing harness, designed for experienced climbers who require maximum safety and comfort during their climbing adventures. Please take the time to familiarize yourself with the features and functions of the Summit Pro Climbing Harness to ensure a safe and enjoyable climbing experience. If you have any questions or concerns, please do not hesitate to contact Climb Safe customer support for assistance.

#### 1.1 Safety Precautions

- Always inspect the Summit Pro Climbing Harness for any signs of wear or damage before each use.
- Make sure that all buckles and straps are properly adjusted and securely fastened.
- Do not modify the harness in any way, as this may compromise its safety features.

#### 1.2 Product Features

The Summit Pro Climbing Harness boasts the following features:

- Adjustable leg loops to accommodate various body sizes and provide a customized fit for the user.
- Durable construction using high-quality materials to ensure long-lasting performance and reliability.
- Reinforced tie-in points for secure attachment to climbing ropes and other safety gear.

## 1.3 Getting Started

Before using the Summit Pro Climbing Harness, it is important to familiarize yourself with its components and how to properly wear and adjust it for maximum safety and comfort. The next section of this manual will guide you through the process of preparing the harness for use.

# 2. Safty Instructshons

#### 2.1. Harness Fitting

Befor you begin climb, it is importnt to ensure that your Summit Pro Climbing Harness is fited correktly. Follow these steps to make sure the harness is secure:

- 1. Put on the harness and make sure that both leg loops are adequtely tightened around your legs.
- 2. Adjust the waist belt so it fits snuggly around your waist, but not too tight.
- 3. Make sure all straps are securely fastened and there are no twists in the webbing.
- 4. Double check all buckles and adjusters for proper fit and securdness.

#### 2.2. Carabiner Attatchment

When using the Summit Pro Climbing Harness, it is very importnt to use carabiners correctly to ensure maximum safty. Follow these instructshons for proper carabiner attatchment:

- 1. Open the carabiner and insert the rope or other gear into the gate.
- 2. Close the gate completely and make sure it is locked.
- 3. Double check that the carabiner is securely attatched to the correct loops or gear loops on the harness.

## 2.3. Weight Limitations

The Summit Pro Climbing Harness is designed for experinced climbers and has a maximum weight limitation. It is importnt to check this limit before use to ensure that the harness is safe to use for your body weight.

# 2.4. Inspectshon and Maintenance

Regular inspectshon and maintenance of your Summit Pro Climbing Harness is essensiall to ensure its contineud safty and performance. Follow these steps for proper inspection and maintenance:

1. Inspect all webbing, stiching, and metal parts for any signs of wear, damage, or weaknes.

- 2. Clean the harness regularly with mild soap and water, and allow it to air dry completely before storage.
- 3. Store the harness in a cool, dry place away from direct sunlight and chemical fumes.
- 4. Replace the harness if it shows any signs of damage or if it has been involved in a fall or impact.

### 2.5. Emergency Procedures

In the event of an emergency, it is importnt to know how to use the Summit Pro Climbing Harness to ensure maximum safty. Follow these instructshons for emergency procedures:

- 1. If you need to make an emergency descent, use the belay loop and rappel device in accordance with proper rappelling techniques.
- 2. If you need to assist a fallen climber, use the harness to secure the climber and provide first aid as needed.

# 3. Assembling Your Climbing Harness

To assemble your Summit Pro Climbing Harness, follow the steps below. Please remember that the proper assembly of your climbing harness is crucial for your safety.

### 3.1 Attaching the Waistbelt

- 1. First, locate the waistbelt, which is the part of the harness that goes around your waist. It is the wider strap with the **Climb Safe** logo on it.
- 2. Carefully place the waistbelt around your waist, ensuring that the buckle is at the front and the **Climb Safe** logo is facing outward.
- 3. Insert the waistbelt end through the buckle and pull to tighten. The waistbelt should be snug, but not restrict your movement or breathing.

### 3.2 Adjusting the Leg Loops

- 1. The Summit Pro Climbing Harness features adjustable leg loops for a customized fit.
- 2. Identify the leg loops by locating the two loops that hang down from the waistbelt.
- 3. To adjust the leg loops, locate the buckles on each loop. Pull the loose end of the loop to tighten or loosen as needed.
- 4. Ensure that both leg loops are adjusted to the same length for balanced support.

## 3.3 Securing the Tie-In Points

- 1. The tie-in points are where you will attach your climbing rope. They are located at the front of the harness, near the waistbelt.
- 2. Confirm that the tie-in points are securely stitched and free from any damage before use.
- 3. When attaching your rope, ensure that it is properly threaded through both tie-in points to prevent slippage.

## 3.4 Checking Your Assembly

- 1. Once you have assembled your Summit Pro Climbing Harness, perform a visual inspection of all components.
- 2. Verify that the waistbelt, leg loops, and tie-in points are all properly secured and adjusted.
- 3. Double-check that all buckles are fastened and free from any twists or tangles.

Your Summit Pro Climbing Harness is now assembled and ready for use. Please refer to the "Safety Guidelines" section of this manual before engaging in any climbing activities.

# 4. Wearing Your Harness

#### 4.1 Before Putting on the Summit Pro Climbing Harness

Befor yor climb, check yor Summit Pro Climbing Harness for any damage or wear. Ensure all buckles are properly fastened, and straps are not tangled or twisted. Confirm that all gear loops and tie-in points are secure. It is important to visually inspect yor harness before each use

### 4.2 Putting on the Summit Pro Climbing Harness

To put on yor Summit Pro Climbing Harness, follow these steps:

- 1. Identify the waist belt, which is the largest belt with the Climb Safe logo.
- 2. Step into the harness and pull the waist belt through yor legs, making sure the Climb Safe logo is facing outward.
- 3. Fasten the waist belt buckle and pull the strap tight.
- 4. Identify the leg loops, which are the smaller loops hanging below the waist belt.
- 5. Adjust the leg loops to yor desired fit and fasten the buckles, making sure they are snug but not uncomfortable.

## 4.3 Adjusting the Summit Pro Climbing Harness

To adjust the leg loops of yor Summit Pro Climbing Harness:

- 1. Locate the adjustable leg loops, which are the small black straps attached to each leg loop.
- 2. Pull the strap to tighten or loosen the leg loops as needed.
- 3. Make sure the leg loops are adjusted equally for a balanced fit.

# 4.4 Securing Yor Gear to the Summit Pro Climbing Harness

To secure yor gear to the Summit Pro Climbing Harness:

- 1. Identify the gear loops, which are the small loops along the waist belt.
- 2. Attach yor carabiners, quickdraws, or other gear to the gear loops as needed.
- 3. Make sure all gear is securely fastened and easily accessible during yor climb.

# 5. Usagge and Maintenance

#### 5.1: Cleaning Your Summit Pro Climbing Harness

Before and after each use of your Summit Pro Climbing Harness, it is important to clean it properly to ensure maximum safety and longevity. Follow these simple steps to clean your harness:

- 1. **Remove Dirt and Debris**: Use a soft brush to gently remove any dirt, mud, or debris from the harness. Pay close attention to the loops and buckles.
- 2. **Hand Wash**: Fill a sink or tub with lukewarm water and a mild detergent. Gently hand wash the harness, paying special attention to any areas that are particularly dirty. Do not use harsh chemicals or bleach.
- 3. **Rinse Thoroughly**: After washing, rinse the harness thoroughly with clean water to remove all detergent residue.
- 4. Air Dry: Hang the harness in a well-ventilated area and allow it to air dry completely before storing it. Do not use a dryer or direct heat source.

Warning: Do not machine wash or tumble dry your Summit Pro Climbing Harness as this can damage the materials and compromise safety.

# 5.2: Inspecting Your Summit Pro Climbing Harness Regularly

Regular inspection of your Summit Pro Climbing Harness is crucial for identifying any signs of wear or damage that could affect its safety. Before each use, and at regular intervals, inspect your harness following these guidelines:

- 1. **Visual Inspection**: Visually inspect the entire harness for signs of wear, fraying, or damage. Pay special attention to the tie-in points, belay loop, and webbing straps.
- 2. **Buckle Functionality**: Test the functionality of all buckles and adjusters, ensuring they can be easily opened and closed, and that they hold securely when tightened.
- 3. **Leg Loops**: Check the leg loops for any signs of damage, including fraying or loose stitching. Ensure that the adjustable leg loops function properly.
- 4. **Stitching**: Examine all stitching on the harness for any signs of coming loose or unraveling.

If any signs of wear or damage are found during your inspection, discontinue use of the harness immediately and contact Climb Safe customer support for further assistance.

#### 5.2.1: Inspection Frequency

For the safety of the user, it is recommended to inspect the Summit Pro Climbing Harness before and after each use, as well as at least once a month, even if not in use. Regular inspections are crucial for identifying potential safety hazards.

#### 5.2.2: Storage

When not in use, it is important to store your Summit Pro Climbing Harness in a cool, dry place away from direct sunlight and moisture. Ensure that it is not stored near any sharp objects or chemicals that could cause damage to the materials.

## 6. Storage

#### 6.1 Storing your Summit Pro Climbing Harness

After each use, it is important to store your Summit Pro Climbing Harness correctly to ensure its longevity and performance. Follow the steps below for proper storage:

- 1. Clean the harness: Before storing, make sure to clean any dirt or debris from the harness using a mild soap and water solution. Allow the harness to air dry completely before storing.
- 2. **Inspect for damage**: Thoroughly inspect the harness for any signs of damage, wear, or fraying. If any issues are found, do not store the harness and seek professional inspection or repair.
- 3. **Fold and store**: Once the harness is clean and dry, fold it neatly and store it in a cool, dry place away from direct sunlight and moisture. Avoid storing the harness near any sharp objects or chemicals.
- 4. **Do not compress**: It is important not to compress or crush the harness during storage, as this can affect the integrity of the materials and construction. Store the harness in a way that allows it to maintain its shape and structure.
- 5. Avoid extreme temperatures: Store the harness in an environment with moderate temperatures, avoiding extreme heat or cold, as these can deteriorate the materials over time.
- 6. **Keep away from pets and children**: To prevent any accidental damage or entanglement, store the harness out of reach of pets and children.

### 6.2 Long-term Storage

If you plan to store your Summit Pro Climbing Harness for an extended period, follow these additional guidelines:

- Check regularly: Periodically inspect the harness for any signs of damage or deterioration, especially if it will be stored for an extended period.
- Store in a breathable bag: Consider storing the harness in a breathable bag or container to protect it from dust and debris while allowing air circulation.

- 3. **Avoid hanging**: Avoid hanging the harness for long-term storage, as this can cause unnecessary stress on the materials and components.
- 4. **Do not store damp**: Ensure the harness is completely dry before long-term storage, as any moisture remaining in the materials can lead to mold or mildew.
- 5. **Follow manufacturer recommendations**: If there are any specific recommendations or guidelines from Climb Safe for long-term storage, be sure to follow those instructions.

# 7. Troubleshooting

If you encounter any issues with your Summit Pro Climbing Harness, refer to the troubleshooting guide below for assistance.

#### 7.1: Sizing issues

If you find that the Summit Pro Climbing Harness does not fit properly, follow these steps to troubleshoot:

- Check if the waist belt is adjusted to the correct size
- Ensure that the leg loops are properly adjusted and secure
- If the harness still does not fit, contact customer support for further assistance

#### 7.2: Buckle malfunctions

If you experience issues with the buckles on the Summit Pro Climbing Harness, use the following steps to troubleshoot:

- Inspect the buckles for any dirt or debris that may be causing them to malfunction
- Ensure that the buckles are properly aligned and engaged
- If the issue persists, contact customer support for replacement parts

#### 7.3: Wear and tear

If you notice signs of wear and tear on your Summit Pro Climbing Harness, follow these troubleshooting steps:

- Check for any fraying or damage to the harness material
- Inspect the stitching for any signs of unraveling
- If the harness shows significant wear and tear, discontinue use and contact customer support for a replacement

#### 7.4: Comfort issues

If the Summit Pro Climbing Harness is causing discomfort during use, use the following troubleshooting steps:

- Adjust the leg loops and waist belt to ensure a proper fit
- Check for any pressure points or rubbing against the body

• If discomfort persists, consider consulting with a professional for further fitting assistance

#### 7.5: User error

If you are experiencing issues with the Summit Pro Climbing Harness due to user error, follow these troubleshooting steps:

- Review the user manual to ensure that the harness is being used correctly
- Seek guidance from experienced climbers or instructors for proper usage techniques
- If issues persist, consider enrolling in a climbing course for additional training

## 7.6: Malfunctioning gear

If you suspect that the Summit Pro Climbing Harness is malfunctioning due to faulty gear, use the following troubleshooting steps:

- Inspect all gear components, including carabiners and ropes, for any signs of malfunction
- Properly maintain and store all climbing gear to prevent issues during use
- If gear malfunctions persist, contact customer support for further assistance