

# ■■ Roadmap: From IHM Bengaluru to a Cook Job in Switzerland

## ■ Education (IHM Bengaluru)

- Complete B.Sc. in Hospitality & Hotel Administration or diploma.
- Specialize in Food Production (Kitchen).
- Do industrial training in top hotels (Taj, Oberoi, ITC, Marriott, Accor).
- Learn European/Continental cuisines (French, Italian, Swiss).

## ■ Language Requirement

- Switzerland has 4 official languages: German, French, Italian, Romansh.
- German → Zurich, Lucerne, Bern.
- French → Geneva, Lausanne, Montreux.
- Italian → Ticino region.
- English is essential in international hotels.
- Best: English + basic German or French.

## ■ Visa Pathways for Cooks

### A) Work Permit (Non-EU Nationals)

- Employer must sponsor work visa.
- 2–3 years' experience + job offer required.

### B) Student Route

- Study Culinary/Hotel programs in Switzerland.
- Work part-time (15–20 hrs/week) while studying.
- Apply for full-time job after studies.

## ■ Experience Required

- Entry-level cook jobs: 2 years' experience preferred.
- Chef de Partie/Sous Chef: 3–5 years' experience.
- Fresh graduates usually join via internships.

## ■ Salary in Switzerland

- Entry-level Cook: CHF 48,000–55,000/year.
- Experienced Cook: CHF 55,000–65,000/year.
- Sous Chef / Chef de Partie: CHF 65,000–80,000/year.
- Hourly wage: CHF 22–28/hr.

## ■ Accommodation & Meals

- Hotels rarely provide free housing (except seasonal resorts).
- Shared accommodation: CHF 600–900/month.
- Single apartment: CHF 1,200–2,000/month.
- Staff meal: Usually 1 free meal per shift.

## ■ Work Hours & Conditions

- Standard: 42–45 hrs/week.
- Shifts: mornings, evenings, weekends, holidays.
- Overtime paid extra or compensated with time-off.

## ■ Leave & Benefits

- Paid leave: 4 weeks/year (5 weeks if under 20).
- Public holidays: 7–15 days depending on canton.
- Sick leave: 2–3 weeks typical.
- Compulsory health insurance: CHF 250–400/month.

- Social security and pension contributions included.

■ Action Plan

1. Complete IHM Bengaluru (Food Production specialization).
2. Learn German or French basics.
3. Gain 2–3 years' experience in India (5-star hotels preferred).
4. Apply to Swiss hotels/restaurants via portals and chains.
5. Secure job offer + work permit sponsorship.
6. Move to Switzerland → Work full-time.
7. Progress to senior cook/chef positions.

■ Roadmap: IHM → English + German/French → 2–3 years' India experience → Swiss job offer → Work visa → Cook job in Switzerland → Higher roles.