Learning spoken and written French together is very effective because speaking helps fluency while writing strengthens grammar, spelling, and sentence structure. Here's a structured roadmap to start:

1. Build Basic Vocabulary

- Start with everyday words: greetings, numbers, days, months, colors, food, directions.
- Learn words in context: e.g., "Je mange du pain" (I eat bread).
- Use apps like Duolingo, Memrise, Anki for daily practice.
- Keep a vocabulary notebook and write each new word with an example sentence.

2. Learn Simple Phrases

- Focus on practical phrases for speaking and writing:
- "Bonjour" Hello
- "Comment ça va?" How are you?
- "Je m'appelle ..." My name is ...
- "Je voudrais de l'eau." I would like water
- Practice speaking aloud and writing the same sentences.

3. Listen and Speak

- Watch French videos, cartoons, movies, news with subtitles.
- Listen to podcasts or songs for pronunciation and rhythm.
- Use shadowing technique: repeat immediately what a native speaker says.
- Speak aloud daily for 10-20 minutes, even if you make mistakes.

4. Think in French

- Try to think in French, not translate from your native language.
- Describe your daily activities:
- "Je vais à l'école" I am going to school
- "Je bois du café" I am drinking coffee
- Write these thoughts as simple sentences in a notebook.

5. Practice Writing

- Start with short sentences, gradually build paragraphs.
- Keep a daily journal in French: write about your day, meals, activities.
- Use online tools like LangCorrect to get feedback from native speakers.

6. Learn Grammar Step by Step

- Start with present tense, subject-verb-object order, articles (le, la, un, une).
- Focus on essential grammar for communication:
- Verb conjugations: je parle, tu parles, il/elle parle
- Gender of nouns: le, la, les
- Gradually include past/future tenses, adjectives, pronouns.

7. Pronunciation

- Focus on difficult sounds like "r" in "Paris", nasal vowels (on, an, in).
- Use tools like Forvo, YouGlish, Elsa Speak.
- Repeat sentences aloud and record yourself to compare with natives.

8. Consistent Daily Practice

- Spend 15-30 minutes speaking and 15-30 minutes writing daily.
- Combine skills: watch a short video → write a summary → speak it aloud.
- Use language exchange apps: Tandem, HelloTalk, Speaky to practice with natives.

9. Use Reading and Listening for Writing

- Read simple French books, articles, or children's stories.
- Listen to short dialogues and write what you hear.
- Strengthens both vocabulary and sentence structure.

10. Be Patient and Track Progress

- Improvement comes gradually.
- Celebrate small wins: writing a paragraph, understanding a conversation, speaking a phrase correctly.
- Keep a notebook of sentences, phrases, and corrections.

Fig. Integrate all skills daily: 1. Listen to a 1-minute French video. 2. Write a short summary in French. 3. Speak your summary aloud. 4. Review vocabulary and grammar from it.