

GROUP COUNSELING DETAILS

(CSE4)

Issue faced - Due to the online mode of education and being locked up for more than a year, most of us are facing lack of interest in whatever we do. The sense of always being famished and uninterested in whatever we do is affecting us. Everything seems boring. Don't want to pick up new activities. It is morally depressing and exhausting. The sense of feeling low and lacking enough motivation.

1. PRATEEK BANSAL
9876706257
pbansal_be19@thapar.edu
2. Arnav Agarwal
aagarwal6_be19@thapar.edu
9958035905
3. Gurkawalbir Singh
gsingh13_be19@thapar.edu
8556956431
4. Lovish bansal
lbansal_be19@thapar.edu
9056220235
5. Bhavesh Sareen
bsareen_be19@thapar.edu
7837303852
6. Akhil nair
anair1_be19@thapar.edu
7009745971
7. Pawandeep Singh

psingh_be19@thapar.edu
7347611770

8. Jagrit Nokwal
jnokwal_be19@thapar.edu
9115875195

9. Harsh Kashyap
hkashyap_be19@thapar.edu
8051625669

10. Arsh Raina
araina_be19@thapar.edu
9682386906

11. Akshat Gupta
agupta36_be19@thapar.edu
7082926368

12. Anshul Tungaria
atungaria_be19@thapar.edu
7506984514

13. Megha Chaudhary
mchaudhary_be19@thapar.edu
+971521760724

14. Nikhil Singla
nsingla_be19@thapar.edu
7901847450
