



Fitness

Analytic Dashboard

[Home](#)[Overall](#)[Calculator](#)[Members](#)

Fitness Dashboard

Track Your Fitness Activity And Health



Orange
Theme



04:16 PM

Last Dashboard Update

Home

Overall

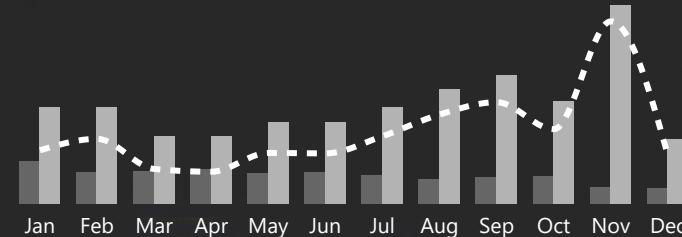
Calculator

Members



Finances

● Expenses ● Revenue ● Profit



● Revenue
4.1M

● Expenses
1.2M

● Profit
2.9M

Client Memberships

Active

Expired

Name	Status	SVG_BARCHART1
Aaron Clarke	Active	<div style="width: 76%; background-color: #ff7f0e;"></div> 76%
Adrian Becker	Active	<div style="width: 57%; background-color: #ff7f0e;"></div> 57%
Alexander Garcia	Expired	<div style="width: 100%; background-color: #ff7f0e;"></div> 100%
Anthony Lopez	Expired	<div style="width: 100%; background-color: #ff7f0e;"></div> 100%
Benjamin Gomez	Active	<div style="width: 59%; background-color: #ff7f0e;"></div> 59%
Beth Ford	Expired	<div style="width: 100%; background-color: #ff7f0e;"></div> 100%
Beth Johnson	Active	<div style="width: 97%; background-color: #ff7f0e;"></div> 97%

Memberships

● Active

● Expired



Platinum

Memberships

18

15



Gold

Memberships

15

20



Silver

Memberships

11

21

Montly Members

Max

Min



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Clients

100

Trainer

20

Revenue

4.1M

Expenses

1.2M

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Last Dashboard Update



BMI (Body Mass Index)

Underweight



13.60

Your Calorie Results

BMR (Basal Metabolic Rate) **373.50**

TDEE (Total Daily Energy Expenditure) **644.29**

Maintenance Calories **644.29**

Mild Weight Loss Calories **592.74**

Weight Loss Calories **547.64**

Extreme Weight Loss Calories **451.00**

Female

Male

Calorie Calculator

The Calorie Calculator can be used to estimate the number of calories a person needs to consume each day. This calculator can also provide some simple guidelines for gaining or losing weight.

Activity Type

Active: daily exercise or intense exercise 3... ▾

25

Select your Age

6.00

Select your Height

45.60

Select your Weight

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Clients

100

Trainer

20

Revenue

4.1M

Expenses

1.2M

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Home

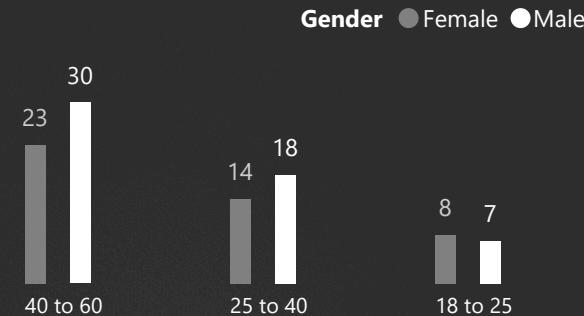
Overall

Calculator

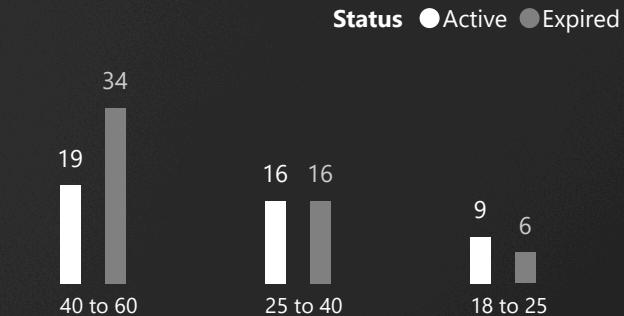
Members



Member by Age and Gender



Member by Age and Status



Member Information

Female

Male

Name	Gender	Status	Goal	BMI	Membership	Age	Trainer Name
Laura Lopez	Male	Active	Muscle Gain	26.10	<div style="width: 44%; background-color: #ff7f0e;"></div>	44%	48 James Hicks
Heather Barr	Female	Active	Muscle Gain	34.90	<div style="width: 52%; background-color: #ff7f0e;"></div>	52%	22 Nancy Williams
Natasha Wood	Male	Active	Weight Loss	22.30	<div style="width: 53%; background-color: #ff7f0e;"></div>	53%	56 Brian Trujillo
Timothy Duncan	Male	Active	Maintenance	22.20	<div style="width: 55%; background-color: #ff7f0e;"></div>	55%	40 Connie Delgado
Leslie Wells	Female	Active	Maintenance	27.90	<div style="width: 56%; background-color: #ff7f0e;"></div>	56%	33 James Hicks