

## ASSIGNMENT → 1

Ques) What are values? Are human values really important?

Ans 1) Values are basic and fundamental beliefs that guide or motivates attitudes or actions. They help us to determine what is important for us. Value in a narrow sense is that which is good desirable or worthwhile. Values are basic motive behind purposeful actions. Values specifies a relationship between a person and a goal. Values describes the personal qualities we choose to guide our action; the sort of person we want to be; the manner in which we treat ourselves and others, and our interaction with world around us. Values are essential to the ethics. It is relational in the sense that what one person values may not be what another person values may not be even in the same situation. Some values stand up well over the test of time, they are always good or right behavior. Honesty and kindness are two such example. It is difficult to imagine having a satisfying relationship without some them because they build trust in relationship.

Ques. What are the essence of Values.

Ans. Our Values are our principles, our guide. Values are our codes of internal conduct, the principle upon which we run our lives and make our decision. Our first values are given to us by our parents, and then are added to by these values given to us by our person, our teachers, the wider community. Our moral values are often sourced from our faith system. If it from these that we should select the principles which rule our lives and our behaviour. Our values often include universal principles such as trustfulness, honesty, fairness, justice, honour etc. These principles are often essential for our personal and social survival. Putting things back to front, we can often work out what values are present when we analyse either ourselves or others, for behaviour reveals choices, and choices are based upon the values. We always choose what is best for us, and best for others. We do this when we being selfless putting the good of all first, ahead of our wishes and desires. This is how social values come into existence and are known.

Ques 3 Explain about 5 instrumental values through which you can achieve your terminal values of your life.

Ans Terminal Values are those values that we think are most important or most desirable. These refer to desirable end-states of existence. The goal of a person would like to achieve during his or her lifetime.

The instrumental values are.

- ① Work → Being a worker is an instrumental value that can be had to have access to terminal values such as professional success.
- ② Perseverance → Perseverant can be had to access a terminal values as reaching high goals.
- ③ Wide Mind → In certain fields of life you can have an open mind.
- ④ Excellence → Excellence can cause it to be more successful both personally and professionally.
- ⑤ Sympathy → Friendly can be goal for many friends.

Ques 4 What is Vision of your life

Ans- Vision of my life is to live a life that has constant learning and improvement for myself and it also creates an atmosphere of kindness and learning for others. I want to earn respect for myself based on recognition of my abilities.

To be a person not willing to win at cost of another's spirit. To show kindness, care and condition for family, friends and even for strangers.

In career to be able to gain expertise in the domain. I work and urgent to be a key asset whenever I work.

To keep goals in mind while making decisions and work towards ultimate satisfaction in the life with great flexibility and benevolence.