```java
import java.util.ArrayList;
import java.util.List;

public class ArrayLInt {
    public static void main(String[] args){
        List<Integer> number = new ArrayList<Integer>();
        {
            number.add(1);
            number.add(2);
            number.add(3);
            number.add(4);
            number.add(5);
            number.add(6);
            number.add(7);

            System.out.println("numbers list" + number);

            number.add(3,15);
            System.out.println("Observe the index position 3:" +number);

            System.out.println("size of the array list " + number.size());

            System.err.println("number at 5th index is : " + number.get(5));



        };
    }
}
```