

HairCare Pro Prescription

For: Harshad

- Hyaluronic Acid: Look for shampoos, conditioners, and leave-in treatments containing hyaluronic acid. Apply from mid-length to ends of hair.
- Argan Oil: Use argan oil as a pre-wash treatment, a leave-in conditioner, or apply a few drops to dry hair for added shine.

Wash Frequency: 1-2 times per week

Tips:

- Use lukewarm water when washing your hair, as hot water can further strip natural oils.
- Gently massage your scalp while shampooing to promote blood circulation.
- Apply a deep conditioning mask 1-2 times a month to replenish moisture.
- Use a boar bristle brush to distribute natural oils from scalp to ends.
- Avoid using heat styling tools frequently, as this can lead to dryness.