

# HairCare Pro

This prescription is made for Harry

Recommended Wash Frequency: 1-2 times per week

## Ingredients:

- Hyaluronic Acid: Look for shampoos, conditioners, and leave-in treatments containing hyaluronic acid. Apply from mid-length to ends of hair.
- Argan Oil: Use a few drops of argan oil as a hair serum after styling or as a weekly deep conditioning treatment. Apply from mid-length to ends.

## Tips:

- Use lukewarm water when washing, as hot water can strip natural oils.
- Consider a boar bristle brush to help distribute natural oils from scalp to ends.
- Avoid harsh sulfates in shampoos, as they can further dry out hair.
- Deep condition weekly with a hydrating mask.