

# HairCare Pro

This prescription is made for Harry

Recommended Wash Frequency: 1-2 times per week

## Ingredients:

- Hyaluronic Acid: Look for shampoos, conditioners, or leave-in treatments containing hyaluronic acid to draw moisture to the hair.
- Argan Oil: Apply a few drops of argan oil to damp or dry hair, focusing on the ends, to add shine and combat dryness.

## Tips:

- Use a gentle, sulfate-free shampoo to avoid stripping natural oils.
- Deep condition weekly with a moisturizing hair mask.
- Minimize heat styling as much as possible.
- Use a boar bristle brush to distribute natural oils from scalp to ends.