

HairCare Pro Prescription

For: baba

- Hyaluronic Acid: Look for shampoos, conditioners, and leave-in treatments containing hyaluronic acid. Apply from mid-length to ends of hair.
- Argan Oil: Use a few drops of argan oil as a serum on damp or dry hair to enhance shine and smooth hair cuticles.

Wash Frequency: 1-2 times per week

Tips:

- Use lukewarm water when washing your hair, as hot water can further strip away natural oils.
- Consider a boar bristle brush to distribute natural oils from scalp to ends, promoting shine.
- Avoid overusing styling products that can lead to buildup and dullness.