

MAHARASHTRA MEDICAL COUNCIL, MUMBAI

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No. MMC/COVID-19/RMP's/2020/00999

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CIRCULAR

In view of the current situation regarding Covid-19 disease and its impending community transmission in India and the advisory by MOHWF (Govt. of India) & ICMR to avoid crowding in OPD's, maintain social distance and advise to elderly not to venture out from their residence, MMC (after due discussion amongst all members) is pleased to pass the following resolution.

"Resolved that RMP's would be allowed to give Telephonic Consultations and send prescriptions online to the concerned patient with undermentioned riders for the period of this emergency phase, till further notice by Govt. authorities of relaxing the advisories pertaining to COVID-19".

The RMP's would have to restrict giving online consultations and prescriptions only in following conditions.

- 1) Minor ailments.
- 2) Routine follow ups.
- 3) Only in patient whose medical history is known to RMP.
- 4) No injectable to be prescribed.
- 5) No Prescription for clinically suspected case of COVID-19.

While giving prescription the following should be strictly followed.

- The Prescription should be on letter-head of RMP with signature and details as per prescription format advised by MMC which in mentioned on MMC website. The photo of the prescription in PDF format should be sent to the patient.
- RMP should mention as header that the prescription is given on Telephonic Consultation.
- 3) RMP should note down short relevant history on letter-head.
- 4) No advice to be given in word format on any social media
- 5) RMP's can refer to any images sent by patient pertaining to their disease.
- 6) The prescription should be dated and period of medication should be prominently written.
- 7) All records should be strictly preserved as per rules by RMP's.

(Sanjay Deshmukh)

Registrar

Maharashtra Medical Council