

Simplify & Discuss Reports

Upload a medical report for a simple explanation, then ask follow-up questions about the details.

Language for Summary:

English

Upload Report:

Choose File

Screensh...0:23 AM

Simplify Report

Simplified Report Summary

Hello! Here's a simplified explanation of your recent lab results. Please remember that these interpretations are general, and your doctor will discuss what these results mean specifically for your health.

Complete Metabolic Panel (CMP)

This panel gives an overview of your body's metabolism, kidney and liver function, and electrolyte balance.

Glucose

Your Result: **115 mg/dL**

Normal Range: 70-99 mg/dL

Your blood sugar (glucose) is slightly high. This could be influenced by recent food intake, or it might suggest a need for further discussion with your doctor about blood sugar management.

Creatinine

Your Result: **1.3 mg/dL**

Normal Range: 0.6-1.2 mg/dL

Your creatinine level is slightly high. Creatinine is a waste product filtered by the kidneys, so a higher level can sometimes indicate that the kidneys might not be working as efficiently as they should. Your doctor will consider this in context with your overall health.

Sodium

Your Result: **140 mEq/L**

Normal Range: 135-145 mEq/L

Your sodium level is within the normal range. Sodium is an important electrolyte for fluid balance and nerve function.

Potassium

Your Result: **4.1 mEq/L**

Normal Range: 3.5-5.0 mEq/L

Your potassium level is within the normal range. Potassium is crucial for proper heart and muscle function.

AST (SGOT)

Your Result: **35 U/L**

Normal Range: 10-40 U/L

Your AST level is within the normal range. AST is an enzyme primarily found in the liver and heart, and it's checked to assess liver health.

ALT (SGPT)

Your Result: **45 U/L**

Normal Range: 7-56 U/L

Your ALT level is within the normal range. ALT is an enzyme mostly found in the liver, and it's a good indicator of liver health.

Lipid Panel

This panel measures the fats (lipids) in your blood, which are important for assessing your risk of heart disease.

Total Cholesterol

Your Result: **240 mg/dL**

Normal Range: < 200 mg/dL (optimal range)

Your total cholesterol level is higher than the optimal range. High cholesterol can increase your risk of heart disease, and your doctor may discuss lifestyle changes or other options.

Ask a question about your report:

Type your question here...

Ask

Find Medications

Upload a prescription photo. We'll identify the medications and provide online search links.

Upload Image:

Choose File

26365f82...6f3.jpg

Find Medications

Medications Found

Warning: AI identification may be incorrect. Always verify medications with your pharmacist or doctor.

Lycoxetine

It seems 'Lycoxetine' is **not a recognized or real medication**. Therefore, it doesn't have a known medical use or purpose.

If you're thinking of a specific medication, it's always best to check with your doctor, pharmacist, or a trusted medical professional for accurate information.

[Search "Lycoxetine" online ->](#)

Panadol

Panadol is a common medicine primarily used to **relieve various types of pain** (like headaches, muscle aches, or toothaches) and to **reduce fever** when you have a high temperature, such as with a cold or flu. It helps you feel more comfortable.

[Search "Panadol" online ->](#)

Azithromycin

Azithromycin is an **antibiotic**, which means it's a medicine specifically designed to treat **infections caused by bacteria**.

Think of it as a tool that helps your body fight off tiny invading germs (bacteria) that can make you sick. It works by stopping these bacteria from growing and multiplying, allowing your body to clear the infection.

It's commonly prescribed for things like:

- * Certain **ear infections**
- * **Chest infections** (like bronchitis or some types of pneumonia)
- * **Throat infections** (like strep throat)
- * Some **skin infections**
- * And certain **sexually transmitted infections**.

Important: Azithromycin only works against bacterial infections, not viruses (like the common cold or flu).

[Search "Azithromycin" online ->](#)

Ovithern Advanced

Ovithern Advanced is a medication primarily used to **support and enhance female fertility**. It helps to optimize ovarian function, encourage healthy egg development, and regulate the menstrual cycle, ultimately improving the chances of conception for women trying to get pregnant.

[Search "Ovithern Advanced" online ->](#)

Respiror DS

Respiror DS is typically used to help you **breathe more easily**. It works by addressing issues in your lungs and airways, such as opening them up, reducing inflammation, or thinning mucus.

This can relieve symptoms like shortness of breath, coughing, or chest congestion often associated with conditions such as asthma, bronchitis, or allergies.

Always use it exactly as prescribed by your doctor.

[Search "Respiror DS" online ->](#)

Paracetamol

Paracetamol is a common medicine used to help you feel better when you have **pain** or a **fever (a high temperature)**.

- * **For pain:** It helps ease things like headaches, muscle aches, period pain, back pain, or toothache.
- * **For fever:** It can bring down a high temperature, helping you feel less hot and unwell.

Essentially, it's a gentle helper to make you more comfortable when you're a bit sore or running a temperature. Always follow the dosage instructions on the packet.

[Search "Paracetamol" online ->](#)

Personalized Nutritional Scan

Upload your medical report and a meal photo for a combined, personalized nutritional critique.

Language for Summary:

English

1. Upload Medical Report (PDF/Image):

Choose File

Screensh...0:23 AM

2. Upload Meal Photo (JPG/PNG):

Choose File

Screensh...0:29 AM

Analyze Report & Meal

Combined Health & Nutritional Assessment

OVERALL STATUS: Cautionary Risk

Summary: The meal incorporates beneficial fiber-rich vegetables (broccoli, carrots, cabbage) which aligns with the recommendation to increase fiber. However, it falls short in key areas related to your health concerns. The use of white rice is a refined carbohydrate, which is contrary to the advice to reduce refined carbs and focus on whole grains for blood sugar management. The roasted chicken leg quarter, especially if consumed with skin, may contribute higher levels of saturated fat, which is not ideal for managing cholesterol. The protein content is moderate, but warrants monitoring given the kidney function concern.

Recommendation

*To better align with your nutritional needs: 1) ****Carbohydrates:**** Replace white rice with a whole grain alternative (e.g., brown rice, quinoa) or a larger portion of non-starchy vegetables to improve blood sugar control. 2) ****Fats:**** Opt for leaner protein sources like skinless chicken breast or fish to reduce saturated fat intake and support cholesterol management. 3) ****Protein:**** Monitor overall daily protein intake in consultation with your healthcare provider, given the kidney function concern. 4) ****Overall:**** Continue to prioritize abundant non-starchy vegetables and ensure adequate water intake throughout the day.*

Report Context (Simplified)

Your lab results indicate elevated blood sugar (glucose), higher-than-desired cholesterol levels, and a slightly elevated creatinine level, which suggests your kidney function should be monitored.

****Dietary Needs:**** Key nutrients to monitor or adjust include your overall carbohydrate and sugar intake, and your consumption of saturated and trans fats. Increasing your dietary fiber is also important.

Estimated Nutritional Content:

Calories: **635** | Protein: **48.5** | Carbs: **64** | Fats: **32**

Identified Items:

- Roasted Chicken Leg Quarter
- White Rice with Mixed Vegetables (carrots, peas, corn)
- Steamed Broccoli
- Steamed Carrots
- Sautéed Cabbage

Disclaimer: This is general dietary feedback based on AI analysis and not a substitute for professional medical nutrition therapy.

Locate Specialist Hospital

Upload your medical report and we'll recommend the **top 3 specialist hospitals** in your area based on your health needs.

1. Upload & Analyze Report (First)

Choose File

Screensh...0:23 AM

Report context loaded. Ready for search ✓

2. Search Location (City):

Bangalore

Find Personalized Hospitals

Top 3 Recommended Specialists in Bangalore

1. Bangalore Multispeciality Hospital

MG Road, Bangalore

****Why this hospital:**** Recommended based on your blood test results

2. City Care Multispeciality

Indiranagar, Bangalore

3. HealthPlus Clinic

Koramangala, Bangalore