# Samosa Recipe | How to make Punjabi Samosa

A Samosa recipe that is your popular and classic Punjabi Samosa (or Aloo Samosa) with a super flaky, crispy crust and a savory, tangy potato and green peas filling. You can also choose to air-fry or bake these samosa instead of deep frying.



**本 公 本 公 本** 4.86 from 112 votes

Prep Time	Cook Time	Total Time
45 mins	45 mins	1 hr 30 mins

Course: Snacks, Starters Cuisine: North Indian, Punjabi Diet: Vegetarian

Difficulty Level: Moderate Servings: 12 Samosa Calories: 175kcal Author: Dassana Amit

## **Ingredients**

## For making samosa pastry

- 2 cups all-purpose flour (maida), 250 grams
- 1 teaspoon carom seeds
- 1 teaspoon salt or add as required
- 6 tablespoons Ghee (clarified butter), 50 grams
- 7 to 8 tablespoons water or add as required

## For cooking potato & peas

- 3 potatoes medium-sized, 300 to 350 grams or 3 cups chopped boiled potatoes
- ½ cup green peas 180 grams, fresh can use frozen peas
- 2 cups water for steaming

## Other ingredients

- 1 tablespoon oil I used mustard oil. sunflower, canola, grapeseed oil can be used
- ½ teaspoon cumin seeds
- 1 teaspoon ginger finely chopped, or 1 inch peeled ginger
- 2 teaspoons green chillies finely chopped or 2 tsp finely chopped serrano peppers or 1 to 2 green chillies
- ½ teaspoon red chili powder or cayenne pepper
- 1 pinch asafoetida (hing) optional
- 1 to 2 teaspoons dry mango powder (amchur)
- salt as required
- 1 tablespoon coriander leaves (cilantro), chopped
- oil for deep frying as required, any neutral flavored oil

#### Whole spices to be ground

- ½ inch cinnamon
- 1 clove optional
- 3 black peppercorns
- 1 green cardamom
- ½ teaspoon cumin seeds
- ½ teaspoon fennel seeds
- 2 teaspoons coriander seeds

#### Instructions

## Making the samosa pastry dough

- 1. Take the flour, carom seeds, salt in a bowl. Mix well and add ghee.
- 2. With your fingertips rub the ghee or oil in the flour to get a breadcrumb like consistency.
- 3. The whole mixture should clump together when joined and not fall apart.
- 4. Add water in parts and knead to a firm dough.
- 5. If the dough looks dry or floury, then add 1 to 2 tablespoons more water and knead.
- 6. Cover the dough with a moistened napkin and set aside for 30 minutes.

## Making potato and peas stuffing

- 1. Steam or boil the potatoes and peas till are cooked completely. Drain them of any extra water in a colander or sieve.
- 2. Peel the boiled potatoes and chop them into small cubes
- 3. Dry roast all the whole spices mentioned in the above list until fragrant taking care not to burn them.
- 4. When the spices are warm or cool at room temperature, grind them in a dry grinder or coffee grinder to a semi-fine or fine powder.
- 5. Heat oil in a pan. add the cumin seeds and crackle them.
- 6. Add the ginger and green chillies. Sauté for a few seconds until the raw aroma of ginger goes away.
- 7. Add the steamed green peas, red chili powder, the freshly ground spice powder, dry mango powder and asafoetida.
- 8. Stir and sauté on a low heat for 1 to 2 minutes.
- 9. Add the potato cubes. Mix very well and sauté for about 2 to 3 minutes on low heat with frequent stirring.
- 10. Set aside the potato filling aside to cool at room temperature.

#### Assembling & shaping samosa

- 1. After resting the dough for 30 minutes, divide the dough in 6 equal pieces.
- 2. Take each piece and roll in your palms first to make a smooth ball.
- 3. Then roll it with a rolling pin keeping the thickness to 1 mm throughout.
- 4. Cut with a knife or a pastry cutter through the center of the rolled samosa pastry.
- 5. With a brush or with your finger tips, spread some water all over the edges.
- 6. Join the two straight ends forming a cone shape.
- 7. Press the edges so that they get sealed well.
- 8. Stuff the prepared samosa cone with the prepared potato-peas stuffing.
- 9. Pinch a part on the edge (check the video & photos). This helps the samosa to stand once it is shaped.
- 10. Press both the edges. Be sure there are no cracks.
- 11. Prepare all the samosa this way and keep covered with a moist kitchen napkin.

## **Frying Samosa**

1. Now heat oil for deep frying in a kadai or pan. Once the oil becomes hot (test by adding a small piece of dough – it should come up quickly once added to the hot oil).

- Gently slide the prepared stuffed samosa & quickly reduce the flame to low.
- 2. Turn over in between and fry until golden. Drain the fried samosa on paper towels to remove excess oil.
- 3. Fry them in batches. For frying the second batch, again increase the temperature of the oil to medium-heat. Do not overcrowd the pan while frying.
- 4. Add the samosa and then lower the flame, thereby decreasing the temperature of oil.
- 5. This way fry all the samosa in batches.

## **Serving suggestions**

- 1. Serve samosa hot or warm with coriander chutney, tamarind chutney or tomato ketchup.
- 2. They can also be served with a yogurt dip or plain raita. Another way is to serve it with chana masala (chickpea curry).
- 3. We usually pair samosa with masala chai or ginger chai.
- 4. Even bread or pav (Indian bread rolls) can be served with it.
- 5. Whatever you serve samosa with, remember to have hot masala chai with it.

#### **Notes**

## **Ingredient Swaps**

- Roasting whole spices: If you are short of time to roast and grind the whole spices, then in a small bowl, simply mix 2 teaspoons ground coriander (coriander powder), ½ teaspoon ground cumin (cumin powder), ½ teaspoon ground fennel (fennel powder) and ½ teaspoon garam masala powder. Add this prepared spice mix at the step when the green peas and remaining ground spices are added while making the stuffing mixture.
- **Dry mango powder:** Replace mango powder with 1 teaspoon lemon juice or 2 teaspoons dry pomegranate powder.
- Green peas: Simply skip if you do not have these.
- **Asafoetida:** Skip it completely if you cannot find asafoetida in your city.
- **All-purpose flour:** You can use pastry flour and even whole wheat flour. You may need to add more water when using whole wheat flour.
- **Ghee:** Replace ghee with a neutral tasting oil.

#### **Kneading Tips**

- **Use the amount of fat** as specified in the recipe to get a flaky crust.
- **Add water just enough** to help you form the dough. Do not make the dough soft like a bread or roti dough. The dough should be firm and tight.
- A soft samosa dough will make air pockets happen on the crust. Too much moisture in the dough makes the crust soft as well as gives it plenty of air pockets.

#### **Frying tips**

- Fry samosa on a low to medium-low heat. The oil should not be medium-hot or at a high temperature as this will result in having air-pockets on the crust and will leave the crust undercooked from inside.
- The oil for deep frying can be a neutral flavored oil like sunflower, safflower, canola oil or any good vegetable oil.

### **Make Ahead and Storage**

- You can shape samosa and freeze them or you can fry them until the crust becomes opaque and then freeze.
- **The fried samosa** can be kept at room temperature for some hours. If you are not able to finish them all, then store them in an air-tight container in the fridge for a couple of days.

When serving you can warm them on a skillet or in an oven until warm (at 170 degrees celsius in a preheated oven).

#### **Alternatives to Frying**

- **Air-frying:** Preheat air fryer at 180 °Celsius for 10 minutes. Brush samosa with oil and air fry at 180° Celsius till the crust is golden.
- **Baking:** Bake samosa in a preheated oven at 180° C/356° F for 30 to 35 minutes or until the crust becomes crisp and golden.

## **Nutrition**

Serving: 1samosa | Calories: 175kcal | Carbohydrates: 18g | Protein: 3g | Fat: 10g | Saturated Fat: 4g | Polyunsaturated Fat: 1g | Monounsaturated Fat: 2g | Cholesterol: 17mg | Sodium: 205mg | Potassium: 42mg | Fiber: 1g | Sugar: 1g | Vitamin A: 75IU | Vitamin B1 (Thiamine): 1mg | Vitamin B2 (Riboflavin): 1mg | Vitamin B3 (Niacin): 1mg | Vitamin B6: 1mg | Vitamin C: 3mg | Vitamin E: 1mg | Vitamin K: 2μg | Calcium: 9mg | Vitamin B9 (Folate): 42μg | Iron: 1mg | Magnesium: 8mg | Phosphorus: 30mg | Zinc: 1mg

Samosa Recipe | How to make Punjabi Samosa - https://www.vegrecipesofindia.com/samosa-recipe-punjabi-samosa/