

# World Happiness Report

Faculty Of Emerging Technologies, Sri Sri University



#### Abstract

- The World Happiness Report is a publication of the United Nations Sustainable Development Solutions Network that ranks 156 countries by how happy their citizens perceive themselves to be.
- Our nation, India ranks 139<sup>th</sup> on average, among 150+ countries from around the globe.
- Data analysis is used to study and prepare a scrutiny on what measures to be taken to improve the country's rank with respect to rest of the Earth.

## Research Background

- The report takes into account various factors such as GDP per capita, social support, healthy life expectancy, freedom to make life choices, generosity, and perceptions of corruption.
- It is a publication of data collected by the Gallup World Poll.

  Data collected consists of a variety of six different statistics,

  from GDP per capita to freedom to corruption.
- One statistic that the report collects is a Life Ladder Score. It is based on the Cantril Ladder Score (on a scale of 10).

#### Method

- Some of the factors that contribute to happiness include social support, freedom to make life choices, generosity, perceptions of corruption, and positive affect.
- India has been working on improving its rank in the World Happiness Report by focusing on improving social support and reducing corruption .
- The government has also launched several initiatives such as the National Mental Health Survey and the National Mental Health Policy to improve mental health and well-being.

#### Results

• Many factors may affect happiness, including how our needs (including the five levels identified by Maslow) are satisfied.



- At the social level, important factors include environmental Quality, Equality, Social Capital (including Trust).
- Dr. Ed Diener identifies five factors that contribute to happiness: Social Relationships, Temperament / Adaptation, Money, Society and Culture, and Positive Thinking Styles.
- India's position in the World Happiness Report has improved from 136 to 126, although it is still behind its neighboring countries such as Nepal, China, and Bangladesh.

### Conclusion

By the over investigation of India's condition in the WHR, we utilized Information examination and data analysis on ground to recognize and unravel the positioning of the country and anticipated an thought to make strides it in assist studies.

#### References

Theses / SurveyReports / Articles / ResearchGate.com



