

Lipids	Values	Level
Total Cholesterol (TC)	< 200	Ideal
	200-239	Borderline
	≥ 240	High
LDL-cholesterol (LDL-c)	< 100	Ideal
	100-129	Desirable
	130-159	Borderline
	≥ 190	Very High
HDL-cholesterol (HDL-c)	< 40	Low
	> 60	High
	< 150	Ideal
Triglycerides (TAG)	150-200	Borderline
	201-499	High
	≥ 500	Very High