

JUMPING STATEMENTS

Jump statements in JavaScript allow you to control the flow of your program by "jumping" to a different section of code. The main jump statements are:

1. break Statement:

The break statement is used to terminate a loop or switch statement.

Example (with for loop):

```
for (let i = 0; i < 5; i++) {  
    if (i === 3) {  
        break; // Exit the loop when i equals 3  
    }  
    console.log(i);  
}
```

2. continue Statement:

The continue statement is used to skip the rest of the code inside a loop for the current iteration and move to the next iteration.

Example (with for loop):

```
for (let i = 0; i < 5; i++) {  
    if (i === 3) {  
        continue; // Skip the rest of the loop body for i equals 3  
    }  
    console.log(i);  
}
```

```
}  
  
console.log(i);  
  
}
```

3. return Statement:

The return statement is used to end the execution of a function and return a value to the calling code.

Example:

```
function exampleFunction() {  
    console.log("Before return");  
    return; // Ends the function here  
    console.log("After return"); // This code won't be executed  
}  
  
exampleFunction();
```

These jump statements provide control over the flow of your program and are essential for building more complex and flexible code structures.