

WEEK 1.a:

In one of our PES lab sessions, our instructor shared an insightful perspective that really resonated with me. He explained that incorporating details about our family in a self-introduction adds layers of meaning and authenticity. For example, by mentioning my hardworking father, I not only pay tribute to his dedication but also highlight the values of perseverance and resilience that have been instilled in me.

He also pointed out that mentioning my mother—who is an effective manager and an excellent multitasker—shows how balance and leadership are integral parts of my upbringing. Furthermore, by including my younger sister, who constantly reminds me to be careful and respectful to everyone, I acknowledge the subtle yet powerful lessons in humility and empathy that shape my character.

This guidance helped me see that our family stories are not just background details; they are the foundation of who we are and what we aspire to become. It's a reminder that the qualities we inherit and the lessons we learn at home enrich our personal narratives and give our introductions a unique and heartfelt meaning.