

Glacier Peak Holistics Alternative Sensitivity and Trigger Assessment Results

Veterinarian:	N/A		Store:	Pet Minded		
Owners Name:	Young Ko			Pet Name:	Jack	
Date:	7/21/2015		DOG		Staffordshire/ILab	Male
Diet:	Kibble	Raw	Home-Cooked	Canned	Other	Unknown
Food Panel						
Items Highlighted in RED are Sensitivities & Triggers						

Proteins	Vegetables	Fruits	Grains	Additives	Misc. Items
Beef	Artichoke	Agrumi	Amaranth	Black Pepper	Bakers Yeast
Buffalo	Asparagus	Apple	Barley	Casein	Beer
Elk	Avocado ²	Apricot	Buckwheat	Ethoxyquin	Beet Pulp
Goat	Beet	Banana	Corn	Food Colorings	Brewers Yeast
Kangaroo	Bok Choy	Blackberry	Millet	Food Preservatives	Carob
Lamb	Broccoli	Blueberry	Oat	Gelatin	Cheese
Llama	Brussels Sprouts	Boysenberry	Quinoa	Aspartame	Chocolate
Pork/Ham	Cabbage	Cantalope	Rice/ White ²	Salt	Coffee
Rabbit	Carrot	Coconut ²	Rice/Brown ²	Distilled Vinegar	Cottage Cheese
Venison	Cauliflower	Cranberry	Rye	Yeast Culture	Garlic
Yak	Celery	Currant	Spelt		Gluten
Poultry	Chile Pepper	Date	Wheat	Oils	Honey
Chicken / Egg	Collard Greens	Fig	Beans,Nuts,Seeds	Canola	Malt
Duck / Egg	Cucumber	Grape	Almond ²	Cotton Seed	Molasses
Emu	Dandi Greens	Grapefruit	Black Turtle Bean	Fish ²	Nutritional Yeast
Goose	Eggplant	Honeydew	Black-eyed Pea	Krill	Parsley
Ostrich	Green Beans	Kiwi	Brazil Nut	Menhaden fish ²	Sugar
Quail/Pheasant	Green Pea/Split Pea	Lemon	Cashew	Safflower	Tapioca
Turkey	Green Pepper	Lime	Chia Seed	Salmon ²	Tea
Fish	Jicama	Mango	Dill Seed	Vegetable	Tobacco
Cod ²	Kale/ Chard	Nectarine	Fava Bean		Vanilla
Fish Meal ²	Leek	Orange	Filbert		Whey
Haddock	Lettuce	Papaya	Flax seed / Oil	Spices	Wine - Red
Herring/Anchov.	Mushroom	Peach	Garbanzo/Chickpea	Allspice	Wine - White
Mackerel	Mustard Greens	Pear	Great Northern Bean	Anise	Yogurt
Menhaden fish ²	Napa Cabbage	Pineapple	Hazelnut	Cilantro	
Pollock	Okra	Plum	Kidney Bean	Curry	Probable Concerns Boxes marked in orange indicate imbalances that may require further attention.
Salmon ²	Olive ²	Quince	Lentils	Fenugreek	
Sardine	Onion	Raspberry	Lima Bean	Hops	
Shark	Parsnip	Rhubarb	Macadamia	Mint	
Shellfish ⁴	Pimento	Strawberry	Navy Bean	Mustard	
Trout	Potato	Watermelon	Peanut / Oil	Nutmeg	
Tuna	Pumpkin / Seed		Pecan	Paprika	
Milks	Radish		Pine Nut	Rosemary	
Dairy Milk ⁵	Red Pepper		Pinto Bean	Sage	
Goat Milk ⁵	Spinach		Pistachio	Spice Mix ³	
Sheep Milk ⁵	Sprouts		Sesame Seed / Oil	Thyme	
	Squash (summer)		Soy - Lecithin ²		*Some items on this panel can be toxic for pets. Even though they may not be shown as sensitivities or triggers, we encourage you to research toxic foods for pets before feeding raw , home-cooked, or other "people" food.
	Squash (winter)		Sunflower Seed / Oil	Chondroitin	
	Swt potato/Yam		Walnut	Glucosamine	
	Tomato				
	Turnip				
	Zucchini				

² Describes the food source including oils, waters, milks

³ Cinnamon, Coriander, Ginger, Nutmeg, Turmeric

⁴ Clam, Crab, Lobster, Mussels, Oysters, Shrimp

⁵ Pasteurized



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Environmental Sensitivities and Triggers

Items Highlighted in **RED** are Sensitivities & Triggers

Noxious Energy	Enviro Chems	Insects	Weeds/ Flowers	Grasses	Trees
Electronics ⁶	Alcohol (rubbing)	Ants	Burdock	Alfalfa	Ash
	Ammonia	Bee	Dandelion	Brome	Aspen
	Asbestos	Cockroach	Dill Weed	Crabgrass	Beech
	Benzene	Flea	Dock Sorrel	Fescue	Birch
Petro Chemical	Borax	Mites	Foxtail	Goldenrod	Cedar/shavings
Acetaldehyde	Chlorine	Mosquito	Lupine	Grass mix	Cottonwood
Auto exhaust	Cleaning products	Spider	Plantain	Heather	Cypress
Chloride	Cleaning solvents	Tick	Rag Weed	Kent. Blue Grass	Elder
Construction	Cosmetics	Wasp	Red Clover	Privet	Elm
Dry cleaning	Formaldehyde	Black fly	Sagebrush	Orchard	Hawthorn
Finishes	Kapok / Stuffing		Thistle	Red Top	Hickory
Furniture stripping	Laundry soap			Rye	Juniper
Industrial	Perfume			Bear Grass	Maple
Latex	Sulfate			Sweet grass	Marshelder
Methylene/Chloride	Toluene			Sweet Vernal	Mesquite
Motor oil				Timothy	Mulberry
Natural gas				Weed mix	Oak
Paint					Olive
Petroleum dist.					Palm
Phosphorous	Dust and Mold		Pollens	Misc.	Pine
Plastic	Chalk dust		Alfalfa	Cigarette smoke	Poplar
Polish/ Waxes	Dust- Mix		Cocklebur	Clay	Redwood
Polypropyl	Flock dust		Dandelion flower	Coal - Asphalt	Walnut
Polyurethane	Mildew		Flower	Down/Feathers	
Propylene glycol	Mold - Mix		Fruit trees	Horse	
Vinyl	Straw/Hay dust		Grain	Mouse fur	
Wood alcohol			Hazel	Poison Ivy	
Xylene			Heather	Poison Oak	
			Honeysuckle	Pussy Willow	
			Laburnum	Wood smoke	
			Mugwort	Wool	
			Nettle		
			Oleander		
			Plane		
			Prickly Pear		
			Pussy Willow		
			Red Clover		

⁶ Cell Phones/Portable Phones, Computers, Home Theaters, Microwaves, Stereo Systems, Televisions.



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Beneficial Holistic & Herbal Remedies

Items Highlighted in **Green** are Beneficial for your pet

Digestive Enz.	Tissue Salts
Amylase	Calc Fluor
Cellulase	Calc Phos
Invertase	Calc Sulph
Lactase	Ferrum Phos
Lipase	Kali Mur
Maltase	Kali Phos
Pectinase	Kali Sulph
Peptidase	Mag Phos
Protease	Nat Muir
	Nat Phos
	Nat Sulph
Homeopathics	
Apis	Silicea
Arnica Montana	Bio Phosphate
Arsenicum Alb	Bioplasma
Belladonna	Misc.
Byronia	Raw Apple Cider Vinegar
Cantharis	Adzuki Bean
Chamomile	Aloe Vera
Cuprum Met	Bee Pollen
Drosera rotund.	Chlorophyll
Eurphrasia	Coconut Oil
Graphites	Colloidal Silver
Hepar Sulf	Diatomaceous Earth
Histaminum	Distilled Water
Hypericum perf	DMG
Kali Carb	Electrolites
Ledum	Grapefruit seed ext
Nux Vomica	M.S.M.
Peltarum	N-acetyl-cysteine
Podophyllum	Oils
Rhus Tox	Pro-biotics
Ruta Grav	Tea Tree Oil
Staphysagria	
Sulfur	
Symphytum	
Thuja	
Urtica Urens	

***For Car Sickness:

Rescue Remedy - (Bach Flower)

Ginger/Essential Oils



Herbs	Herbs	GPH Products
Alfalfa	Licorice Root	Bach Flwr Remedy
Astragalus	Lobelia	Colloidal Silver
Black Seed	Marshmallow Root	Daily Defense
Black Walnut	Milk Thistle	Glacier Peak Gold
Blood Root	Mullien	Herbal Aspirin
Burdock	Nettles	Inflapotion™
Calendula	Oat Straw	Mountain Salve
Catnip	Olive Leaf	ParvRx
Cats Claw	Oregano	Peak Immune
Cayenne	Oregon Grape Root	Xtreme-Biotic
Chamomile	Orris Root	
Ch-Berry (vitex)	Pau D'Arco	
Chickweed	Peppermint	
Chicory	Psyllium	
Cinnamon	Red Clover	
Cloves	Red Raspberry	Enzymes
Comfrey	Rosemary	Digest Basic
Cranberry	Scullcap	Pro-Bio
Dandelion root	Slippery Elm	
Devil's Claw	Spearmint	
Dong Quai	Spirulina	
Dulse	Uva Ursi	
Echinacea	Valerian Root	
Eluthero	White Willow Bk	
Eye Bright	Wild Yam	
Fennel	Wormwood	
Fever Few	Yucca	
Garlic	Turmeric	
Ginger		
Golden Seal		
Green tea ext.		
Kelp		

NOTE: We do not encourage the use of all beneficial remedies at one time.

Colloidal Silver is a natural antibiotic, antiviral and antifungal effective in removing impurities. **Daily Defense** helps keep parasites under control. It also contains natural vitamins, minerals, detox herbs and sea veggies for a great daily nutritional supplement.

Glacier Peak Gold contains an ideal blend of herbs to address yeast/candida overgrowth. Your dog might have some discomfort or anxiety that can be safely and effectively addressed with **Herbal Aspirin**.

There may be some inflammation issues. Several of the herbs highlighted in green are in our **Inflapotion**.

Mountain Salve is a topical anti-biotic/anti-fungal and can help with hot spots and open skin issues and secondary infection.

Peak Immune helps rebuild a weak immune system to help protect your pet from imbalances.

Digest Basic provides critical enzymes pets need to properly digest their food. This also helps with yeast overgrowth.

Pro-Bio is a probiotic that supports healthy intestinal microflora balance. It helps with yeast overgrowth.

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General Information About Your Pet's Results

Sensitivities and triggers along with toxins can be considered very harmful to your pets. Toxins are thought to be responsible for pet illnesses, including cancer, diabetes, kidney failure, acute chemical exposure, and serious infection. By removing these items from your pet's living environment, you can significantly benefit his or her health.

A pet without food and environmental sensitivities may not have a reaction to a substance, while one that has food and/or environmental sensitivities will react by releasing chemicals which cause unnatural symptoms. In the case of food sensitivities in dogs and cats, it's usually seen in red, itchy rashes on the skin or chronic yeast/ear infections. Keep in mind that a sensitivity is not always, or even usually, an allergy. This means that there is not a true allergy present, but these foods act as triggers for intolerance-type reactions, commonly exacerbated by a compromised immune system.

Suggestions to help bring your pet back into balance:

If there is a yeast or candida imbalance in your pet -

Apple cider vinegar is great for addressing yeast/candida overgrowth. Start by adding just a few drops in the food to let your pet get accustomed to the smell. Work up to ½ teaspoon per 25 pounds. We think adding apple cider vinegar to the diet is a healthy choice all the time. It has many well-documented health benefits.

Glacier Peak Gold has also been shown to be very effective in eliminating yeast/candida overgrowth. We also recommend digestive enzymes and probiotics to help maintain proper balance. We have found that Digest Basic and Pro-bio by Enzymedica are ideal for pets.

Colloidal Silver is a great natural antibiotic that helps eliminate yeast/candida overgrowth externally.

For bacteria and fungus, we recommend adding 1-2 teaspoons of organic coconut oil to your pet's daily routine. This is an excellent natural antibacterial and antifungal with many health benefits.

*For a gentle natural detox - **Daily Defense**.*

Dandelion and nettles are great detox herbs to help eliminate toxins, including those that feed yeast. Astragalus is a highly effective immune booster. Alfalfa is high in organic vitamins and trace minerals. Kelp and dulse are high in iodine to feed the thyroid. We include bee pollen and diatomaceous earth for parasite control. This is ideal for pets that show probable concerns for herbicides, pesticides, or chlorine.

If your pet has a sensitivity to Dandelion Root: we recommend the amino acid NAC (N-Acetyl-Cysteine) in lieu of Daily Defense for cellular detox. NAC can be found at health food stores.

If your pet's results show a probable concern for an immune system imbalance -

A series of **Peak Immune** can help to rebuild a weak immune system. This series consists of 10 days on/10 days off, up to three times if needed. For maintenance, we recommend you give Peak Immune for 10 consecutive days, four times per year at the change of seasons.

*Disclaimer- The information provided by this assessment is intended for educational and nutritional purposes only and is not intended to diagnose, treat, cure, or prevent any disease. It is not intended as conventional veterinary medical practice advice or to replace the advice or attention of certified veterinarians. You may wish to consult your holistic veterinarian before beginning or making changes in your pets' diet, nutritional supplementation or exercise program. The statements on this assessment have not been evaluated by the Food and Drug Administration nor are they approved by the Board of Veterinarian Medicine. If you do not have a Holistic Veterinarian, you can find one in your area by visiting <http://www.ahvma.org/>

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