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## Exercise1

# Strengths

- Self-confident
- Very good listener
- I'm well organized
- I can motivate my team

#### Weakness

- bad time management
- lack of trust
- emotional

# opportunities

- Attending leadership development programs
- Joined to AISEC club
- Internships

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#### **Threats**

• Competition

#### Exercise 2

(1)

- I will learn from my mistakes
- I will attend leadership training sessions

### Exercise 3

#### Reflective journal

#### Description

I am a second-year undergraduate at the Sri Lanka Institute of Information Technology. I studied at Isipathana College Colombo.

I was a member of plenty of clubs, societies in our school. in our debating club. Every year there is a debate tournament parallel to our big match. We were runner-up last two years. Hence we practiced harder than before. When we were practicing for the annual debate tournament, unfortunately, our team leader had an accident. He was the best speaker in our school. Since I was the next senior member, our vice principal asked me to take our school team and participate in the tournament. I was the speaker in the 3rd position. We struggle to find a new member to fill that place. However, after a week, we are lucky enough to find a new speaker to fill that void. We had to practice after school. I encouraged teamwork support as the team leader. In the end, we were able to win the tournament.

#### feeling

I felt quite miserable at the beginning because we didn't have enough time to practice. It was the first time I speak as the leader of our team.

It was quite hard to lead a team at the beginning. In the beginning, team morale was very low. I was able to recognize each member's existing status during the practices.

#### **Evaluation**

The thing that we're good and worked well was the fact that each member put a lot of effort to practice and gain more knowledge. I've always been encouraging my team. It was a very good experience for me because I was able to learn how to lead a team effectively.

### Analysis

I think the reason for our victory our team had a clear vision and good leadership. My team helped me to become a good leader. We found the strengths and weaknesses of each member, and we worked for it.

#### Conclusion

In perspective, I'm incredibly grateful for having such a fantastic team who seemed like brothers to me. Each member did an excellent job in his or her particular role and supported one another. I learned how to work as part of a team and I recognized that to be a great leader, I needed to increase my ability to be encouraging and patient.

### Action plan

Next time I'm leading a team, my first goal is to establish a decent bond with my teammates and encourage them. I will be attending leadership development programs to improve my leadership skills.