

## DEPRESSION & AGGRESSION A NATIONAL CONCERN

### Casualties of the Cold War:

#### The Bay of Pigs Invasion

The 1960s is off to a rocky start with the failed Bay of Pigs invasion. 2 years ago, Fidel Castro overthrew Cuba's dictator Fulgencio Batista and took control of the Cuban government. Ever since the U.S. government has been worried about Castro's communist ideals and friendship with the leader of the U.S.S.R., Nikita Khrushchev. In 1960 President Dwight D. Eisenhower approved a CIA training program with the aim of overthrowing Castro. The program was hidden in Guatemala and trained Cuban exiles in guerilla warfare, but word got out to Castro about its existence. John F. Kennedy did not let this stop him and after his inauguration in 1961, he authorized an invasion plan. The plan was to launch airstrikes on Cuban bases and then launch a ground invasion at night. The U.S. did not want Castro to know they were involved so they disguised WWII bomber planes to look like the Cuban Air Force. The WWII planes were faulty, and the bombers missed their targets, failing to destroy the Cuban Air Force. After this disaster, Kennedy still launched the ground attack at the Bay of Pigs, but Castro's air force was waiting for the invading forces and sank the invader's ships and destroyed many of their bomber planes. Then Castro launched a counterattack of 20,000 soldiers with air support. Kennedy sent 6 fighter planes to try to support the Cuban exile forces, but they arrived late due to different time zones and were immediately shot down. Now Castro knows about the U.S. involvement in this failed invasion and has captured almost 1,200 prisoners. Kennedy has a difficult decision to make. Will he admit defeat and negotiate with Castro, or will he let the hostages die?

### Bandura & the Bobo

#### Doll

Dr. Albert Bandura of Stanford University has made a remarkable discovery which will change social learning as we know it. Albert Bandura, Dorothea Ross, and Sheila Ross found that children imitate aggressive behaviour demonstrated by adults, even when they were not rewarded for doing so.

Bandura's study included aggression, nonaggression, and control conditions. In the aggression condition, preschool-aged children watched an adult act aggressively toward a Bobo doll while children in the nonaggression condition saw an adult play with toys calmly. In the control condition, children did not observe adults and were just given toys to play with. The aggressive adult models punched the doll, sat on it, called it names, and hit it with a mallet. After the children observed the adult model with the toys, they were allowed to interact with them. Children in the aggression condition were significantly more aggressive to the Bobo doll than children in the nonaggression condition. So, what does this mean for social learning theory and behaviourism? Prior to this study behaviourists assumed learning only occurred due to rewards and punishments, but Bandura's research proves that children can learn via observation. While this is not the first study on imitative learning, it is the first study to show that imitation can occur without reward or punishment. Parents, use this study as a warning and mind your temper if you don't want your kids to imitate your less than favourable habits.



### Bordered Berlin: The Rise of the Berlin Wall

Berlin has officially been separated by an expansive concrete barrier. Tensions surrounding Berlin started brewing after the end of WWII when the Allied forces of France, the United Kingdom, the United States, and the Soviet Union stayed in Germany. In 1948 the Soviet Union imposed the Berlin Blockade, which blocked the U.S. and other allies from railway and road access to West Berlin.



In June 1961 John F. Kennedy met with Soviet leader Nikita Khrushchev. Khrushchev issued an ultimatum that Kennedy withdraws all armed forces from Berlin. Kennedy refused but assured the public that he did not want to fight the Soviets but would not withdraw U.S. forces from West Berlin. The Berlin Blockade in 1948 exacerbated tension between the U.S.S.R. and the U.S. and the ultimatum issued by Khrushchev made the relationship worse. The U.S.S.R. had another problem, residents of their communist East Germany were migrating through Berlin to the democratic West Germany. The leaders of East Germany erected a wall on August 12-13th to solve the problem of migration and to block the passage of American military from West to East Germany. The Berlin Wall circles West Berlin and prevents any escape into the democratic-run West Germany. It is unknown what the U.S. and their allies plan to do next, but the Berlin Wall seems to be another Cold War victory for the Soviet Union.

## In the Dumps or Depressed? A New Depression Measurement

Sadness is a natural and oftentimes healthy emotion but how do we distinguish natural sadness from clinical depression? Dr. Aaron Beck of the University of Pennsylvania has developed an inventory to determine one's severity of depression that will revolutionize clinical psychology. The inventory was tested on psychiatric patients and measured symptoms of depression such as low self-esteem and pessimism. The results of the inventory were compared to clinical psychologists' diagnoses. Patients who scored 15 or higher on the Depression Inventory were classified as depressed by both the inventory and psychiatrists, which indicates that the Depression Inventory has criterion validity. The inventory correlates with other measures of depression, like the prevalence of masochistic thoughts and ideas. Beck describes masochism as the act of imagining or inflicting self-harm due to the depressed patients' desire to suffer. Beck measured masochism in dreams, memories, a masochism inventory, and focused fantasy tests. Focused fantasy tests involve showing a patient 4 images and asking them to tell a story based on the images (Fig 1). The images feature 2 characters who look the same. One character harms the other and one character is punished in the end.

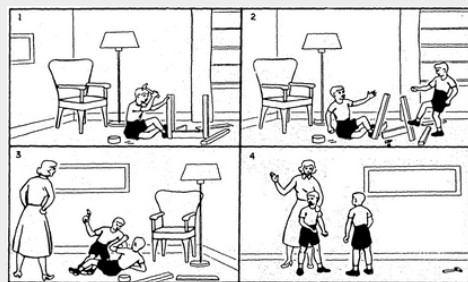


Fig 1. Example of a focused fantasy test

In the patient's story, if the main character, the solitary character in image 1, is described as the character who is punished in the end, the patient's story is identified as masochistic. Depressed patients displayed more masochistic themes in early memories, dreams, and the focus fantasy test than non-depressed patients and high amounts of masochism positively correlated with high scores on the inventory. Beck's Depression Inventory is very promising, as it is reliable and valid, but it cannot replace clinical psychiatrists. While the inventory will make depression diagnoses faster, more efficient, and will eliminate variance caused by low inter-rater reliability, there is still work to do to make it as accurate as possible.



## Boy Barbie?

Meet Ken, Barbie's new boyfriend. Like Barbie, he's from Willows, Wisconsin. Barbie creator Ruth Handler named him after her son Kenneth and designed him to look like her husband. He is available at your local toy store today!

## Milgram & Memory

An advertisement is being circulated around New Haven. It seems Dr. Stanley Milgram is conducting an experiment about memory, but insiders at Yale tell us that this study might be inspired by the Adolf Eichmann trial. Adolf Eichmann was a Nazi officer who helped organize the Holocaust and oversaw the transportation of Jewish prisoners to extermination camps. Last year he was captured by Israeli intelligence agents and was put on trial for his crimes against humanity this April. Eichmann did not deny his involvement in the Holocaust but insisted that he was only following orders. That excuse did not work for the Supreme Court of Israel, and he was found guilty of all charges in December. We can't say too much about Milgram's experiment but if it's inspired by the Eichmann trial, it's sure to be interesting. If you're in the New Haven area, participate in Milgram's study and you might be part of history in the making.

**Public Announcement**

**WE WILL PAY YOU \$4.00 FOR ONE HOUR OF YOUR TIME**

**Persons Needed for a Study of Memory**

\*We will pay five hundred New Haven men to help complete a scientific study of memory and learning. The study is being done at Yale University. \*Each person who participates will be paid \$4.00 (plus 50c carfare) for approximately 1 hour's time. We need you for only one hour: there are no further obligations. You may choose the time you would like to come (evenings, weekdays, or weekends).

\*No special training, education, or experience is needed. We want:

Factory workers	Businessmen	Construction workers
City employees	Clerks	Salespeople
Laborers	Professional people	White-collar workers
Barbers	Telephone workers	Others

All persons must be between the ages of 20 and 50. High school and college students cannot be used.

\*If you meet these qualifications, fill out the coupon below and mail it now to Professor Stanley Milgram, Department of Psychology, Yale University, New Haven, Conn. You will be notified later of the specific time and place of the study. We reserve the right to decline any application.

\*You will be paid \$4.00 (plus 50c carfare) as soon as you arrive at the laboratory.

TO: PROF. STANLEY MILGRAM, DEPARTMENT OF PSYCHOLOGY, YALE UNIVERSITY, NEW HAVEN, CONN. I want to take part in this study of memory and learning. I am between the ages of 20 and 50. I will be paid \$4.00 (plus 50c carfare) if I participate.

NAME (Please Print) .....

ADDRESS .....

TELEPHONE NO. .... Best time to call you .....

AGE ..... OCCUPATION ..... SEX .....

CAN YOU COME: .....

WEEKDAYS ..... EVENINGS ..... WEEKENDS .....



## Soviet in Space

Cosmonaut Yuri Gagarin becomes the first human in space. On April 12th, 1961, he orbited the Earth. He was given the Order of Lenin, an award for exemplary achievements in art, technology, science, or anything that contributed to Soviet excellency. How will the U.S. respond? The Moon is still unexplored, so the Space Race rages on.

## Motown Sells a Million



Motown Records sold 1 million copies of the Miracles' "Shop Around". This is Motown's first record to sell 1 million copies. Motown also signed a new girl group called the Supremes earlier this year and while they have yet to produce a hit, they are great talents. 1961 is looking like the year of Motown Records.

## Remembering Dr. Jung



Beloved psychologist Carl Jung passed away on June 6th, 1961. He was 85 years old. Jung is best known as the father of analytic theory and for his autobiography Memories, Dreams, Reflections. Carl Jung developed the theory of the collective unconscious and the self.

The theory of the collective unconscious proposes that we are all born with universal knowledge. Jung used archetypes, which are cross-cultural motifs, as evidence for the collective unconscious. Jung also defined extroversion and introversion as personality types. Jung was a spiritual man so we hope his soul is at rest, wherever that may be