

BELL'S PALSY PROFORMA

Seen by:

Patient Details:

affix patient label here

Grade:

Name:

Date:

Hospital No:

DOB:

HISTORY

Date of onset:

Rapid onset within 72 hours: Y/N*

Trauma/ Head injury? **

Past medical history:

Diabetes: Y/N

Previous stroke: Y/N

Residual symptoms (list):

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Pregnant? Y/N

Gestation:

Previous peptic ulcer/duodenal ulcer: Y/N

* If no: consider other diagnoses e.g. malignancy

**f yes - consider CT head/other diagnoses

EXAMINATION:

Neurology:

Facial palsy including forehead: Y/N

Side of facial palsy: Right Left

House-Brackmann scale:

Grade	Description	Characteristics
I	Normal	Normal facial function in all areas
II	Mild dysfunction	Slight weakness noticeable on close inspection; may have very slight synkinesis
III	Moderate dysfunction	Obvious, but not disfiguring, difference between 2 sides; noticeable, but not severe, synkinesis, contracture, or hemifacial spasm; complete eye closure with effort
IV	Moderately severe dysfunction	Obvious weakness or disfiguring asymmetry; normal symmetry and tone at rest; incomplete eye closure
V	Severe dysfunction	Only barely perceptible motion; asymmetry at rest
VI	Total paralysis	No movement

Sensory change:

Full neurological examination: (list any abnormalities)

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Ophthalmology:

Full eyelid closure: Y/N

Visual acuity:

Vision change: Y/N

Fluorescein examination with slit lamp (blue light):

Keratitis: Y / N

MANAGEMENT:

1. Oral prednisolone (if no contra-indications): 50mg OD for 10 days. ☐

If pregnant and within 1st trimester - risk of reduced fetal growth

If diabetic - advise regarding need for careful glycemic control

If at high risk of GI bleeding (e.g. known history of peptic or duodenal ulcer/ gastritis, concomitant NSAID use) - add lansoprazole 30mg OD ☐

2. If incomplete eye closure:

1. refer to ophthalmology clinic (email referral). ☐

2. Lubricating eye drops: (continue until Bell's palsy resolved/ able to fully close eye)

Hypromellose 0.3% eye drops 1 -2 hourly PRN during the day. ☐

Xailin ointment once at night ☐

3. Close eye with microporous tape at night (advise against eye patches) ☐

3. (* Valacyclovir 500mg BD for 5 days if vesicles present suggestive of Ramsay Hunt Syndrome ☐

4. Refer to ENT RAC clinic within 2 weeks (can be done via reception in ED) ☐