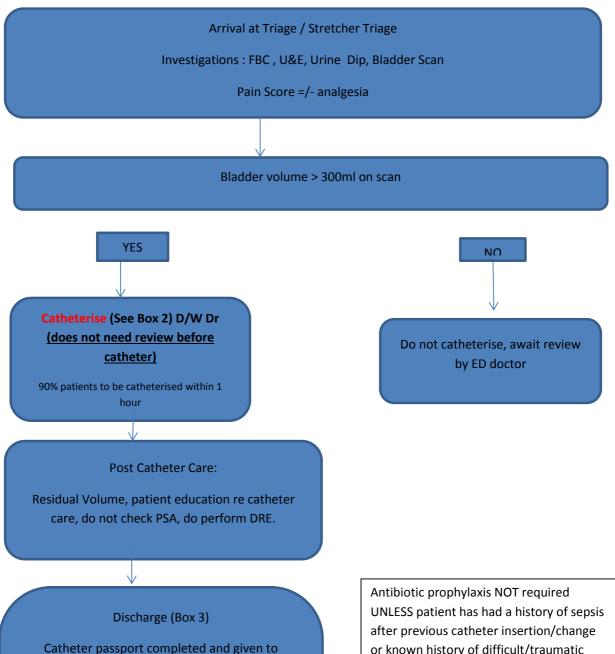
AEC – URINARY RETENTION MANAGEMENT IN ADULTS

The majority of patients are male. Discuss female patients with a senior.

Inclusion criteria: Box 1



patient

Ensure catheter support available in community

(district nurse faxed referral form)

Consider Tamsulosin (400mcg od) or Alfuzosin

(10mg od) in males if no contraindications

Refer to TWOC clinic (online referral)

Patient information leaflet

after previous catheter insertion/change or known history of difficult/traumatic catheterisation in the past.. A single dose of <u>Gentamicin</u> 3mg/kg IV just prior to the procedure will be appropriate in most cases. However, results of recent culture results must be reviewed to ensure that

previous isolates are sensitive to this.

Box 1 : Inclusion Criteria

No Red Flags (Cauda Equina, Gl or Gynae Malignancy)

Normal Renal function

No evidence of sepsis

Patient safe for discharge

Residual volume < 1200ml

Box 2: Catheter Advice

Long Term Foley Catheter (2 attempts only before urology assistance)

Record Drained volume 20 minutes post catheterisation

Box 3 : Discharge Advice

Catheter passport completed and given to patient (available in box on zone 1)

Appropriate catheter care or district nurse liaison available in community

No Red Flags

Inclusion criteria met

Patient advice leaflet given

Referral to TWOC clinic (electronic referral form on intranet)
http://nww.sthk.nhs.uk/pages/Guidelines.aspx?sPrevCode=x67TRdk_01an)8ajISDmas&iPage
Id=19320&iPrevVersionId=103757