

# The Limping Child

Diagnoses to consider:

Toddler	Child	Adolescent	All Ages
1-4	4-10	>10	
DDH Toddler # Transient Synovitis FB foot NAI	Transient Synovitis Perthes Other Osteochondroses or traction apophysitis	SUFE Overuse/Stress # Osteochondroses/traction apophysitis Osteochondritis dissecans	Infections: osteomyelitis Septic arthritis Disitis Viral myositis Trauma NAI Malignancy – ALL/bone tumour Rheumatological disorder/Reactive arthritis Intraabdominal pathology eg appendicitis Inguinoscrotal disorder eg testicular torsion Vasculitis

Overleaf there is some guidance in how to proceed, however if at any point you are unsure, discuss with a Consultant or Senior Doctor

Remember to get a clear history of trauma and symptom onset

**Other Osteochondroses/traction apophysitis (not an exhaustive list):**

- Lunate – Kienbock's disease
- Capitulum of humerus – Panner's disease
- 2<sup>nd</sup> Metatarsal head – Freiberg disease
- Navicular – Kohler's disease
- Calcaneum – Sever's disease
- Spine – Scheuermann's disease
- Tibial tuberosity - Osgood Schlatters (Xray not necessary for diagnosis)
- Patella – Sinding Larsen Johansson Syndrome (Xray not necessary for diagnosis)

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