

## Ambulatory Gastroscopy – Patient Advice Sheet

### What does Ambulatory Care mean for me?

Following your assessment today the medical team have recommended that you undergo a Gastroscopy which is a procedure to check the gullet, stomach & beginning of small bowel (duodenum) for any problems.

Having taken your results and circumstances into account, ambulatory care management will mean you do not need to wait in hospital till you have the Gastroscopy test. Instead you have been given an appointment to return to the hospital for the test as a day case procedure.

### Appointment Details:

**Location:** Endoscopy Unit at Whiston Hospital, 1<sup>st</sup> Floor, Yellow Zone

**Date** \_\_\_\_\_

**Monday at 13:15**

**Tuesday at 10:45**

**Wednesday at 10:45**

**Thursday at 13:15**

**Friday at 13:15**

**Saturday at 12:15 available**

**Please Note: No slots on Sunday & Bank Holidays**

\*Please note that the appointment time is for your pre procedure check, not the time of your examination.

## IMPORTANT INFORMATION

**You must read the Gastroscopy Information Booklet in full.**

**You MUST NOT EAT OR DRINK anything for at least 6 hours prior to your test.**

**If you have sedation you cannot drive home or use public transport alone.** See page 3 of the Gastroscopy Information Booklet for full details.

**If you have diabetes,** please refer to page 7 of the Gastroscopy Information Booklet.

***Caution: If you vomit coffee coloured vomit, blood or pass a black stool, immediately attend Emergency Department or ring 999***

### After the Test

Once you have recovered from the Gastroscopy procedure you will report back to the GP assessment Unit (GPAU) located on ward 1B, 1<sup>st</sup> floor, Yellow Zone, Whiston Hospital.

A doctor or specialist nurse will review your results and advise you of any treatment or follow up requirements.

*Please understand that booking in for your gastroscopy, having the test performed, recovering from your test and then discussing the results can take around 3 hours.*