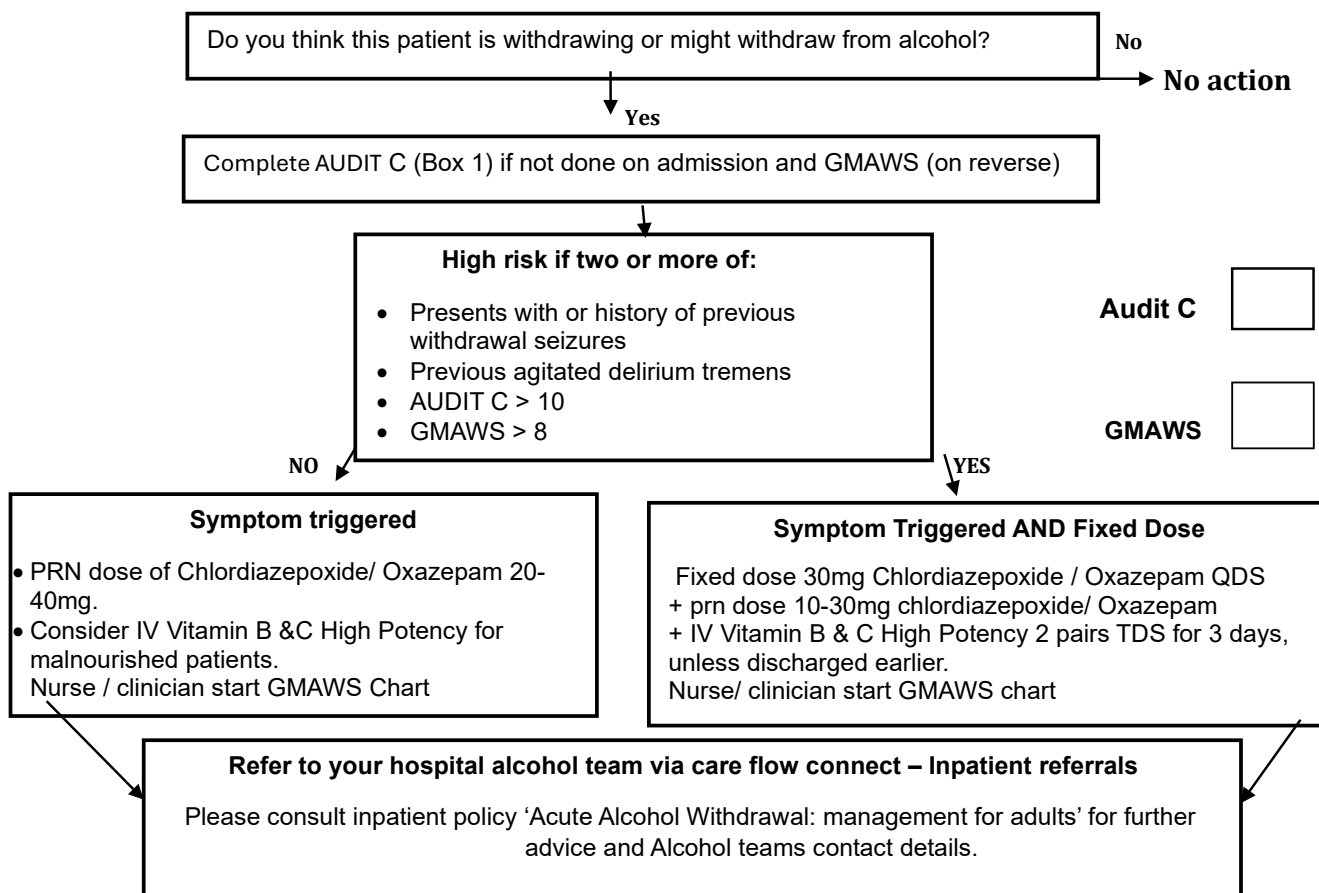


## Appendix 1 Acute Alcohol Withdrawal Management Pathway

Name of patient:	
Hospital no:	DOB:
Health Professional Name:	Date:

### Audit C (Box 1)

Questions	Scoring System					Score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2-4 times per month	2-3 times per week	4+ times per week	
How many units of alcohol do you drink on a typical day when are you drinking?	1-2	3-4	5-6	7-9	10+	
How often have you had 6 or more units on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	



**Do not use the GMAWS tool if patient is still intoxicated**

1

1

[illegible]

**Score 0** -Repeat Score in 2 hours (Discontinue scoring after scoring 0 on 4 consecutive occasions, except if less than 48 hours since last drink)

Score 1-3: Give 20mg Chlordiazepoxide (or 20mg Oxazepam) repeat GMAWS in 4 hours

Score 4-8: Give 30mg Chlordiazepoxide (or 30mg Oxazepam) repeat GMAWS in 2 hours

Score 9-10: Give 40mg Chlordiazepoxide (or 40mg Oxazepam) repeat GMAWS in 1 hour & contact doctor

Please prescribe Oxazepam in patients aged over 65 years old or who have a history of (or suspected) Alcohol related Liver Disease, as it has a shorter half – life and less hepatic metabolism than chlordiazepoxide.

General principles for prescribing benzodiazepines in elderly, is to prescribe half the adult dose, and if required, increase the time in between doses.

Maximum recommended dose of chlordiazepoxide/ Oxazepam is 250mg in 24hours, including fixed dose regime. In extreme cases of AWS higher than BNF doses may be required and must be given under senior physician instruction, NEWS to be observed as per trust guidelines

Co -existing illness may affect score: seek medical advice if in doubt

**THIS IS NOT A PRESCRIPTION:** All Chlordiazepoxide/ Oxazepam must be prescribed and signed for on a prescription chart

All patients should have regular observations documented. Patients receiving high doses of Chlordiazepoxide should be assessed for over sedation. Regular EWS – Frequency 1-4 hours. (GCS)

Respiration rate, Oxygen sat<sup>®</sup>, Pulse, Blood Pressure)

