

The Coronavirus (COVID-19) was first reported in Wuhan, Hubei, China in December 2019, the outbreak was later recognized as a pandemic by the World Health Organization (WHO) on 11 March 2020.

How To Protect **♥**

About COVID-19 →

COVID-19

VIRUS

WORLDWIDE CASES

DEATHS 360088320 3861616

*Last updated. sep 07, 2022, 05.54 PM Cairo/Egypt

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RECOVERD



Do & Don't

CORONAVIRUS (COVID-19)

ABOUT THE DISEASE

COVID-19 is a new illness that can affect your lungs and airways It's caused by a virus called coronavirus. It was discovered in December 2019 in Wuhan, Hubei,

China. Common signs of infection include respiratory symptoms, fever, cough, shortness of breath and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. Standard recommendations to prevent infection spread include regular hand washing, covering mouth and nose when coughing and sneezing, thoroughly cooking meat and eggs. Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing.

How coronavirus is spread	-
Symptoms of coronavirus	-
How to protect yourself	-
Treatment for coronavirus	-
Myth-Busters of coronavirus	-
Questions & answers	-

What you need to know

HOW CORONAVIRUS IS SPREAD

TRANSMISSION OF COVID-19

Because it's a new illness, we do not know exactly how coronavirus spreads from person to person. Similar viruses are spread in cough droplets.



The coronavirus is thought to spread mainly from person to person. This can happen between

people who are in close contact with one another.



A person can get COVID-19 by touching a surface or object that has the virus on it and then

or objects

touching their own mouth, nose, or possibly their eyes.



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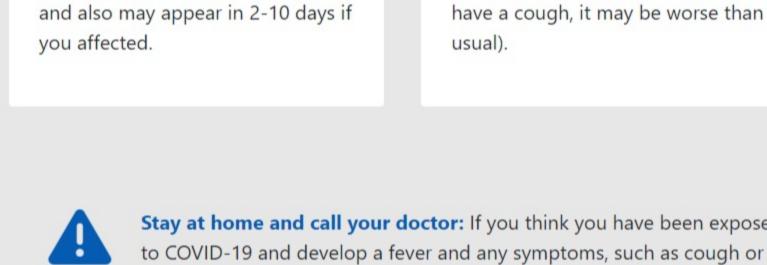
The coronavirus is thought to

WHAT ARE THE SYMPTOMS OF COVID-19? SYMPTOMS OF CORONAVIRUS

? Have a question about spreading?

The most common symptoms of COVID-19 are fever, tiredness, and dry cough. Some patients may have aches and pains, nasal congestion, runny nose, sore throat or

diarrhea. These symptoms are usually mild and begin gradually. Also the symptoms may appear 2-14 days after exposure.



Fever

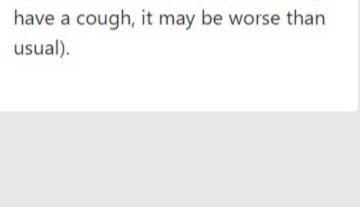
High Fever - this means you feel

hot to touch on your chest or back

medical advice.



Cough

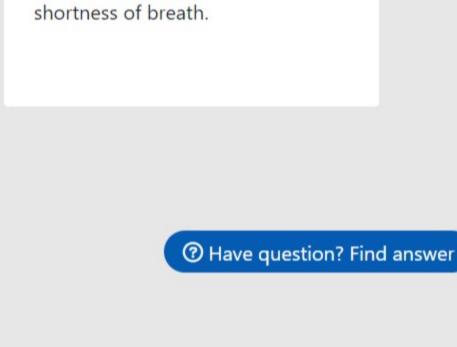


Continuous cough - this means

coughing a lot for more than an

episodes in 24 hours (if you usually

hour, or 3 or more coughing



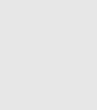
Shortness of breath

Difficulty breathing - Around 1

out of every 6 people who gets

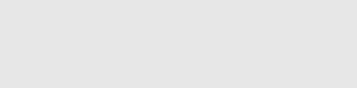
develops difficulty breathing or

COVID-19 becomes seriously ill and



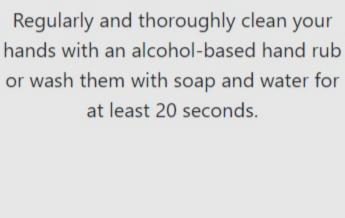
HOW TO PROTECT YOURSELF? PREVENTION & ADVICE

difficulty breathing, call your healthcare provider as soon as possible for

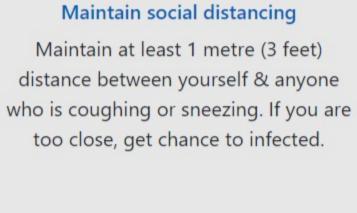


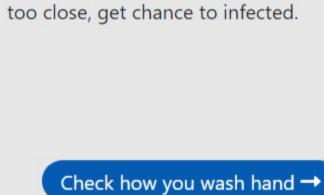
There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. Stay aware of the

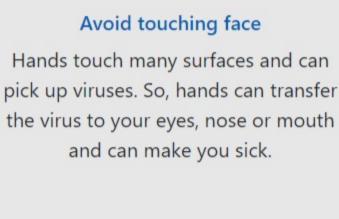
latest information on the COVID-19 outbreak, available on the WHO website and through your national and local public health authority.



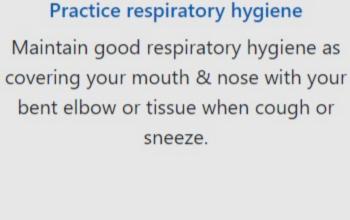
Wash your hands frequently





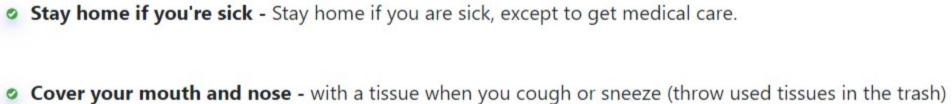


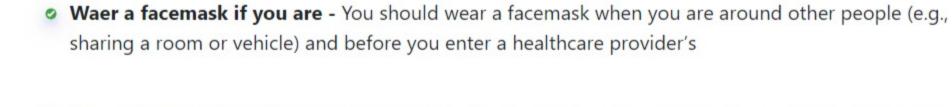
Q&A on coronavirus ->



Be **READY** to fight

#COVID19





doorknobs, countertops, handles, desks, toilets, faucets, and sinks.

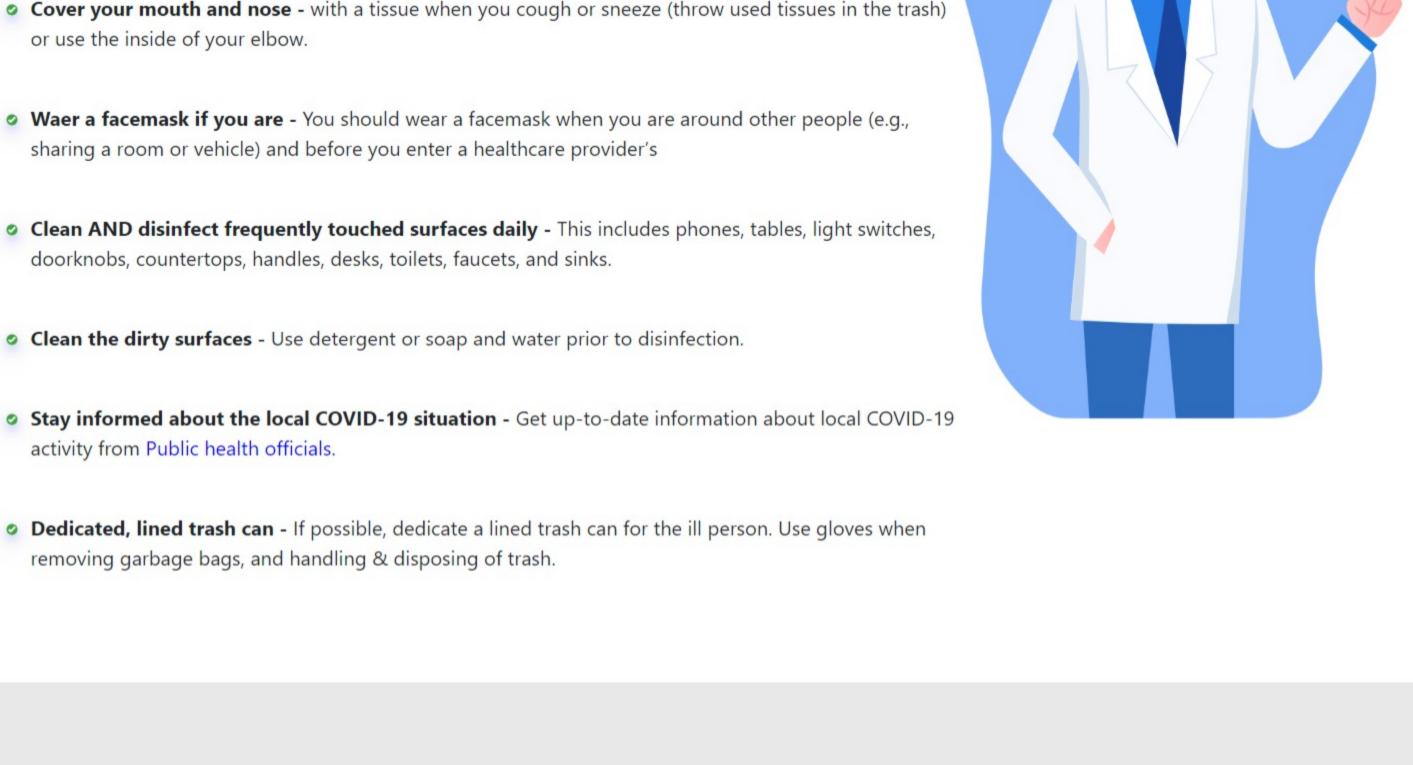
or use the inside of your elbow.

activity from Public health officials.

Take steps to protect others

- Clean the dirty surfaces Use detergent or soap and water prior to disinfection.
- removing garbage bags, and handling & disposing of trash.

Dedicated, lined trash can - If possible, dedicate a lined trash can for the ill person. Use gloves when

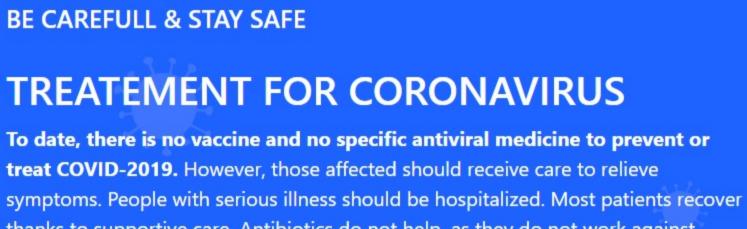


Follow steps to wash hands

Why do I need to wash hand →

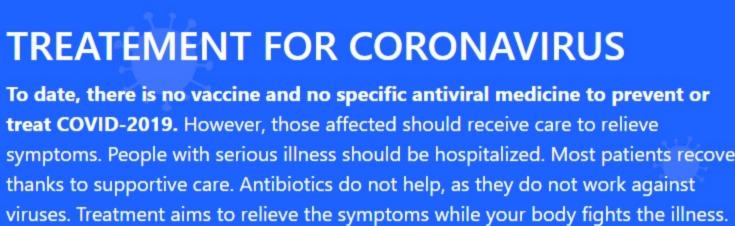


Soap on Hand



You'll need to stay in isolation, away from other people, until you have recovered.

Plam on Plam

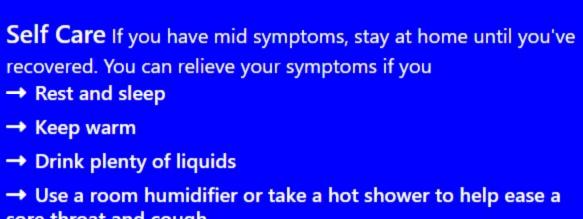


Between Fingers



Medical Treatements

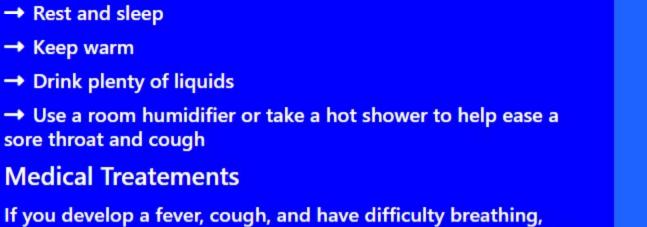
Back to Hands



promptly seek medical care. Call in advance and tell your health

provider of any recent travel or recent contact with travelers.

Clean with Water



Avoid close contact

Avoid close contact

Avoid close contact

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Focus on Wrist

Avoid close contact

Avoid close contact

Avoid close contact

DO'S & DON'TS PROTECT YOURSELF

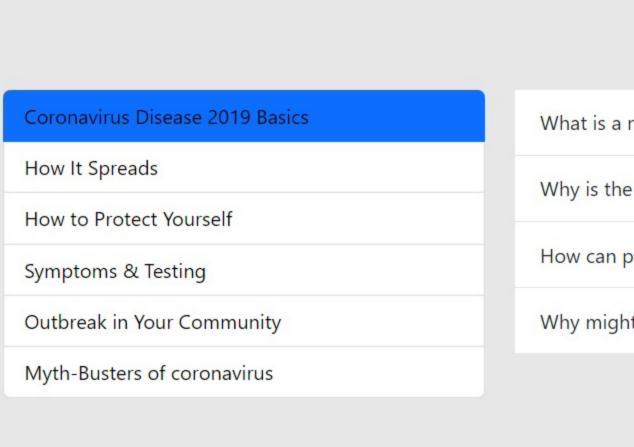
FREQUENTLY ASKED QUESTIONS

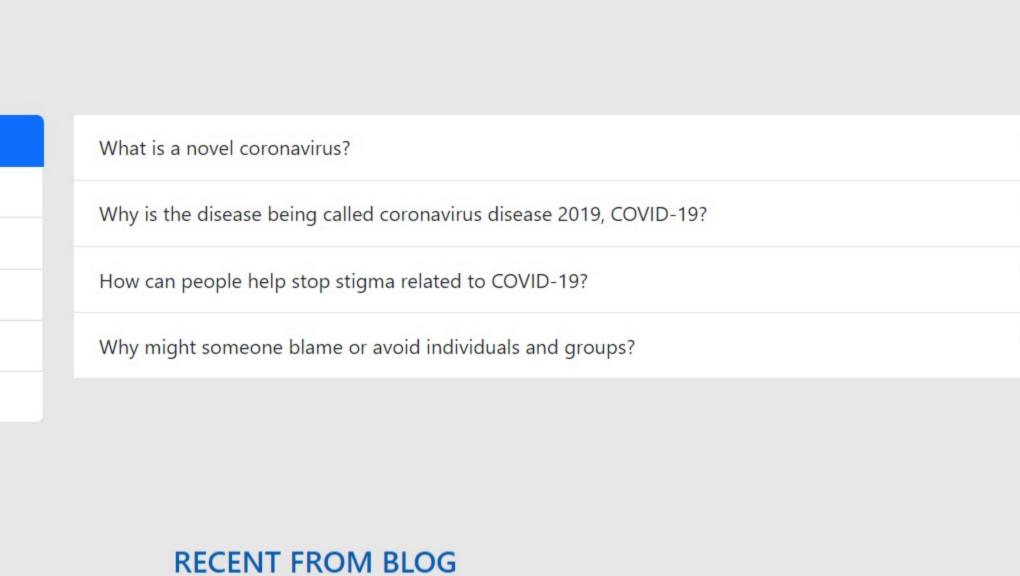
COMMON QUESTION & ANSWER

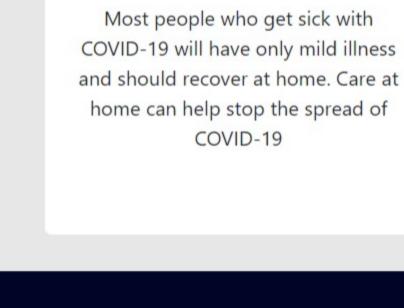
LATEST UPDATE

The best thing you can do now is plan for how you can adapt your daily routine. Take few steps to protect yourself as Clean your hands often, Avoid close contact, Cover

coughs and sneezes, clean daily used surfaces etc. The best way to prevent illness is to avoid being exposed to this virus.











C VID19

This website is for health information and advice about coronavirus (COVID-19), how to prevent and protect yourself from disease. Learn about the government response to coronavirus on GOV.UK.

QUICK LINK About Corona Symptoms Prevention Repare your Family **Protect Yourself**

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Harvard Health

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