Download the “AdventureWorks2014” database. Please do the following: 1.Restore the Database and put it into the Full Recovery Model.   
2.Backup it up.

3.Run the following query:

Use [AdventureWorks2014]

GO

select count(\*) from[Person].[Address]

This will tell you the number of rows in the table   
4. Add an additional row to the table [Person].[Address] 5. Return the above query.

6. Wait a couple of minutes. Note the time and write it down.

7. Add another additional row, as per above. Return the above query. 8, Do a Point in Time restore, to the time that you have written down. 9. Return the above query.