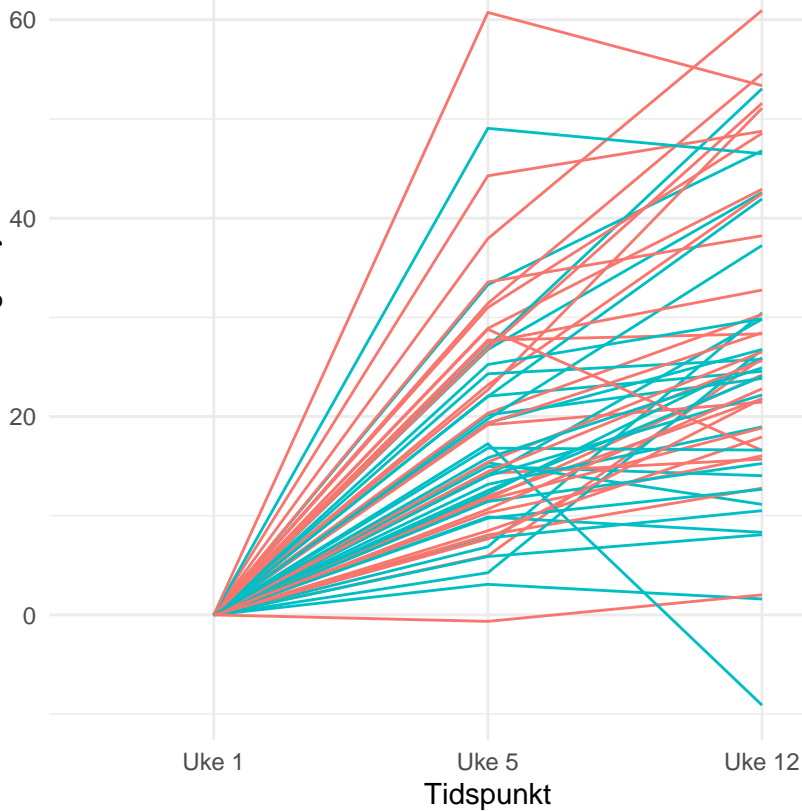


Prosentvis økning i styrke



Treningsmetode

3 sett

1 sett