

DISEASE FREE TENALI 2025

Pilot Health Project “Door To Destination” in Tenali Mandal
Under the concept of Margadarsi of P4 - Swarnandhra Pradesh Model
Letter Rc. No. : 2963126/NPCDCS/NHM/2025-26

Screen & Treat NCDs
by Dr. D. SARADA
D3 SARADA SERVICE SOCIETY
Regd. No. 375/2022, Tenali.
(D3 Stands for Dharma & Dayitva is Divine)

FILE No. :

PATIENT NAME _____

AGE _____ SEX _____

ADDRESS _____

CELL No _____

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పేరు : వార్షిక శోధ : లేదా

..... కుండ వీయ ఎక్కువు అద్దము :.....

ఫోన్ నెంబర్ (ఎవరిది) : Smart Phone No. :

..... Smart Phone No.
ଆଧ୍ୟାତ୍ମିକ ନାମ :

చదువు : వ్యక్తి :

మీ కుటుంబ సభ్యులలో ఎవరికైనా Cancer / Tuberculosis / Diabetes / BP/ Thyroid / ఇంకా

ଜୟନ୍ତୀ ଏମେଣା କଣ୍ଠରୁ ?

మీరు Veg లో ఏమి తింటారు ? ఇకరకం కూర లేక దెగ్గు, రష్యా కూరలు / కొబ్బరి / బెండు, /

కూరగాయలు / పత్టు / చిరుధాన్యలు / పచ్చత్పు / మసాలాలు

మీరు Non Veg తింటారా ?

ವಮ ತರಬ್ಯ ? ಚಕನ / ಮಟನ / ಚಪ /

మన గతిల శర్పక్కావరమైన ఇంకారదలు ఎమ్ముడి కొన్నాయి ?

మయ పట్టుని- తప్పులేని చయుపుకున్నారు ?

మక్కల సుగానీ, తియిలొ, ఇతర జాగ్రంత వఘనాలను ఉన్నాయా?

ಅಂತಹ ಹಳ್ಳಿ ವಾಸಿಗಳನ್ನು ಕಾಣಿಸಿಕೊಂಡರೆ, ಅವರಿಗೆ ಸಾರ್ಥಕ ಪರಿಶೀಲನೆ ಮಾಡಿ, ಅದನ್ನು ಸಾಮಾನ್ಯ ವಿಷಯ ಮಾಡಿ, ಅದನ್ನು ಸಾಮಾನ್ಯ ವಿಷಯ ಮಾಡಿ.

మీ స్వస్థతా క్రమం, తాపి :
మేలంకి ఇది తోసింగుడు ? Yes / No

LMP:

Age of onset of menses : Frequency of menses : Duration :

Type of Delivery : I SCS / ND Delivery ఎకడ ? Private / GH

MH : Regular / Irregular

PHYSICAL EXAMINATION :

Mouth / Lips / Buccal Mucosa / Teeth / Tongue / Oropharynx / Hypo /
Naso - Pharynx / Larynx / Nose / Ears

Neck

Bones & Joints

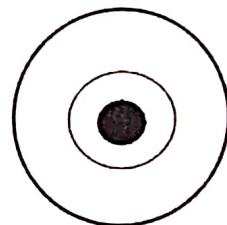
Breasts

Left

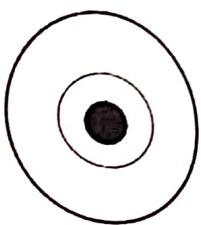
Right

Axillary Nodes

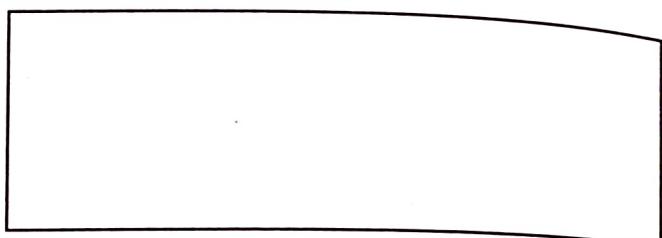
Right Breast



Left Breast



Abdomen & Genital Organs



Pelvic Examination Introitus

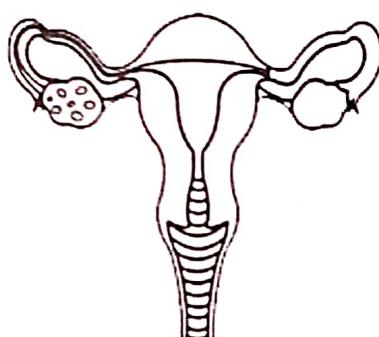
Cervix

Uterus

Ovaries

Adnexa

USG



Rectal Examination

Skin

Remarks

General Medical Exam

Pulse : /mt.....
B.P. : /mm of Hg.....
Heart :
Lungs :
Liver :
Spleen :
Lymph glands :

Medical History

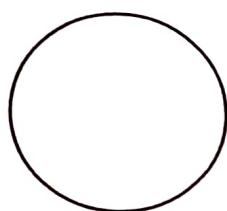
DM Old/New
HTN Old/New
TSH Old/New
Heart Disease
Others

Height : Weight : BMI : Obesity / Over Weight

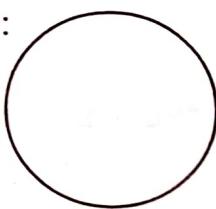
P/S :

P/V :

VIA :



VILI:

**Investigations**

Hb % :
FBS :
TSH :
Sr. Creatinine :
Others:

CYTOTOLOGY REPORT :

Papsmear

Colposcopy

Biopsy

Review & Diagnosis

DM

HTN

Cancer

TSH

Others

REFERRED TO :

ALREADY DETECTED : (A.D)

NO ABNORMALITIES DETECTED : (N.A.D)

OTHER PROBLEMS :

ADVICE :

REMARKS :

Case final Disposition (Summary) :

i. High Risk / Low Risk

ii. Referral

iii. Refuse / Delete

iv. Doctor's Summary