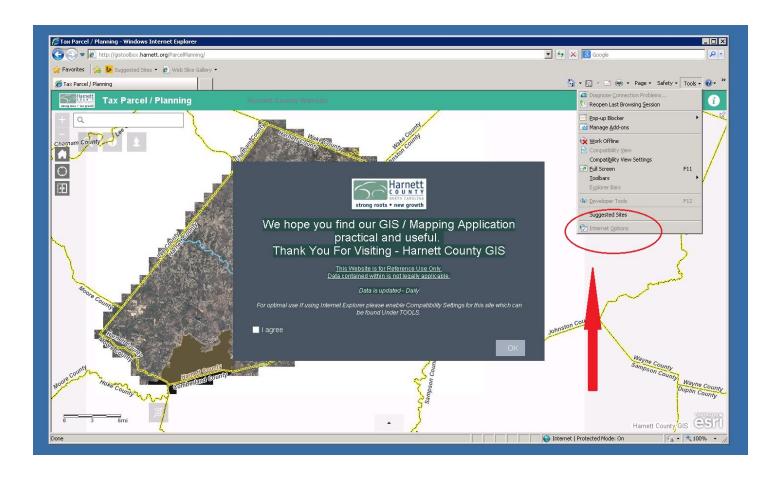
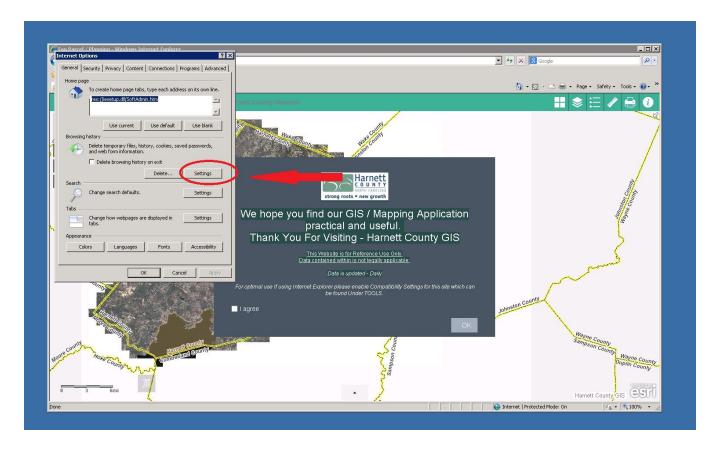
To check for more frequent site updates when using Internet Explorer:

- 1. Click on "TOOLS" which can be found either in the TOP RIGHT or TOP LEFT of your browser.
- 2. Under "TOOLS" select > " INTERNET OPTIONS "



3. Once you have selected "INTERNET OPTIONS" - select "BROWSING HISTORY > SETTINGS"



4. Finally choose to allow your browser to more frequently check for updates. Under - "Temporary Internet Files"; select either "Every time I visit the webpage." or "Everytime I Start internet explorer"

