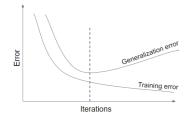
Introduction to Machine Learning

Early Stopping



Learning goals

- Know how early stopping works
- Understand how early stopping acts as a regularizer
- Know early stopping imitates L2 regularization in some cases



EARLY STOPPING

- When training with an iterative optimizer such as SGD, it is commonly the case that, after a certain number of iterations, generalization error begins to increase even though training error continues to decrease.
- Early stopping refers to stopping the algorithm early before the generalization error increases.

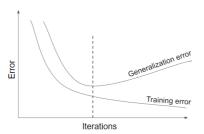


Figure: After a certain number of iterations, the algorithm begins to overfit.



EARLY STOPPING

How early stopping works:

- Split training data $\mathcal{D}_{\text{train}}$ into $\mathcal{D}_{\text{subtrain}}$ and \mathcal{D}_{val} (e.g. with a ratio of 2:1).
- 2 Train on $\mathcal{D}_{\text{subtrain}}$ and evaluate model using the validation set \mathcal{D}_{val} .
- Stop training when validation error stops decreasing (after a range of "patience" steps).
- Use parameters of the previous step for the actual model.

More sophisticated forms also apply cross-validation.



EARLY STOPPING AND L2 GOODFELLOW ET AL., 2016, P. 249 FF.

Strengths	Weaknesses
Effective and simple	Periodical evaluation of validation error
Applicable to almost any	Temporary copy of $ heta$ (we have to save
model without adjustment	the whole model each time validation
	error improves)
Combinable with other	Less data for training $ ightarrow$ include \mathcal{D}_{val}
regularization methods	afterwards



• For simple case of LM with squared loss and GD optim initialized at $\theta=0$: Early stopping has exact correspondence with L2 regularization/WD: optimal early-stopping iter T_{stop} inversely proportional to λ scaled by step-size α

$$T_{\mathsf{stop}} pprox rac{1}{lpha \lambda} \Leftrightarrow \lambda pprox rac{1}{T_{\mathsf{stop}} lpha}$$

• Small λ (regu. \downarrow) \Rightarrow large T_{stop} (complexity \uparrow) and vice versa

EARLY STOPPING AND L2 GOODFELLOW ET AL., 2016, P. 249 FF.

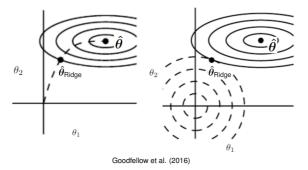
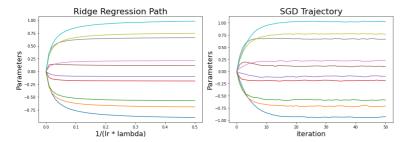




Figure: Effect of early stopping. *Left:* The solid lines indicate contours of the square loss objective. Dashed line indicates trajectory taken by GD initialized at origin. Instead of reaching minimizer $\hat{\theta}$, ES results in trajectory stopping earlier at $\hat{\theta}_{\text{ridge}}$. *Right:* Effect of *L*2 regularization. Dashed circles indicate contours of *L*2 constraint which push minimizer of regularized cost closer to origin than minimizer of unregularized cost.

SGD TRAJECTORY AND L2 ALIET AL., 2020

Solution paths for L2 regularized linear model closely matches SGD trajectory of unregularized LM initialized at $\theta=0$



Caveat: Initialization at the origin is crucial for this equivalence to hold, which is almost never used in practice in ML/DL applications

