

## Lecture 3: Properties of Estimators

Bias · Variance · MSE · Consistency · Sufficiency · Cramér–Rao

## We use estimators every day. Are they any good?

We already use estimators (Lecture 1, plug-in principle):

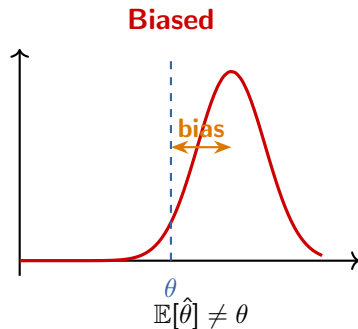
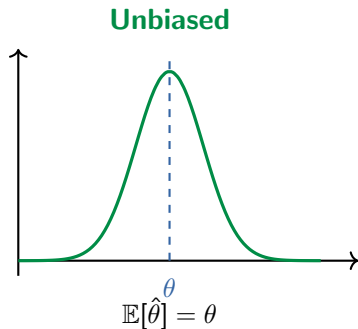
$$\bar{X} \text{ for } \mu, \quad S^2 \text{ for } \sigma^2, \quad \hat{p} = \frac{\text{count}}{n} \text{ for } p$$

But how do we **judge** an estimator?

Is it close to the truth? How much does it jump around? Can we do better?

## Bias: Is the Estimator Centered on the Truth?

$$\text{Bias}(\hat{\theta}) = \mathbb{E}[\hat{\theta}] - \theta$$



If  $\text{Bias}(\hat{\theta}) = 0$  for all  $\theta$ , the estimator is **unbiased**.

## Worked Example: Is $\bar{X}$ Unbiased for $\mu$ ?

Let  $X_1, \dots, X_n$  be i.i.d. with  $\mathbb{E}[X_i] = \mu$ . Is  $\hat{\mu} = \bar{X} = \frac{1}{n} \sum_{i=1}^n X_i$  unbiased?

**Step 1:** Compute  $\mathbb{E}[\hat{\mu}]$ :

$$\mathbb{E}[\bar{X}] = \mathbb{E}\left[\frac{1}{n} \sum_{i=1}^n X_i\right] = \frac{1}{n} \sum_{i=1}^n \mathbb{E}[X_i] = \frac{1}{n} \cdot n\mu = \mu$$

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**Step 2:** Check bias:

$$\text{Bias}(\bar{X}) = \mathbb{E}[\bar{X}] - \mu = \mu - \mu = 0 \quad \checkmark \text{ Unbiased!}$$

### Recipe for any estimator:

(1) Compute  $\mathbb{E}[\hat{\theta}] \rightarrow$  (2) Subtract the true  $\theta \rightarrow$  (3) If the result is 0, it's unbiased.

## Worked Example: Why Dividing by $n$ Is Biased

We want to estimate  $\sigma^2 = \text{Var}(X_i)$ . Natural guess:  $\hat{\sigma}_n^2 = \frac{1}{n} \sum_{i=1}^n (X_i - \bar{X})^2$ .

**Trick:** rewrite each  $(X_i - \bar{X})$  by adding and subtracting the true mean  $\mu$ :

$$X_i - \bar{X} = \underbrace{(X_i - \mu)}_{\text{deviation from truth}} - \underbrace{(\bar{X} - \mu)}_{\text{estimation error}}$$

Squaring and summing gives the **key identity**:

$$\sum_{i=1}^n (X_i - \bar{X})^2 = \sum_{i=1}^n (X_i - \mu)^2 - n(\bar{X} - \mu)^2$$

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**Take expectations** (using  $\mathbb{E}[(X_i - \mu)^2] = \sigma^2$  and  $\text{Var}(\bar{X}) = \sigma^2/n$ ):

$$\mathbb{E}\left[\sum (X_i - \mu)^2\right] = n\sigma^2 \quad (n \text{ terms, each } \sigma^2)$$

$$\mathbb{E}\left[n(\bar{X} - \mu)^2\right] = n \cdot \text{Var}(\bar{X}) = n \cdot \frac{\sigma^2}{n} = \sigma^2 \quad (\text{one "lost" degree of freedom})$$

$$\Rightarrow \mathbb{E}\left[\sum (X_i - \bar{X})^2\right] = n\sigma^2 - \sigma^2 = (n-1)\sigma^2$$

## Bessel's Correction: The Fix

From the previous slide:  $\mathbb{E}[\sum (X_i - \bar{X})^2] = (n-1)\sigma^2$ , so:

$$\mathbb{E}[\hat{\sigma}_n^2] = \mathbb{E}\left[\frac{1}{n} \sum (X_i - \bar{X})^2\right] = \frac{(n-1)\sigma^2}{n} \neq \sigma^2 \quad \text{Biased!}$$

It **underestimates** by  $\sigma^2/n$ . Why? We used  $\bar{X}$  instead of  $\mu$ , “using up” one degree of freedom.

**Bessel's correction:** Divide by  $n-1$  instead of  $n$ :

$$S^2 = \frac{1}{n-1} \sum_{i=1}^n (X_i - \bar{X})^2 \quad \mathbb{E}[S^2] = \sigma^2 \quad \checkmark \text{ Unbiased!}$$

**Intuition:** We estimated  $\mu$  from the same data, so the residuals  $(X_i - \bar{X})$  are “too small” on average. Dividing by  $n-1$  corrects for this.



## Bias: Summary

Estimator	Bias	Unbiased?
$\bar{X} = \frac{1}{n} \sum X_i$ for $\mu$	0	Yes
$\hat{\sigma}_n^2 = \frac{1}{n} \sum (X_i - \bar{X})^2$ for $\sigma^2$	$-\frac{\sigma^2}{n}$	No
$S^2 = \frac{1}{n-1} \sum (X_i - \bar{X})^2$ for $\sigma^2$	0	Yes
$\hat{p} = \frac{\sum X_i}{n}$ for $p$ (Bernoulli)	0	Yes

Dividing by  $n$  instead of  $n-1$  **underestimates** the true variance.  
Bessel's correction ( $n-1$ ) fixes this. Recall Lecture 2!

## Unbiasedness Alone Isn't Enough

Consider estimating  $\mu = \mathbb{E}[X_i]$  from  $X_1, \dots, X_n$ .

**Surprising fact:**  $\tilde{\mu} = X_1$  is also **unbiased**!

$$\mathbb{E}[X_1] = \mu \quad \Rightarrow \quad \text{Bias}(X_1) = 0 \quad \checkmark$$

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$$\mathbb{E}[X_1] = \mu \quad \Rightarrow \quad \text{Bias}(X_1) = 0 \quad \checkmark$$

But it's a terrible estimator — it ignores  $X_2, \dots, X_n$  entirely!

### Three statisticians go deer hunting.

The first one shoots **1 meter to the left** of the deer.

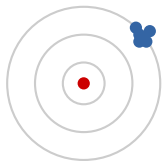
The second one shoots **1 meter to the right**.

The third one shouts: *"We got it!"*

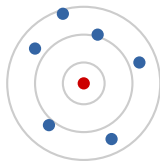
On average they hit the target — **unbiased**! But not very useful...

**Lesson:** Unbiasedness only says  $\mathbb{E}[\hat{\theta}] = \theta$ . It says nothing about how much  $\hat{\theta}$  **varies**. We need more: **variance** and **MSE**.

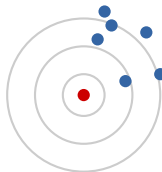
# The Dartboard Analogy



**High bias, low var**  
Precise but inaccurate



**Low bias, high var**  
Accurate but imprecise



**High bias, high var**  
Worst of both worlds



**Low bias, low var**  
The goal!

**Bullseye** = true  $\theta$ . **Blue dots** = estimates from repeated samples.

## Variance of an Estimator

The **variance** measures how much  $\hat{\theta}$  wobbles across samples:  $\text{Var}(\hat{\theta}) = \mathbb{E}[(\hat{\theta} - \mathbb{E}[\hat{\theta}])^2]$

**Why is  $\text{Var}(\bar{X}) = \sigma^2/n$  and not  $\sigma^2/n^2$ ?**

$$\text{Var}(\bar{X}) = \text{Var}\left(\frac{1}{n} \sum_{i=1}^n X_i\right) = \frac{1}{n^2} \text{Var}\left(\sum_{i=1}^n X_i\right) \quad \left(\frac{1}{n} \text{ comes out as } \frac{1}{n^2}\right)$$

$$= \frac{1}{n^2} \sum_{i=1}^n \text{Var}(X_i) \quad (\text{independent} \Rightarrow \text{variances } \mathbf{add})$$

$$= \frac{1}{n^2} \cdot n\sigma^2 = \boxed{\frac{\sigma^2}{n}} \quad (n \text{ terms cancel one } n)$$

$$\text{SE}(\bar{X}) = \frac{\sigma}{\sqrt{n}} \quad (\text{standard error} = \sqrt{\text{Var}})$$

## Mean Squared Error: The Total Error

Bias tells us about the **aim**, variance about the **spread**. Can we combine them?

$$\text{Mean Squared Error: } \text{MSE}(\hat{\theta}) = \mathbb{E}[(\hat{\theta} - \theta)^2]$$

The average squared distance from the estimate to the truth.

**The trick:** add and subtract  $\mathbb{E}[\hat{\theta}]$  to decompose the error:

$$\hat{\theta} - \theta = \underbrace{(\hat{\theta} - \mathbb{E}[\hat{\theta}])}_{\text{random fluctuation}} + \underbrace{(\mathbb{E}[\hat{\theta}] - \theta)}_{\text{bias (a constant!)}$$

This splits the total error into two pieces: the **random part** (how much  $\hat{\theta}$  moves around its own mean) and the **systematic part** (how far that mean is from the truth).

## MSE = Bias<sup>2</sup> + Variance: The Proof

Now square  $\hat{\theta} - \theta = (\hat{\theta} - \mathbb{E}[\hat{\theta}]) + (\mathbb{E}[\hat{\theta}] - \theta)$  and take expectations:

$$\mathbb{E}[(\hat{\theta} - \theta)^2] = \mathbb{E}\left[(\hat{\theta} - \mathbb{E}[\hat{\theta}])^2\right] + 2 \underbrace{(\mathbb{E}[\hat{\theta}] - \theta)}_{\text{constant}} \cdot \underbrace{\mathbb{E}[\hat{\theta} - \mathbb{E}[\hat{\theta}]]}_{= 0 \text{ (always!)}} + (\mathbb{E}[\hat{\theta}] - \theta)^2$$

The cross term vanishes because  $\hat{\theta} - \mathbb{E}[\hat{\theta}]$  has mean zero **by definition**.

$$\boxed{\text{MSE}(\hat{\theta}) = \text{Var}(\hat{\theta}) + \text{Bias}^2(\hat{\theta})}$$



Unbiased means  $\text{MSE} = \text{Var}$ , but a biased estimator can still win if its variance is low enough.

## When Biased Beats Unbiased

**Example:** Estimating  $\sigma^2$  from  $X_1, \dots, X_n \sim N(\mu, \sigma^2)$ .

Estimator	Bias	Variance	MSE
$S^2 = \frac{1}{n-1} \sum (X_i - \bar{X})^2$	0	$\frac{2\sigma^4}{n-1}$	$\frac{2\sigma^4}{n-1}$
$\hat{\sigma}_n^2 = \frac{1}{n} \sum (X_i - \bar{X})^2$	$-\frac{\sigma^2}{n}$	$\frac{2(n-1)\sigma^4}{n^2}$	$\frac{(2n-1)\sigma^4}{n^2}$

Compare:  $\frac{2n-1}{n^2}$  vs  $\frac{2}{n-1} \Rightarrow \hat{\sigma}_n^2$  has **lower MSE** for all  $n \geq 2$ !

The biased estimator beats the unbiased  $S^2$  because its variance reduction outweighs the small bias.

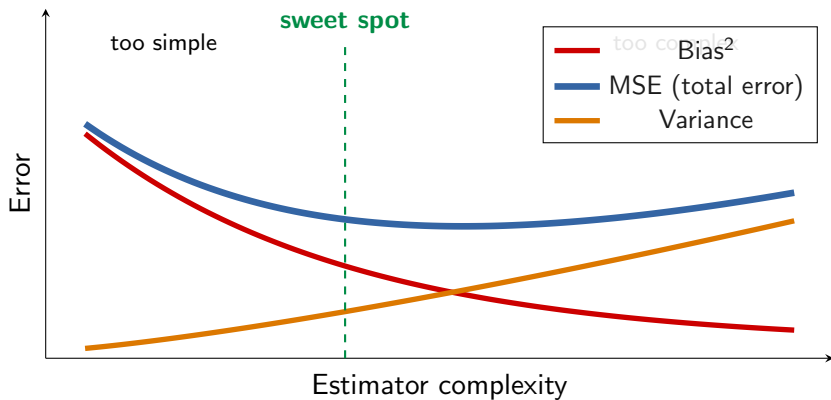


## The Bias-Variance Tradeoff

You can't minimize bias and variance at the same time.

How do we find the **sweet spot**?

# The Bias-Variance Tradeoff



## Bias-Variance in Machine Learning

This tradeoff is **everywhere** in ML — it's the same principle in different disguises:

Setting	Too simple (high bias)	Too complex (high var)
Polynomial regression	Degree 1 (line)	Degree 20 (wiggly)
KNN	Large $k$ (oversmoothed)	$k = 1$ (memorizes noise)
Decision tree	Shallow tree (underfits)	Deep tree (overfits)
Neural network	Too few neurons	Too many neurons
Regularization	Strong penalty ( $\lambda$ large)	No penalty ( $\lambda = 0$ )

**Key insight:** In all these cases, the total error (MSE, test loss) is minimized at an intermediate complexity. This is why we need **cross-validation**, **regularization**, and **held-out test sets** — to find the sweet spot empirically.

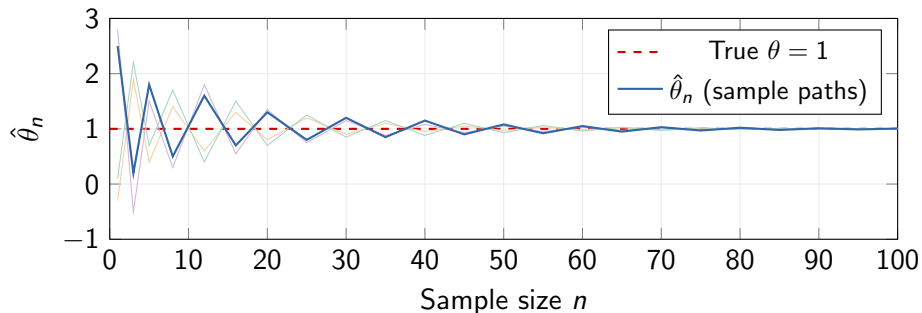
## Consistency

Does our estimator converge to the truth  
as we collect more and more data?

## Consistency: Getting It Right Eventually

An estimator  $\hat{\theta}_n$  is **consistent** if it converges to the truth as  $n \rightarrow \infty$ :

$$\hat{\theta}_n \xrightarrow{P} \theta \quad \text{i.e.,} \quad \Pr(|\hat{\theta}_n - \theta| > \varepsilon) \rightarrow 0 \text{ for all } \varepsilon > 0$$



# Consistent vs Inconsistent: A Contrast

**Consistent:**  $\hat{\mu} = \bar{X}_n$

- ▶  $\mathbb{E}[\bar{X}_n] = \mu$  (unbiased)
- ▶  $\text{Var}(\bar{X}_n) = \sigma^2/n \rightarrow 0$
- ▶ Uses **all**  $n$  observations
- ▶ More data  $\Rightarrow$  more precise

**Not consistent:**  $\tilde{\mu} = X_1$

- ▶  $\mathbb{E}[X_1] = \mu$  (also unbiased!)
- ▶  $\text{Var}(X_1) = \sigma^2$  (constant!)
- ▶ Uses **only** the first observation
- ▶ Ignores all other data forever

**Unbiased  $\neq$  consistent.**  $X_1$  is unbiased but NOT consistent.

**Consistent  $\neq$  unbiased.**  $\hat{\sigma}_n^2 = \frac{1}{n} \sum (X_i - \bar{X})^2$  is biased but IS consistent (because its bias  $\rightarrow 0$  and its variance  $\rightarrow 0$ ).

# Sufficient Conditions for Consistency

**Chebyshev's inequality** gives us a concrete tool:

$$\Pr(|\hat{\theta}_n - \theta| \geq \varepsilon) \leq \frac{\mathbb{E}[(\hat{\theta}_n - \theta)^2]}{\varepsilon^2} = \frac{\text{MSE}(\hat{\theta}_n)}{\varepsilon^2} = \frac{\text{Bias}^2 + \text{Var}}{\varepsilon^2}$$

$$\text{Bias}(\hat{\theta}_n) \rightarrow 0 \text{ as } n \rightarrow \infty$$

$$\text{Var}(\hat{\theta}_n) \rightarrow 0 \text{ as } n \rightarrow \infty$$



$$\text{MSE} \rightarrow 0 \Rightarrow \Pr(|\hat{\theta}_n - \theta| \geq \varepsilon) \rightarrow 0 \Rightarrow \textbf{consistent!}$$

**Example:**  $\bar{X}_n$  is consistent for  $\mu$ :  $\text{Bias} = 0$ ,  $\text{Var} = \sigma^2/n \rightarrow 0$ , so

$$\Pr(|\bar{X}_n - \mu| \geq \varepsilon) \leq \sigma^2/(n\varepsilon^2) \rightarrow 0.$$

This is precisely the **(Weak) Law of Large Numbers**:  $\bar{X}_n \xrightarrow{P} \mu$ .

## Sufficiency

We have  $n$  data points. Do we really need **all** of them?

Can we **compress** without losing information?



## Sufficiency: Can We Compress the Data?

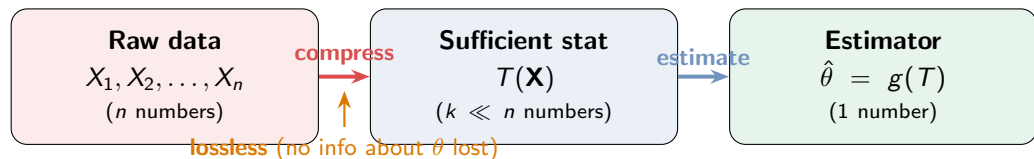
**Example:**  $X_1, \dots, X_n \sim \text{Bern}(p)$ . To estimate  $p$ :

- ▶ We only need  $T = \sum X_i$  (total number of successes)
- ▶ The specific order (HHTHT vs THHHT) tells us nothing more about  $p$

**Definition:** A statistic  $T(\mathbf{X})$  is **sufficient** for  $\theta$  if the conditional distribution of  $\mathbf{X} \mid T(\mathbf{X})$  does not depend on  $\theta$ .

**Intuition:** Once you know  $T$ , the remaining randomness in the data is just noise — it carries **no information** about  $\theta$ .  $T$  is a “lossless summary.”

# Sufficiency as Data Compression



## Example

## Bernoulli

$$0, 1, 1, 0, 1, 1, 1, 0, 1, 0 \longrightarrow T = \sum X_i = 6 \longrightarrow \hat{p} = 6/10 = 0.6$$

The order  $(0, 1, 1, 0, 1, \dots)$  doesn't matter for estimating  $p$  — only the **total count** matters.

## How to Check: Fisher–Neyman Factorization

**Theorem:**  $T(\mathbf{X})$  is sufficient for  $\theta$  if and only if:

$$f(\mathbf{x} \mid \theta) = g(T(\mathbf{x}), \theta) \cdot h(\mathbf{x})$$

where  $g$  depends on the data **only through**  $T$ , and  $h$  does not depend on  $\theta$ .

**Bernoulli worked example:**  $X_1, \dots, X_n \sim \text{Bern}(p)$ , let  $T = \sum X_i$ .

$$f(\mathbf{x} \mid p) = \prod_{i=1}^n p^{x_i} (1-p)^{1-x_i} = \underbrace{p^{\sum x_i} (1-p)^{n-\sum x_i}}_{g(T, p)} \cdot \underbrace{1}_{h(\mathbf{x})}$$

Model	Sufficient statistic	Intuition
$\text{Bern}(p)$	$T = \sum X_i$	1 number for 1 parameter
$N(\mu, \sigma_0^2)$ ( $\sigma_0^2$ known)	$T = \bar{X}$	1 number for 1 parameter
$N(\mu, \sigma^2)$ (both unknown)	$T = (\bar{X}, S^2)$	2 numbers for 2 parameters

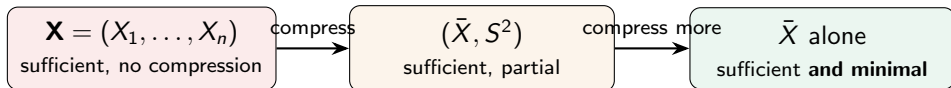
# Minimal Sufficiency

The full data  $\mathbf{X}$  is always trivially sufficient. But can we compress **further**?

A sufficient statistic is **minimal** if it is a function of every other sufficient statistic.

It achieves the **maximum compression** without losing information about  $\theta$ .

**Example:** For  $X_1, \dots, X_n \sim N(\mu, \sigma_0^2)$  with  $\sigma_0^2$  known:



Since only  $\mu$  is unknown,  $S^2$  carries no extra information —  $\bar{X}$  alone is enough.

# The Rao–Blackwell Theorem

Why does sufficiency matter for estimation? Because it lets us **improve** any estimator:

**Rao–Blackwell Theorem:** Given *any* unbiased estimator  $\tilde{\theta}$  and a sufficient statistic  $T$ , define  $\hat{\theta} = \mathbb{E}[\tilde{\theta} \mid T]$ . Then:

- (1)  $\hat{\theta}$  is still **unbiased**:  $\mathbb{E}[\hat{\theta}] = \mathbb{E}[\tilde{\theta}] = \theta$
- (2)  $\hat{\theta}$  has **lower or equal variance**:  $\text{Var}(\hat{\theta}) \leq \text{Var}(\tilde{\theta})$

Conditioning on a sufficient statistic **never hurts, often helps**.

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Conditioning on a sufficient statistic **never hurts, often helps**.

**Worked example:**  $X_1, \dots, X_n \sim \text{Bern}(p)$ , sufficient stat  $T = \sum X_i$ .

$$\underbrace{\tilde{p} = X_1}_{\text{naive: unbiased, Var}=p(1-p)} \xrightarrow{\mathbb{E}[\cdot | T]} \underbrace{\hat{p} = \mathbb{E}[X_1 | T] = T/n = \bar{X}}_{\text{improved: unbiased, Var}=p(1-p)/n} \quad \times n \text{ better!}$$

## What Does $\mathbb{E}[\tilde{\theta} \mid T]$ Actually Mean?

**Concrete example:**  $X_1, X_2, X_3 \sim \text{Bern}(p)$ ,  $T = X_1 + X_2 + X_3$ ,  $\tilde{p} = X_1$ .

Suppose someone tells you  $T = 2$  (two successes). Which data vectors give  $T = 2$ ?

$(X_1, X_2, X_3)$	$T$	$\tilde{p} = X_1$	Equally likely?
$(1, 1, 0)$	2	1	Yes
$(1, 0, 1)$	2	1	Yes
$(0, 1, 1)$	2	0	Yes

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$(1, 1, 0)$	2	1	Yes
$(1, 0, 1)$	2	1	Yes
$(0, 1, 1)$	2	0	Yes

$$\mathbb{E}[X_1 \mid T = 2] = \frac{1 + 1 + 0}{3} = \frac{2}{3} = \frac{T}{n} \quad \checkmark$$

**“Condition on  $T$ ”** means: average  $\tilde{\theta}$  over all data configurations that produce the same value of  $T$ . The noise (which specific  $X_i$ ’s are 1 vs 0) gets averaged away. Only the useful part ( $T$ ) survives.



## Why Does Rao–Blackwell Work?

The key is the **law of total variance** (a.k.a. Eve's law):

$$\text{Var}(\tilde{\theta}) = \underbrace{\mathbb{E}[\text{Var}(\tilde{\theta} \mid T)]}_{\text{"useless" noise} \geq 0} + \text{Var}\left(\underbrace{\mathbb{E}[\tilde{\theta} \mid T]}_{\hat{\theta}}\right)$$

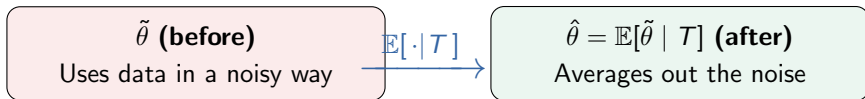
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Since the first term  $\geq 0$ , we immediately get:

$$\boxed{\text{Var}(\tilde{\theta}) \geq \text{Var}(\hat{\theta})}$$



**Intuition:**  $T$  captures all the useful information about  $\theta$ . Conditioning on  $T$  removes the “useless” randomness (the part that doesn’t tell us about  $\theta$ ). What’s left is a cleaner estimator.

## Finding Minimal Sufficient Statistics

**Theorem (Likelihood Ratio Criterion):**  $T(\mathbf{X})$  is minimal sufficient iff for all  $\mathbf{x}, \mathbf{y}$ :

$$T(\mathbf{x}) = T(\mathbf{y}) \iff \frac{f(\mathbf{x} \mid \theta)}{f(\mathbf{y} \mid \theta)} \text{ does not depend on } \theta$$

**Bernoulli example:**  $X_1, \dots, X_n \sim \text{Bern}(p)$ .

$$\frac{f(\mathbf{x} \mid p)}{f(\mathbf{y} \mid p)} = \frac{p^{\sum x_i} (1-p)^{n-\sum x_i}}{p^{\sum y_i} (1-p)^{n-\sum y_i}} = \left( \frac{p}{1-p} \right)^{\sum x_i - \sum y_i}$$

Free of  $p \iff \sum x_i = \sum y_i$ . So  $T = \sum X_i$  is **minimal sufficient** for  $p$ . ✓

**Recipe:** Write the likelihood ratio  $f(\mathbf{x} \mid \theta)/f(\mathbf{y} \mid \theta)$ .  
Find which function of the data must match for the ratio to lose its  $\theta$ -dependence.  
That function is the minimal sufficient statistic.

# The Exponential Family: A Unifying Framework

All our examples — Bernoulli, Normal, Poisson, Exponential — share one structure:

$$f(x | \theta) = h(x) \exp\left(\eta(\theta) T(x) - A(\theta)\right)$$

Distribution	Natural param $\eta(\theta)$	$T(x)$	Suff. stat ( $n$ obs)
Bern( $p$ )	$\log \frac{p}{1-p}$	$x$	$\sum X_i$
$N(\mu, \sigma_0^2)$ ( $\sigma_0^2$ known)	$\mu/\sigma_0^2$	$x$	$\sum X_i$
Pois( $\lambda$ )	$\log \lambda$	$x$	$\sum X_i$
Exp( $\lambda$ )	$-\lambda$	$x$	$\sum X_i$

**Pattern:** For single-parameter families,  $T(x) = x$ . The sufficient statistic for  $n$  observations is always  $\sum T(X_i)$  — straight from the factorization theorem!

# Why Exponential Families Are Special

Nearly every nice property we've discussed is **automatic** in exponential families:

**Sufficiency:**  $T(\mathbf{X}) = \sum T(X_i)$  is sufficient **and minimal**

**Completeness:** the natural sufficient statistic is **complete** (see below)

**Regularity:** all conditions for the Cramér–Rao bound (coming soon) are satisfied

**Optimal estimators exist:** we'll see this when we reach the CR bound

**Completeness** means: if  $\mathbb{E}_\theta[g(T)] = 0$  for all  $\theta$ , then  $g(T) = 0$  a.s.  $\rightarrow$  **no non-trivial unbiased estimator of zero** based on  $T$ .

**Lehmann–Scheffé:** An unbiased estimator based on a **complete** sufficient statistic is the **unique best** unbiased estimator (UMVUE). For exp. families,  $\sum T(X_i)$  is always complete  $\Rightarrow$  UMVUE exists!

## Homework

1. Show that  $\bar{X}$  is unbiased for  $\mu$  and compute its MSE.
2. Show that  $\hat{\sigma}_n^2 = \frac{1}{n} \sum (X_i - \bar{X})^2$  is biased for  $\sigma^2$ . Find the bias.
3. Suppose you shrink  $\bar{X}$  toward 0:  $\hat{\mu}_c = c\bar{X}$  for  $0 < c < 1$ .  
Find the bias, variance, and MSE as functions of  $c$ .  
For what value of  $c$  is MSE minimized? Is the optimal estimator biased?
4. Use the factorization theorem to show that  $T = \sum X_i$  is a sufficient statistic for  $\lambda$  when  $X_1, \dots, X_n \sim \text{Poisson}(\lambda)$ .

# Questions?