

MALAYSIA

EAST COAST REGION

Pahang

Terengganu

Kelantan

Malaysia
Truly Asia



TRADITIONS. BEACHES. HIGHLANDS. MAKE YOUR DREAMS COME TRUE!

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WELCOME TO THE EAST COAST REGION



Imagine an idyllic island surrounded by the azure waters of the South China Sea, or a pristine tropical rainforest with rare, exotic plants and towering trees. Imagine invigorating hill resorts or charming coastal villages with fascinating cultural pursuits. Such places are not only found in dreams. In the East Coast Region in Peninsula Malaysia, dreams can become a reality.

The East Coast Region offers a lovely assemblage of nature, culture and a laidback atmosphere. There are three states in this region – Pahang, Kelantan and Terengganu. While Pahang is the most developed of the three states, Kelantan and Terengganu beckon with more rural landscapes and an old-world charm. Visitors who are familiar with the peninsula's west coast will notice a distinct difference in the east coast. Here, time seems to move at an unhurried pace and the busy city life makes way for a laidback lifestyle.

Within this region resides Taman Negara, a 130-million-year-old rainforest. Much to the delight of sun-seekers, the internationally-famed islands of Tioman, Perhentian, Redang and Lang Tengah offer exotic getaways and unforgettable undersea adventures. A number of Asia's premier hill resorts, such as Genting Highlands and Cameron Highlands, are also among the region's remarkable assets.

Filled with unique attractions, the East Coast Region is an oasis of serenity, perfect to unwind and relax in. Be enchanted by the magic of the East Coast Region.

PAHANG

Pahang is the largest state in Peninsular Malaysia. Nearly two-thirds of the state is enveloped in verdant rainforest, making it a magnificent enclave of lush greenery, exotic wildlife and natural treasures.

Its magnificent natural attractions include Taman Negara, a 130-million-year-old rainforest as well as animal sanctuaries, parks, lakes and waterfalls. Other natural gems include Endau-Rompin State Park and Tioman, an idyllic island.

Pahang's capital city is Kuantan, a bustling township with interesting sights.

Come, enjoy this
Gift of Nature today!



MAP OF PAHANG



PLACES OF INTEREST



TAMAN NEGARA

Taman Negara, Malaysia's premier national park, is a haven for a diversity of plants, animals, birds, butterflies, insects and fish. Unique attractions in this 434,350ha park are ancient trees with giant buttresses, limestone caves, waterfalls and jungle-clad mountains. Taman Negara straddles across all three states in the east coast region – Pahang, Kelantan and Terengganu. However, over half of its total area, including the park headquarters, is located in Pahang.

Must do:

- Stroll along the world's longest canopy walkway
- Go jungle trekking
- Try river cruising or canoeing
- Visit the Orang Asli Village (indigenous people)
- Watch nocturnal animals from the observation hides
- Explore the ancient caves
- Climb Gunung Tahan, Peninsular Malaysia's highest mountain
- Go birdwatching to see 350 species of birds

There are four entry points to Taman Negara; via Kuala Tahan or Sungai Relau in Pahang, Kuala Koh in Kelantan and Tanjung Mentong in Terengganu. Each entryway offers different activities and attractions. Permits and licences can be obtained from the Department of Wildlife and National Parks (PERHILITAN). Accommodation is available.

Department of Wildlife and National Parks

Tel: 03 9086 6800 (Kuala Lumpur)

09 517 8111 (Pahang)

09 741 6240 (Kelantan)

09 622 1460 (Terengganu)



*Estimated to be
130 million
years old,
Taman Negara
is one of the
oldest
rainforests in
the world.*



TIOMAN ISLAND

Hailed as one of Southeast Asia's finest beach getaways, Tioman beckons with aquamarine waters, spectacular coral formations, diverse marine life and a rustic charm. Tioman lies about 56km off the coast of Pahang. The main staging points are Tanjung Gemok in Pahang and Mersing in Johor. The journey takes about one hour. Berjaya Air offers direct air links to the island from Kuala Lumpur and Singapore. Accommodation ranges from a five-star resort to beach chalets.

Must do:

- Snorkel alongside parrotfish, clownfish, angelfish and many more
- Dive at the Marine Park Centre
- Go island-hopping
- Take a two-hour trek that cuts across the island
- Visit the Asah Waterfall
- Have a picnic at Monkey Bay
- Rent a bicycle to explore the villages
- Scale Mount Kajang, the highest peak on the island
- Try rock climbing at the granite boulders
- Go golfing
- Rejuvenate at the spa

Tel: Tioman Development Authority

09 413 3173 (Rompin) / 09 419 1242 (Tioman)

Marine Park Department - Kuala Rompin

09 414 0532

Marine Park Department - Tioman

09 414 1595

Website: www.dmpm.nre.gov.my



Standing at 690m, Gunung Neneh Semukut in Tioman is Malaysia's highest freestanding spire. Its pinnacle resembles the profile of an old lady.



CAMERON HIGHLANDS

Escape to a cool, picturesque getaway! Situated at an elevation of 1,524m above sea level, this refreshing retreat is characterised by undulating valleys, sprawling tea plantations, terraced flower gardens and vegetable farms. This is the largest hill resort in Malaysia. The main towns are Ringlet (situated at the base), Tanah Rata (the administrative centre with the most number of chalets and backpackers' inns) as well as Brinchang (situated further up, with major hotels and restaurants). Cameron Highlands is accessible via Tapah in Perak, Gua Musang in Kelantan or Sungai Koyan / Pos Betau in Pahang (new route via Raub).

Must do:

- Visit the tea plantations
- Enjoy a steaming cup of tea with scones
- Buy fresh blooms at the flower gardens
- Sample fresh strawberries and homemade jam
- Visit a cactus farm or vegetable farm
- Enjoy golfing against a spectacular backdrop
- Trek into the fantasy-like Mossy Forest
- Go mountain hiking
- Visit the MARDI Research Station



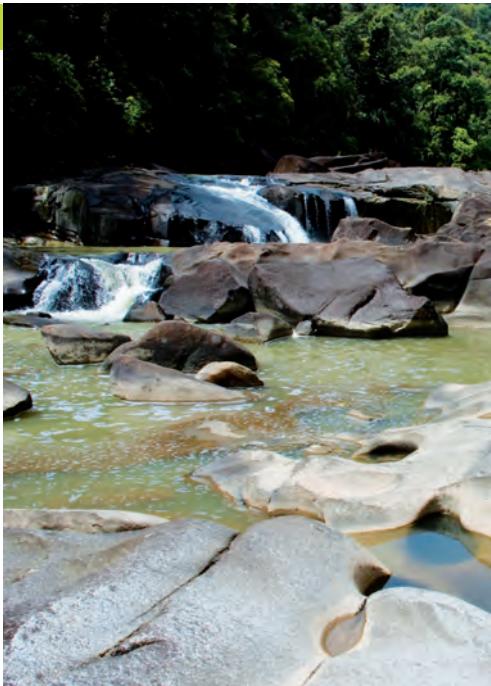
ENDAU-ROMPIN STATE PARK

The untouched wilderness at the Endau-Rompin State Park is one of the country's last remaining lowland dipterocarp forests. This is the second-largest national park in the peninsula and it straddles across the states of Pahang and Johor (in the southern region). Spread over 80,000ha, the park is home to a plethora of exotic plants and animals. Within the area, the nearly-extinct Sumatran rhinoceros, tigers, elephants and tapirs roam free. To protect the environment, only certain areas of the huge park are open to tourists. Permits must be obtained before entering this nature reserve. Trekkers are advised to get the services of forest rangers.

Must do:

- Go trekking to discover the rare plants
- See animal footprints at the salt licks
- Delight in spotting nearly 200 species of birds
- Enjoy a dip at the waterfalls
- Try rapid shooting
- Explore the caves

Tel : 09 414 5204 (Rompin Forestry Department)



NATIONAL ELEPHANT CONSERVATION CENTRE Kuala Gandah

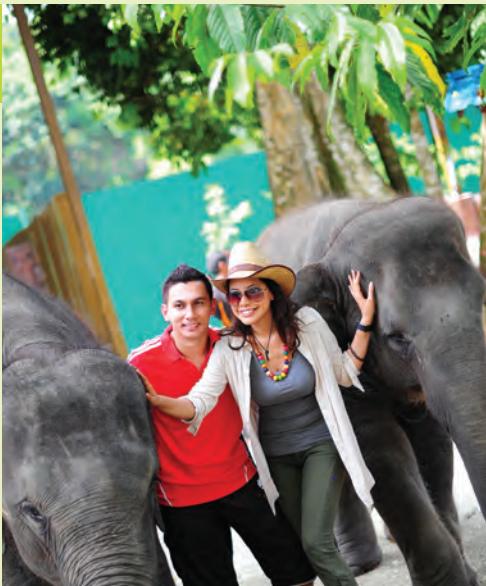
One of the best attractions in the state, this centre offers a chance for visitors to come up close with Malaysian elephants (*Elephas maximus*). Established in 1989, the centre is dedicated towards rescuing and translocating elephants. The centre is the only one of its kind in the country and it aims to educate the public on the importance of conservation and protection. Kuala Gandah is situated about 40km from Bentong.

Must do:

- Learn more about the centre's efforts in the Elephant Conservation Talk
- Watch the presentation on elephant rescue
- Try your hand at feeding the jumbos

Admission is free.

Tel: 09 279 0391



GENTING HIGHLANDS

Gear up for round-the-clock entertainment and excitement! Perched some 1,800m above sea level, Genting Highlands is tremendously popular among locals and visitors for its outdoor and indoor theme parks. Accommodation is aplenty but prior reservations must be made during peak seasons. Genting Highlands is easily accessible from Kuala Lumpur via the Karak Highway. It is about 51km northeast of Kuala Lumpur or about an hour's drive. Daily bus services to Genting are also available from the KL Sentral Station in Kuala Lumpur.

Must do:

- Enjoy a cable car ride
- Get an adrenalin rush at the theme parks
- Try out Sky Venture, Asia's first skydiving simulator
- Visit the Snow World
- Try your luck at the casino
- Watch live performances
- Stroll around and enjoy the cool, misty air
- Go horse riding
- Visit strawberry farm
(www.gentingstrawberry.com)

Website: www.rwgenting.com



FRASER'S HILL

Nestled prettily amidst the Pahang rainforest is the little hamlet of Fraser's Hill. Akin to a little Scottish village, Fraser's Hill is characterised by granite coloured mock-Tudor houses and colonial-style buildings. The hill resort exudes a nostalgic charm, almost as if visitors have been taken back in time, to a bygone era. At 1,524m above sea level, the highland resort is a naturalists' paradise boasting a wide range of plants, birds and animals. Fraser's Hill is ideal for visitors who are interested in gentler pursuits.

Must do:

- Enjoy observing a variety of birds
- Go horse-riding
- Stroll along the scenic routes, flower gardens and parks
- Play a round of golf
- Trek along the nature trails

Tel: 09 517 1623 / 24 (Pahang Tourism)

One of Malaysia's premier locations for birdwatching, this hill resort is the venue for the annual Fraser's Hill International Bird Race.



Fraser's Hill derives its name from Louis James Fraser, a Scottish trader who mysteriously disappeared here in 1916.

TRADITIONAL WEAVING Pekan and Kuantan

One of the state's most prestigious products is the *Kain Tenun Pahang*, a fabric that is handwoven using time-honoured methods.

Set within a well-landscaped area dotted with Malay traditional-style buildings, Pulau Keladi Cultural Village in Pekan is an excellent place to watch how this exquisite craft is created. Within the area lies another attraction, the birth place of Tun Abdul Razak (Malaysia's second Prime Minister and father of the present Prime Minister).

Traditional weaving can also be seen at Kuantan. Visitors can watch how the fabric is woven or purchase it as a souvenir.



BERJAYA HILLS

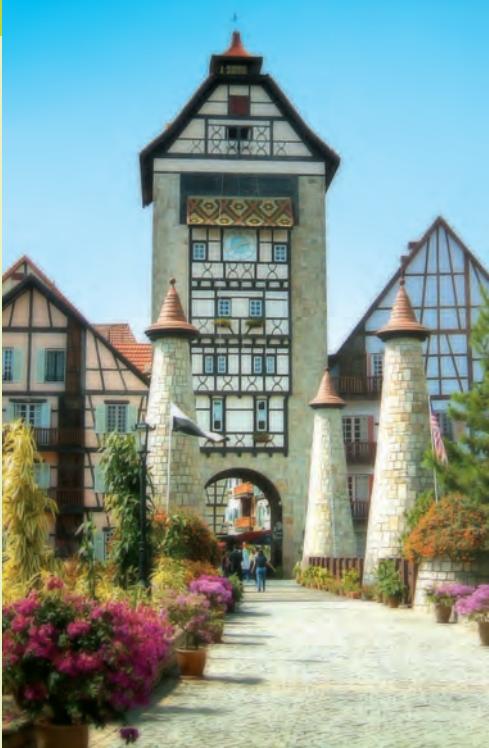
If you have always wanted to see various cultures of the world in a single destination, then Berjaya Hills gives you the chance to do just that. Nestling serenely against 16,000 acres of rugged hills surrounded by the tropical rainforest, Berjaya Hills beckons with three different settings.

The main draw here is the French-style Colmar Tropicale, a replica of the original 18th century Colmar Village in Alsace, France. Tucked away higher up is the Zen-inspired Japanese Village. The third and newest attraction here is the Chateau Spa & Wellness Resort, a French themed boutique hotel and spa modelled after an 18th century medieval castle in France. Berjaya Hills is situated about 10km off the East West Karak Highway. It is a mere 60 minutes drive from Kuala Lumpur.

Must do:

- Stroll around the cobblestoned courtyard
- Dine at the French restaurants
- Experience the Japanese tea ceremony
- Indulge in a hot bath at Tatami Spa
- Tee off at the 18-hole golf course
- Cuddle the adorable rabbits at the Rabbit Park
- Go horse-riding

Website: www.berjayahills.com.my



CHERATING BEACH

Fringed by the waters of the South China Sea, Cherating Beach offers a quiet holiday amidst a rustic atmosphere. The shore is lined by hotels and resorts catering to all budgets, from backpacker's inns to luxury beach resorts. Just nearby is Kampung Cherating, a tranquil Malay village that sits prettily amidst swaying palms and tropical vegetation. Cherating Beach is about 47km north of Kuantan. Other popular beaches in the vicinity are Chendor, Teluk Chempedak and Balok.

Must do:

- Go catamaran sailing
- Try kayaking
- Brave the waves and go windsurfing
- Visit the Turtle Sanctuary
- Take a river cruise along the mangroves
- Watch how crafts are made at the Cherating Village
- Watching fireflies



*Cherating
is the
location of
Asia's first
Club Med.*



THE ROYAL TOWN OF PEKAN

Pekan, Pahang's Royal Town, has a number of distinguished attractions that reflect the state's glorious past. The Sultan Abu Bakar Palace or Royal Palace is an impressive sight even from afar. At the Sultan Abu Bakar Museum, visitors can view a collection of exhibits on the state and its esteemed royal family. Other treasured items in the museum include antiques, ceramics and glassware. Pekan is situated on the banks of the Pahang River, about 50km south of Kuantan.



HOMESTAYS

Pahang has one of the highest number of homestay villages in the country. The state's vast wilderness and natural attractions make a homestay experience here lively and adventurous.

Among the homestay villages in the state are:

- Desa Murni , Temerloh
- Kampung Taman Sedia , Cameron Highlands
- Kuala Medang , Kuala Lipis
- Rumpun Makmur , Temerloh
- Sungai Pasu , Raub
- Kampung Baru Salong , Pekan
- Kampung Leban , Rompin
- Sri Makmur , Kuantan
- Janda Baik , Bentong
- Pantai Sepat 2 , Kuantan
- Jengka 25 , Temerloh
- Kampung Sungai Lembing , Kuantan
- Gali Hilir, Raub
- Felda Mempaga 1, Raub
- Labu, Jerantut
- Kampung Peruas, Raub



SUNGAI LEMBING MUSEUM

Dubbed as the 'El Dorado' of the Malay States, Sungai Lembing used to be the largest producer of tin-ore in Pahang. In its heyday, this serene township was the site of the largest subterranean tin mine in Southeast Asia. The Sungai Lembing Museum takes visitors back to this glorious era, with exhibits such as mining equipment and workers' attire. The collection of furniture and household items give a glimpse into the lifestyle of the English community that once lived here. Don't miss the diorama, reputed to be among the best in the country.

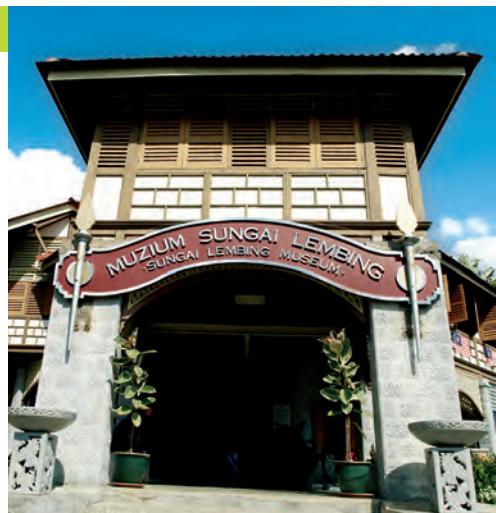
Opening hours: 9.00 am – 5.00 pm (daily)

Closed on Hari Raya Aidilfitri & Aidiladha

Entrance fee: MyKad: Adults RM2, Children RM1;

Without MyKad: Adults RM5, Children RM2

Tel : 09 541 2378



DEERLAND PARK Lanchang

Adorable deer, ostriches and peacocks are among the 'stars' at this delightful park. The 4.5ha park is a sanctuary for these animals that roam freely amidst the tropical vegetation. Similar to a petting zoo, visitors can feed the animals with sweet potatoes and food given by the staff. Much of Malaysia's herbs and medicinal plants are also found here and a walk along the Herb Trail gives visitors a chance to take a closer look. Accommodation is available at the Bukit Rengit Institute of Conservation Biodiversity.

Opening hours : 10.30 am – 5.30pm (daily)
Closed on Friday



FELDA RESIDENCE TEKAM Jerantut

Tucked away amidst acres of plantations and orchards, this resort serves as a refreshing getaway for visitors who wish to learn more about agriculture. Relax while you inhale the clean, fresh air and hear the chirping of birds. The resort is situated about 17km from the Jerantut town.

Must do:

- Savour tropical fruits such as durian, rambutan and dragon fruit
- Visit the cocoa, coffee, oil palm and rubber plantations
- Go caving at the Kota Gelanggi Cave Complex
- Go canoeing, boating or fishing
- Enjoy outdoor team-building activities

Tel: 09 471 8300

KOTA GELANGGI CAVES Jerantut

Said to be about 150-million years old, the cave complex here contains magnificent formations as well as unique cave fauna. Popularly explored caves include Gua Terang Bulan and Gua Sanding. According to legend, the caves are actually ruins of an ancient city. For visitors who would like to learn more, the Mini Museum offers comprehensive information on the excavations that were done here with displays of the artefacts. After a tour, visitors can sit back and relax at the café. Kota Gelanggi Caves are about 10 minutes drive from Felda Residence Tekam.

Tel: 09 471 8300 (Felda Residence Tekam)



THERE'S MUCH MORE IN PAHANG

Kuantan, the capital city, has a number of interesting tourist spots. Balok and Cherating are beaches that bustle with many lively attractions. More natural treasures await at Kuala Krau, Raub and Temerloh.



Kuantan

- Kuantan River Cruise
- Teluk Chempedak
- Muzium Seni (Art Museum)
- Sultan Haji Ahmad Shah Mosque
- Sultan Haji Ahmad Shah Silver Jubilee Agricultural Park
- Kompleks Pengembangan Tenun DiRaja Sultan Haji Ahmad Shah (Royal Pahang Weaving Development Centre)

Balok

- Balok Recreation Centre
- Natural Batik Village
- Beserah Fishing Village
- Batu Hitam Beach

Cherating

- Cherating Village
- Chendor Turtle Sanctuary and Information Centre
- Chendor Beach

Away from Kuantan

- Sungai Pandan Waterfall
- Pahang Crafts Complex
- Bukit Gambang Resort City
- Bukit Tinggi
- The Great Mines of Sungai Lembing

Tasik Chini

Tasik Bera

Kuala Rompin

- Lanjut Beach
- Hiburan Beach

Temerloh

- Gunung Senyum Caves

Kuala Lipis

- Bandar Lipis (historical buildings)
- Malaysia's zero milestone signage
- Sungai Relau Kelah Sanctuary
- Kenong Rimba Park

Raub

- Jeram Besu
- Lata Berembun Waterfall
- Lata Jarum Waterfall

Pekan

- Sultan Abu Bakar Museum
- Watercraft Gallery
- Tun Abdul Razak Gallery
- Royal Mausoleum of Pekan

SHOPPING & DINING

Shopping

Shopping for souvenirs is an exciting experience in Pahang. There are souvenir stalls in almost every town in the state, especially in areas around Kuantan, Cherating and Pekan. Shopping malls in Kuantan include the East Coast Mall, Berjaya Megamall, Kuantan Parade and Teruntum Complex. Visitors in search of novelty items and unique buys can visit the *pasar malam* or night markets. Get a range of souvenirs from crafts made of pandanus leaves to woodcarvings and batik.

Among the popular shopping spots in Pahang are:

- Craft Complex, Jalan Pintasan
- Sungai Karang
- Cherating Village
- Pahang Silk Weaving Centre, Pulau Keladi
- Batik RM , Tanah Putih



Dining

A diverse variety of Malay, Chinese and Indian food add colour and variety to Pahang's culinary scene. Continental food is available in major hotels and restaurants and fast food is easily found in various parts of the state. Adventurous visitors can enjoy Pahang's local delights that appeal with a tantalising aroma and taste. A number of dishes are said to have royal origins as they were specially created by the royal chefs of yesteryear. Destinations such as Jerantut, Lipis, Temerloh and Pekan are regarded as the places to sample authentic Pahang food. Seafood lovers should not miss a visit to Temerloh, famed as Bandar Ikan Patin or 'the town of silver catfish'.



Try these local favourites:

Mi Calong – A noodle dish served with spicy seafood gravy, *Mi Calong* is a delicious treat at any time of the day.

Laksa Pahang – Noodles and meat are cooked to perfection and served with a piquant gravy. Although *laksa* is available in other parts of the region, Laksa Pahang gets its unique taste and flavour from the special ingredients and special method of preparation.

Opor Pahang – Made of beef, mutton or lamb, this spicy dry dish is cooked with spices and coconut milk. *Opor Pahang* is best savoured with white rice or fragrant buttered rice.

Puding Raja – Hailed as a royal favourite, this delectable dessert is made with a medley of bananas, prunes, dates, cherries and cashew nuts. The ingredients are then served in a thick creamy sauce made of condensed milk, corn flour and eggs. The taste? Utterly delicious!

Nasi Periuk Kera – A rare treat, *nasi periuk kera* literally means 'pitcher plant rice'. This is a recipe from the state's indigenous communities. A special variety of pitcher plant is sourced from the rainforest, cleaned and used as a mould to cook rice.

Restaurants in Pahang

Malay

Gerai Kak Mek

No. C-1, Lurah Semantan, Temerloh
Tel: 09 296 5602

Restoran dan Kafe Santai

Lot 29573
Jalan Tanjung Lumpur, Kuantan
Tel: 019 285 7541 / 012 374 1176

Terminal Satay Zul

A 2600, Jalan Alor Akar, Kuantan
Tel : 09 538 1253

Restoran Ratu Rasa

No.38, Bangunan UMNO
Jalan Dato' Abdullah, Raub
Tel : 019 649 4691

Akob Patin House

A2, Ground Floor
Capitol Square, Kuantan
Tel: 019 987 4463 / 013 931 2709

Restoran I M Patin

Indera Mahkota, Kuantan
Tel: 017 901 5996

Restoran Lila Wadi

A 637 Jalan Teluk Slsek, Kuantan
Tel: 012 664 4054

Restoran Go Bang Maju Patin

Tempoyak

Jalan Triang, Temerloh
Tel: 019 956 9696

Chinese

Soo Ser Yen (Vegetarian)

B94 – 98, Ground Floor
Jalan Dato' Lim Hoe Lek, Kuantan
Tel : 09 513 6889 / 016 922 2299

Mexica Garden Restaurant

A1, Lorong Tun Ismail 2, Kuantan
Tel : 09 515 9248 / 09 514 8686

Swan Seafood

Ground Floor
Hotel Grand Continental
Jalan Gambut, Kuantan
Tel : 09 513 6820

Kum Leng Restaurant

E 899, Jalan Bukit Ubi, Kuantan
Tel : 09 513 4446

Paksu Seafood Restaurant

4/1417, Batu 6, Lot 922
Kg. Bahagia Beserah, Kuantan
Tel : 019 987 8403/017 989 6666

Hou Mei International Restaurant

Genting Hotel
Genting Highlands
Tel : 03 6101 1118

Restoran De Rhu Oriental

Jalan Bukit Sekilau, Kuantan
Tel : 09 514 1169

Indian

GC Curry House

No.B – 132Taman Gembira
Jalan Air Putih, Kuantan
Tel : 09 568 4454

Western

Kotakkalam

A 87 Jalan Telok Sisek, Kuantan
Tel : 014 605 1400

Restoran Tjantek

46 Jalan Besar, Kuantan
Tel : 019 917 2021

The above listing is not exhaustive

EVENTS

Enjoy a host of exciting events all year-round! Pahang has an interesting variety of events, from sporting activities to an internationally acclaimed birdwatching competition.

Event	Month	Venue
Royal Pahang Billfish International Challenge	September	Rompin
Merapoh Forest Run 2015	Oktober	Kuala Lipis
Teluk Cempedak Downhill Challenge	November	Kuantan
Cherating International Surfing	Disember	Kuantan



ESSENTIAL INFORMATION

ACCOMMODATION

Pahang has a wide range of accommodation which suits all preferences and budgets. Visitors can choose from five-star international resorts at major destinations such as Genting Highlands, Berjaya Hills and Cameron Highlands as well as at the beaches. Backpackers and budget travellers can easily find youth hostels, dormitories and beach chalets. Places such as Fraser's Hill are known for their charming cottages and Tudor-style bungalows.

Bandar Jengka

Mercu View Resort
Tel: 09 467 5650

Bentong

D' Ark Training & Resort
Tel: 09 233 0193
www.darkresort.com

Hotel Kristal *

Tel: 09 223 2118

Berjaya Hills

Berjaya Hills Golf & Country Club ****
Tel: 09 288 8890
www.berjayahills.com

Berjaya Hills Colmar Tropicale ****

Tel: 09 288 8888
www.berjayahills.com

Selesa Resort ***

Tel: 03 4042 6035 / 6931 / 6932
www.selesa.com.my

The Chateau Spa & Organic Wellness Resort ****

Tel: 03 4042 6035 / 6931 / 6932
www.selesa.com.my

Cameron Highlands

Casa De La Rosa Hotel ***
Tel: 05 491 1333
www.hotelcasadelarosa.com.my

Country Lodge Resort **

Tel: 05 491 1811

Copthorne Hotel ***

Tel: 05 496 1777
www.millenniumhotels.com/copthornecameron

Heritage Hotel ***

Tel: 05 491 3888
www.heritage.com.my

Cameron Highlands Resort ****

Tel: 05 491 1211
www.cameronhighlandsresort.com

Rainbow Garden Hotel **

Tel: 05 491 4628
www.cameronpremierhotels.com.my

Rosa Pasadena Hotel ***

Tel: 05 491 2288
www.cameronpremierhotels.com.my

Century Pines Resort ***

Tel: 05 491 5115
www.thongsin.com

Star Regency Hotel Apartments

Tel: 05 491 5135
www.star-regency.net

Strawberry Park Resort ****

Tel: 05 491 1166
www.strawberryparkresorts.com

The Cool Point Hotel ***

Tel: 05 491 4914

The Lakehouse

Tel: 05 495 6152
www.lakehouse-cameron.com

The Smokehouse

Tel: 05 491 1215
www.thesmokehouse.com.my

Cherating

Club Med Cherating Beach ****
Tel: 03 2161 4599
www.clubmed.com.my

Holiday Villa Cherating ***

Tel: 09 581 9500
www.holidayvilla.com.my

Impiana Resort Cherating ***

Tel: 09 581 9000
www.impiana.com

Residence Inn Cherating ***

Tel: 09 581 9333
www.ric.com.my

Suria Cherating Beach Resort ***

Tel: 09 581 9898
www.suriaresort.com

The Legend Resort, Cherating ****

Tel: 09 581 9818
www.legendgroup.com

Fraser's Hill

Fraser Silverpark Resort ***
Tel: 09 362 2888
www.fraserssilverpark.com

Fraser's Pine Resort

Tel: 09 362 2122
www.thepines.com.my

Shahzan Inn ***

Tel: 09 362 2300
www.shahzaninn.com.my

Ye Olde Smoke House ***

Tel: 09 362 2226
www.thesmokehouse.com.my

Puncak Inn

Tel: 09 362 2007

Genting Highlands

Awana Golf & Country Resort ****
Tel: 03 6101 3015
www.awana.com.my

Genting Hotel ****

Tel: 03 6101 1118
www.genting.com.my

Genting View Resort ***

Tel: 03 6100 2267

Highlands Hotel ****

Tel: 03 6101 1118
www.genting.com.my

Resort Hotel ****

Tel: 03 6101 1118
www.genting.com.my

Seri Malaysia ***

Tel: 03 6100 2525
www.serimalaysia.com.my

Theme Park Hotel **

Tel: 03 6101 1118
www.genting.com.my

Jerantut / Taman Negara

Jerantut Hill Resort ***
Tel: 09 267 2288
www.jhresort.com.my

Mutiara Taman Negara ***

Tel: 09 266 3500
www.mutiarahotels.com

Nusa Camp Holiday Village

Tel: 09 266 2369
www.tamannegaranusaholiday.com.my

Rainforest Resort

Tel: 09 266 7888 / 09 266 7241 / 09 266 7637

Felda Residence Tekam

Tel: 09 471 8300
www.plantationresorts.com.my

Woodland Resort

Tel: 09 266 1111
www.woodland.com.my

Teresek View Motel Tel: 09 266 9744	Seri Malaysia Kuantan ** Tel: 09 513 6666 www.serimalaysia.com.my	Pulau Tioman Babura Seaview Resort Tel: 09 419 1139
Hotel Darul Makmur Tel : 09 2662552 www.darulmakmурhotel.com.my	Shahzan Inn Kuantan *** Tel: 09 513 6688 www.shahzaninn.com.my	Berjaya Beach Golf & Spa Resort **** Tel: 09 419 1000 www.berjayahotels-resorts.com
Kuala Lipis Lipis Centrepoin Hotel & Apartment ** Tel: 09 312 2688 www.centrepointhotel.com.my	Suraya Hotel ** Tel: 09 516 4266	Genting Bayu Chalet Tel: 09 419 7039
Lipis Plaza Hotel ** Tel: 09 312 5588 www.lipisplaza.com	Swiss-Garden Resort & Spa **** Tel: 09 544 7333 www.swissgarden.com	Juara Beach Resort Tel: 012 264 7099
Paci c Hotel *** Tel: 09 312 2788	Vistana Hotel **** Tel: 09 517 8000 www.vthotels.com	Minang Cove Tel: 07 799 7372 www.minangcove.com.my
Kuala Rompin Lanjut Golden Beach & Golf Resort *** Tel: 09 414 5113 www.lanjut.my	The Zenith Hotel & Sultan Ahmad Shah International Convention Centre**** Tel: 09 565 9595 www.thezenithhotel.com	Mukut Harmony Resort Tel: 019 724 9390 www.harmonytionman.com
Rompin Beach Resort *** Tel: 09 414 1367 www.rbr.com.my	Rocan Hotel Kuantan*** Tel: 09 517 3993 www.rocanhotel.com	Panuba Inn Resort Tel: 09 419 1424 www.panubainn.com
Seri Malaysia Rompin ** Tel: 09 413 2723 www.serimalaysia.com.my	Bukit Gambang Resort City*** Tel: 09 548 8000 www.bgrc.com.my	Paya Beach Resort Tel: 07 419 7100 www.payabeach.com
Kuantan Citiview Hotel *** Tel: 09 517 9988	Hotel Sentral Kuantan*** Tel: 09 565 9999 www.hotelsentralkuantan.com.my	Salang Indah Resort Tel: 09 419 5015
Classic Hotel *** Tel: 09 516 4599	Sri Manja Boutique Hotel Tel: 09 571 6222 www.srimanjahotel.com.my	Salang Pusaka Resort Tel: 09 419 5317 www.salangpusakaresort.com.my
De Rhu Beach Resort *** Tel: 09 557 9000 www.derhu.com.my	Arenaa Batik Boutique Hotel Tel: 09 513 9800 www.arenaabatik.com.my	Damai Tioman Resort Tel: 09 419 7055 www.damaitiomanresort.com
Black Stone Resort * Tel: 09 544 7822 www.blackstoneresort.com.my	Seasons View Hotel ** Tel: 09 516 2828 www.seasonview-kuantan.com	Sun Beach Resort Tel: 09 419 7069 www.sunbeachresort.com.my
Grand Champagne Hotel * Tel: 09 513 8822	City Times Hotel Tel: 09 573 9093	Tunamaya Beach & Spa Resort Tel: 07 238 8881 www.tunamayaresort.com
Grand Continental Hotel *** Tel: 09 515 8888 www.dhihotels.com.my	The V Hotel Kuantan Tel: 09 515 8866 www.thevhotel.com.my	Nazri's Place Tel: 016 362 3120 www.nazrisplace.com
Greenlast Hotel Tel: 09 556 3338	Maran / Temerloh Green Park Hotel ** Tel: 09 296 3333 www.greenpark.com.my	1511 Coconut Grove Tel: 010 766 4089 www.1511asia.com
Hyatt Regency Hotel ***** Tel: 09 518 1234 Website: kuantan.regency.hyatt.com	Seri Malaysia Temerloh ** Tel: 09 296 5776 www.serimalaysia.com.my	Santai Bistro & Chalet Tel: 09 419 3100 www.tiomansantabilbistro.com
Le Village Beach Resort Kuantan *** Tel: 09 544 4645 www.levillagebeachresort.com	Mentakab Bukit Bendera Resort *** Tel: 09 278 2828 www.ijm.com	Japamala Resort Tel: 09 419 7777 www.japamalaresorts.com
M.S. Garden Hotel *** Tel: 09 517 7899 www.ms-garden.com.my	Pekan Ancasa Royale Pekan Tel: 019 424 6600 www.ancasaroyale.com	Bagus Place Retreat Tel: 019 306 9210 www.bagusplace.com
Mega View Hotel ** Tel: 09 517 1888 www.megaview.com		Raub Casabrina Villa & Spa **** Tel: 016 980 3222/016 980 3111

*The above listing is not exhaustive
* Star rating*

TRANSPORTATION

Getting There

By Air Malaysia Airlines operates daily flights from the Kuala Lumpur International Airport (KLIA) to the Sultan Ahmad Shah Airport in Kuantan. The journey takes about 40 minutes. In addition, visitors can get to Pahang via Firefly, which operates three times a week from the Penang International Airport (PIA).

By Road Kuantan is situated about 260km from Kuala Lumpur. There is a good network of roads linking the state to Kuala Lumpur, the capital city, as well as the neighbouring states of Kelantan and Terengganu. Visitors can self-drive from Kuala Lumpur and the journey takes approximately 3 ½ hours via the East Coast Highway.

By Bus Air-conditioned express buses to Pahang can easily be obtained from Kuala Lumpur. Buses depart from the Puduraya Bus Terminal or Hentian Pekeliling. Pahang is also well-connected to the neighbouring states of Kelantan and Terengganu.

By Rail Keretapi Tanah Melayu or Malayan Railway provides rail services to Mentakab and Kuala Lipis from Kuala Lumpur and Kota Bharu (in Kelantan).

Getting Around

Getting around Kuantan is relatively simple with the easy availability of buses and taxis. Taxis are available at main hubs such as Kompleks Teruntum, Berjaya Megamall and Jalan Mahkota. To visit the outlying places in Pahang, visitors can board the outstation buses from Terminal Makmur. Alternatively, arrange with a tour operator.

Getting to Pulau Tioman

Tioman is accessible by boat and ferry from Tanjung Gemok in Pahang and Mersing in Johor. The journey takes about 1 ½ hours. Berjaya Air operates daily direct flights to Tioman from the Sultan Abdul Aziz Shah Airport in Subang as well as from Singapore. The journey takes about one hour from Kuala Lumpur and 40 minutes from Singapore.

USEFUL CONTACT NUMBERS

Tourism Enquiries

Tourism Malaysia Pahang Office	09 517 7111 /112 /115	
Pahang Tourist Information Centre	09 516 1007	
Fraser's Hill Development Corporation	09 517 1623 /24	www.pkbf.org.my
Tioman Development Authority	09 413 3173	www.tioman.gov.my

Transportation

Malaysia Airlines	1 300 88 3000	www.malaysiaairlines.com
AirAsia	600 85 9999	www.airasia.com
Firefly	03 7845 4343	www.fireflyz.com
Malindo Air	09 667 5415	www.malindoair.com
Kuala Lipis Railway Station	09 312 3277	
KTM Railway Services (Headquarters in Kuala Lumpur)	1 300 88 5862	www.ktmb.com.my

Boat Services to Pulau Tioman

Bistari Gemilang	09 413 1362
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Car Rentals

Avis Rent A Car	1 800 88 2847
Hertz Rent A Car	1 800 88 3086

General Enquiries

Telekom Malaysia Directory	103	
Telekom Malaysia Operator Assisted Calls	101	
Malaysian Immigration Department	03 8880 1000	www.imi.gov.my

Emergencies

Police / Fire and Rescue Department	999
Kuantan Police Station	09 513 2222

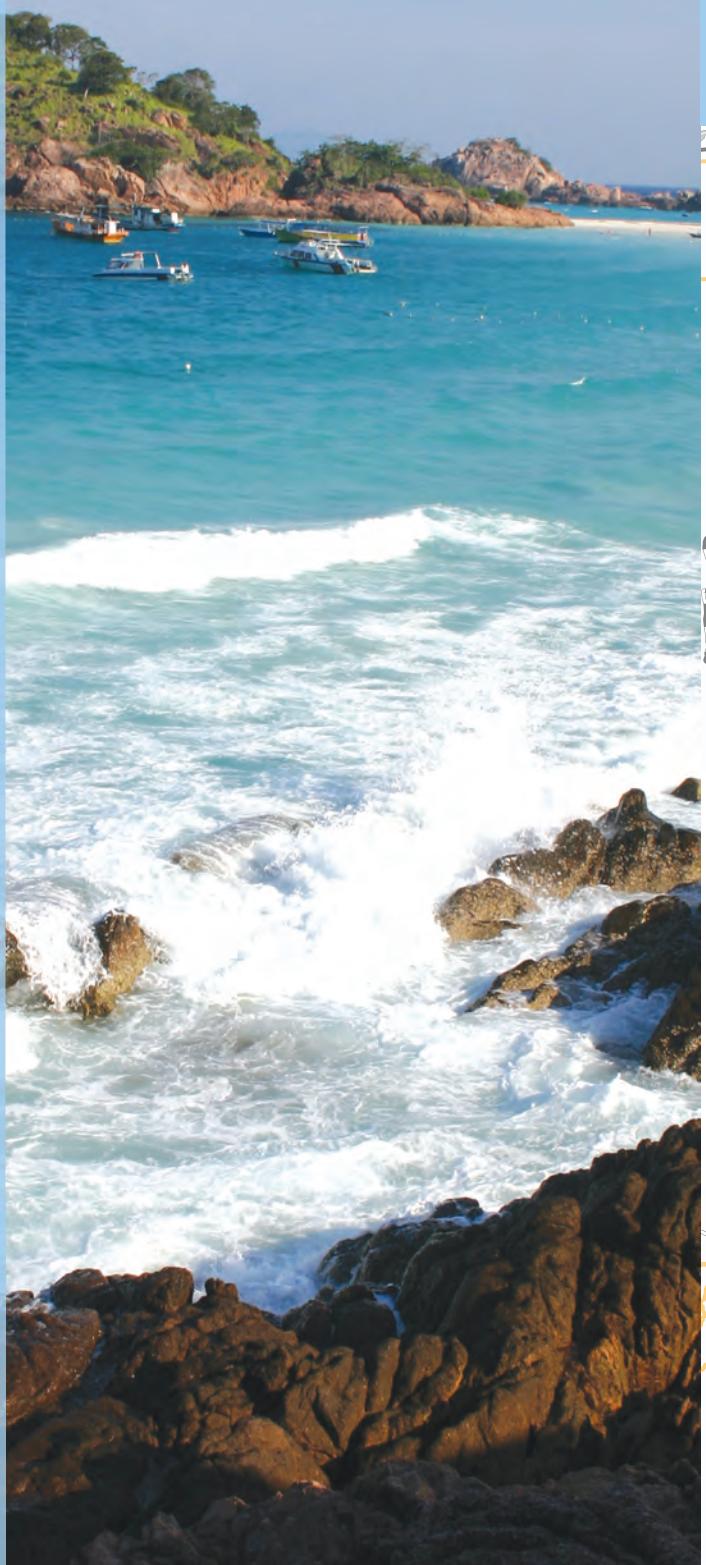
TERENGGANU

Hailed as the 'Gem of the East Coast,' Terengganu is a magical destination steeped in culture and heritage. Its long coastline offers sweeping vistas of aquamarine waters fringed by white powdery sands. Away from the shores lie a cluster of islands that gleam invitingly in the South China Sea. Kuala Terengganu is the charming capital of this state.

Meandering rivers lit by the glow of fireflies, cascading waterfalls and sprawling lakes form some of the state's most impressive natural sceneries.

Home to charming coastal villages and a wealth of traditional crafts, Terengganu beckons with a grace and beauty that is distinctly Malay.

Come and experience the treasures of Terengganu!



MAP OF TERENGGANU



PLACES OF INTEREST



ISLAMIC CIVILISATION PARK Pulau Wan Man

Sprawling over 33ha, the Islamic Civilisation Park is one of the state's most distinguished attractions. Featuring impressive edifices and intricate craftsmanship, the park takes visitors on a spellbinding tour of the finest in Islamic architecture. The park's icon is the glittering Masjid Kristal, a grand structure made of steel and glass. Take a stroll around the Monument Park, where visitors can view the replicas of 22 historical Islamic monuments found around the world. Among them are the Al-Hambra Citadel in Spain, Masjidil Haram in Saudi Arabia, Dome of the Rock in Palestine and Taj Mahal in India.

Monument Park opening hours:

10.00am - 7.00pm (Monday to Thursday)

9.00am - 7.00pm

(Friday to Sunday, public/school holidays)

Last admission is at 6.15pm. The monument park is closed from 11.30 am - 2.30 pm on Friday

Admission fee:

Malaysian

RM15 Adult,

RM8 Child (age 7 - 12)

Non-Malaysian

RM25 Adult,

RM15 Child (7 - 12)

Special rates are available for senior citizens and groups.

Tel: 09 627 8888

Website: www.tti.com.my

This is the first theme park in the world to showcase Islamic architecture.

TERENGGANU STATE MUSEUM COMPLEX

Nestled amidst beautifully landscaped gardens, the museum offers a glimpse into the rich history of the state. It is touted as the largest museum complex in Southeast Asia, housing four main blocks, an adjacent Maritime Museum and five traditional houses.

Opening hours: 9.00am - 5.00pm daily

Closed from 12noon - 3pm on Friday

Admission fee:

Malaysian

RM5 Adult, RM2 Child (age 7 - 12)

RM1 Students in school uniform

Non-Malaysian

RM15 Adult, RM10 Child (age 7 - 12)

Tel: 09 622 1444

Website: museum.terengganu.gov.my



PULAU DUYONG

Traditional boat building activities are the main draw of this island. Fine, seaworthy vessels are created by local craftsmen using traditional boat-making methods. The vessels are sold both locally and internationally. Pulau Duyong is also the venue of the Monsoon Cup Terengganu, a prestigious international sailing event.

Watch how the skilled craftsmen build these boats entirely from memory, without the use of any blueprint.



MASJID TENGU TENGAH ZAHARAH

Built in 1994, the mosque showcases a combination of Moorish and modern architectural elements. It is dubbed as the 'Floating Mosque' for its unique design. This mosque is built on a submerged platform. When the water level rises during high tide, it creates the illusion of a floating mosque. The Masjid Tengku Zaharah is situated at the estuary of Sungai Ibai, 5km from Kuala Terengganu.



ISLANDS

Bathed in warm sunshine all year round, Terengganu's islands and beaches are a paradise for sun-seekers. The best time to visit the islands is from March to October. Most resorts are usually closed during the monsoon season (November to February) and only some resorts operate as usual. A number of islands are designated as Marine Parks and a conservation fee will be charged upon entrance.

Conservation fee: RM5 Adult, RM2 Child / Senior Citizen / Disabled.

PULAU REDANG

Situated about 45km off the coast of Terengganu, Pulau Redang is the largest of the state's islands. It is famous for its picture-postcard views and fabulous dive sites. The most popular stretch is the 800m Long Beach. It has one large resort and many smaller chalets lining the shore. Further away on the northeastern coast is Teluk Dalam Kecil, a sheltered cove that houses a five-star resort, Berjaya Air, a private carrier, provides direct air links to the island. Alternatively, Redang is accessible by sea. The jumping-off points are the Shahbandar Jetty situated in Kuala Terengganu town or Merang Jetty, situated about an hour's drive from Kuala Terengganu.

Must do:

- Go snorkelling at the Marine Park
- Explore the 31 dive sites on the island
- Take a walk along the breathtaking Long Beach
- Play beach volleyball
- Enjoy a jungle walk to see monkeys, squirrels and birds



*Terengganu has the longest coastline in Malaysia, stretching 244km.
Go diving, swimming or simply work on your tan!*

PULAU PERHENTIAN BESAR AND PERHENTIAN KECIL

A dream come true for sun-seekers, Pulau Perhentian Besar and Kecil offer amazing views of sparkling white sands and clear blue waters. The excellent visibility makes these island a firm favourite among divers and snorkellers. Visitors have a choice of staying at Perhentian Besar (the larger island) or Perhentian Kecil (the smaller one). A 10-minute boat ride is all it takes to get from one island to the other. While Perhentian Kecil has a lively, upbeat atmosphere with plenty of chalets and chic beach cafes, its neighbour has a quieter ambience with comparatively larger resorts and restaurants. Access to the islands is via a 45-minute boat ride from Kuala Besut Jetty on the mainland.

Must do:

- Try island-hopping
- Go diving at Tokong Laut to see bamboo sharks
- Go on a banana boat ride or try canoeing
- Enjoy the sun and sea breeze



PULAU LANG TENGAH

Hailed as one of Terengganu's best-kept secrets, Lang Tengah is a smaller, more secluded getaway located between the islands of Redang and Perhentian. From the time you arrive, the magic of Lang Tengah will enchant you – the waters are crystal clear, the view stunningly beautiful and the atmosphere totally peaceful. There are only three resorts on this island, giving visitors total relaxation and lots of privacy. Access to this island is via the Merang Jetty.



*There are about
15 dive sites around
Lang Tengah,
all within
10 minutes
boat ride from
one another.*



PULAU TENGGOL

The well-sheltered bay at Pulau Tenggol is home to mature coral gardens, making it a delight for reef lovers. Being the farthest island from the mainland, the nutrient-rich waters of Tenggol are home to a kaleidoscope of colourful corals and marine life. Enjoy a stay at any of the three beach resorts here and make Pulau Tenggol your dream holiday destination. Access to this island is via the Kuala Dungun Jetty.



PULAU KAPAS AND PULAU GEMIA

Pulau Kapas lies a short distance off the coast of Terengganu. A tiny tropical paradise, the island is home to a variety of both hard and soft corals, amongst which reside rich marine life. The island is known for squid fishing at certain times of the year.

Pulau Gemia is a privately-owned island with a solitary boutique resort. It is the place for a quiet holiday with activities such as snorkelling, scuba diving, jungle trekking and beach games. The island is just 15 minutes away from the mainland. The jumping-off point is Marang Jetty (not to be confused with Merang Jetty which is the staging point to Pulau Redang).



TASIK KENYIR

Sprawling 209,199ha, Tasik Kenyir is the site of Malaysia's largest hydroelectric dam. Tasik Kenyir is also an alternative gateway to Taman Negara, a magnificent national park. This entryway to Taman Negara is commonly referred to as the Tanjung Mentong entryway.

Tasik Kenyir's location on the fringes of Taman Negara makes it a thriving playground for small animals, snakes and birds. The rugged terrain, streams, waterfalls, caves and submerged forests make it an exciting destination for eco-adventures and water sports.

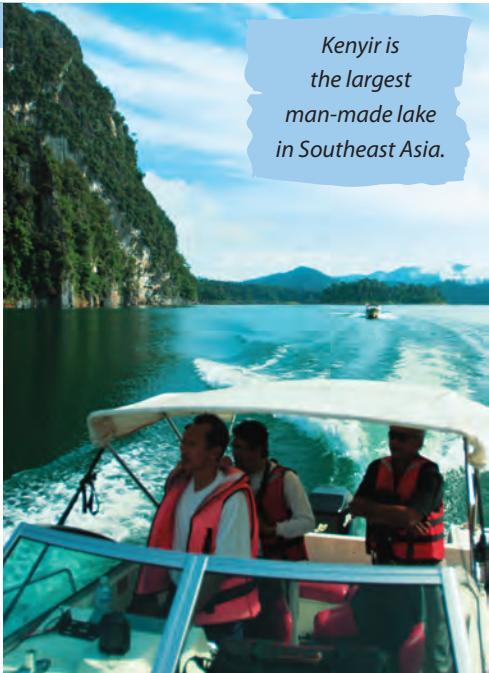
At the southern end of the lake lie Gua Bewah and Gua Taat, two intriguing caves. The former was the site of archaeological discoveries with artefacts such as axes, tools and utensils dating back to the Neolithic age. Gua Taat on the opposite is smaller in size but contains interesting stalactite formations.

Visitors are advised to take note that fishing is only allowed at certain areas. Tasik Kenyir is located about 55km from Kuala Terengganu and the nearest town is Kuala Berang. Accommodation ranges from houseboats, lakeside resorts and floating chalets. Visitors can reach Tanjung Mentong through the two jetties in Gawi and Jenangor. The motorboat trip cuts across Tasik Kenyir in about 45 minutes.

Must do:

- Explore the Taat and Bewah caves
- Conquer the peak of Gunung Gagau (1,376m) for a view of the entire region
- Go kayaking, canoeing or boating
- Take a nocturnal tour to see wild animals and their footprints
- Go mountain biking or rock climbing
- Go angling to land a variety of freshwater fish
- Visit the Herb Farm
- Make a trip to the Lasir and Saok Waterfalls
- Birdwatching
- See elephants up close at the Sungai Ketiar Elephant Sanctuary
- Learn more about fishes at the Kelah (Malaysian Mahseer) Sanctuary

*Kenyir is
the largest
man-made lake
in Southeast Asia.*



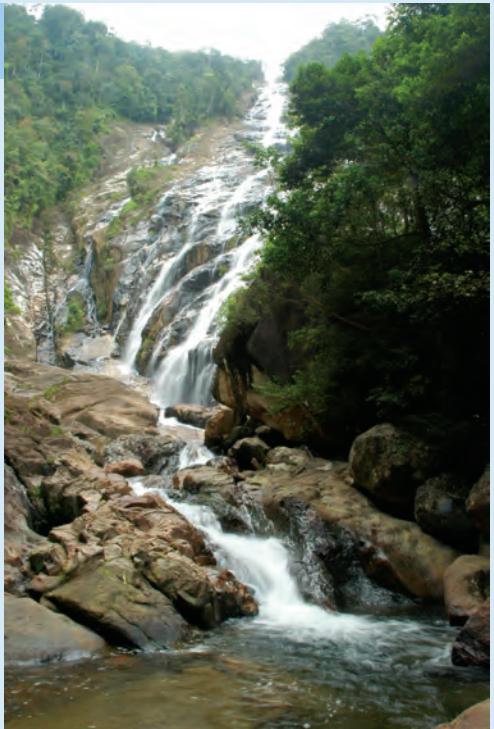
CHEMERONG WATERFALL Hulu Dungun

Hailed to be the highest waterfall in the country, the multi-tiered Chemerong Waterfall is truly a spectacular sight. It cascades some 305m along rugged cliffs and rock faces and plunges into a scenic pond. The vast size of this waterfall makes it visible even from afar. Visitors in search of milder forms of recreation can visit the recreational forest nearby. Chemerong Waterfall is situated in the Chemerong Forest Reserve, about 30km from Bandar Al Muktafi Billah Shah in Dungun.

FIREFLY SANCTUARY Sungai Yak Yah, Kemaman

Take a cruise along Sungai Yak Yah (Yak Yah River) to view one of nature's most amazing phenomena. As night falls, the riverbanks turn into a grand theatre where hundreds of fireflies form a symphony of lights. This astounding natural attraction is situated about 15km from Kijal. To go on a cruise, visitors can make arrangements with local tour operators.

Sungai Yak Yah has one of the largest firefly colonies in the country.



LA HOT SPRINGS Besut

This tropical enclave is the site of hot springs, clear streams and a recreational forest. Visitors often flock to this hot springs because of the purported healing properties of the natural sulphur here. La Hot Springs is also the gateway to the Gunung Tebu Forest Reserve. Caving, fishing, camping and jungle-trekking are among the popular activities.



LATA TEMBAKAH WATERFALL Besut

Hidden in a thickly wooded area, the Lata Tembahak Waterfall is a refreshing getaway for nature lovers. Facilities include campsites, a suspension bridge, resting huts, changing rooms, children's playground and more. The waterfall is only about 30 minutes away from Besut. Chalets operated by the Forestry Department are available for overnight visitors.



SEKAYU RECREATIONAL FOREST Kuala Berang

Sekayu Recreational Forest offers an invigorating glimpse into the wonders of the rainforest. The main attraction here is the seven-tier Sekayu Waterfalls. Resting huts are placed around the area, making it an ideal location for picnics and family outings. Chalets are available for overnight visitors. Sekayu is about 56km from Kuala Terengganu and 16km from Kuala Berang.

Must do:

- Swim at the natural pools
- Have a picnic under the forest canopy
- Visit the Mini Zoo
- Stroll along the orchard to see tropical fruit trees
- Spot different species of birds at the Bird Park
- Go jungle trekking
- Visit the seven-tiered Sekayu Waterfalls
- Walk along the picturesque hanging bridge across the river



BEACHES ON THE MAINLAND

Mainland Terengganu is the site of some beautiful beaches. Accommodation at the beach areas range from international-standard five-star resorts boasting traditional Malay architecture to chalets that cater to smaller budgets. Popular mainland beaches are Tanjung Jara, Batu Burok, Teluk Mok Nik/Monica Bay, Paka, Kijal and Kemasik.

HOMESTAYS

There are many homestay villages in Terengganu that offer a taste of the rural lifestyle. Mingle with the locals and enjoy a round of *congkak* with the children. Homestays can be found in the following villages:

- Homestay Rhu 10, Setiu
- Homestay Teluk Ketapang, Kuala Terengganu
- Homestay Pasir Raja, Dungun
- Homestay Kampung Pulau Duyong, Kuala Terengganu
- Homestay Felda Selasih, Setiu
- Homestay Kampung Buluh, Hulu Terengganu
- Homestay Felcra Keruak, Besut



THERE'S MUCH MORE IN TERENGGANU

Do take the time to explore other places of interest in Terengganu. The capital city has several interesting spots that are situated near to one another. More natural attractions can be enjoyed around the state, particularly at Marang and Paka. Terengganu's long coastline gives rise to a number of beaches that are equally beautiful.



Kuala Terengganu

- Pasar Payang (Central Market / Bazaar Warisan)
- Istana Maziah (Maziah Palace)
- Bukit Puteri (Princess Hill)
- Chinatown
- Kuala Terengganu River Cruise
- Traditional Food and Craft Complex
- Batu Burok Recreational Park
- Terengganu Waterfront
- Masjid Abidin (Masjid Putih)
- Planetarium, Terengganu Science and Creativity Centre
- Turtle Alley

Marang

- Marang River Cruise
- Kelulut Beach
- Kampung Jenang Traditional Village

Hulu Terengganu

- Batu Bersurat (Inscribed Stone Memorial)
- Agriculture Park
- Lasir Waterfall
- Saok Waterfall
- Sekayu Herb Garden
- Sekayu Agriculture Park
- Sungai Ketiar Elephant Sanctuary

Besut

- Balai Seni Ukiran (Traditional Woodcarving)
- Bukit Keluang Beach
- Dendong Beach
- Air Tawar Beach

Kemaman

- Telaga Simpul
- Kemasik Beach
- Marina Beach
- Kijal Beach
- Bakau Tinggi Recreation Park
- Kampung Tuan Mosque
- Jambi Mosque
- Kemaman Recreation Park & Mini Zoo
- Jeram Penitis Waterfall

Dungun

- Teluk Bidara Beach
- Rantau Abang Turtle Sanctuary
- Ma' Daerah Turtle Sanctuary
- Paka Beach
- Iron-ore Mines
- Tanjung Jara Beach

Setiu

- Penarik Beach
- Setiu Wetland
- Merang Beach
- Gunung Tebu (Mount Tebu)
- Lata Belatan Waterfall

SHOPPING & DINING

Shopping

Traditional crafts, handmade souvenirs and beautiful fabrics are among the assortment of items that await avid shoppers. Fabrics include *songket* (a silk brocade) as well as batik. Aside from the traditional *sarong*, batik is also fashioned as pareos, beach wear, bags and scarves. The *keris* or Malay dagger is a unique item available in pewter and brass. Watching how these traditional weapons are made is a fascinating experience.

Among the popular shopping spots in Kuala Terengganu are:

- Pasar Payang Central Market, Kuala Terengganu
- Noor Arfa Craft Complex, Chendering, Kuala Terengganu
- Sutera Semai Complex, Chendering, Kuala Terengganu
- Wanisma Tembaga, Kuala Terengganu

Dining

Terengganu offers an array of delectable culinary delights. As in other states, rice is the staple food. Food is reasonably priced and visitors have a wide range of delicacies to try out. As the state is situated close to the sea, seafood plays a prominent role in its culinary scene. Fresh ingredients are said to give Terengganu's food its lip-smacking taste and distinct fragrance.

Try these authentic local favourites:

Laksam – Akin to pasta, *laksam* is made of wheat and rice flours. It is then steamed and served with a gravy made of fish and coconut milk.

Nasi Dagang – A great treat for rice lovers, *nasi dagang* is a satisfying, delicious meal made of rice and glutinous rice, cooked with rich coconut cream. The aromatic rice is eaten with a tuna curry and a vegetable pickle. *Nasi dagang* literally means travellers or traders' rice, as it was often taken along by traders who travelled far.



Satar – This interesting dish consists of succulent boneless fish marinated in spices. *Satar* is wrapped in banana leaves and grilled over a flaming charcoal fire.

Keropok lekor – A fried snack, *keropok lekor* is a thick, chewy cracker made of ground fish meat. *Keropok lekor* is best eaten with its special chilli dip.

Otak-otak – Slices of mackerel or prawns are marinated in a coconut and spice paste. They are then cooked over a charcoal fire. *Otak-otak* can be eaten as a snack, or together with rice.

Nekbat – Rice flour and eggs are the main ingredients of this dessert. It is eaten with a pandan-flavoured syrup.

Laksa Terengganu – Rice noodles and a fragrant fish gravy make *Laksa Terengganu* a simple but highly satisfying dish.

Ketupat sotong – Seafood lovers can try this unusual dish. Glutinous rice is cooked with thick coconut milk until it is fragrant and tender. It is then used as a filling in boiled squids. Finally, the cooked squids are lightly sweetened with palm sugar. *Ketupat sotong* is a popular teatime snack.

Restaurants in Terengganu

Malay

Di Atas Sungai
Tanjung Jara Resort
Batu 8, o Jalan Dungun
23000 Dungun
Tel: 09 845 1100

D'Muara Live Seafood
Jalan Lorong Hj. Su
Kuala Terengganu
Tel : 09 622 9622

Paradise Deluxe Restaurant
543 Jalan Bukit Besar
21100 Kuala Terengganu
Tel: 09 631 1118

Restoran Mat Binjai
1081Q, Jalan Sultan Sulaiman
20000 Kuala Terengganu
Tel: 09 624 2639

Selera Timur 2
Jalan Hiliran Masjid
21200 Kuala Terengganu
Tel: 09 623 1902 / 623 4025

Restoran Kuah Singgang
27-A, Simpang Tok Ku
21000 Kuala Terengganu
Tel: 019 913 1571

B'Benteng Riverside
TTI Management Sdn. Bhd.
Pulau Wan Man,
Losong Panglima Perang,
21000 Kuala Terengganu.
Tel: 09 627 8888

BB Seafood Garden
16477, Hadapan Rumah Murah
Gong Badak,
Kuala Terengganu
Tel: 09 666 0379

Shelly Seafood
Bawah Jambatan Kuala Ibai Batu 5,
20400 Kuala Terengganu
Tel: 019 941 2256

Adeq Sue Ikan Bakar
Lot 2296 O Jalan Kamarudin,
Kg Banggol, Batu Burok,
Kuala Terengganu
Tel: 013 947 4446

Chinese
Ocean Restaurant
Lot 2679, Jalan Zainal Abidin
20000 Kuala Terengganu
Tel: 09 623 9154

Restoran Tian Kee
No. 136/2
Jalan Sultan Zainal Abidin
20000 Kuala Terengganu
Tel: 09 622 4375

Indian
Kari Asha Restaurant
No. 1-H, Jalan Air Jernih
20300 Kuala Terengganu
Tel: 09 623 2469

Western
Tappers Café
No. 73 (Double Frontage)
Jalan Bandar
20100 Kuala Terengganu
Tel: 09 620 5096

Restoran Uncle Chua Signature
Jalan Sultan Zainal Abidin,
20200 Kuala Terengganu
Tel: 09 631 1288

The above listing is not exhaustive

EVENTS

Terengganu has a host of exciting events all year round. Some of these events are famed around the world and place Terengganu in international limelight.

Event	Month	Venue
Karnival GP Joran BH	September	Dungun
Terengganu Eco & Marine Tourism Conference (TEMCO)	September	Kuala Terengganu
Pesta Pantai Terengganu/ Int. Press Tour	September	Kuala Terengganu
Larian Jambatan Antarabangsa Sultan Mahmud	September	Kuala Terengganu
Asia Oceania Paramotor Championship	October	Kuala Nerus
International Kemaman Motocross	October	Kemaman
Sultan Mizan Cup (Endurance)	October	Setiu
Festival Gamelan Sedunia	October	Kuala Terengganu
Boat On The Road	November	Tasik Kenyir
ASEAN Monson Casting Terengganu	December	Tasik Kenyir

ESSENTIAL INFORMATION

ACCOMMODATION

Boutique hotels, luxury resorts and budget chalets are aplenty in Terengganu. The bigger and more developed islands such as Redang and Perhentian offer both well-appointed hotel accommodation as well as modest beach huts. Smaller islands such as Lang Tengah, Kapas and Tenggol offer basic lodgings. Gem Island is known for its solitary boutique resort. Over at the mainland, visitors will find several boutique hotels and five-star resorts located by the beach.

Besut

Bukit Keluang Beach Resort ***
Tel: 09 695 4100
www.bkbr.com.my

Taman Azimos Chalet
Tel: 09 695 7405

Demong Beach Resort Chalet
Tel: 09 695 5500

Rumah Rehat Kerajaan
Tel: 09 695 6326

Pulau Perhentian Besar

Arwana Perhentian Eco Resort & Beach Chalet
Tel: 09 691 1888
www.arwanaperhentian.com.my

Coral View Island Resort
Tel: 09 697 4943
www.coralviewislandresort.com

New Cocohut Chalet / Cozy Resort
Tel: 09 697 4982 / 691 1811
www.perhentianislandcocohut.com

Fauna Beach Chalet
Tel: 09 697 7607

Flora Bay Resort
Tel: 09 691 1666
www.florabayresort.com

Perhentian Island Resort ***
Tel: 09 697 4900
www.perhentianislandresort.net

Tuna Bay Island Resort
Tel: 09 690 2902
www.tunabay.com.my

Pulau Perhentian Kecil
Bubu Long Beach Resort
Tel: 03 2142 6688 / 09 691 1333
www.buburesort.com.my

Senja Bay Resort

Tel: 09 691 1799
www.senjabay.com

Shari-La Island Resort

Tel: 09 691 1500
www.shari-la.com

Watercolours Impiani Island Resort

Tel: 09 691 1852
www.watercoloursworld.com

Dungun

Dahima's Guest House
Tel: 09 845 2843

Merantau Inn

Tel: 09 844 1131

Pasir Raja Resthouse

Tel: 09 848 1616

Residence Resort ****

Tel: 09 827 3366
www.residence.com.my

Six Villa Inn & Holidays

Tel: 09 827 4398
www.sixvillainn.com

Sri Gate Hotel

Tel: 09 848 1648

Sura Hotel

Tel: 09 848 1716

Tanjong Jara Resort *****

Tel: 03 2719 8000 / 09 845 1100
www.tanjongjararesort.com

Turtles De' Village Inn

Tel: 09 845 6001

UITM Hotel **

Tel: 09 848 1700
www.tgatu_uitm.edu.my

Rumbia Resort Villa ***

Tel: 09 827 2020
www.rumbiaresort.com

Pulau Tenggol

Tenggol Island Beach Resort
Tel: 012 680 1148
www.pulautenggol.com

Tenggol Island Resort

Tel: 09 848 4862

Kuala Berang

Lake Kenyir Resort Taman Negara
Tel: 09 666 8888
www.lakekenyir.com

Kenyir Sanctuary Resort

Tel: 09 666 2631

Musang Kenyir Resort

Tel: 09 623 1888

Lake Land Resort

Tel: 019 995 0720

Petang Island Resort

Tel: 09 622 1276

Kemaman

Resort World Kijal *****
Tel: 09 864 1188
www.resortworldkijal.com

Cheneh Recreation & Resort

Tel: 09 873 0541

Kemaman Seaview Hotel

Tel: 09 859 6337

Serasi Inn Kerteh

Tel: 09 826 6627

Tiara Hotel

Tel: 09 859 1802



Seri Indah Resort **

Tel: 09 622 2633

Seri Malaysia Hotel **

Tel: 09 623 6454

www.serimalaysia.com.my

Sri Hoover Hotel

Tel: 09 623 3823

Terengganu Hotel

Tel: 09 622 2900

YT Midtown Hotel **

Tel: 09 622 3088

Awis Yellow House

Tel: 09 622 2080

Penginapan Nur Atikah

Tel: 09 623 1973

Ping Anchorage Travellers

Tel: 09 626 2020

www.pinganchorage.com.my

Sri Tanjung Hotel

Tel: 09 626 2636

Triple A Guest House

Tel: 09 622 7372

Wisma Hajah Chik

Tel: 09 624 5333

Yaseen Guest House

Tel: 019 936 6575

Felda Residence

Kuala Terengganu ***

Tel: 09 632 1111

www.plantationresorts.com.my

Hotel Tanjung Vista

Tel : 09 631 9988

www.hotelanjongvista.com.my

Pulau Redang

The Taaras Beach & Spa ****

Tel: 09 630 8888

www.thetaaras.com

Coral Redang Island Resort

Tel: 09 623 6200

www.coralredang.com.my



Kuala Terengganu

Terengganu Equestrian Resort

Tel: 09 617 7755

www.TER.com.my

Ming Star Hotel

Tel: 09 622 8666

www.mingstarhotel.com

Batu Burok Beach Resort **

Tel: 09 622 1410

www.batuburokbeachresort.com.my

Grand Continental Hotel ***

Tel: 09 625 1888

www.ghihotel.com.my

Ri-Yaz Heritage Bay Resort & Spa ****

Tel: 09 627 7888

www.ri-yazheritage.com

Indah Hotel

Tel: 09 623 3023

K.T. Beach Resort

Tel: 09 631 5555

K.T. Mutiara Hotel

Tel: 09 622 2655

K.T. Travellers Inn

Tel: 09 622 3666

Kenangan Hotel

Tel: 09 622 2688

www.hotelkenangan.com.my

Motel Desa

Tel: 09 622 3033

Permai Inn Kuala Terengganu ***

Tel: 09 622 2122

www.permaiinnkt.com.my

Primula Beach Hotel ****

Tel: 09 622 2100

www.primulahotels.com

Qurata Riverside

Tel: 09 617 5500

Seaview Hotel

Tel: 09 622 1911

Laguna Redang *** Tel: 09 631 0888 www.lagunaredang.com.my	Kamal Guest House Tel: 09 618 2181	Setiu The Aryani Resort Tel: 09 653 2111 www.thearyani.com
Mozana Beach Resort Tel: 017 929 6973	Marang Waterfront Resort & Spa Tel: 09 618 3999 www.marangguesthouse.com	Gem Beach Resort *** Tel: 09 669 5910 www.gembeach.net
Redang Bay Resort *** Tel: 09 620 3200 www.redangbay.com.my	Rhu Muda Resort Tel: 09 618 1934	Kembara Resort Tel: 09 653 1770 http://kembararesort.tripod.com
Redang Beach Resort Tel: 09 623 8188 www.redang.com.my	Seri Malaysia Hotel ** Tel: 09 618 2889 www.serimalaysia.com.my	Nelayan Inn Tel: 09 697 7921
Redang Kalong Resort Tel: 09 622 1591 www.redangkalong.com	Pulau Kapas Makcik Gemok Resort Tel: 09 624 5120	Peladang Setiu Agro Resort Tel: 09 690 2245 www.peladangsetiuagroresort.com
Redang Lagoon Tel: 09 666 5020 www.redanglagoon.com	Kapas Beach Chalet Tel: 012 288 2008	Suria Resort Tel: 09 653 1600 www.suriaresort.com
Redang Reef Resort Tel: 09 620 3688 www.redangreefresort.com.my	Kapas Island Resort *** Tel: 09 624 9493 www.kapasislandresort.com	Sutra Beach Resort *** Tel: 09 653 1111 www.sutrabeachresort.com.my
Redang Pelangi Resort Tel: 09 624 2158 www.redangpelangi.com	Kapas Turtle Valley Tel: 013 354 3650 www.kapasturtlevalley.com	
Pulau Lang Tengah Redang Lang Island Resort Tel: 09 626 7042 www.redanglangresort.com.my	Pulau Gemia Gem Island Resort & Spa Tel: 09 688 2505 www.gemisland.com.my	<i>The above listing is not exhaustive</i> * Star rating
D'Coconut Island Resort Tel: 03 4252 6686 www.dcoconutlagoon.com		
Lang Sari Resort Tel: 03 2166 1380 www.langsari.com		
Marang Angullia Beach House Tel: 09 618 1322 www.angulliaresort.com		
Duta Retreat Tel: 03 888 6748		
Island View Resort Tel: 09 618 2006		



TRANSPORTATION

Getting There

By Air

Malaysia Airlines operates direct flights from the Kuala Lumpur International Airport (KLIA) to the Sultan Mahmud Airport in Kuala Terengganu. The flight takes about 55 minutes. In addition, Firefly airlines flies from the Sultan Abdul Aziz Shah Airport in Subang to Kuala Terengganu and Kerteh. Firefly also operates flights to Kuala Terengganu from Singapore. Alternatively, visitors can take the budget airline AirAsia from the Low Cost Carrier Terminal or LCCT. This terminal is situated in Sepang, about 20km from the KLIA Main Terminal.



Self-Drive

The journey from Kuala Lumpur to Kuala Terengganu covers a distance of 455km via the East Coast Expressway. Visitors can see panoramic views of the countryside. Although driving along the scenic route is very pleasant, visitors are advised to practice caution when driving along rural villages and farms.

By Bus

Express buses to various towns in Terengganu are easily available from Kuala Lumpur and other parts of the country. Visitors can board the buses from Hentian Putra in Kuala Lumpur. The journey takes about five to seven hours. Tickets must be purchased early during festive periods and public holidays.

Getting to the Islands

Island	Jumping-off point	Nearest airport
Pulau Redang	Merang Jetty and Syahbandar Jetty	Kuala Terengganu
Pulau Lang Tengah	Merang Jetty	Kuala Terengganu
Pulau Bidong	Merang Jetty	Kuala Terengganu
Pulau Perhentian Kecil and Pulau Perhentian Besar	Kuala Besut Jetty	Kota Bharu Although the island is situated in Terengganu, the jumping-off point (Kuala Besut Jetty) is situated near to the neighbouring state of Kelantan. The drive to Kuala Besut Jetty from Kota Bharu only takes about half an hour.
Pulau Kapas	Marang Jetty	Kuala Terengganu
Pulau Gemia	Marang Jetty	Kuala Terengganu
Pulau Tenggol	Kuala Dungun Jetty	Kuala Terengganu





Getting Around

There are several interesting modes of transportation in Terengganu. Among them is the beautifully decorated Heritage Bus or town bus which plies the major tourist spots in the capital city of Kuala Terengganu. The bus operates on a hop-on hop-off concept. The starting point is at Taman Syahbandar, where visitors can choose from the two routes available. Among the destinations serviced by this bus is the State Museum, Noor Arfa Craft Complex, Islamic Civilisation Park, Pasar Payang Central Market and the Floating Mosque.

In addition, there are also local buses and taxis that ply the main towns within the state. Visitors are advised to determine the rates before boarding the taxi.

Brightly-decorated trishaws are another attraction in Kuala Terengganu. Visitors can enjoy a leisurely ride while taking in the sights and sounds of the city. Hop on for a ride to Chinatown or the Pasar Payang Central Market. Fares will be determined according to distance, duration and number of passengers. Trishaw peddlers are mostly friendly and accommodating, so feel free to have a chat and determine the rates in advance.

There are two types of boats for visitors who enjoy river cruises – the gondolas and the local boat (*bot penambang*). While the pretty gondolas are suitable for sightseeing, the local boats enable visitors to travel together with the local folk.



USEFUL CONTACT NUMBERS

Tourism Enquiries

Tourism Malaysia Terengganu Information Counter	09 630 9433 / 9093
Tourist Information Centre (Bukit Puteri)	09 622 1553
Tourist Information Centre (Kemaman)	09 868 7600
Tourist Information Centre (Kuala Besut)	09 697 3166

Transportation

Malaysia Airlines	1 300 88 3000	www.malaysiaairlines.com
AirAsia	600 85 9999	www.airasia.com
Firefly Airlines	03 7845 4343	www.fireflyz.com
Malindo Air	09 667 5415	www.malindoair.com
Berjaya Air	03 7845 8382 / 8378 (Kuala Lumpur) 09 630 2228 (Pulau Redang)	www.berjaya-air.com

Car Rentals

Hedaco Travel & Tours Sdn. Bhd.	09 623 1744	www.hedacotravel.com
Ping Anchorage Travel & Tours	09 626 2020	www.pinganchorage.com.my
Heritage One Stop Travel & Tours	09 631 6468	www.heritageonestep.com.my
Coast to Coast Holidays	09 622 9133	
Sightseers Checkpoint Travel & Tours	09 662 3121	
Elite Travel City	013 901 0737	
Unikar Travel & Tours	09 669 3990	

Express Buses

Transnasional Express	1 300 88 8582	www.transnasional.com.my
Cepat Express	09 623 0623	
Mutiara Express	09 631 6355	
Sutra Express	09 622 6299	
SK Warisan Express	09 624 1020	

Boat Services to Pulau Perhentian

Yaudin Holidays	09 690 2691
Perhentian Sunny Travel Sdn Bhd	09 697 5854
Anjung Holidays	09 697 4095

Boat Services to Pulau Redang

Sejahtera Ferry Services	016 416 0338
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Boat Services to Pulau Gemia

Gemilang Holidays	019 981 7398
Suria Link Boat Services	09 618 3754
Marang Guest House Boat Service	09 618 1976

General Enquiries

Telekom Malaysia Directory	103
Telekom Malaysia Operator Assisted Call	101
Malaysian Immigration Department	03 8880 1000

Emergencies

Police / Fire and Rescue Department	999
Kuala Terengganu Police Station	09 635 4722

KELANTAN

The most rustic of the three states in the region, Kelantan truly lives up to its name as the 'Cradle of Malay Culture'. The state's landscape is a charming blend of quaint villages, small towns and riverine settlements. Amidst the houses built on stilts and covered with thatched roofs, one can revel in the time-honoured Malay heritage and culture.

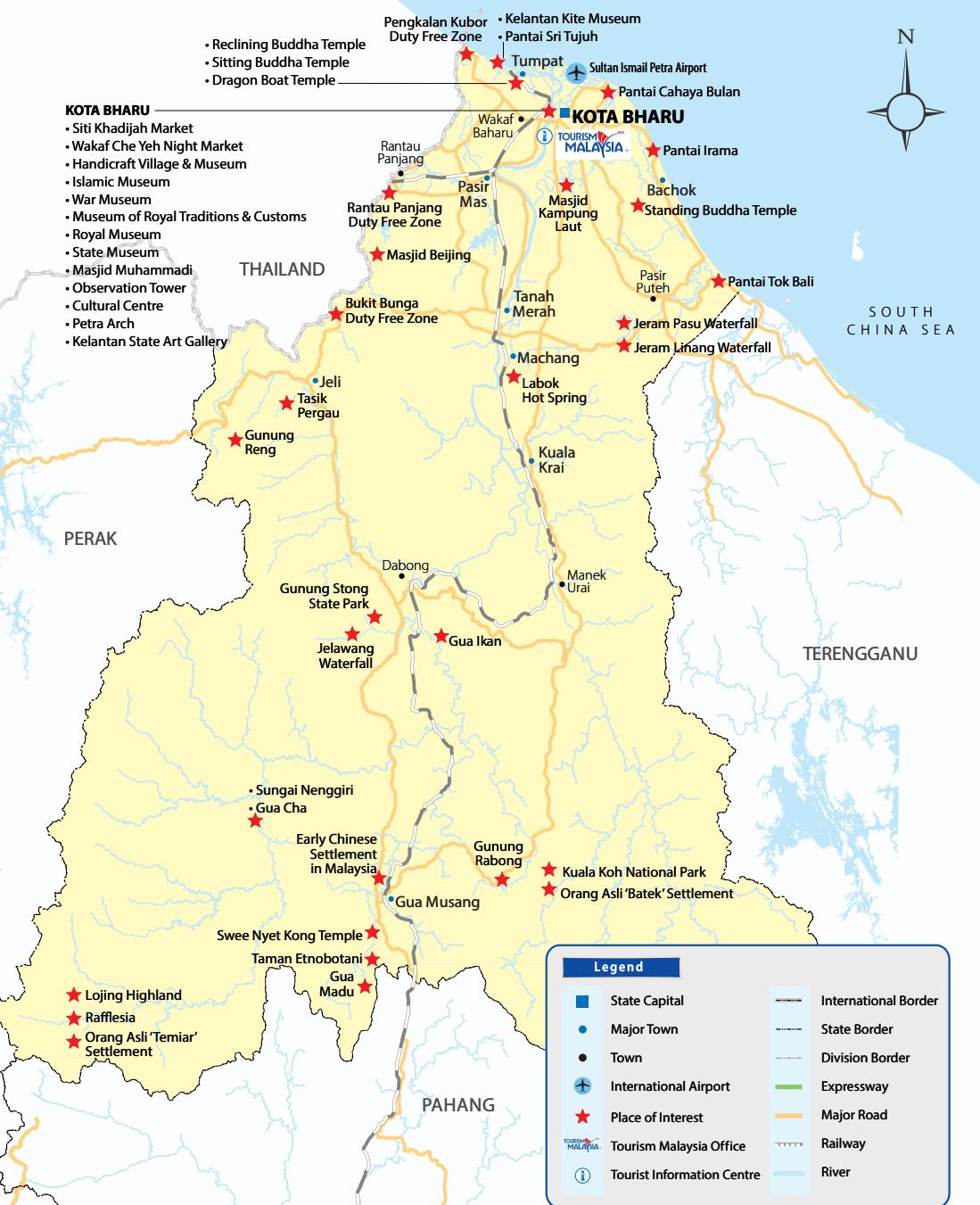
The capital city of Kelantan is Kota Bharu.

Kelantan's hinterland is a dramatic mix of mountains, caves and pristine jungles. Scale the imposing Mount Stong or trek into the Kuala Koh National Park.

Experience the rustic charm of Kelantan!



MAP OF KELANTAN



** Map not drawn to scale*

PLACES OF INTEREST

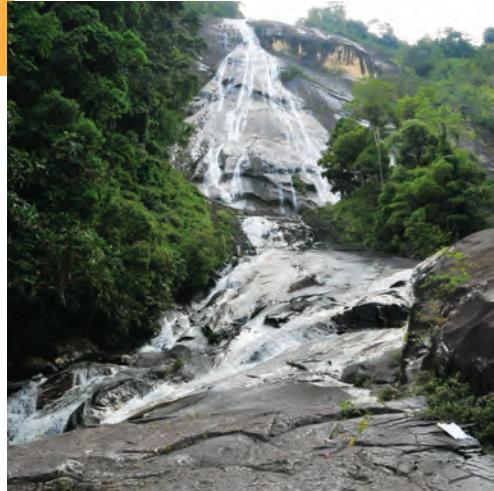
GUNUNG STONG Kuala Krai

Undoubtedly the most popular eco-adventure destination in Kelantan, Gunung Stong is a favourite among trekkers, mountaineers and nature-lovers. The 1,433m mountain is situated in Stong State Park. Climbers can stay overnight at Baha Camp. Alternatively, visitors can spend a night at the Stong Hill Resort situated at the foothills.

Must do:

- Watch the sunrise from Baha Camp
 - See a variety of orchids and palms
 - Keep an eye out for Rafflesia, the world's biggest flower
 - Scale to the Jelawang Waterfall
 - Explore the neighbouring Gunung Ayam
 - View endemic plants such as the *didymocarpus calcareous*, *licuala stongensis* (a fan palm) and *holttumochloa pubescens* (a rare bamboo).
- These plants are only found on Gunung Stong.

Tel: 09 748 1957 (Kelantan Forestry Department)
019 959 1020 (Baha's Adventure Team)
017 971 0899 (Guide Services)



Plunging some 303m deep, the spectacular seven-tiered Jelawang Waterfall is said to be the highest in Southeast Asia.

KUALA KOH NATIONAL PARK Gua Musang

Kuala Koh is the northern entry point to Taman Negara. Spread over 1,043sq km, the park is an undisturbed jungle with a wide range flora and fauna.

Must do:

- View over 200 species of birds – experienced bird watchers have seen up to 150 species within a few days!
- Catch a glimpse of the shy wildlife from the *bumbun* or observation hides
- Explore the many jungle trails
- Enjoy the view from the breathtaking 300m-high canopy walkway
- Go kayaking or tubing
- Visit the Batek indigenous settlement to watch fire-making and blowpipe demonstrations
- Camp out and commune with nature

Tel: 09 912 2940 (Gua Musang Wildlife Department)
013 928 2952 (Kuala Koh National Park Office)
012 965 4788 (Kuala Koh National Park Resort)



This entry point to Taman Negara is touted to have the best potential for wildlife sighting.

HANDICRAFT VILLAGE (KAMPUNG KRAF TANGAN) & CRAFT MUSEUM Kota Bharu

this is a good place to begin your tour of Kota Bharu. Set within a beautiful courtyard, the complex houses a Craft Museum, souvenir shops, tourism offices and a restaurant. Browse through the unique handicrafts and souvenirs or watch the cultural performances held occasionally. Visitors can drop by at the tourism offices here for more information on the state's attractions.

View an impressive collection of the state's crafts at the Craft Museum, from embroidered fabrics, *songket*, batik, silver to pandanus mats. Visitors can learn about the history and the processes of making these unique handicrafts.

Opening hours: 8.30am - 4.45pm (Closed on Friday)
Admission fee: RM1.00 (Malaysian)
RM2.00 (non-Malaysian)
Tel: 09 744 3949



COTTAGE INDUSTRIES & CRAFTS Kota Bharu

Kelantan is famed for its arts and crafts. Although many craft items are now produced on a big scale by factories, cottage industries continue to thrive and handmade crafts are very much in demand. One of the best places to see cottage industries is the stretch of road that leads to Pantai Cahaya Bulan. Here, batik fabric in various shades can be seen drying out in the sun, while roadside stalls offer prettily-decorated giant kites, bags and many interesting souvenirs.



HOMESTAYS

Live with the locals and experience the rural lifestyle in these villages:

- Kampung Batu Papan, Gua Musang
- Kampung Seterpa, Kota Bharu
- Kampung Renok Baru, Gua Musang
- Kampung Pantai Suri, Tumpat
- Kampung Bukit Jering, Jeli
- Kampung Kubang Telaga, Gunung Bachok
- Kampung Kemuncup, Machang
- Kampung Jelawang, Dabong

To arrange a homestay visit, kindly contact Tourism Malaysia's office in Kelantan.



CULTURAL CENTRE (GELANGGANG SENI) Kota Bharu

Folk arts and traditional performances are the signature attractions of Kelantan. At the Cultural Centre, visitors will get a chance to enjoy some of the age-old cultural performances that are rarely seen anywhere else.

Must do:

- Watch *wayang kulit* or shadow puppetry
- Try your hand at playing the *rebana ubi* (a huge and colourful drum) or *kertok* (a coconut husk percussion instrument)
- Watch *silat*, the Malay martial arts
- See how *gasing* or the spinning top is launched
- Learn how to fly the *wau* or giant kite

The Cultural Centre operates from January to November only and is closed during Ramadan. Performances are held three times a week, on Monday, Wednesday and Saturday. Shadow plays are only performed on the first and third weeks of the month.

Admission is free.

Tel: 09 748 5534 / 3543



During a wayang kulit performance, the master storyteller or Tok Dalang conducts the show from behind the screen by reciting the tale with appropriate sounds and movements.

AL-MUHAMMADI MOSQUE Kota Bharu

Graceful arches and golden-coloured domes make this mosque an impressive sight even from afar. Also known as the State Mosque, this remarkable place of worship was named after the late Sultan Muhammad IV who contributed greatly to the state. Visitors are advised to dress appropriately.



WAR MUSEUM Kota Bharu

This is an excellent place to learn about World War II and its impact on Kelantan. The museum features a fascinating collection of documents, pictures and military paraphernalia relating to the war and the Japanese occupation in Malaysia from 1941 to 1945. Artefacts include Japanese swords, mortar shells as well as personal accounts of survivors. The museum is housed within a historical building constructed in 1912.

Opening hours: 8.30am - 4.45pm (Closed on Friday)

Admission fee: RM1.00 (Malaysian)

RM2.00 (non-Malaysian)

Tel: 09 748 2266

In the past, the War Museum served as the headquarters of the Japanese Kempetai, the feared secret police.

STATE MUSEUM Kota Bharu

View a splendid collection of exhibits on Kelantan's arts, crafts and musical traditions. Highlights include artefacts from local archaeological sites.

Opening hours: 8.30am - 4.45pm (closed on Friday)

Admission fee: RM1 (Malaysian)

RM2 (non-Malaysian)

Tel: 09 748 2266



ROYAL MUSEUM (ISTANA BATU) Kota Bharu

Step into a lovely repository of the Kelantan royal family regalia. The museum showcases a range of information on the state's royal family, from Their Highness' social activities to gifts, personal collection and palace decorations.

Opening hours: 8.30am - 4.45pm (closed on Friday)

Admission fee: RM1.00 (Malaysian)

RM2.00 (non-Malaysian)

Tel: 09 748 7737



MUSEUM OF ROYAL TRADITIONS AND CUSTOMS (ISTANA JAHAR) Kota Bharu

Be enthralled by the grandeur of royal Malay customs and traditions. In this museum, visitors can learn all about royal engagements, weddings, births and other ceremonial occasions. Built in 1887, the building is a fine example of the state's supreme craftsmanship, with intricately carved wooden panels, iron grills, elaborate roofs and a beautifully-designed arched staircase.

Opening hours: 8.30am - 4.45pm (closed on Friday)

Admission fee: RM1.50 (Malaysian)

RM3.00 (non-Malaysian)

Tel: 09 748 2266



ISTANA BALAI BESAR Kota Bharu

Built by Sultan Muhammad in 1840, this resplendent edifice features carved wooden panels and intricate framework. It was the residence of the past Sultans and now serves as the venue for official functions and royal ceremonies. Entrance is restricted to royalty and officials.



SITI KHADIJAH MARKET Kota Bharu

This bustling bazaar is a landmark attraction and one of the most photographed buildings in the state. Locals flock here for a profusion of items, from fruits, vegetables, pickles to freshly ground spices. A section of the building is devoted to local desserts and goodies.



BUDDHIST TEMPLES Tumpat

Kelantan is the site of some impressive Buddhist Temples. The most well-known is Wat Photivihan in Kampung Jambu. This temple houses the largest Reclining Buddha in Southeast Asia. It measures 40m in length and 9m in width.

Situated in Kampung Bunuhan, Wat Machimmaram is famed for its Sitting Buddha. It is said to be the second largest of its kind in Southeast Asia. Wat Mai Suwankhiri or the Dragonboat Temple is another famous landmark in the state, featuring replicas of a huge dragonboat guarded by two magnificent dragons.



Wat Photivihan is believed to house the largest Reclining Buddha in Southeast Asia.

CAVING IN GUA IKAN AND GUA GELAP Dabong

there are a number of caves in Kelantan, especially in the district of Gua Musang. dabong is the gateway to most of these places. this town is about 160km to the west of Kota Bharu. the most well-known cave is Gua ikan. literally meaning fish Cave, this formation was named after a fish-shaped rock.

Another popular spot for spelunking is Gua Gelap, which literally means 'dark cave'. it truly lives up to its name, with small crevices on the cave walls being the only source of natural light.

Aside from dabong, Gua Musang too has a number of caves that are worth exploring. Among the popular caves here are Gua Cha, Gua Pintu and Gua Sidang.



Gua Cha is one of the most actively researched archaeological sites in Peninsular Malaysia. The artefacts that were found here include human skeletons and cultural objects.

KAMPUNG LAUT MOSQUE Nilam Puri

This mosque is acclaimed as the oldest in the state, and one of the oldest in the Malay archipelago. Originally situated in Kampung Laut, Tumpat, this mosque was moved to its present location in Nilam Puri after the site was flooded in 1968. This mosque was said to have been built by Islamic missionaries who travelled between Champa and Java, with the help of some locals. It is noted to have similarities to the Demak Mosque in Jawa, built in 1401. Visitors are advised to dress appropriately.



SWEET NYET KONG TEMPLE Gua Musang

This temple's modest exterior belies its historic and religious importance. It contains a sacred painting of the Goddess of Mercy, Guan Yin, that is estimated to be between 500 to 700 years old. Every year, a nine-day festival is held in honour of Guan Yin's birthday, which falls on the 19th day of the second lunar month. The celebration attracts devotees from Hong Kong, Taiwan, Japan and Korea.

According to the locals, the sacred painting was brought from China by one of the early Chinese immigrants who received divine instruction to set off for Pulai in a quest for gold. He was said to have struck gold soon after the Chinese settlement here was founded.

PANTAI TOK BALI Pasir Puteh

Idyllic and tranquil, the Tok Bali Beach is a relaxing getaway with warm waters and palm-lined beaches. Accommodation ranges from chalets to affordable beach resorts. Tok Bali is approximately 45 minutes drive from Kota Bharu. The Tok Bali Jetty is one of the staging points to Perhentian Island in Terengganu.



PANTAI KUALA PA'AMAT Sering

It is hard to believe that this quiet and calm beach at Kuala Pa' Amat was once a battlefield. This is a site of great historical significance, where the Japanese troops first landed to invade British Malaya. A fierce battle ensued and many soldiers were killed.

Today, the beach is a nostalgic destination for Japanese tourists and war veterans. There is a small Peace Monument here, with descriptions of the battle. The beach is about 12km from Kota Bharu.

*It is said that the assault on
Kuala Pa'Amat Beach at 12.25am
on 8 December 1941 was
one and a half hours before the attack
on Pearl Harbour due to the difference
in the International Date Line.*

THERE'S MUCH MORE IN KELANTAN

Kelantan's attractions are diverse and interesting. Kota Bharu, the capital city, has a number of attractions that can be visited on foot. Some of these places are situated close to one another. Just outside of Kota Bharu, more rustic villages and countrysides begin to unfurl. The state has a number of waterfalls that are situated off the beaten track. For more adventure, make a trip to the jungle-clad hills.



Kota Bharu

- Padang Merdeka
- Islamic Museum
- Tengku Anis Orchid Park
- Langgar Mosque
- River Cruise from Kota Bharu to Kampung Laut
- Pantai Cahaya Bulan (Beach of Moonlight)
- Pantai Sabak Fishing Village
- Gerbang Sultan Ismail Petra (Petra Arch)
- Bazar Buluh Kubu
- Observation Tower

Bachok

- Pantai Melawi (Melawi Beach)
- Pantai Irama (Irama Beach)

Kuala Krai

- Kusial Bridge
- Gunung Ayam (Mount Ayam)
- Lata Rek Waterfalls



Pasir Puteh

- Pantai Bisikan Bayu (Beach of Whispering Winds)
- Jeram Lenang Waterfalls
- Jeram Pasu Waterfalls

Tumpat

- Tok Janggut's Tomb
- Pantai Seri Tujuh (Beach of Seven Lagoons)

Gua Musang

- Gunung Rabong (Mount Rabong)
- Gunung Chamah (Mount Chamah)
- Ethnobotany Camp
- Lojing Highlands

Jeli

- Gunung Reng
- Lake Pergau
- Jeli Hot Springs

SHOPPING & DINING

Shopping

A bewildering range of handicrafts in various colours, shapes and sizes fill the shelves at Kelantan's souvenir shops. Take your pick from the intricate handicrafts, silverware, fashionable batik sarongs, pareos and trendy bags to the richly-embroidered *songket* fabric and many more. In many places, visitors can also watch how the crafts are made. Some items such as giant kites can be custom-made to suit your liking.

Among the popular shopping spots in Kelantan are:

- Bazaar Buluh Kubu (Bamboo Fort Bazaar)
- Siti Khadijah Market
- Wakaf Che Yeh
- Road to Pantai Cahaya Bulan
- Kampung Putih, Kubor Kuda and Kampung Badan (batik-making)
- Kampung Kijang (Wau or giant kite-making)
- Kampung Penambang (Songket-making)
- Kampung Sireh, Kampung Morak and Kampung Badang (silversmith)

Duty-free shopping zones:

- Rantau Panjang
- Pengkalan Kubor
- Bukit Bunga

Dining

There is a delightful assortment of local fare and most eateries are open until late at night to cater to the adventurous foodies. Rice, the staple food, is creatively cooked in many ways with the use of different herbs and spices. Local dishes are spicy and pungent and some dishes have Thai influences. The state is also known for its variety of sumptuous desserts.

Alternatively, visitors can opt for Western food served at major restaurants and hotels. Fast food outlets are available at major towns.

Try these authentic local favourites:

- **Ayam percik**

Crispy, barbecued chicken that has been marinated in spices and coconut gravy.

- **Nasi kerabu**

A rice-based dish served with coconut milk, fish flakes, desiccated coconut, spices and sauces.

- **Nasi dagang**

A combination of rice and glutinous rice, *nasi dagang* is often accompanied by spicy tuna fish curry and pickled vegetables.



- **Budu**

This is a fermented anchovies sauce with a hint of lime juice, chilly and onions. According to locals, *budu* adds that extra zing and taste to an otherwise regular meal.

- **Serunding (meat floss)**

A local savoury snack where thinly sliced meat is cooked until it is light and fluffy. It can be eaten as a snack or served with rice and bread.

- **Desserts**

Take your pick from the wide array of desserts easily available in Kelantan. The use of palm sugar, eggs and coconut milk give the desserts a fragrant aroma and rich taste. Popular desserts include *akok*, *dodol*, *jala mas*, *nekbat*, *lompat tikam* and *tahi itek*.

Restaurants in Kelantan

Malay

Captain T Restaurant

Jalan Jambatan Sultan Yahya Petra,
Kota Bharu
Tel: 09 772 5763

Sun Two Restaurant

Jalan Temenggong, Kota Bharu
Tel: 09 746 2225 / 2974

Restoran Hayaki

Jalan Sri Cemerlang, Kota Bharu
Tel: 09 747 9997

Restoran Sri Chengmai

Jalan Sri Cemerlang, Kota Bharu
Tel: 09 741 8328

Hover Restaurant

Jalan Dato' Pati, Kota Bharu
Tel: 09 748 1439

Kedai Kopi White House

Jalan Sultanah Zainab, Kota Bharu
Tel: 09 748 4119

Restoran Nasi Ulam Kg. Kraftangan

Jalan Hilir Kota, Kota Bharu
Tel: 019 946 6665 / 018 904 2345

New Horizon Garden Restaurant

Jalan Kuala Krai, Kota Bharu
Tel: 09 744 7177

Syam Restaurant

Jalan Hospital, Kota Bharu
Tel: 09 748 4713

Yati Ayam Percik

Jalan Long Yunus, Kota Bharu
Tel: 09 747 9867

Food Village Restaurant

Kg. Baung, Kota Bharu
Tel: 017 923 9448

Restoran Wau

Jalan Tengku Semarak, Kota Bharu
Tel: 09 748 9333

Mohammad Lee Hainam

Chicken Rice
Jalan Padang Garong, Kota Bharu
Tel: 09 746 1923

Restoran Selera Tepi Sungai

Jalan Machang, Tanah Merah
Tel: 012 951 7579 (Hafiz)

Restoran By-T Laksam

Kg. Panji, Kota Bharu
Tel: 09 744 8870 / 012 960 5973

Payang Serai Restaurant

Jalan Dusun Raja, Kota Bharu
Tel: 09 748 9890

Zaeman Nasi Kukus

Medan Selera Buluh Kubu,
Kota Bharu
Tel: 019 907 5076

Selera Cik Siti Restaurant

Bangunan Kota Kenangan,
Kota Bharu
Tel: 09 747 4734

Kopitiam Kita

Taman Desa Jaya, Kota Bharu
Tel: 019 981 0888 (Encik NH Wong)

Relax Cafe – Maggie Ketam

Kg. Kutan Tengah, Wakaf Bharu
Tel: 013 905 7253

Nasi Kerabu Golok

Kampung Huda, Kota Bharu
Tel: 019 992 9909

Rangnok Restaurant

Jalan Pasir Mas Salor, Kota Bharu
Tel: 011 2923 3265 / 09 798 8811

Restoran Satay Malaysia

Jalan Pengkalan Chepa, Kota Bharu
Tel: 09 773 9785

Warung Pak Mat Pulau Pisang

Kg. Kedai Buluh,
Pantai Cahaya Bulan
Tel: 013 919 8131

Restoran Indra Tomyam

Pasir Pekan Tengah, Kota Bharu
Tel: 017 887 4702

Chinese

Four Seasons Restaurant

Jalan Dusun Muda, Kota Bharu
Tel: 09 743 6666 / 7399

Heng Seng Restaurant

Jalan Besar, Rantau Panjang
Tel: 09 795 0753

Restoran Hiang Kang

Jalan Kebun Sultan, Kota Bharu
Tel: 09 744 9603

Indian

Restoran Mat Spicy

Jalan Sultan Yahya Petra, Kota Bharu
Tel: 09 732 0975

Muhibah Vegetarian Restoran

Jalan Pintu Pong, Kota Bharu
Tel: 09 748 3298

The above listing is not exhaustive

EVENTS

A wide variety of exciting events can be found in Kelantan. Cultural themes feature strongly in this state's yearly calendar of events.

Event	Month	Venue
Pesta Fotografi Kelantan 2015	September	Kota Bharu
Kelantan Festival 2015	September	Kota Bharu
"Dikir Barat" Song Contest	November	Kota Bharu

ESSENTIAL INFORMATION

ACCOMMODATION

Accommodation in Kelantan ranges from affordable hotels, hostels, chalets and a few star-rated hotels. In the outskirts, most of the accommodation facilities are modest.

Kota Bharu

Hotel Perdana Kota Bharu ****

Tel: 09 745 8888

www.hotelperdanakotabharu.com

Renaissance Hotel Kota Bharu ****

Tel: 09 746 2233

www.renaissancekotabharu.com

Grand Riverview Hotel ***

Tel: 09 743 9988

www.grv.com.my

Emaslink Paci c Hotel ***

Tel: 09 745 6555

www.emaslinkpacichotel.com.my

Crown Garden Hotel ***

Tel: 09 743 2228

www.crowngardenhotel.com

Holiday Villa Hotel & Suites ***

Tel: 09 747 4004

www.holidayvillakb.com

Crystal Lodge ***

Tel: 09 747 0888

Royal Guest House ***

Tel: 09 743 0008

www.royalguesthse.com

Perdana Resort ***

Tel: 09 774 4000

www.perdanaresort.com.my

Khalifa Suites Hotel & Apartment **

Tel: 09 747 4977

www.khalifag.com

Sutera Inn Prima **

Tel: 09 744 1000

www.suterainn.com

Flora Place Hotel **

Tel: 09 747 7888

www.theoraplace.com

Raudah Hotel **

Tel: 09 747 0055

Habib Hotel **

Tel: 09 747 4788

Ridel Hotel **

Tel: 09 747 7000

PCB Resort

Tel: 09 796 4040 / 774 4040

www.pcbresort.com.my

Hotel Politan

Tel: 09 741 8887

Khalifa Inn

Tel: 09 747 7677

Paloh Inn

Tel: 09 743 3629

Pasir Puteh

Tok Aman Bali Beach Resort ***

Tel: 09 691 8899

www.tokamanbali.com.my

Arwana Inn Tok Bali **

Tel: 09 778 0888 / 1888

www.arwanaperhentian.com.my

Bachok

Villa Danialla Beach Resort ***

Tel: 09 778 7878

www.villadanialla.com

Sudara Beach Resort **

Tel: 09 743 0320

www.sudararesort.com

Bayu Melawi Chalet

Tel: 012 901 3655

Tanah Merah

Qas Hotel

Tel: 09 946 7233

Hotel Tanah Merah

Tel: 09 955 7682

Gua Musang

Fully Inn ***

Tel: 09 912 3311

Kesedar Inn **

Tel: 09 912 1229

Impiana Inn Hotel

Tel: 09 912 0155

Mines Inn Hotel

Tel: 09 912 1339

Tumpat

Pantai Seri Tujuh Resort

Tel: 09 721 1157

Saujana Gulf View Resort

Tel: 09 721 1250

Sinaran Resort

Tel: 09 725 2099

The above listing is not exhaustive

** Star rating*

TRANSPORTATION

Getting There

By Air

Malaysia Airlines operates daily direct flights to the Sultan Ismail Petra Airport in Pengkalan Chepa, Kelantan. The flights depart from the Kuala Lumpur International Airport (KLIA), which is situated in Sepang. Alternatively, visitors can board the Firefly airlines which operates from the Sultan Abdul Aziz Shah Airport in Subang, Selangor.

The budget carrier, AirAsia, flies daily to Kelantan from the Low Cost Carrier Terminal (LCCT) situated about 20km from the KLIA Main Terminal Building.

Self-Drive

There is a good network of roads linking major towns in the country to Kelantan. Kota Bharu is situated about 474km from Kuala Lumpur, Malaysia's capital city. Visitors can drive along the East West Highway. The journey from Kuala Lumpur to Kelantan takes about five hours.



Getting Around

Getting around Kelantan is fairly easy as there are buses, taxis, trishaws and airport taxis. The local bus station is situated near to Kampung Kraftangan or the Handicraft Village. The buses here provide access to various places within Kota Bharu. To go outside of Kota Bharu town, visitors can take the buses that operate from the Jalan Bandar Bus Station. Outstation buses are available at the Jalan Hamzah Bus Terminal as well as the SKMK Langgar Bus Terminal. Buses here connect Kota Bharu to Kuala Lumpur as well as other towns in Malaysia. Taxis can be hailed from any part of the town, but determine the fare first.

By Bus

There are scheduled air-conditioned express buses from Kuala Lumpur linking most towns in Kelantan. Main destinations include Kota Bharu, Gua Musang, Rantau Panjang, Pengkalan Kubor and Tumpat. Visitors can board the bus at Hentian Putra, situated along Jalan Tun Ismail (near Putra World Trade Centre or PWTC). The journey takes about five to six hours. Tickets must be purchased in advance during school holidays and festive seasons.

By Rail

Keretapi Tanah Melayu (KTM) or Malayan Railway provides daily rail services to Kelantan. From Kuala Lumpur, visitors can board the Express Wau train from the KL Sentral Station. The train departs at 8.30pm daily and arrives in Kelantan at 10.25am the next day. Visitors from Johor and Singapore can board the Express Timuran which departs at 6.25pm from Singapore. It arrives at 9.05am the next day.

The local train is an interesting mode of transport. This train operates within the state, and connects Tumpat (situated in the state's north) to Gua Musang in the south. The service begins at 3.05am from Tumpat.

To explore Kota Bharu in an unconventional way, visitors can try taking the trishaw. Trishaws are usually concentrated at the Pasar Siti Khadijah area and its vicinity. Visitors are advised to agree on the price in advance.

USEFUL CONTACT NUMBERS

Tourism Enquiries

Tourism Malaysia Kelantan	09 747 7554
Tourist Information Centre (operated by Kelantan State Government)	09 748 5534 / 3543
South Kelantan Development Authority (KESEDAR)	09 913 2200 / 2201

Transportation

Malaysia Airlines	1 300 88 3000	www.malaysiaairlines.com
AirAsia	600 85 9999	www.airasia.com
Firefly	03 7845 4343	www.fireflyz.com
Malindo Air	09 667 5415	www.malindoair.com
Sultan Ismail Petra Airport, Kota Bharu	09 773 7400 / 7402 / 7403	
Airport Taxi	09 774 7732	

Trains

Keretapi Tanah Melayu (Malayan Railway)	1 300 88 5862	www.ktmb.com.my
Gua Musang Railway Station	09 912 1226	
Kuala Krai Railway Station	09 966 6224	
Wakaf Bharu Railway Station	09 719 6986	
Tumpat Railway Station	09 725 7232	

Express Buses

(Kota Bharu to Kuala Lumpur and vice versa)	
Mahligai Express	09 741 8533 / 8633
Konsortium Bas Ekspres	09 747 4866
Cepat Express	09 747 9859
Utama Express	09 743 4817
Budaya Express	09 746 2790
Chendana Express	09 746 1055
Ekspres Darul Naim	09 743 5355

Ferry Services to Perhentian Island

(from Tok Bali Jetty)	
Symphony Travel & Tours	09 778 0189

General Enquiries

Telekom Malaysia Directory	103	
Telekom Malaysia Operator Assisted Calls	101	
Malaysian Immigration Department	03 8880 1000	www.imi.gov.my
Kelantan State Immigration Office	09 748 2120 / 2644 744 0322 / 0503	
Rantau Panjang Immigration Office	09 795 0344	
Pengkalan Kubor Immigration Office	09 721 1300	
Bukit Bunga Immigration Office	09 946 8688	

Emergencies

Police / Fire and Rescue Department	999
Kota Bharu Police Station	09 748 5522

TIPS FOR TOURISTS

Saying it in Malay

Welcome	<i>Selamat Datang</i>	Vegetables	<i>Sayur</i>	Bus	<i>Bas</i>
Good morning	<i>Selamat pagi</i>	Meat	<i>Daging</i>	Taxi	<i>Teksi</i>
Good night	<i>Selamat malam</i>	Fish	<i>Ikan</i>	Train	<i>Keretapi / Tren</i>
Thank you	<i>Terima kasih</i>	Beach	<i>Pantai</i>	Flight	<i>Kapal terbang</i>
You are welcome	<i>Sama sama</i>	Sea	<i>Laut</i>	Please	<i>Sila</i> / Tolong
Goodbye	<i>Selamat jalan</i>	Mountain	<i>Gunung</i>	Help	<i>Tolong</i>
How are you?	<i>Apa khabar?</i>	Hill	<i>Bukit</i>	Caution	<i>Awas</i>
I'm fine	<i>Khabar baik</i>	Cave	<i>Gua</i>	Entrance	<i>Masuk</i>
I'm sorry	<i>Minta maaf</i>	Lake	<i>Tasik</i>	Exit	<i>Keluar</i>
Rice	<i>Nasi</i>	Road	<i>Jalan</i>	Restroom	<i>Tandas</i>

Local Information

- The states of Terengganu and Kelantan observe Sunday to Thursday as working days. Friday and Saturday are public holidays. Banks, government offices and most businesses in Kelantan and Terengganu operate from Sunday to Thursday. However, Pahang follows the standard working days from Monday to Friday. Saturday and Sunday are public holidays.
- In Terengganu and Kelantan, most places of interest, including some museums, may be closed on Friday. Visitors are advised to check first.
- National parks are protected areas and visitors are advised to take note of the strict laws that govern these areas. Take nothing but photographs and leave nothing but footprints. A national park conservation fee will be imposed upon entry.
- When entering places of worship such as mosques or temples, shoes should be removed. Most mosques provide robes and headscarves for female visitors. Taking photographs at places of worship is usually permitted but ask for permission first.
- Muslims do not consume liquor or alcoholic beverages. Liquor is strictly not served in restaurants or eateries in Kelantan or Terengganu. However, liquor is served at major hotels.
- In the states of Kelantan and Terengganu, there are very few entertainment outlets. Dining is a popular activity for visitors who wish to stay out late.
- The sea can be rough during the monsoon season between October to February. Visitors are advised to practice caution while at the beach, especially if there are children. Established beach resorts continue to operate during this season but smaller chalets on the islands may be closed.
- During boat rides, please request for safety jackets from the boat operator.

Some social tips

- Be respectful when you are at public ceremonies.
- When sitting on the floor, men sit cross-legged while women normally sit with their legs tucked to the side.
- To give or receive something, try to use the right hand.
- When pointing, it is preferable to use the thumb with the four fingers folded under, rather than the forefinger.
- The majority of Muslims in the East Coast region dress modestly. Visitors are advised to do the same.
- Malaysians refrain from displaying their affection in public (i.e embracing or kissing). Visitors are advised to take note of this.

MALAYSIA AT A GLANCE

COUNTRY The federation of Malaysia comprises Peninsular Malaysia, which is made up of 11 states, three Federal Territories as well as the states of Sabah and Sarawak situated in Borneo.

CAPITAL CITY Kuala Lumpur

GEOGRAPHICAL LOCATION Lying 20 to 70 north of the Equator, Peninsular Malaysia is separated from Sabah and Sarawak by the South China Sea. The Peninsula shares a common border with Thailand in the north, while its southern neighbour is Singapore. Sabah and Sarawak share a common border with Indonesia while Sarawak also shares a border with Brunei Darussalam.

AREA 329,758 sq km

POPULATION 28 million

PEOPLE Malays make up about 57% of the population, with Chinese, Indians and other ethnic groups making up the rest.

LANGUAGE Bahasa Malaysia (Malay) is the national language but English is widely spoken. Malaysians also speak various languages and dialects.

RELIGION Islam is the official religion but all other religions are practised freely.

GOVERNMENT Malaysia practices parliamentary democracy and constitutional monarchy. The Head of State is the Yang di-Pertuan Agong and the Head of Government is the Prime Minister. The country has a bicameral legislative system.

CLIMATE Malaysia has a tropical climate and the weather is warm all year round. Temperatures range from 21°C to 32°C and the annual rainfall varies from 2,000 mm to 2,500 mm.

ECONOMIC PROFILE Manufacturing constitutes the largest component of Malaysia's economy while tourism and primary commodities such as petroleum, palm oil, natural rubber and timber are major contributors to its economy.

ENTRY REQUIREMENTS Visitors must be in possession of a valid passport or travel document with a minimum validity of six months beyond the intended visiting period. Citizens of most countries do not require visas for social or business visits. For further information, please visit or call the nearest Malaysian diplomatic mission or Tourism Malaysia office.

CURRENCY The unit of currency is the Malaysian Ringgit, which is denoted as RM. Foreign currencies can be converted at banks and money changers.

WORKING DAYS Most states observe Monday to Friday as working days while Saturday and Sunday are rest days. In the states of Johor, Kedah, Kelantan and Terengganu, working days are from Sunday to Thursday. Friday and Saturday are observed as rest days. This applies to government offices and many private establishments.

BANKING HOURS In most states, banks are open from Monday to Friday from 9.15 am to 4.30 pm. In Kelantan and Terengganu, banks are closed on Friday and Saturday. Check the websites of the relevant banks for details on operating hours and rest days. Online banking services are available.

POST OFFICES Post offices are open from 8.30 am to 5.00 pm daily except on Sunday and public holidays. They are open for half-a-day on Saturday (until 1.00 pm). Post offices that are located in shopping malls have extended operating hours. In the states of Johor, Kedah, Kelantan and Terengganu, post offices are closed on Friday and Saturday.

TIME The standard Malaysian time is eight hours ahead of GMT and 16 hours ahead of the U.S. Pacific Standard Time.

ELECTRICITY The voltage used throughout Malaysia is 220 - 240 volts AC, at 50 cycles per second. Standard 3-pin square plugs and sockets are used.

MEASUREMENT SYSTEM Malaysia uses the metric system.

TELECOMMUNICATIONS Malaysia is linked nationally and internationally by telephone, facsimile and via the Internet. Most hotels provide International Direct Dial (IDD) telephone services and Wi-fi Internet connection.

GETTING TO MALAYSIA The main gateway to Malaysia is through the new Kuala Lumpur International Airport (KLIA) in Sepang, which is located approximately 50 km south of Kuala Lumpur. Other major international airports that serve as entry points are situated in Penang, Johor Bahru, Kuching, Kota Kinabalu and the island of Langkawi. Malaysia has two low cost carrier terminals (LCCT), which are situated in Sepang and Kota Kinabalu.

Over 40 international airlines fly into the country while the national carrier, Malaysia Airlines, has a global network that spans six continents. The airline is a full-fledged member of oneworld, one of the world's top three airline alliances. The national carrier is complemented by its subsidiary, Firefly, and the budget airline, AirAsia. The main entry point by sea is Port Klang, about 50 km away from Kuala Lumpur. Malaysia is also accessible by rail and road from Singapore and Thailand.

GETTING AROUND Malaysia has excellent domestic air links serviced by Malaysia Airlines as well as carriers such as AirAsia and Firefly. The country has a well-developed and efficient public transportation system served by buses, taxis as well as trains.

ACCOMMODATION

Malaysia has a wide range of accommodation with competitive rates. International star-rated hotels, boutique hotels, beach resorts, chalets, youth hostels and timeshare apartments are among the types of accommodation available.

HEAD OFFICE

Malaysia Tourism Promotion Board (Ministry of Tourism and Culture, Malaysia)

9th Floor, No. 2, Tower 1, Jalan P5/6, Precinct 5, 62200 Putrajaya, Malaysia

Tel: 603 8891 8000 • Tourism Infoline 1 300 88 5050 (within Malaysia only) • Fax: 603 8891 8999

E-mail: enquiries@tourism.gov.my • Website: www.tourismmalaysia.gov.my

STATE OFFICES

JOHOR

No. 50C, 1st Floor, Bangunan KPMNJ, Jalan Segget
80000 Johor Bahru, Johor
Tel: 607 222 3590 / 3591 • Fax: 607 223 5502
E-mail: mtpbjhb@tourism.gov.my

KEDAH

Kompleks Pelancongan Negeri Kedah
Seksyen 20, Jalan Raja, 05000 Alor Setar, Kedah
Tel: 604 731 2322 / 730 1322 • Fax: 604 734 0322
E-mail: mtpbkdh@tourism.gov.my

KELANTAN

Ground Floor, Kampung Kraftangan
Jalan Hilir Balai
15300 Kota Bharu, Kelantan
Tel: 609 747 7554 • Fax: 609 747 8010
E-mail: mtpb.kelantan@tourism.gov.my

MELAKA

Lot 02, Ground Floor
Bangunan Lembaga Tabung Haji
Jalan Banda Kaba, 75000 Melaka
Tel: 606 288 3304 / 3785 / 1549
Fax: 606 286 9804
E-mail: mtpb.melaka@tourism.gov.my

NEGERI SEMBILAN

1st Floor, Seremban Plaza
Jalan Dato' Muda Linggi
70100 Seremban, Negeri Sembilan
Tel: 606 763 5388 / 762 2388 / 4488
Fax: 606 763 8428
E-mail: mtpb.negerisembilan@tourism.gov.my

PAHANG

Lot G.01, Mahkota Square
Jalan Mahkota, 25000 Kuantan, Pahang
Tel: 609 517 7111 / 7112 / 7115
Fax: 609 517 7114
E-mail: mtpb.pahang@tourism.gov.my

PENANG

No. 11, Lebuh Pantai
10300 George Town, Penang
Tel: 604 261 0058 / 263 4941 • Fax: 604 262 3688
E-mail: mtpbpben@tourism.gov.my

PERAK

No. 12, Medan Istana 2
Bandar Ipoh Raya, 30000 Ipoh, Perak
Tel: 605 255 9962 / 2772 / 1012
Fax: 605 253 2194
E-mail: mtpbperak@tourism.gov.my

PERLIS

No. 21, Jalan Satu, Taman Pertwi Indah
Jalan Kangar-Alor Setar, 01000 Kangar, Perlis
Tel: 604 978 1213 / 1235 • Fax: 604 978 1143
E-mail: mtpb.perlis@tourism.gov.my

SABAH

Lot 1-0-7, Ground Floor, Block 1
Lorong Api-Api 1, Api-Api Center
88000 Kota Kinabalu, Sabah
Tel: 6088 211 732 / 248 698 / 242 064
Fax: 6088 241 764
E-mail: mtpbbkl@tourism.gov.my

SARAWAK

Parcel 297-2-1, Level 2, Riverbank Suites
Jalan Tunku Abdul Rahman
93100 Kuching, Sarawak
Tel: 6082 246 575 / 75 • Fax: 6082 246 442
E-mail: mtpbkch@tourism.gov.my

SELANGOR/PUTRAJAYA

6th Floor, Wisma PKPS
Persiaran Perbandaran Seksyen 14
40675 Shah Alam, Selangor
Tel: 603 5510 9100 • Fax: 603 5510 9101
E-mail: mtpbselangor@tourism.gov.my

TERENGGANU

No. 11, Ground & First Floors
Putas Niaga Paya Keladi, Jalan Kampung Daik
20000 Kuala Terengganu, Terengganu
Tel: 609 630 9433 / 9093 • Fax: 609 630 9091
E-mail: mtpbkt@tourism.gov.my

OVERSEAS OFFICES

AUSTRALIA

Perth
Ground Floor, 56 William Street
Perth WA 6000, Australia
Tel: 00 61 8 9481 0400 • Fax: 00 61 8 9321 1421
E-mail: mtpb.perth@tourism.gov.my
tourmal.iinet.net.au
Website: www.tourismmalaysia.com.au

Sydney

Level 2, 171 Clarence Street
Sydney NSW 2000, Australia
Tel: 00 61 2 9299 4441 • Fax: 00 61 2 9262 2026
E-mail: malsaya@malsaya@tourism.com.au
Website: www.tourismmalaysia.com.au

BRUNEI

High Commission of Malaysia
Unit No 1.14 - 1.15
First Floor, The Rizquin International Hotel
Gadong BE3519
Brunei Darussalam
Tel: 00 673 238 1575 / 1576
Fax: 00 673 238 1584
E-mail: mtpb.brunei@tourism.gov.my

CANADA

1590-1111, West Georgia Street
Vancouver, British Columbia, Canada V6E 4M3
Tel: 00 1 60 4689 8899 • Fax: 00 1 60 4689 8804
E-mail: mtpb.vancouver@tourism.gov.my /
info@tourismmalaysia.ca
Website: www.tourismmalaysia.ca

CHINA

Beijing

Tourism Section, Embassy of Malaysia
Room 506 - 507, Air China Plaza
No. 36, Xiaoyun Road, Chaoyang District
Beijing 100027, People's Republic of China
Tel: 00 86 10 8447 5056 • Fax: 00 86 10 8447 5798
E-mail: mtpb.beijing@tourism.gov.my
Website: www.tourismmalaysia.cn

Guangzhou

Consulate General of Malaysia (Tourism Section)
Unit 3216, 32nd Floor
CITIC Plaza Office Tower, No. 233, Tianhe Bei Road
Guangzhou 510610, People's Republic of China
Tel: 00 86 20 3877 3691 • Fax: 00 86 20 3877 3692
E-mail: mtpb.guangzhou@tourism.gov.my
Website: www.tourismmalaysia.cn

Shanghai

Consulate General of Malaysia (Tourism Section)
Unit 1109, Level 11, CITIC Square
1168 Nanjing Road West, Jing An District
Shanghai 200041, People's Republic of China
Tel: 00 86 21 5292 5252 ext 201 / 205 / 206 / 207
Fax: 00 86 21 5292 5948
E-mail: mtpb.shanghai@tourism.gov.my
Website: www.tourismmalaysia.cn

FRANCE

Paris

29 rue des Pyramides, 75001 Paris, France
Tel: 00 33 1 429 741 71 • Fax: 00 33 1 429 741 69
E-mail: mtpb.paris@tourism.gov.my

GERMANY

Frankfurt

Weissfrauenstrasse 12 - 16
D-60311, Frankfurt am Main, Germany
Tel: 00 49 69 460 923 420
Fax: 00 49 69 460 923 499
E-mail: mtpb.frankfurt@tourism.gov.my /
info@tourismmalaysia.de
Website: www.tourismmalaysia.de

HONG KONG

Ground Floor, Malaysia Building
47-50 Gloucester Road, Hong Kong
Tel: 00 85 2 2528 5810 / 5811
Fax: 00 85 2 2865 4610
E-mail: mtpb.hongkong@tourism.gov.my
Website: www.tourismmalaysia.com.hk

INDIA

Chennai

4th Floor, Vijaya Towers
No. 4, Kodambakkam High Road
Chennai 600034, Republic of India
Tel: 00 91 44 4506 8080 / 8181 / 8282
Fax: 00 91 44 4506 8383
E-mail: mtpb.chennai@tourism.gov.my
Website: www.malaysiajao.com

Mumbai

123, Jolly Maker Chamber II
12th Floor, Nariman Point
Mumbai 400021, Republic of India
Tel: 00 91 22 6635 2085 • Fax: 00 91 22 6639 0702
E-mail: mtpb.mumbai@tourism.gov.my
Website: www.malaysiajao.com

New Delhi

C 3/13, Vasant Vihar
New Delhi 110057, Republic of India
Tel: 00 91 11 4601 1677 (DL) / 1674 (GL)
Fax: 00 91 11 4601 1676
E-mail: mtpb.newdelhi@tourism.gov.my
Website: www.malaysiajao.com

INDONESIA

Jakarta

c/o Consulate General of Malaysia
Jalan H.R Rasuna Said, Kav.x/6
No. 1-3, Kuningan, Jakarta Selatan 12950
Republic of Indonesia
Tel: 00 62 21 522 0765 / 4947
Fax: 00 62 21 522 0766
E-mail: mtpb.jakarta@tourism.gov.my

Medan

c/o Consulate General of Malaysia
43, Jalan Diponegoro, 20152 Medan
Sumatera Utara, Republic of Indonesia
Tel: 00 62 61 452 3192 • Fax: 00 62 61 452 3179
E-mail: mtpb.medan@tourism.gov.my

ITALY

Milan

Via Privata della Passarella 4, 20122 Milan, Italy
Tel: 00 39 02 796 702 • Fax: 00 39 02 796 806
E-mail: mtpb.milan@tourism.gov.my /
info@turismomalesia.it
Website: www.turismomalesia.it

JAPAN

Osaka

10th Floor, Cotton Nissay Building
1-8-2 Otsubo-Honmachi, Nishi-ku
Osaka 550-0004, Japan
Tel: 00 81 66 444 1220 • Fax: 00 81 66 444 1380
E-mail: mtpb.osaka@tourism.gov.my
Website: www.tourismmalaysia.or.jp

Tokyo

5F Chiyoda Building, 1-6-4 Yurakucho
Chiyoda-ku, Tokyo 100-0006, Japan
Tel: 00 81 33 501 8691 / 8694
Fax: 00 81 33 501 8692
E-mail: mtpb.tokyo@tourism.gov.my
Website: www.tourismmalaysia.or.jp

TOURISM MALAYSIA OFFICES

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MAP OF MALAYSIA



There are six international airports in Malaysia.

All the states are linked with a good network of domestic airlines.

www.malaysiaairlines.com | www.airasia.com | www.fireflyz.com

Published by
Tourism Malaysia, Ministry of Tourism and Culture

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ECR (English) / IH / CR
September 2015 (0915)

(TRAFFICKING IN ILLEGAL DRUGS CARRIES THE DEATH PENALTY)