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1. Introduction

This project aims to develop a predictive model for estimating medical expenses based on patients' information. Accurate predictions of medical expenses can provide valuable insights for individuals, insurance companies, and healthcare providers to better understand and plan for healthcare costs. By utilizing the publicly available Insurance dataset from Kaggle, which includes a range of variables related to patients' characteristics and medical expenses, we can explore the relationships between these factors and develop a robust model for predicting medical costs. The insights gained from this project have the potential to inform decisionmaking processes and contribute to more effective healthcare planning and financial management.

In the following sections, we will delve into the dataset, perform preprocessing tasks, conduct exploratory data analysis, build and evaluate predictive models, and conclude with a summary of our findings and potential future directions.

2. Required Modules

```
import pandas as pd
import seaborn as sns
from sklearn.model_selection import train_test_split
from sklearn.ensemble import RandomForestRegressor
from sklearn.tree import DecisionTreeRegressor
from sklearn.preprocessing import PolynomialFeatures
from sklearn.linear_model import LinearRegression
from sklearn.metrics import confusion_matrix, classification_report
from sklearn.metrics import mean_squared_error,mean_absolute_error,r2_score
from sklearn.metrics import accuracy_score, precision_score, recall_score, f1_score
```

3. Data Preprocessing

In this section, we discuss the steps taken to preprocess the dataset. Through preprocessing steps, including data cleaning, handling missing values, and converting categorical variables into numerical formats, we will ensure the dataset is ready for analysis.

3.1 Key Features

The dataset contains the following information:

Variable	Description
age	age of primary beneficiary
bmi	body mass index
children	number of children covered by health insurance
smoker	smoking
region	the beneficiary's residential area in the US
charges	individual medical costs billed by health insurance

```
In [17]: # Load the data
data = pd.read_csv('insurance.csv')
data.head(-1)
```

	age	sex	bmi	children	smoker	region	charges
	0 19	female	27.900	0	yes	southwest	16884.92400
	1 18	male	33.770	1	no	southeast	1725.55230
:	2 28	male	33.000	3	no	southeast	4449.46200
:	3 33	male	22.705	0	no	northwest	21984.47061
	4 32	male	28.880	0	no	northwest	3866.85520
•							
133	2 52	female	44.700	3	no	southwest	11411.68500
133	3 50	male	30.970	3	no	northwest	10600.54830
133	4 18	female	31.920	0	no	northeast	2205.98080
133	5 18	female	36.850	0	no	southeast	1629.83350
133	6 21	female	25.800	0	no	southwest	2007.94500

1337 rows × 7 columns

Out[17]:

3.2 Descriptive Statistics

Now we generate the summary statistics:

- Count: The number of non-missing values in each column.
- Mean: The average value of each column.
- Standard Deviation: A measure of the amount of variation or dispersion in each column.
- Minimum: The minimum value in each column.
- 25th Percentile (Q1): The value below which 25% of the data falls.
- Median (50th Percentile or Q2): The middle value in each column. It represents the value below which 50% of the data falls.
- 75th Percentile (Q3): The value below which 75% of the data falls.
- Maximum: The maximum value in each column.

	age	bmi	children	charges
count	1338.000000	1338.000000	1338.000000	1338.000000
mean	39.207025	30.663397	1.094918	13270.422265
std	14.049960	6.098187	1.205493	12110.011237
min	18.000000	15.960000	0.000000	1121.873900
25%	27.000000	26.296250	0.000000	4740.287150
50%	39.000000	30.400000	1.000000	9382.033000
75%	51.000000	34.693750	2.000000	16639.912515
max	64.000000	53.130000	5.000000	63770.428010

In [19]: data.info()

Out[18]:

<class 'pandas.core.frame.DataFrame'> RangeIndex: 1338 entries, 0 to 1337 Data columns (total 7 columns):

#	Column	Non-N	Null Count	Dtype
0	age	1338	non-null	int64
1	sex	1338	non-null	object
2	bmi	1338	non-null	float64
3	children	1338	non-null	int64
4	smoker	1338	non-null	object
5	region	1338	non-null	object
6	charges	1338	non-null	float64
<pre>dtypes: float64(2),</pre>			int64(2),	object(3)
memo	ry usage:	KB		

3.3 Missing Values

```
In [20]: # Check for missing values in the dataset
         data.isnull().sum()
```

0 age Out[20]: 0 sex bmi 0 children 0 smoker 0 region charges 0 dtype: int64

In [21]: #checking the data types of the columns data.dtypes

age int64 Out[21]: object sex float64 bmi children int64 smoker object object region charges float64

dtype: object

3.4 Data Transformation

```
In [22]: #value counts for categorical variables
          print(data.sex.value_counts(), '\n\n',data.smoker.value_counts(), '\n\n',data.region.val
                    676
          male
          female
                    662
          Name: sex, dtype: int64
                  1064
           no
                  274
          yes
          Name: smoker, dtype: int64
           southeast
                        364
          southwest
                       325
          northwest
                       325
          northeast
                     324
          Name: region, dtype: int64
In [23]: #Replacing the categorical variables with numerical values.
          # sex : 1-male, 0-female
          # smoker : 1-yes, 0-no
          # region : 0-northeast, 1-northwest, 2-southeast, 3-southwest
          data['sex'] = data['sex'].map({'male':1, 'female':0})
          data['smoker'] = data['smoker'].map({'yes':1,'no':0})
          data['region'] = data['region'].map({'southwest':0,'southeast':1,'northwest':2,'northe
          data.head(-1)
In [24]:
Out[24]:
                           bmi children smoker region
                age sex
                                                           charges
             0
                 19
                      0 27.900
                                     0
                                                     0 16884.92400
                 18
                      1 33.770
                                                        1725.55230
             2
                 28
                      1 33.000
                                     3
                                             0
                                                        4449.46200
                 33
                      1 22.705
                                     0
                                                     2 21984.47061
                                             0
             4
                 32
                      1 28.880
                                     0
                                                        3866.85520
                                                     0 11411.68500
          1332
                 52
                      0 44.700
                                     3
                                             0
                                     3
          1333
                 50
                      1 30.970
                                                     2 10600.54830
          1334
                18
                      0 31.920
                                     0
                                             0
                                                        2205.98080
          1335
                 18
                      0 36.850
                                                        1629.83350
          1336
                 21
                      0 25.800
                                     0
                                             0
                                                        2007.94500
```

4. Exploratory Data Analysis

1337 rows × 7 columns

Exploratory data analysis will allow us to gain insights into the distribution of features, detect correlations, and uncover potential patterns and trends related to medical cost data.

4.1 Visualization

```
fig, ax = plt.subplots(1,3,figsize=(20, 5))
 In [51]:
                                    sns.histplot(x = "age", data=data, ax = ax[0], kde=False, bins=20).set_title('Age Distremental Control Contr
                                     sns.histplot(x = "bmi", data=data, ax = ax[1], kde=True,bins=20).set_title('BMI Distri
                                    sns.histplot(x = "charges", data=data, ax = ax[2], kde=True,bins=20).set title('Charge')
                                    Text(0.5, 1.0, 'Charges Distribution')
Out[51]:
                                                                               Age Distribution
                                                                                                                                                                                                                                                                                                       Charges Distribution
                                                                                                                                                                                             BMI Distribution
                                                                                                                                                                                                                                                                    300
                                                                                                                                                     160
                                        160
                                                                                                                                                                                                                                                                   250
                                                                                                                                                     140
                                        140
                                                                                                                                                     120
                                        120
                                                                                                                                                                                                                                                                   200
                                                                                                                                                     100
                                                                                                                                                                                                                                                               150
                                                                                                                                                       80
                                         80
                                         60
                                                                                                                                                                                                                                                                   100
                                         40
                                                                                                                                                       20
                                                                                                                                                                                                                                                                                      10000 20000
                                                                                                                                                                                                                                                                                                               30000 40000 50000 60000
 In [52]: fig, ax = plt.subplots(1,4,figsize=(20, 5))
                                    sns.countplot(x = 'sex', data = data, ax = ax[0],palette='dark').set_title('Gender Dis
                                    sns.countplot(x = 'children', data = data, ax = ax[1],palette='dark').set_title('Child
                                    sns.countplot(x = 'region', data = data, ax = ax[2],palette='dark').set_title('Region')
```

sns.countplot(x = 'smoker', data = data, ax = ax[3],palette='dark').set_title('Smoker')

<ipython-input-52-45dcdb8e9cfc>:3: FutureWarning:

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14. 0. Assign the `x` variable to `hue` and set `legend=False` for the same effect.

sns.countplot(x = 'sex', data = data, ax = ax[0],palette='dark').set_title('Gender
Distribution')

<ipython-input-52-45dcdb8e9cfc>:4: FutureWarning:

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14. 0. Assign the `x` variable to `hue` and set `legend=False` for the same effect.

 $sns.countplot(x = 'children', data = data, ax = ax[1],palette='dark').set_title('Children Distribution')$

<ipython-input-52-45dcdb8e9cfc>:5: FutureWarning:

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14. 0. Assign the `x` variable to `hue` and set `legend=False` for the same effect.

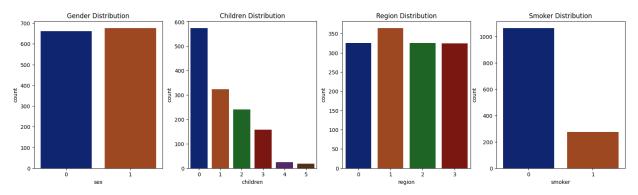
 $sns.countplot(x = 'region', data = data, ax = ax[2],palette='dark').set_title('Region Distribution')$

<ipython-input-52-45dcdb8e9cfc>:6: FutureWarning:

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14. 0. Assign the `x` variable to `hue` and set `legend=False` for the same effect.

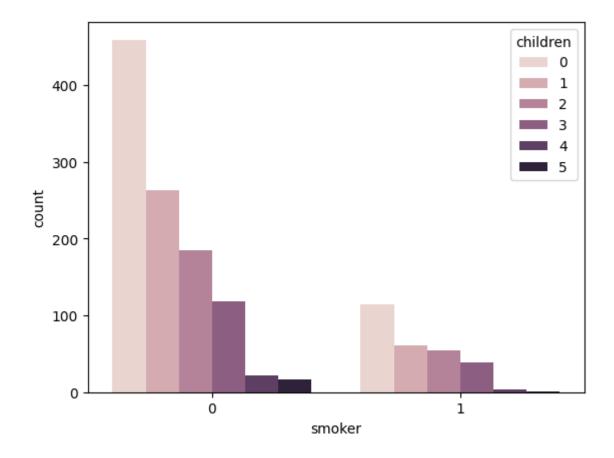
sns.countplot(x = 'smoker', data = data, ax = ax[3],palette='dark').set_title('Smok
er Distribution')

Out[52]: Text(0.5, 1.0, 'Smoker Distribution')



In [53]: sns.countplot(x = data.smoker, hue = data.children)

Out[53]: <Axes: xlabel='smoker', ylabel='count'>



4.2 Correlation

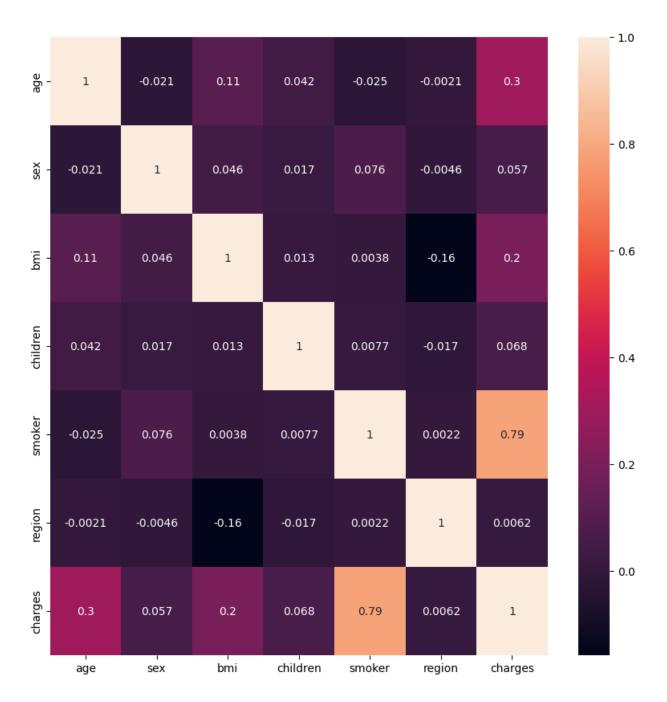
In [54]:	data.corr()
----------	-------------

Out[54]:

	age	sex	bmi	children	smoker	region	charges
age	1.000000	-0.020856	0.109272	0.042469	-0.025019	-0.002127	0.299008
sex	-0.020856	1.000000	0.046371	0.017163	0.076185	-0.004588	0.057292
bmi	0.109272	0.046371	1.000000	0.012759	0.003750	-0.157566	0.198341
children	0.042469	0.017163	0.012759	1.000000	0.007673	-0.016569	0.067998
smoker	-0.025019	0.076185	0.003750	0.007673	1.000000	0.002181	0.787251
region	-0.002127	-0.004588	-0.157566	-0.016569	0.002181	1.000000	0.006208
charges	0.299008	0.057292	0.198341	0.067998	0.787251	0.006208	1.000000

```
In [55]: # create a heatmap to check the correlation
  plt.figure(figsize=(10,10))
  sns.heatmap(data.corr(),annot=True)
```

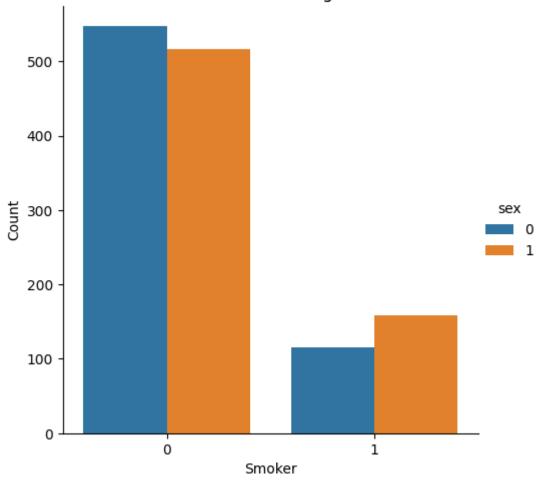
Out[55]: <Axes: >

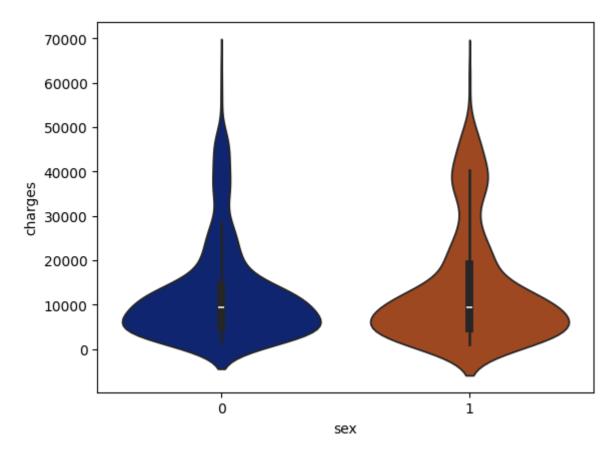


The variable "smoker" exhibits a notable correlation with medical expenses. Consequently, further investigation will be conducted to delve into the smoking habits of patients and their relationships with other factors.

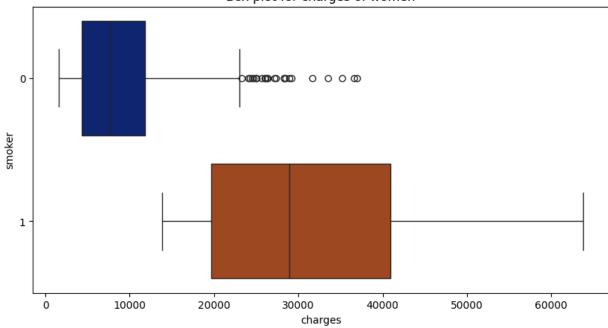
```
In [56]: #Plotting the smoker count with patient's gender
sns.catplot(x="smoker", kind="count", hue = 'sex', data=data)
plt.title('Smoker Count with gender')
plt.xlabel('Smoker')
plt.ylabel('Count')
plt.show()
```

Smoker Count with gender

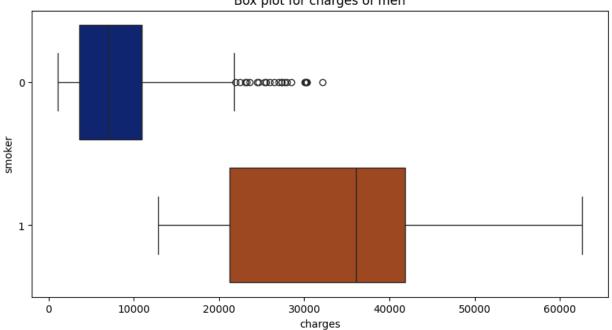




Box plot for charges of women



Box plot for charges of men

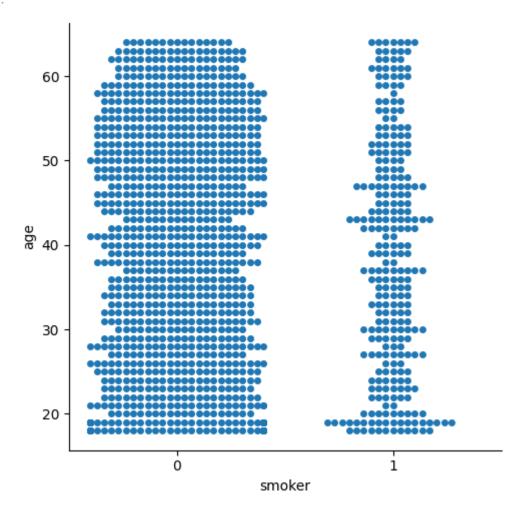


```
In [64]: #smokers and age distribution
sns.catplot(x="smoker", y="age", kind="swarm", data=data)
```

/usr/local/lib/python3.10/dist-packages/seaborn/categorical.py:3398: UserWarning: 7. 3% of the points cannot be placed; you may want to decrease the size of the markers o r use stripplot.

warnings.warn(msg, UserWarning)

Out[64]: <seaborn.axisgrid.FacetGrid at 0x7dc6deb855a0>



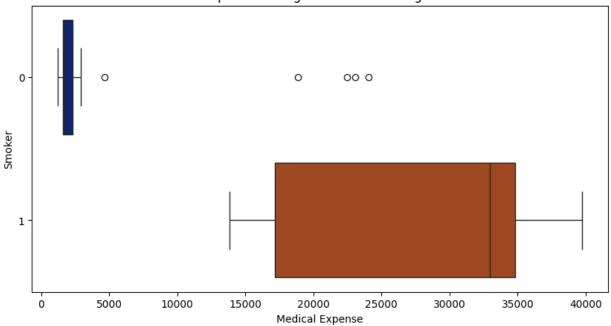
```
In [66]: #smokers of age 19
plt.figure(figsize=(10,5))
plt.title("Box plot for charges of smokers of age 19")
sns.boxplot(y="smoker", x="charges", data = data[(data.age == 19)] , orient="h",palet
plt.xlabel('Medical Expense')
plt.ylabel('Smoker')
plt.show()

<ipython-input-66-784ecf8d72bf>:4: FutureWarning:

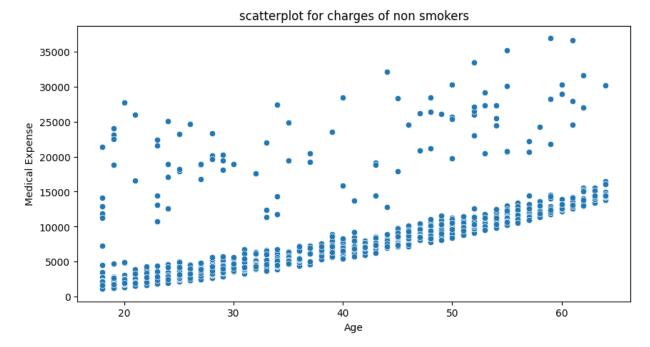
Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14.
0. Assign the `y` variable to `hue` and set `legend=False` for the same effect.

sns.boxplot(y="smoker", x="charges", data = data[(data.age == 19)] , orient="h",palette='dark')
```

Box plot for charges of smokers of age 19

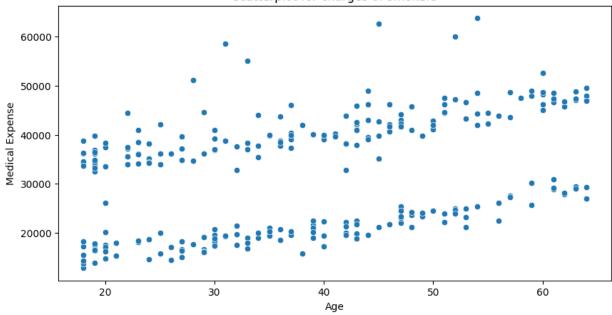


```
In [67]: #non smokers charge distribution
  plt.figure(figsize=(10,5))
  plt.title("scatterplot for charges of non smokers")
  sns.scatterplot(x="age", y="charges", data = data[(data.smoker == 0)])
  plt.xlabel('Age')
  plt.ylabel('Medical Expense')
  plt.show()
```

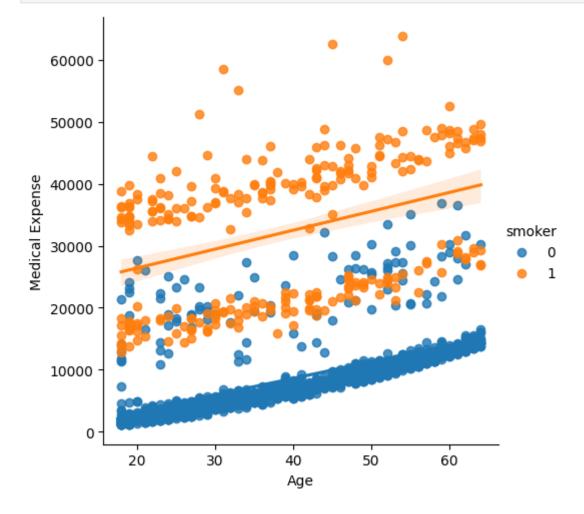


```
In [68]: #smokers charge distribution
   plt.figure(figsize=(10,5))
   plt.title("scatterplot for charges of smokers")
   sns.scatterplot(x="age", y="charges", data = data[(data.smoker == 1)])
   plt.xlabel('Age')
   plt.ylabel('Medical Expense')
   plt.show()
```





```
In [69]: #age charges distribution
    sns.lmplot(x="age", y="charges", data = data, hue = 'smoker')
    plt.xlabel('Age')
    plt.ylabel('Medical Expense')
    plt.show()
```



```
In [70]: #bmi charges for obese people
plt.figure(figsize=(10,5))
sns.distplot(data[(data.bmi >= 30)]['charges'])
plt.title('Charges Distribution for Obese People')
plt.xlabel('Medical Expense')
plt.show()
```

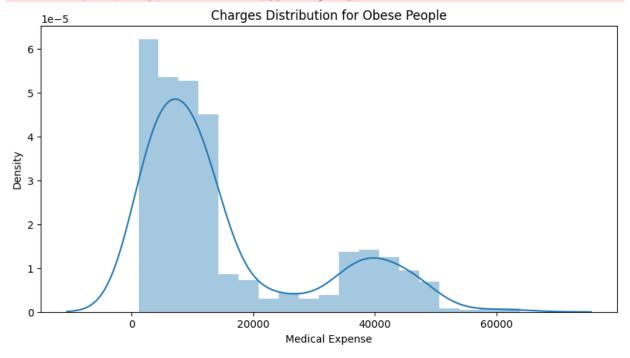
<ipython-input-70-45a31693e046>:3: UserWarning:

`distplot` is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `histplot` (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

sns.distplot(data[(data.bmi >= 30)]['charges'])



```
In [71]: #bmi charges for healthy people
plt.figure(figsize=(10,5))
sns.distplot(data[(data.bmi < 30)]['charges'])
plt.title('Charges Distribution for Non Obese People')
plt.xlabel('Medical Expense')
plt.show()

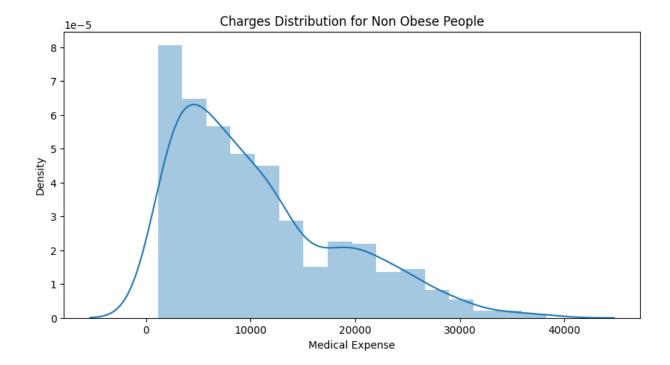
<ipython-input-71-lef2f718391c>:3: UserWarning:

    'distplot' is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either 'displot' (a figure-level function with similar flexibility) or 'histplot' (an axes-level function for histograms).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

sns.distplot(data[(data.bmi < 30)]['charges'])</pre>
```



5. Model Building

In thise section we build predictive models using machine learning algorithms. First we have to split the dataset for training and testing.

```
In [80]: x = data.drop('charges', axis=1)
y = data['charges']
X_train, X_test, y_train, y_test = train_test_split(x, y, test_size=0.3, random_state=
print(X_train.shape,y_train.shape)
(936, 6) (936,)
```

5.1 Linear Regression

```
In [81]: lr = LinearRegression()
    #model training
    lr.fit(X_train,y_train)
    #model accuracy
    lr.score(X_train,y_train)

Out[81]: #model prediction
    lr_pred = lr.predict(X_test)
```

5.2 Polynomial Regression

```
In [83]: poly_reg = PolynomialFeatures(degree=2)
#transforming the features to higher degree
```

```
x_train_poly = poly_reg.fit_transform(X_train)
        #splitting the data
        plr = LinearRegression()
        #model training
        plr.fit(x_train,y_train)
        #model accuracy
        plr.score(x_train,y_train)
        0.823508486229389
Out[83]:
In [85]: #model prediction
        plr_pred = plr.predict(x_test)
        5.3 Decision Tree Regressor
In [87]: dtree = DecisionTreeRegressor()
        #model training
        dtree.fit(x_train,y_train)
        #model accuracy
        dtree.score(x_train,y_train)
        1.0
Out[87]:
        #model prediction
In [88]:
        dtree_pred = dtree.predict(x_test)
        5.4 Random Forest Regressor
In [89]: rf = RandomForestRegressor(n_estimators=100)
        #model training
        rf.fit(x_train,y_train)
        #model accuracy
        rf.score(x_train,y_train)
        0.9760757653329029
```

6. Evaluation

rf_pred = rf.predict(x_test)

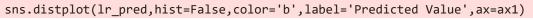
#model prediction

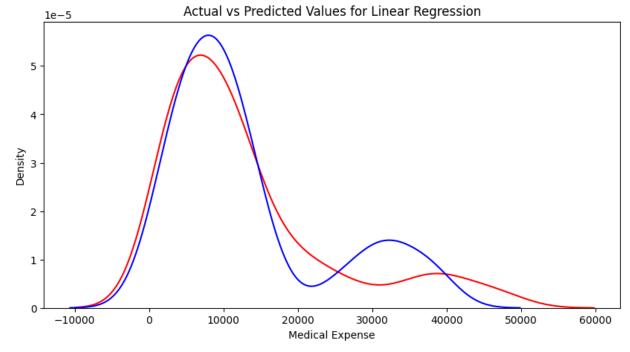
Out[89]:

In [90]:

In this secton we evaluate the performance of the models and compare them.

```
#distribution of actual and predicted values
In [91]:
         plt.figure(figsize=(10,5))
         ax1 = sns.distplot(y_test,hist=False,color='r',label='Actual Value')
         sns.distplot(lr_pred,hist=False,color='b',label='Predicted Value',ax=ax1)
         plt.title('Actual vs Predicted Values for Linear Regression')
         plt.xlabel('Medical Expense')
         plt.show()
         <ipython-input-91-68e88b8667d8>:3: UserWarning:
         `distplot` is a deprecated function and will be removed in seaborn v0.14.0.
         Please adapt your code to use either `displot` (a figure-level function with
         similar flexibility) or `kdeplot` (an axes-level function for kernel density plots).
         For a guide to updating your code to use the new functions, please see
         https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751
           ax1 = sns.distplot(y_test,hist=False,color='r',label='Actual Value')
         <ipython-input-91-68e88b8667d8>:4: UserWarning:
         `distplot` is a deprecated function and will be removed in seaborn v0.14.0.
         Please adapt your code to use either `displot` (a figure-level function with
         similar flexibility) or `kdeplot` (an axes-level function for kernel density plots).
         For a guide to updating your code to use the new functions, please see
         https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751
```





```
In [96]: print('MAE:', mean_absolute_error(y_test, y_pred))
    print('MSE:', mean_squared_error(y_test, y_pred))
    print('RMSE:', np.sqrt(mean_squared_error(y_test, y_pred)))
    print('R2 Score:', r2_score(y_test, y_pred))
```

MAE: 3171.577147651246 MSE: 24768734.071811773 RMSE: 4976.819674431833 R2 Score: 0.810056604153765

```
In [97]: #acutal vs predicted values for polynomial regression
  plt.figure(figsize=(10,5))
  ax1 = sns.distplot(y_test,hist=False,color='r',label='Actual Value')
  sns.distplot(plr_pred,hist=False,color='b',label='Predicted Value',ax=ax1)
  plt.title('Actual vs Predicted Values for Polynomial Regression')
  plt.xlabel('Medical Expense')
  plt.show()
```

<ipython-input-97-def7476710b7>:3: UserWarning:

`distplot` is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `kdeplot` (an axes-level function for kernel density plots).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

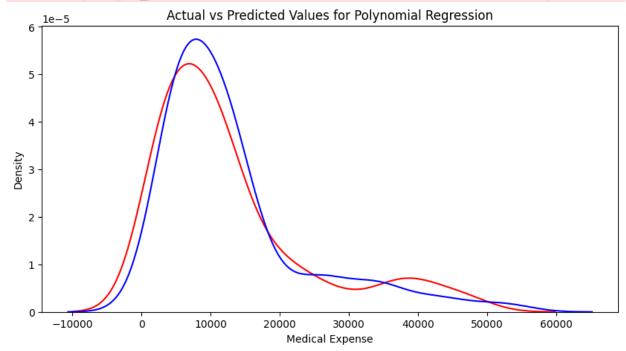
ax1 = sns.distplot(y_test,hist=False,color='r',label='Actual Value')
<ipython-input-97-def7476710b7>:4: UserWarning:

`distplot` is a deprecated function and will be removed in seaborn v0.14.0.

Please adapt your code to use either `displot` (a figure-level function with similar flexibility) or `kdeplot` (an axes-level function for kernel density plots).

For a guide to updating your code to use the new functions, please see https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751

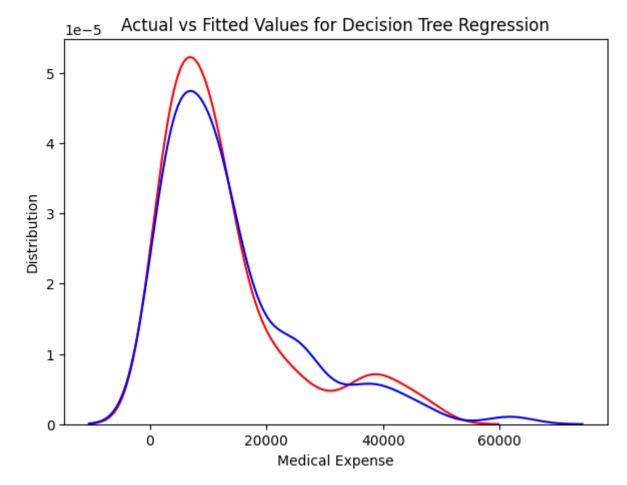
sns.distplot(plr_pred,hist=False,color='b',label='Predicted Value',ax=ax1)



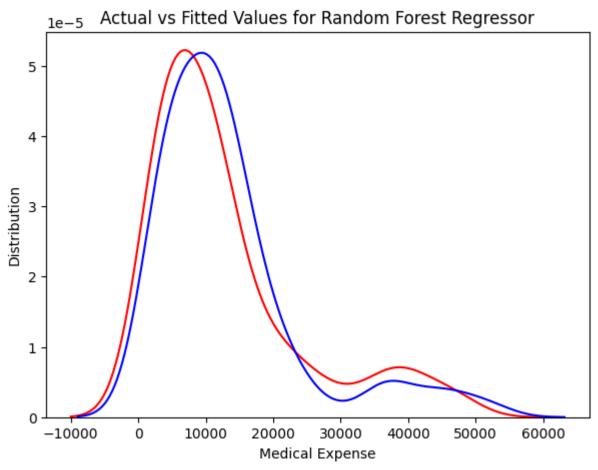
```
In [100... print('MAE:', mean_absolute_error(y_test, plr_pred))
print('MSE:', mean_squared_error(y_test, plr_pred))
```

```
print('R2 Score:', r2_score(y_test, plr_pred))
          MAE: 3171.577147651246
          MSE: 24768734.071811773
          RMSE: 4976.819674431833
          R2 Score: 0.810056604153765
          #distribution plot of actual and predicted values
In [101...
          plt.figure(figsize=(7,5))
          ax = sns.distplot(y_test, hist=False, color="r", label="Actual Value")
          sns.distplot(dtree_pred, hist=False, color="b", label="Fitted Values" , ax=ax)
          plt.title('Actual vs Fitted Values for Decision Tree Regression')
          plt.xlabel('Medical Expense')
          plt.ylabel('Distribution')
          plt.show()
          <ipython-input-101-46f60f40ec0e>:3: UserWarning:
          `distplot` is a deprecated function and will be removed in seaborn v0.14.0.
          Please adapt your code to use either `displot` (a figure-level function with
          similar flexibility) or `kdeplot` (an axes-level function for kernel density plots).
          For a guide to updating your code to use the new functions, please see
          https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751
            ax = sns.distplot(y_test, hist=False, color="r", label="Actual Value")
          <ipython-input-101-46f60f40ec0e>:4: UserWarning:
          `distplot` is a deprecated function and will be removed in seaborn v0.14.0.
          Please adapt your code to use either `displot` (a figure-level function with
          similar flexibility) or `kdeplot` (an axes-level function for kernel density plots).
          For a guide to updating your code to use the new functions, please see
          https://gist.github.com/mwaskom/de44147ed2974457ad6372750bbe5751
            sns.distplot(dtree_pred, hist=False, color="b", label="Fitted Values" , ax=ax)
```

print('RMSE:', np.sqrt(mean squared error(y test, plr pred)))



```
In [102...
          print('MAE:', mean_absolute_error(y_test, dtree_pred))
          print('MSE:', mean squared error(y test, dtree pred))
          print('RMSE:', np.sqrt(mean_squared_error(y_test, dtree_pred)))
          print('Accuracy:', dtree.score(x_test,y_test))
          MAE: 3503.842228718861
          MSE: 51386422.76731859
          RMSE: 7168.432378652852
          Accuracy: 0.6059341744105204
          #distribution plot of actual and predicted values
In [103...
          plt.figure(figsize=(7,5))
          ax = sns.distplot(y_test, hist=False, color="r", label="Actual Value")
          sns.distplot(rf_pred, hist=False, color="b", label="Fitted Values" , ax=ax)
          plt.title('Actual vs Fitted Values for Random Forest Regressor')
          plt.xlabel('Medical Expense')
          plt.ylabel('Distribution')
          plt.show()
```



```
In [104...
print('MAE:', mean_absolute_error(y_test, rf_pred))
print('MSE:', mean_squared_error(y_test, rf_pred))
print('RMSE:', np.sqrt(mean_squared_error(y_test, rf_pred)))
print('Accuracy:', rf.score(x_test,y_test))
```

MAE: 2857.716547813523 MSE: 26745377.817656755 RMSE: 5171.59335385689

Accuracy: 0.7948983637537721

7. Conclusion

Based on the aforementioned models, it is evident that both the Decision Tree Regressor and Random Forest Regressor yield favorable outcomes. However, the Random Forest Regressor outperforms the others, as it demonstrates the lowest Root Mean Square Error (RMSE) value. Consequently, the Random Forest Regressor will be employed to forecast the medical expenses of patients.

Furthermore, it is observed that smokers tend to have higher medical expenses compared to non-smokers. Similarly, patients with a body mass index (BMI) exceeding 30 exhibit higher medical expenses than those with a BMI below 30. Additionally, older patients tend to incur higher medical expenses than younger patients.

In conclusion, the comprehensive analysis indicates that the medical expenses of patients are influenced by their age, BMI, and smoking habits.