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| **Library concerned:**  Sherwood Forest Hospitals NHS Foundation Trust Library & Knowledge Service  **Name of case study:** Literature search to support Nottinghamshire County Council application for developing an approach to participate in the national Childhood Obesity Trailblazer programme  **Date of interview:** February 2020 | |
| **Interviewee** | **Name:** John Wilcox  **Job Title:** Senior Public Health and Commissioning Manager  **Trust/Employing body**: Nottinghamshire County Council  **Email:** john.wilcox@nottscc.gov.uk  **Tel:** 0115 9772937 |
| **Please note: you should only provide interviewee details here if consent**  **to share on the national blog has been obtained** |
| **S****ummary of problem or reason for enquiry** | The Trailblazer programme is part of the governments Childhood Obesity Plan and has been set up by The Department of Health and Social Care and The Local Government Association. It is a three year programme which asks councils to lead on innovative action in their local community to tackle a specific identified *driver of* childhood obesity. Nottinghamshire County Council was selected from 102 applicants to undertake the 12 week discovery (planning) phase. The lead Senior Public Health and Commissioning Manager requested a literature search to find evidence, which could be used to inform the development of the approach and project proposal. In the discovery phase, whilst the broad topic area was the prevention of childhood obesity, it was decided that the focus would be the community and home food environment in relation to the diet of families with children in the early years (2-5 years). The librarian was invited to attend the initial meetings to discuss the project and this helped in gaining an insight, into the relevant information which was needed, for formulating a strategy for the literature search. |
| **Brief description of the information found / service provided** | The librarian put together a table of questions, agreed with the Public Health Commissioning Manager, and the literature search was carried out to find evidence relating to each of the following:   * Evidence for interventions: What has been successful in empowering parents to make/find healthy food choices? * Evidence for interventions: What has been successful with this particular age group (Under 5s) in relation to improving nutrition/ healthy food choices? * What are parent’s barriers, attitudes, concerns and challenges relating to healthy food choices? * The role of frontline staff in promoting healthy food messages. * The local food environment in relation to food outlets, healthy food choices, allotments etc. * Parents/carers/families: Food budgeting, meal planning, preparation and cooking skills, feeding practices.   The literature search whilst quite wide ranging in terms of questions provided an informative review of the evidence base. It was useful to view the evidence relating to each individual question and this gave the project team an insight to the research that had been done. |

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| **Summary of outcome and impact** | The evidence found in the literature search was used alongside intelligence from local residents and frontline early year’s staff, and public health intelligence to identify the local authority levers that could be applied as part of the programme. More specifically it was useful to look at the research to see what had already been done, how this had been evaluated and what the results of those evaluations were. This was important in helping ensure that the proposed approach was complementary to the established evidence base but also that they were either going to be doing something new or building on the existing evidence. It enabled the team to consolidate their thinking and focus the aims and objectives of their project. |
| **Immediate Impact**  **(including quotes)** | The immediate impact was that the literature search could be referenced and included as part of the application process. It was referred to in the completed document and mentioned in the presentation and interview process.  The council were successful in their application and became one of the five local authorities chosen to receive funding for their project.  “Conducting a literature review with the support of an experienced librarian added a level of rigour to our project proposals, and helped give assurance to us and the programme funders that we were taking a worthwhile approach to address an identified need”, John Wilcox, Senior Public Health and Commissioning Manager. |
| **Probable future Impact**  **(including quotes)** | The literature search can be used and referred back to at any point during the project. It can also be used by other colleagues in the public health team, who may be interested in one or more of the questions which were used in the literature search.  “Having the literature search is now a resource that we can refer back to during the implementation phase to check back against and remind ourselves of the evidence base”. ”, John Wilcox, Senior Public Health and Commissioning Manager. |