

# Help Page - iOS

[Rapid Rhythm Reader App](#)

[Apple Watch®](#)

[KardiaMobile® on iPhone®](#)

**\*\**Rapid Rhythm Reader* does not check for heart attacks.**

**\*\**Rapid Rhythm Reader* does not replace ordinary medical care.**

**\*\*The purpose of *Rapid Rhythm Reader* is to evaluate heart rhythm recordings obtained from mobile devices in persons without feelings of chest, arm, or jaw discomfort, shortness of breath, severe weakness, uncomfortable heart pounding, dizziness, or passing out. *If you have any of these feelings, you should seek medical attention at once.***

## **Where are my interpretations?**

On the home screen of the *Rapid Rhythm Reader* app appears “My ECGs.” This is where a list of your ECG(s) that have been submitted will appear. An hourglass symbol indicates the recording has been submitted, but not yet reviewed. A red heart symbol indicates the ECG rhythm has been reviewed by the Cardiologist and is ready for your viewing.

## **I cannot see my interpreted ECGs:**

1. On the home screen entitled “My ECGs,” pull down the page until a refresh wheel appears.
2. A red heart symbol indicates an interpretation is ready for your viewing.
3. If an interpretation has not appeared within 24 hours of recording submission, email us at [help@healthalert.io](mailto:help@healthalert.io)

## **How to send *Apple Watch* recordings for review:**

Although the *Apple Watch* is used to record an ECG, the *Health* app on the paired *iPhone* is used to send an ECG for review:

1. Record an ECG using your *Apple Watch*.
2. On the paired *iPhone*, when your ECG appears, tap the share icon or select “Export a PDF...” and then tap the share icon.
3. Select *Rapid Rhythm Reader*.
4. If you agree, confirm by selecting “OK” in the dialog box that appears.

You may also send an ECG that you recorded previously:

1. On the paired *iPhone*, tap “Browse” on the lower navigation menu of the Apple *Health* app.
2. Tap “Heart.”
3. Select an ECG within the ECG section
4. Tap the share icon.
5. Select *Rapid Rhythm Reader*.
6. If you agree, confirm by selecting “OK” in the dialog box that appears.

## **How to send *KardiaMobile* on *iPhone* recordings for review:**

Although the *KardiaMobile* is used to record an ECG, the *iPhone*® is used to send an ECG for review:

1. Follow instructions in *KardiaMobile* Quick Start Guide.
2. In the *Kardia*® app on the iPhone, scroll down to the “more options” section and select download PDF.
3. On Password Protect PDF pop-up screen press “Skip.”
4. Tap the share button in top right corner, and select the *Rapid Rhythm Reader* app.
5. Select “OK” on the sharing ECG pop-up screen.
6. Select “OK” on the next pop-up screen.

In order to send us an ECG that you previously recorded:

1. Tap “History” at the lower navigation menu of the *Kardia* app on the iPhone.
2. Tap “EKG,” or “See EKG History.”
3. Tap mail icon of the ECG you wish to send.
4. On Password Protect PDF pop-up screen press “Skip.”
5. Tap the share button in top right corner, and select the *Rapid Rhythm Reader* app.
6. If you agree, confirm by selecting “OK” in the dialog box that appears.

