**Rapid Rhythm Reader does not check for heart attacks.

**Rapid Rhythm Reader is not a substitute for appropriate in-person or Telehealth care by a medical provider.

How to send Apple Watch® recordings for review:

Although the *Apple Watch*® is used to record an ECG, the *iPhone*® is used to send an ECG for review:

- 1. Record an ECG using your Apple Watch.
- 2. On the iPhone, when your ECG appears, tap the share icon or select Export a PDF...
- 4. Select Rapid Rhythm Reader.
- 5. If you agree, confirm by selecting "OK" in the dialog box that appears.

You may also send an ECG that you recorded previously:

- 1. On the paired iPhone, tap "Browse" on the lower navigation menu of the Apple Health app.
- 2. Tap "Heart."
- 2. Select an ECG within the ECG section.
- 3. Tap the share icon.
- 4. Select Rapid Rhythm Reader.
- 5. If you agree, confirm by selecting "OK" in the dialog box that appears.

Where are my interpretations?

On the home screen of the Rapid Rhythm Reader app appears "My ECGs." This is where a list of your ECG(s) that have been submitted will appear. An hourglass symbol indicates the recording has been submitted, but not yet reviewed. A red heart symbol indicates the ECG rhythm has been reviewed by the Cardiologist and is ready for your viewing.

^{**}Rapid Rhythm Reader does not replace ordinary medical care.

^{**}The purpose of Rapid Rhythm Reader is to evaluate heart rhythm recordings obtained from mobile devices in persons without feelings of chest, arm, or jaw discomfort, shortness of breath, severe weakness, uncomfortable heart pounding, dizziness, or passing out. If you have any of these feelings, you should seek medical attention at once.

I cannot see my interpreted ECGs:

- 1. On the home screen entitled "My ECGs," pull down the page until a refresh wheel appears.
- 2. A red heart symbol indicates an interpretation is ready for your viewing.
- 3. If an interpretation has not appeared within 24 hours of recording submission, email us at help@healthalert.io